

# New Strategies of Antiplatelet Therapy for ACS-PCI Patients

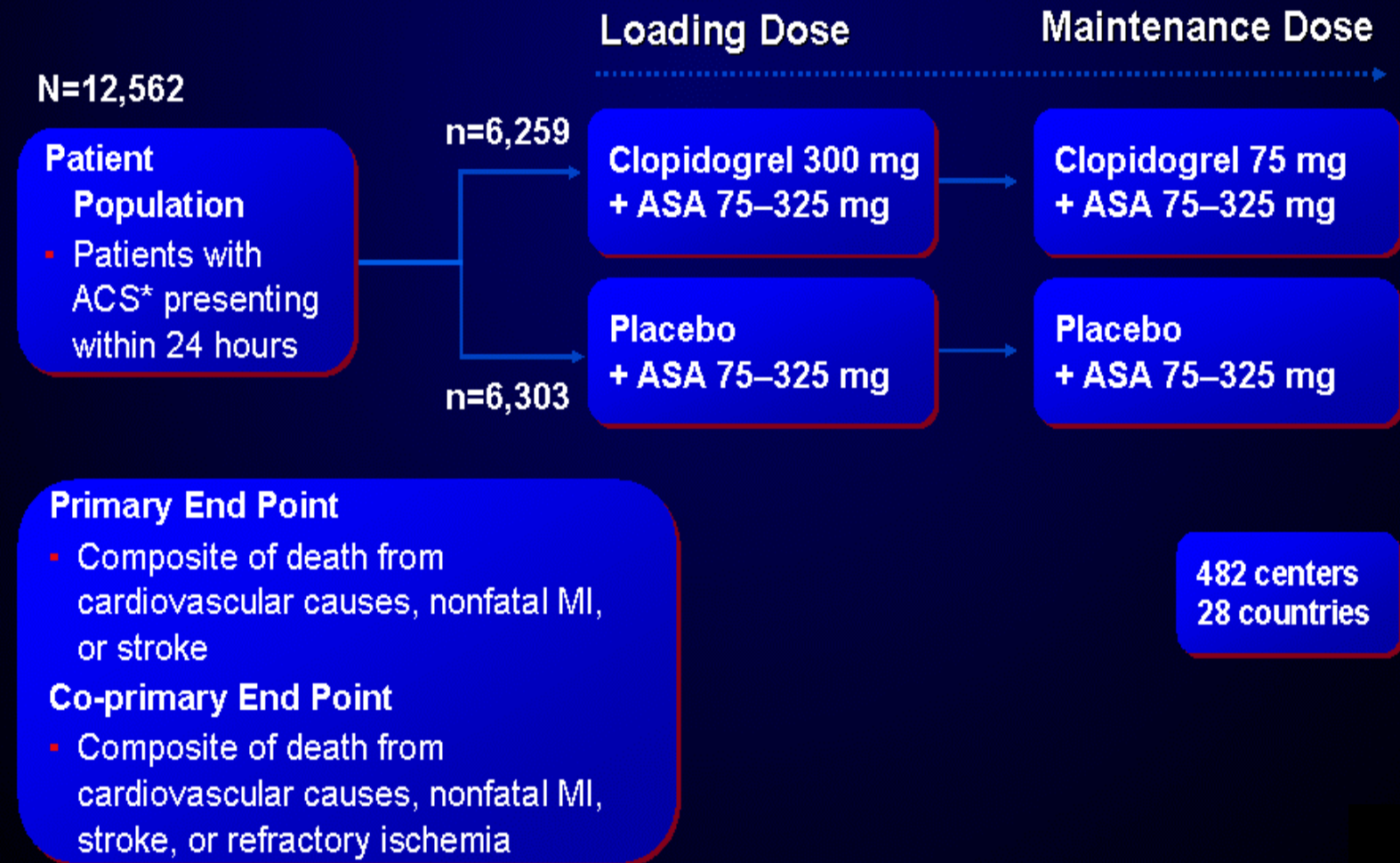
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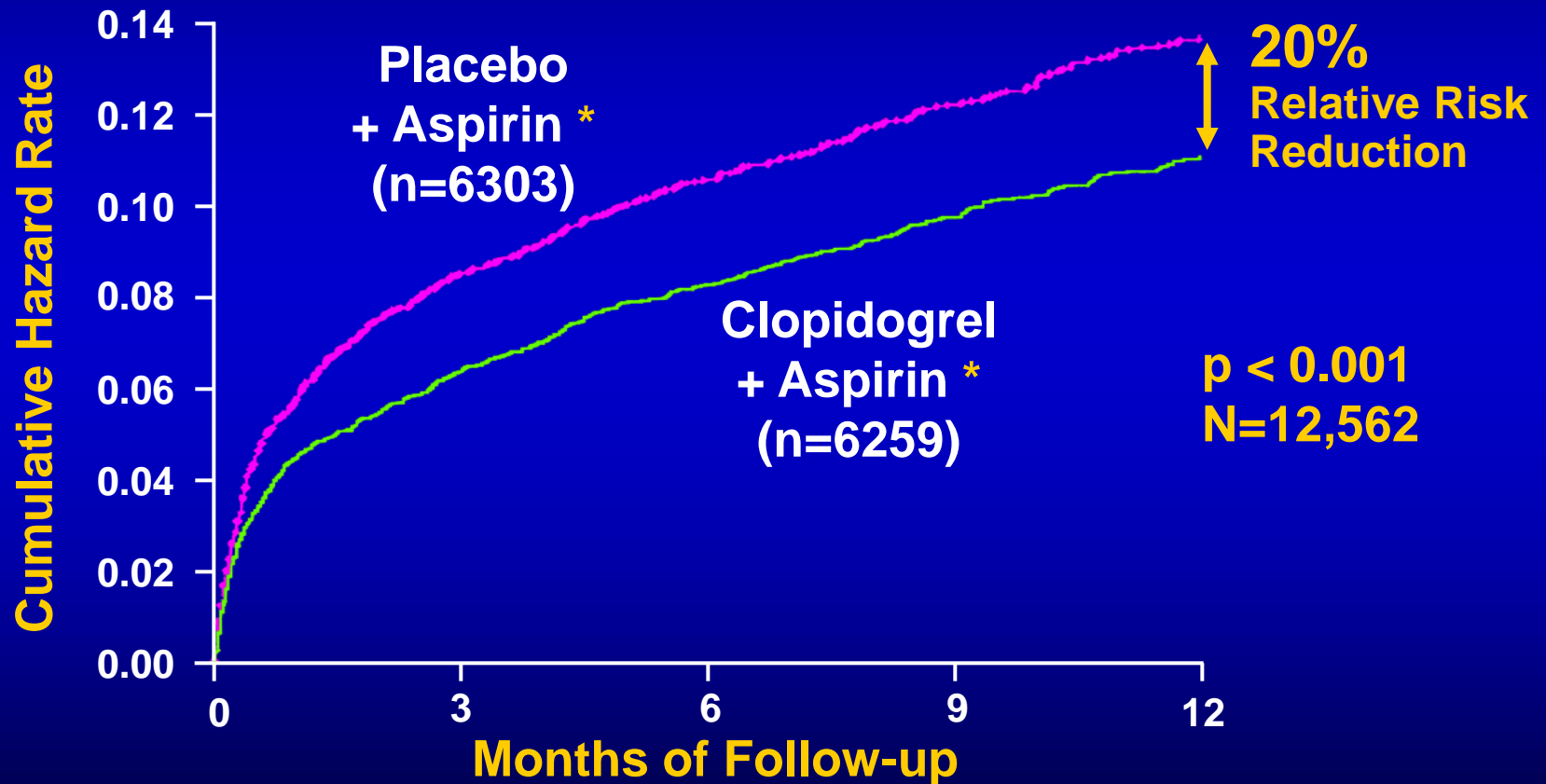
UCLA School of Medicine

# Clopidogrel in Unstable Angina to Prevent Recurrent Events



\* UA/non-Q-wave MI (also known as non-ST-segment elevation myocardial infarction).  
CURE Trial Investigators. *N Engl J Med.* 2001;345:494-502.

# CURE: Primary End Point MI/Stroke/CV Death

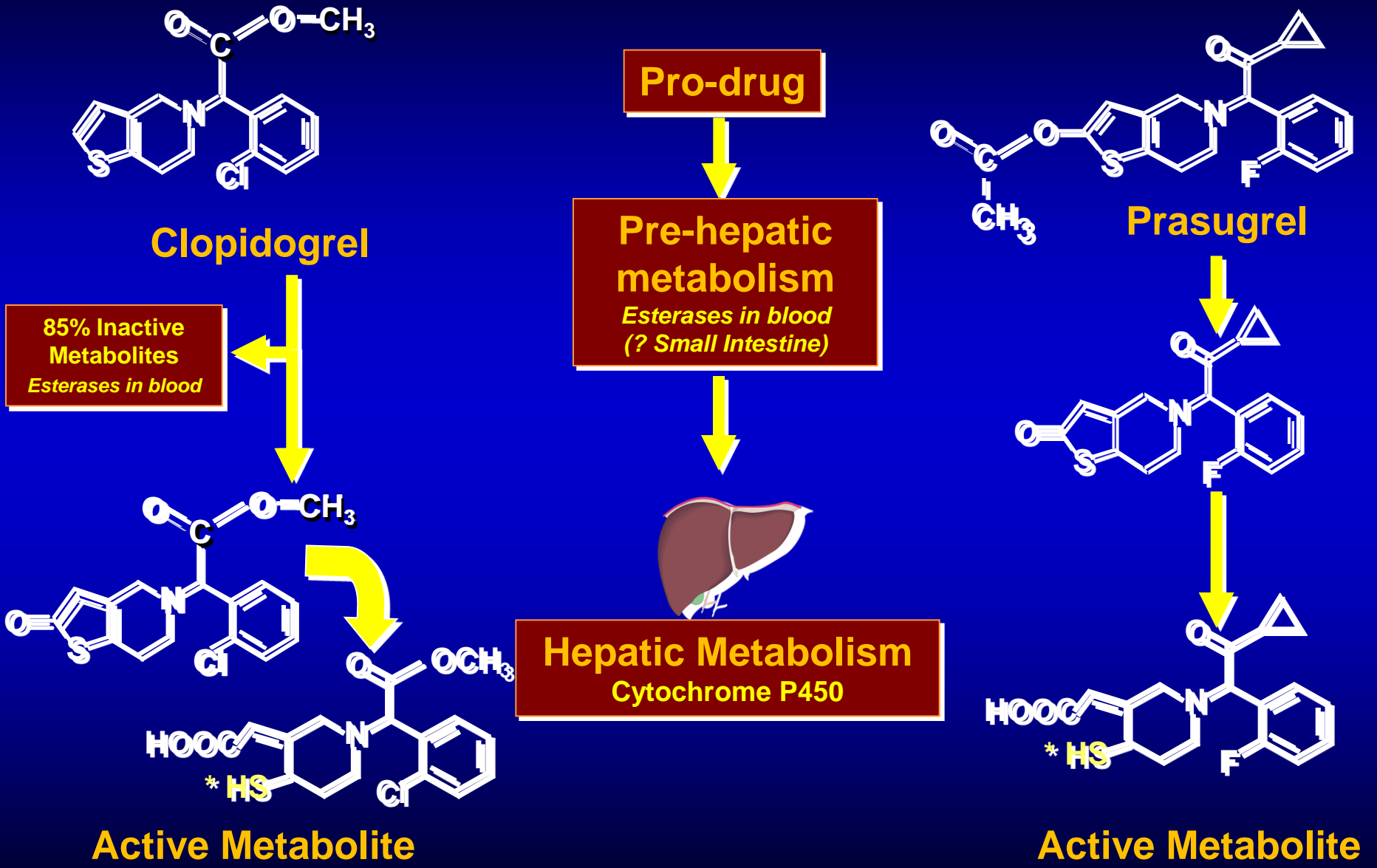


\* In addition to other standard therapies

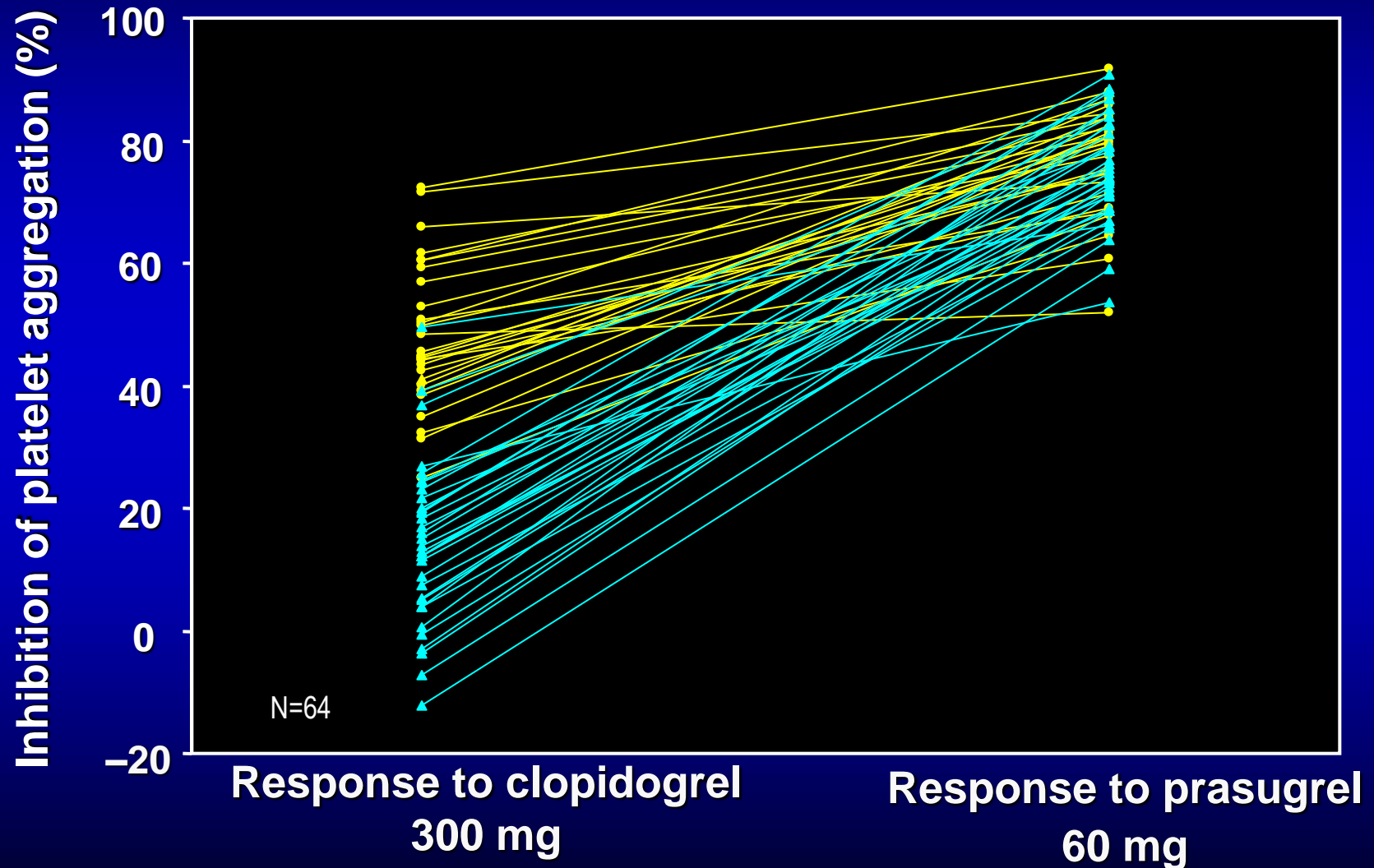
# Limitations of Clopidogrel

- **Slow onset of action**
- **Variable degree of platelet inhibition**
- **Variable clinical response**
- **Relatively long duration of effect**
- **Drug Interactions**

# Active Metabolite Formation



# Healthy Volunteer Crossover Study IPA (20 $\mu$ M ADP) at 24 hours



# Potential Mechanisms of Response Variability

## Extrinsic Mechanisms

- Non-compliance
- Under-dosing
- Drug-drug interactions
- Absorption and/or metabolism
- Patient Factors (DM, ACS, etc...)

## Intrinsic Mechanisms

- P2Y<sub>12</sub> receptor affinity (ADP or Drug) or number
- Variable response to agonist:
  - Release
  - GP IIb/IIIa receptor activation

# Clopidogrel Black Box Warning

March 12, 2010

## **WARNING: DIMINISHED EFFECTIVENESS IN POOR METABOLIZERS**

The effectiveness of Plavix is dependent on its activation to an active metabolite by the cytochrome P450 (CYP) system, principally CYP2C19 [see *Warnings and Precautions (5.1)*]. Plavix at recommended doses forms less of that metabolite and has a smaller effect on platelet function in patients who are CYP2C19 poor metabolizers. Poor metabolizers with acute coronary syndrome or undergoing percutaneous coronary intervention treated with Plavix at recommended doses exhibit higher cardiovascular event rates than do patients with normal CYP2C19 function. Tests are available to identify a patient's CYP2C19 genotype; these tests can be used as an aid in determining therapeutic strategy [see *Clinical Pharmacology (12.5)*]. Consider alternative treatment or treatment strategies in patients identified as CYP2C19 poor metabolizers [see *Dosage and Administration (2.3)*].



# CURRENT/OASIS 7

## Clpidogrel optimal loading dose Usage to Reduce Recurrent Events/Optimal Antiplatelet Strategy for Interventions

Patients with UA/NSTEMI planned for early invasive Strategy; ie, intend for PCI as early as possible within 24 hrs

**RANDOMIZE**

### Clpidogrel High-Dose Group

Clpidogrel 600 mg loading dose day 1 followed by 150 mg from days 2 to 7; 75 mg from days 8 to 30

### Clpidogrel Standard-Dose Group

Clpidogrel 300 mg (+ placebo) day 1 followed by 75 mg (+ placebo) from days 2 to 7; 75 mg from days 8 to 30

**RANDOMIZE**

#### ASA low-dose group

At least 300 mg day 1;  
75–100 mg  
from days 2 to 30

#### ASA high-dose group

At least 300 mg day 1;  
300–325 mg  
from days 2 to 30

**RANDOMIZE**

#### ASA low-dose group

At least 300 mg day 1;  
75–100 mg  
from days 2 to 30

#### ASA high-dose group

At least 300 mg day 1;  
300–325 mg  
from days 2 to 30

PCI: Percutaneous coronary intervention

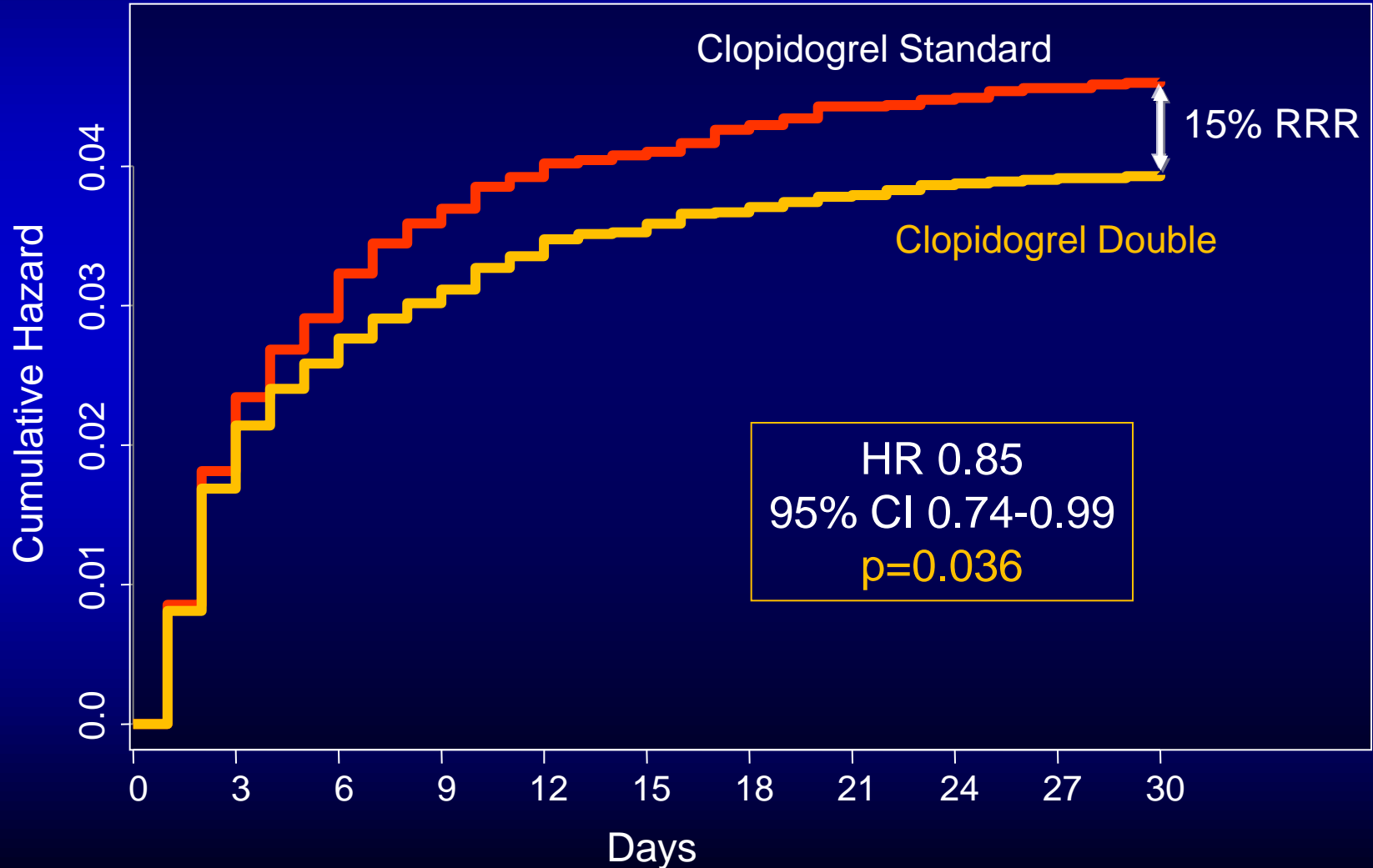
UA/NSTEMI: Unstable angina/non-ST-segment elevation myocardial infarction

# Clopidogrel: Double vs Standard Dose

CURRENT

Primary Outcome: PCI Patients

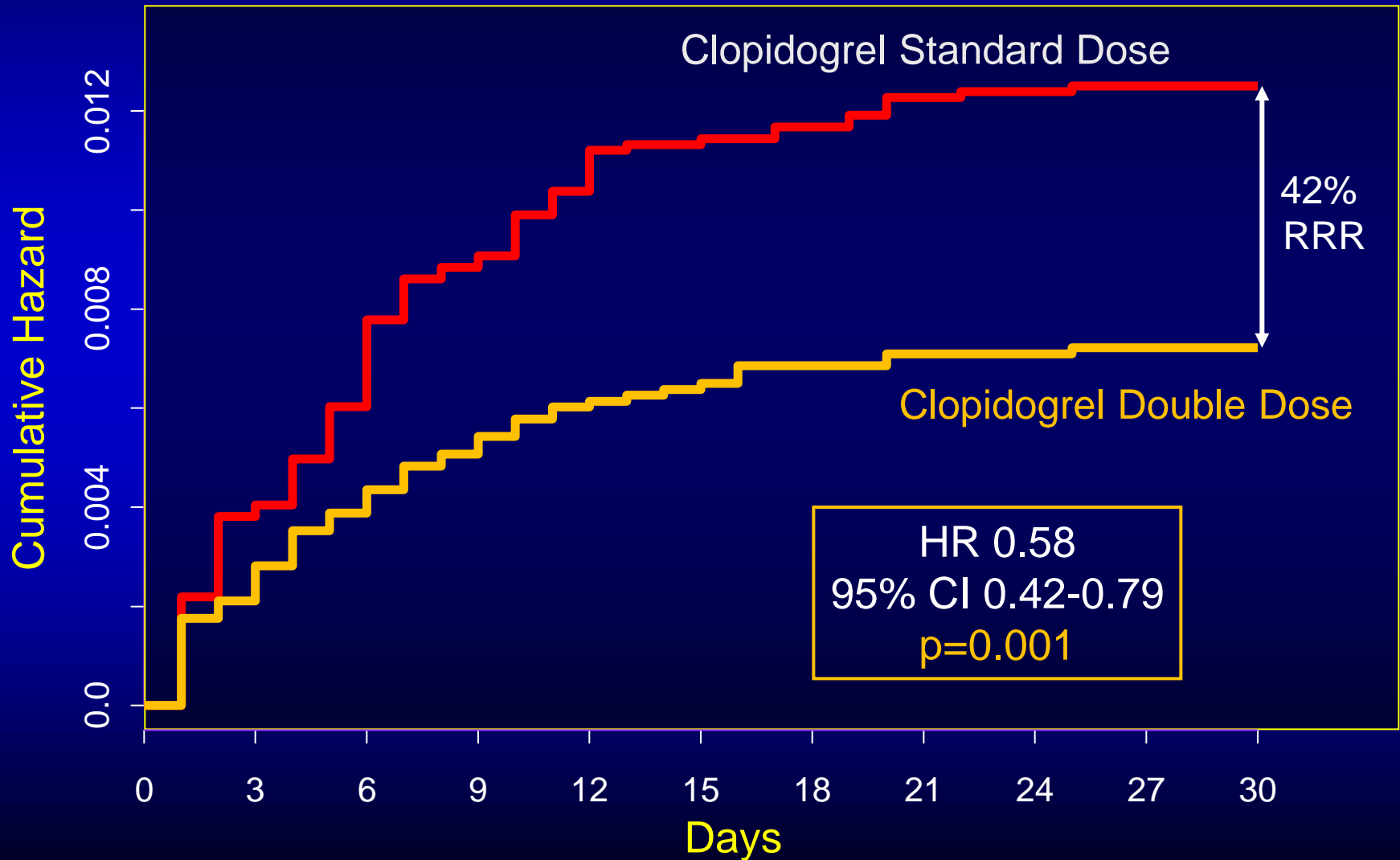
CV Death, MI or Stroke



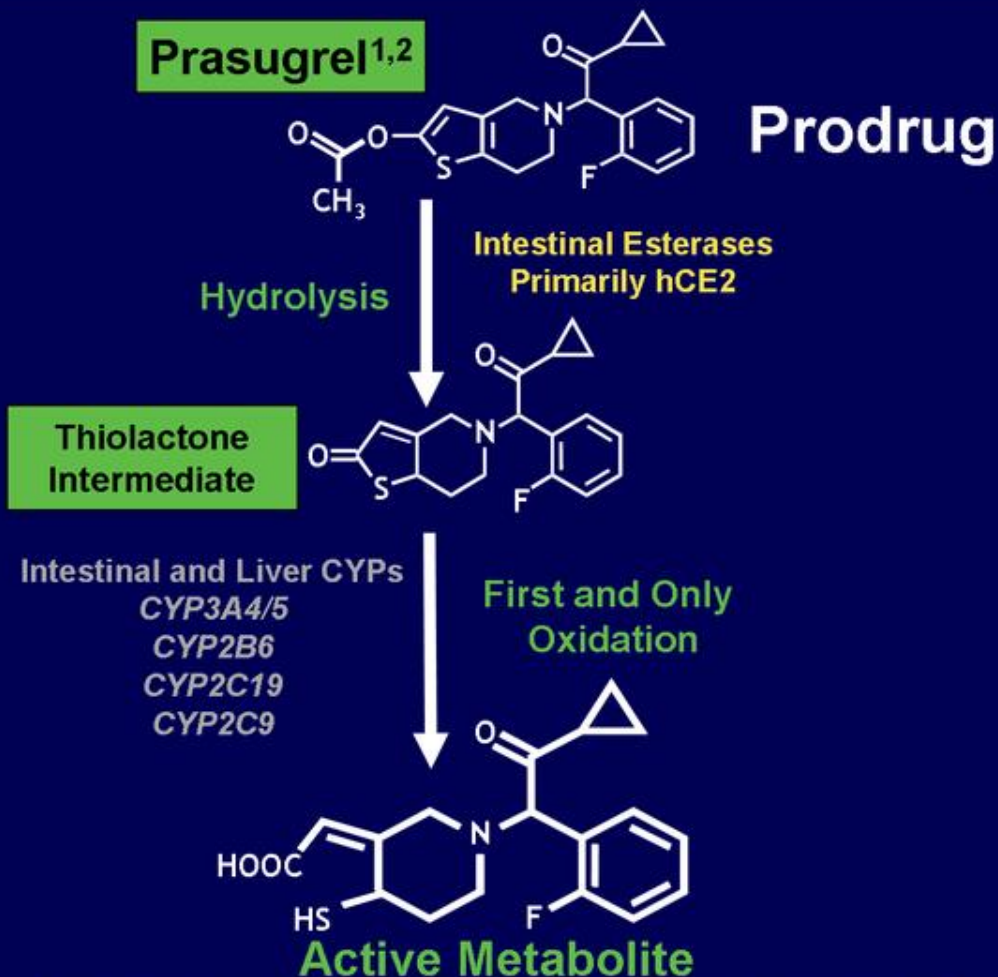
# Clopidogrel: Double vs Standard Dose

*CURRENT*

Stent Thrombosis (Angio confirmed)



# Active Metabolite Formation: Prasugrel



- In healthy subjects, there was no relevant effect of genetic variation in *CYP2B6*, *CYP2C9*, *CYP2C19*, or *CYP3A5* on the pharmacokinetics of prasugrel's active metabolite or its inhibition of platelet aggregation<sup>3</sup>

Any difference in the pharmacokinetics of prasugrel compared with other antiplatelet agents has not been correlated to clinical outcomes.

1. Rehm et al. *Drug Metab Dispos.* 2006;34:600-607.

2. Williams et al. *Drug Metab Dispos.* 2008;36:1227-1232.

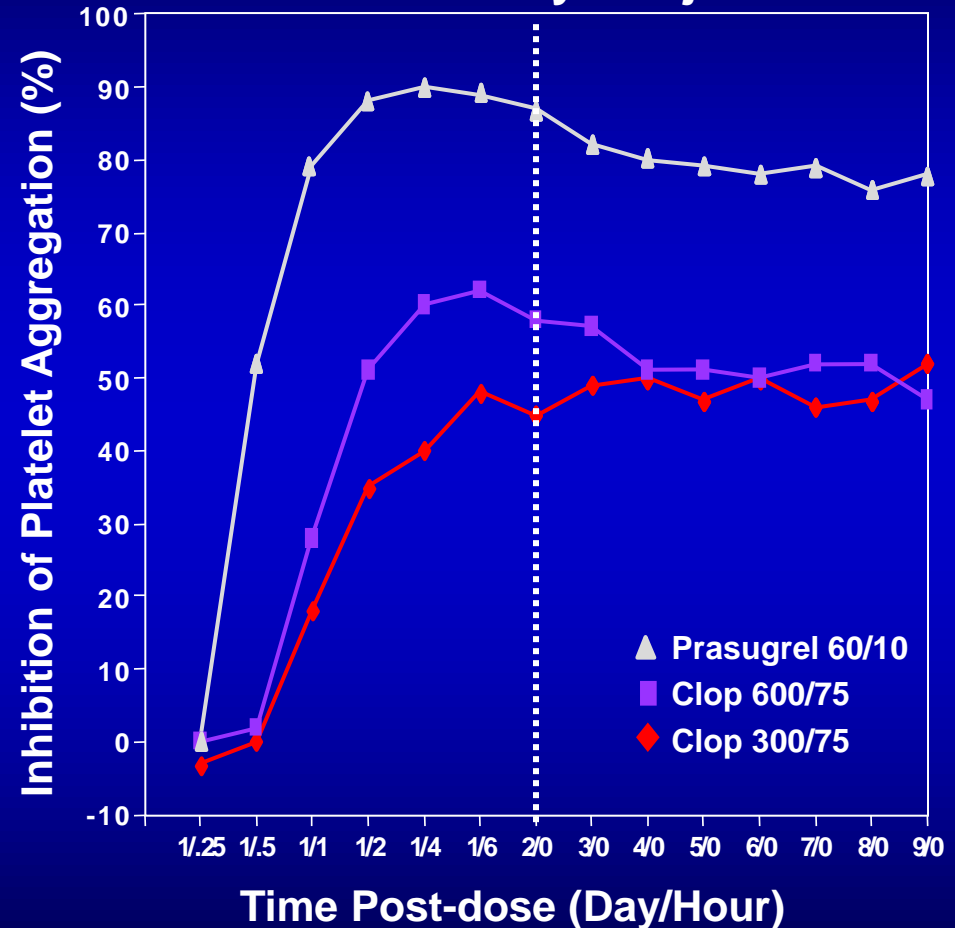
3. Effient Full Prescribing Information.

# Prasugrel<sup>†</sup>: More Effective Platelet Inhibition

## Prasugrel vs Clopidogrel<sup>1</sup>

- More potent
- More rapid in onset
- More consistent IPA
- Less frequent poor IPA response
- More efficient generation of active metabolite

IPA in Healthy Subjects<sup>2</sup>



IPA = inhibition of platelet aggregation.

<sup>†</sup>For a complete listing of adverse events with prasugrel, refer to the 64<sup>th</sup> edition of the Physician Desk Reference.

<sup>1</sup> Wiviott SD, et al. *Am Heart J.* 2006;152:627-635.

<sup>2</sup> Payne CD, et al. *Am J Cardiol.* 2006;98:S8.

# TRial to Assess Improvement in Therapeutic Outcomes by Optimizing Platelet Inhibition With Prasugrel (TRITON)-TIMI 38

ACS (UA/NSTEMI or STEMI) and Planned PCI  
N=13,608

Randomized  
Double-blind

Prasugrel  
60-mg LD/10-mg MD  
+ Aspirin

Clopidogrel  
300-mg LD/75-mg MD  
+ Aspirin

Median duration of follow up = 14.5 months

- Primary efficacy endpoint:
  - Composite CV death, nonfatal MI, or nonfatal stroke
- Safety endpoints:
  - TIMI major or minor bleeding

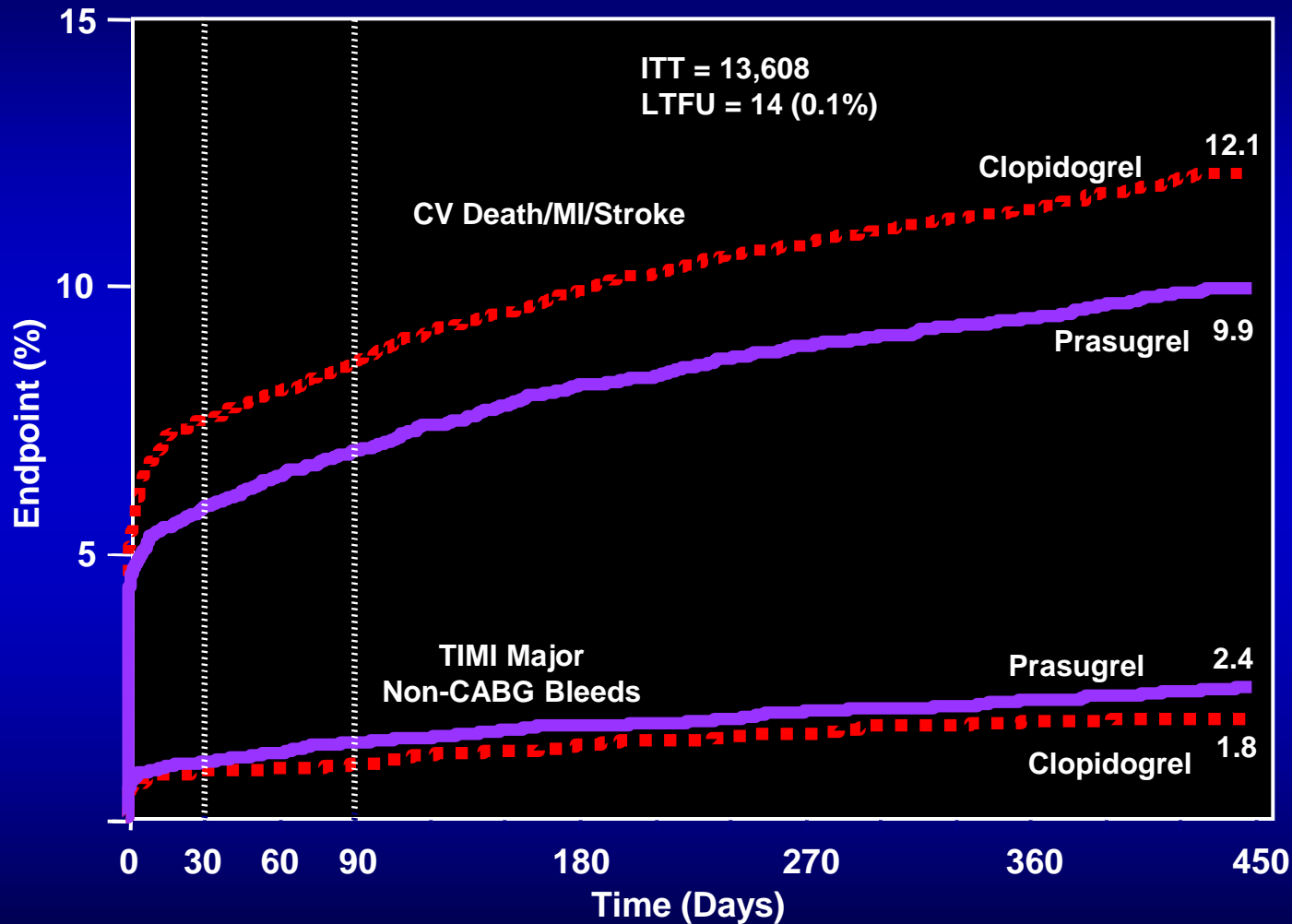
Administration of the clopidogrel LD in TRITON-TIMI 38 was delayed relative to the placebo-controlled trials that supported its approval for ACS.

Wiviott et al. *N Engl J Med.* 2007;357:2001-2015.

Please see Important Safety Information, including Boxed Warning, and Full Prescribing Information provided.



# TRITON-TIMI 38: Balance of Efficacy and Safety



~10% Recurrent Ischemic Events

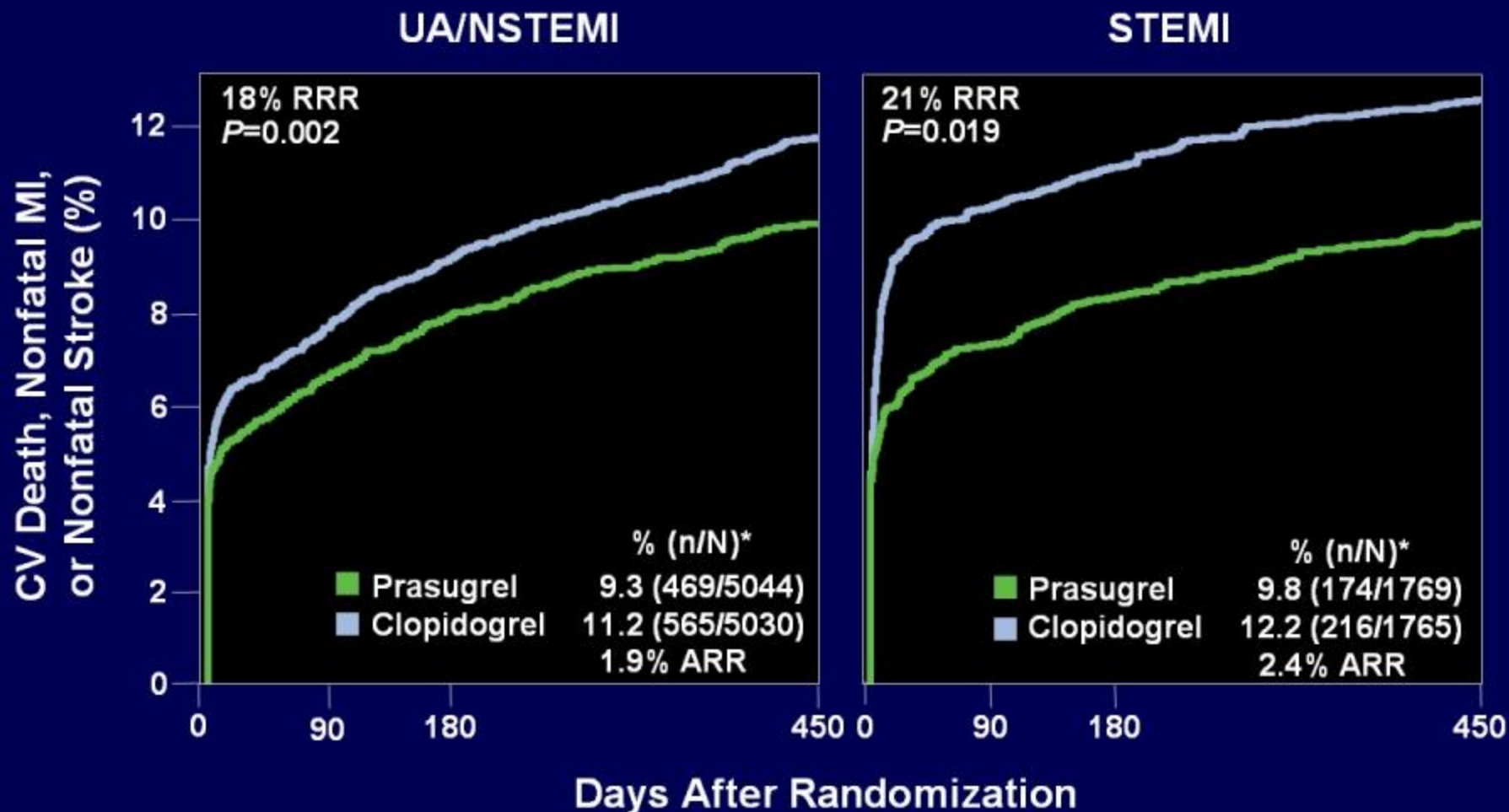
↓ 138 events  
HR=0.81  
(CI=0.73-0.90)  
P=.0004  
NNT=46

↑ 35 events  
HR=1.32  
(1.03-1.68)  
P=.03  
NNH=167

LTFU = lost to follow up. NNH = number needed to harm.

Wiviott SD, et al. *N Engl J Med.* 2007;357:2001-2015.

# Primary Endpoint Events at End of Trial: UA/NSTEMI and STEMI Patients



\*Observed data.

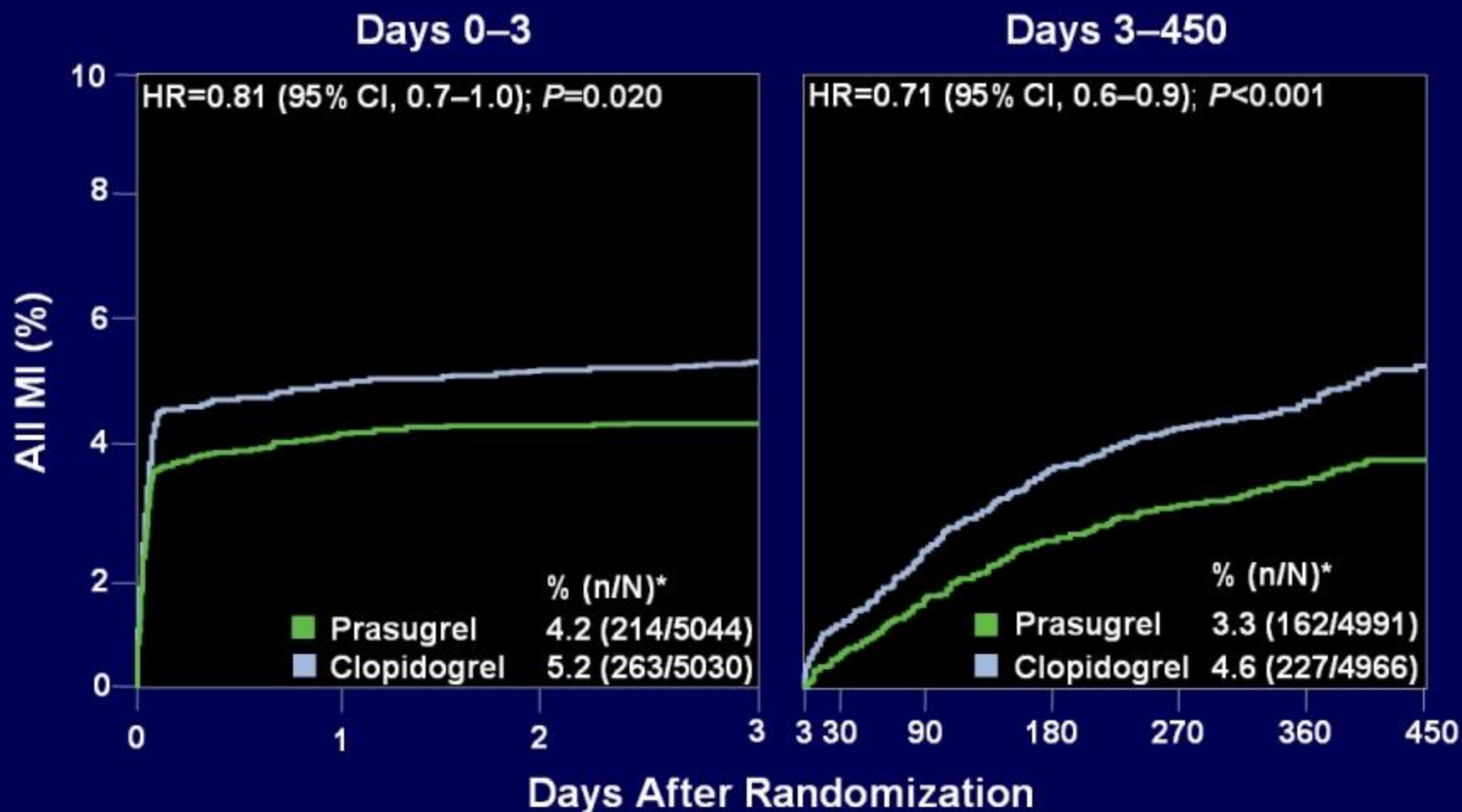
1. Effient Full Prescribing Information.
2. Data on file: #EFF20091204a. DSILilly.

Please see Important Safety Information, including Boxed Warning, and Full Prescribing Information provided.





# All MI at 0–3 Days and Day 3 to End of Trial in UA/NSTEMI Population

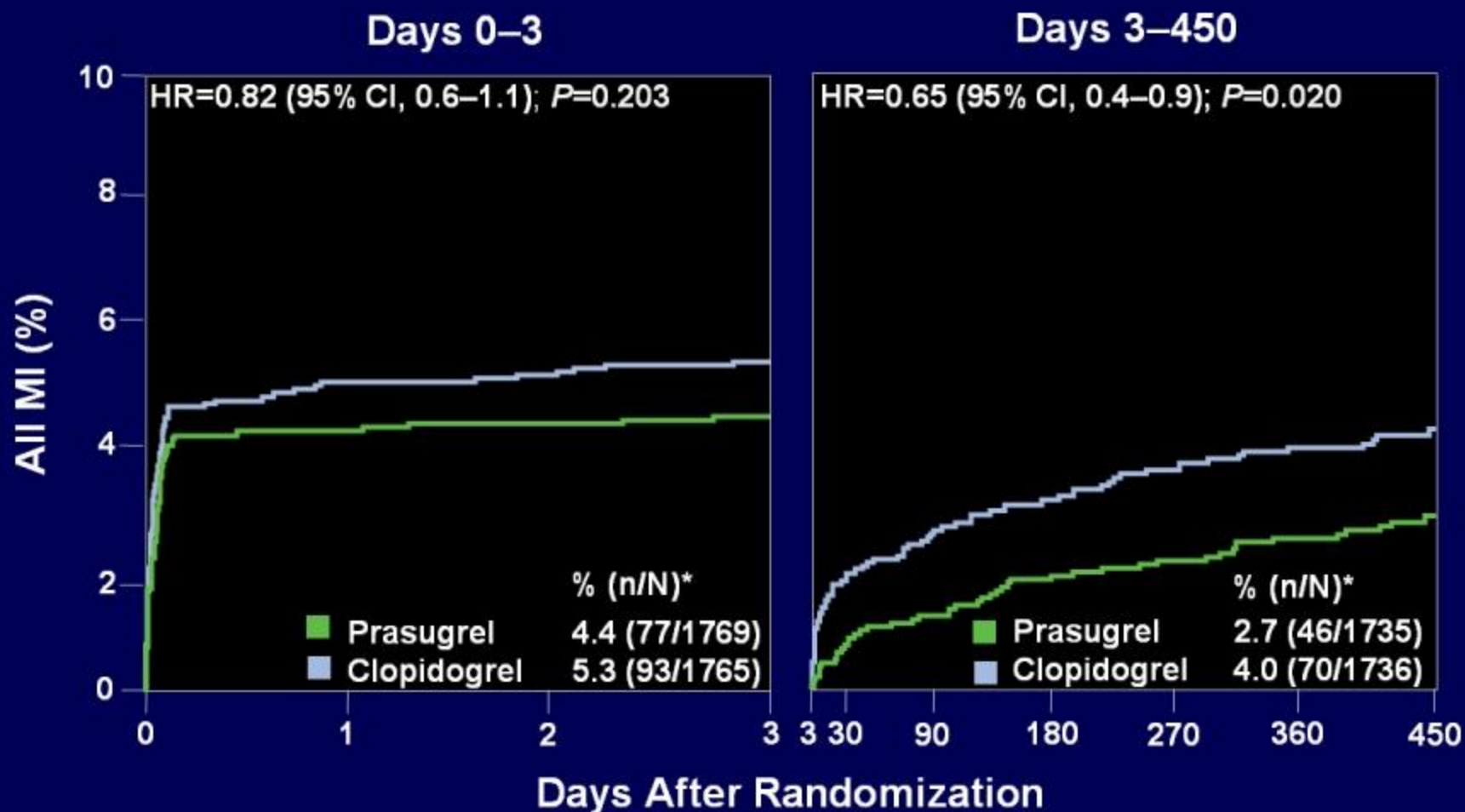


\*Observed data.

Data on File: #EFF20091207d. DSII/Lilly.

Please see Important Safety Information, including Boxed Warning, and Full Prescribing Information provided.

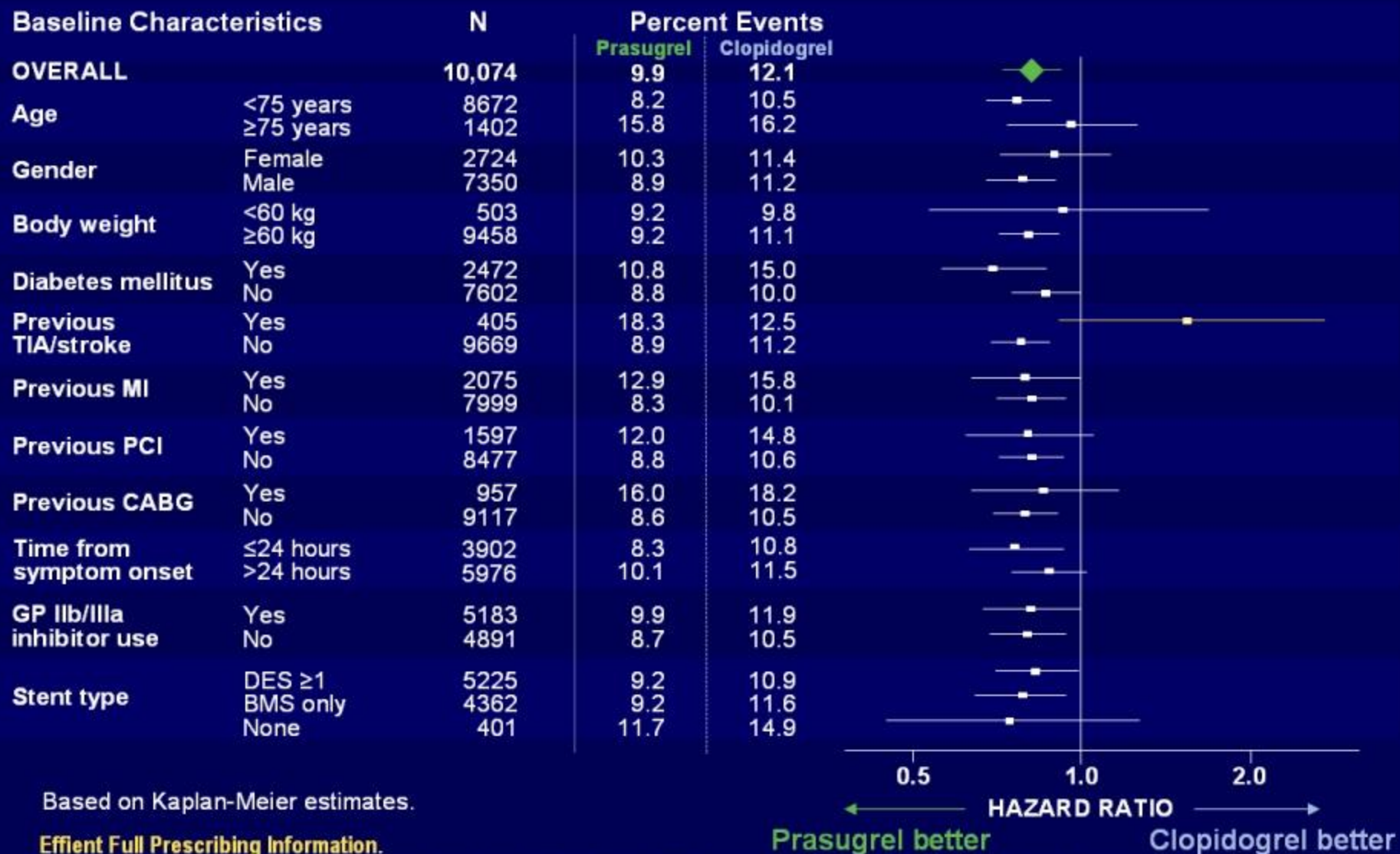
# All MI at 0–3 Days and Day 3 to End of Trial in STEMI Population



Data on File: #EFF20091207d. DSII/Lilly.

Please see Important Safety Information, including Boxed Warning, and Full Prescribing Information provided.

# Primary Endpoint Events Across Subpopulations in UA/NSTEMI Patients

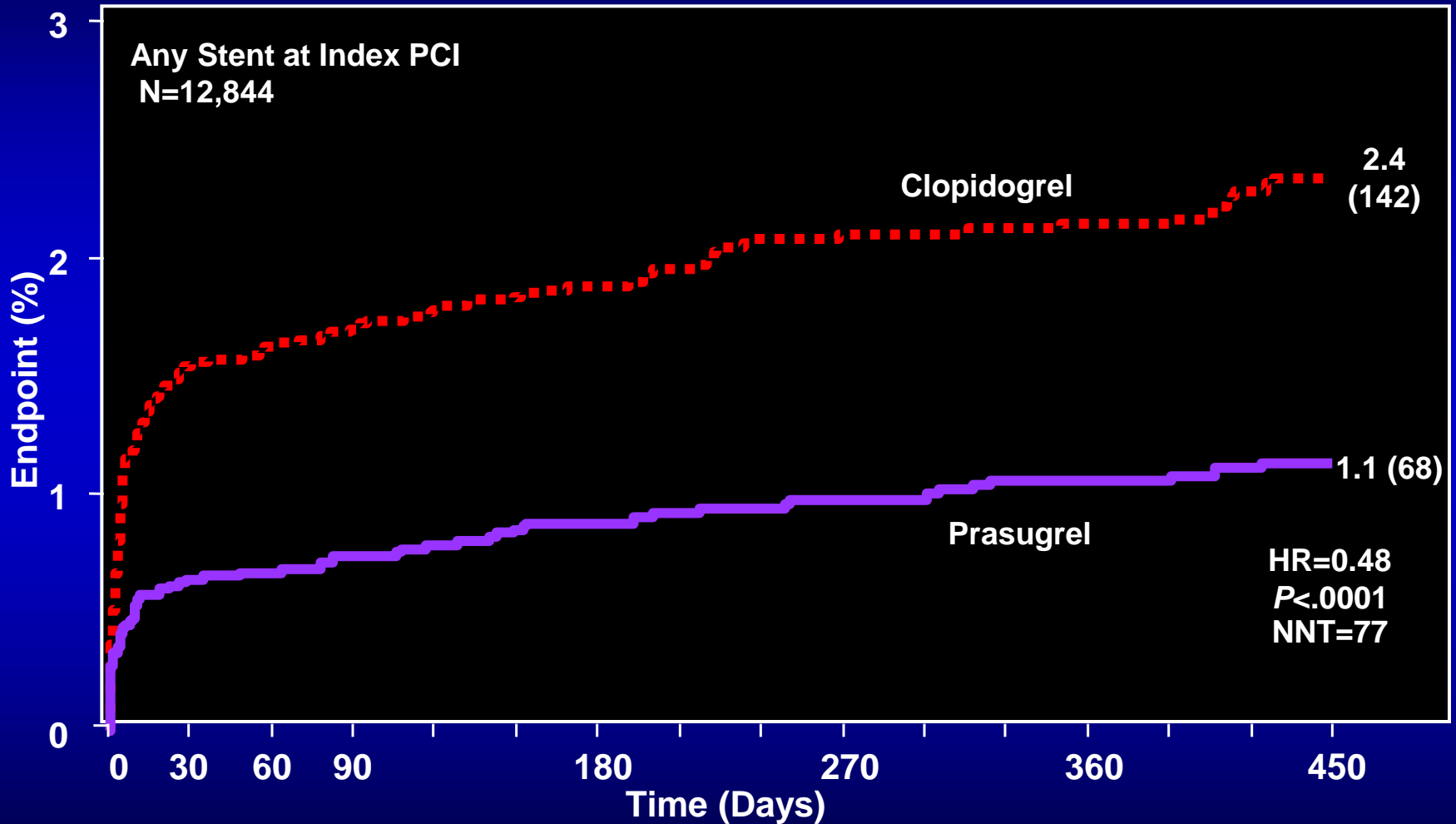


Based on Kaplan-Meier estimates.

**Effient Full Prescribing Information.**

Please see Important Safety Information, including Boxed Warning, and Full Prescribing Information provided.

# TRITON-TIMI 38: Stent Thrombosis (ARC Definite + Probable)



ARC = academic research consortium.

Wiviott SD, et al. *N Engl J Med.* 2007;357:2001-2015.

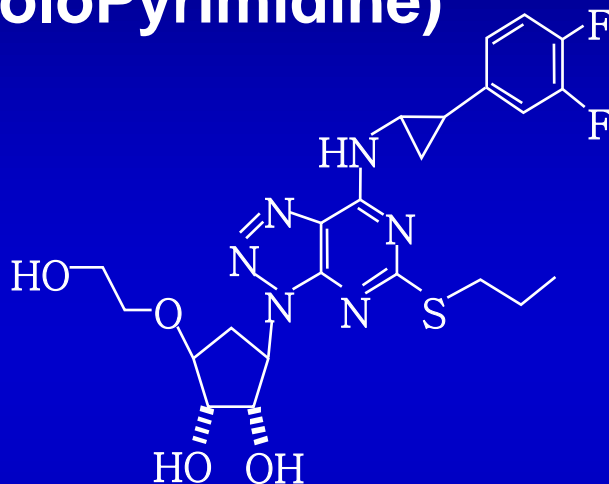
# Appropriate Patient Selection

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- Based on TRITON-TIMI 38 data, prasugrel appears to be most appropriate for use in patients with ACS managed with PCI who:
  - Have no history of TIA/stroke
  - Are <75 years of age
  - Weigh  $\geq 60$  kg (132 lb)

# Ticagrelor (AZD6140)

- A **non-thienopyridine**, in the chemical class CPTP (CycloPentylTriazoloPyrimidine)



- First oral **reversible** ADP P2Y<sub>12</sub> receptor antagonist
- **Direct** acting via the P2Y<sub>12</sub> receptor - metabolism not required for activity
- **More potent** platelet inhibitor than clopidogrel

# PLATO

Moderate- to high-risk ACS patients  
(UA/NSTEMI/STEMI, PCI,  
medically managed, or CABG)

(N=18,000)

ASA + Clopidogrel  
300 mg Id/75 mg qd  
600 mg Id allowed in PCI

ASA + AZD6140  
180 mg Id/90 mg bid

12-month maximum exposure  
(Min = 6 mo, Max = 12 mo, Mean = 11 mo)

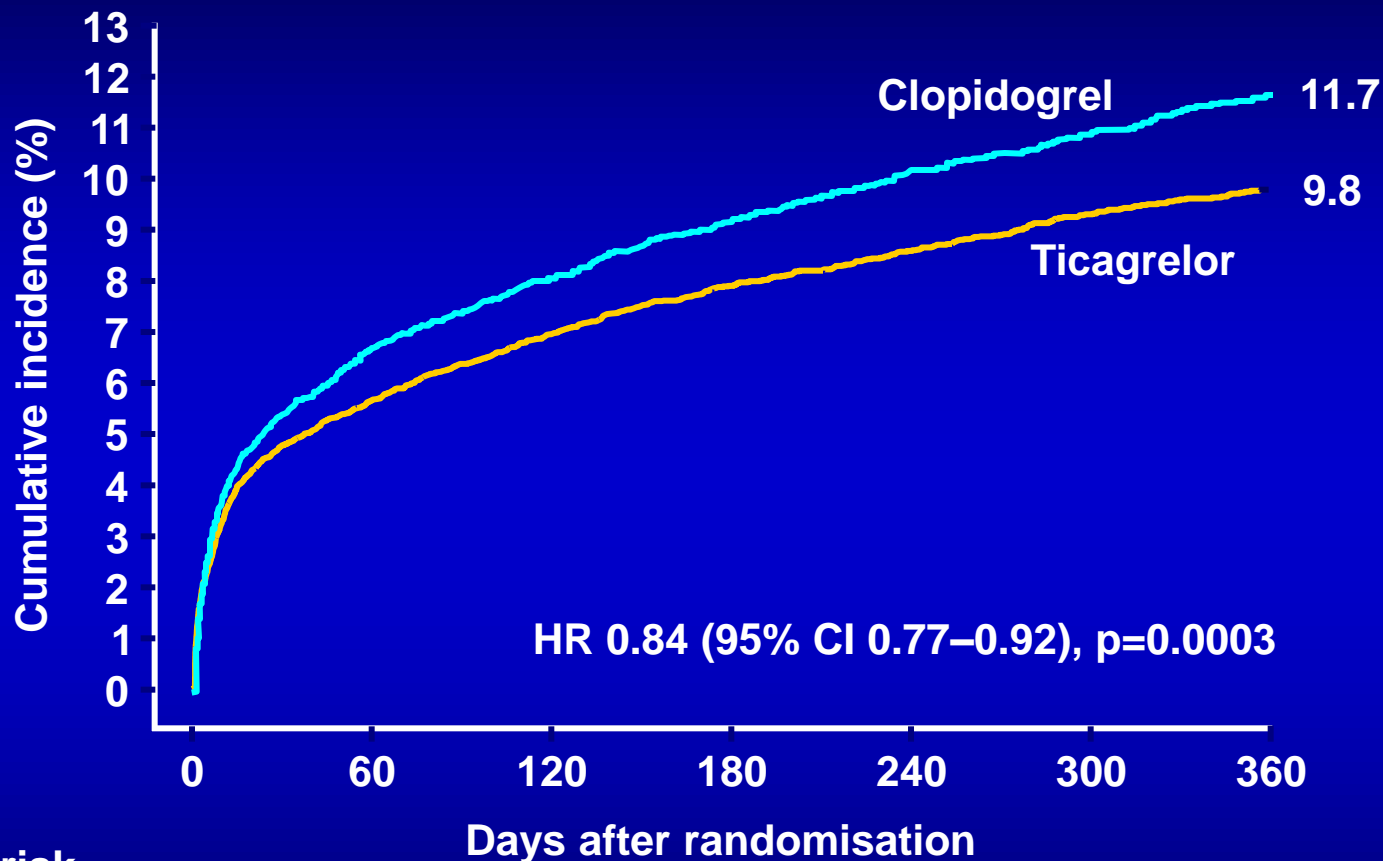
**Primary endpoint:** CVD/MI/stroke

**Secondary endpoint:** CVD/MI/stroke/revascularization with PCI;  
CVD/MI/stroke, severe recurrent ischemia

ASA = acetylsalicylic acid; bid = twice daily; CVD = cardiovascular disease; Id = loading dose; MI = myocardial infarction; NSTEMI = non-ST-segment elevation MI; qd = once daily; STEMI = ST-segment elevation MI; UA = unstable angina.

ClinicalTrials.gov Identifier: NCT00391872

# K-M estimate of time to first primary efficacy event (composite of CV death, MI or stroke)



No. at risk

	0	60	120	180	240	300	360
Ticagrelor	9,333	8,628	8,460	8,219	6,743	5,161	4,147
Clopidogrel	9,291	8,521	8,362	8,124	6,743	5,096	4,047

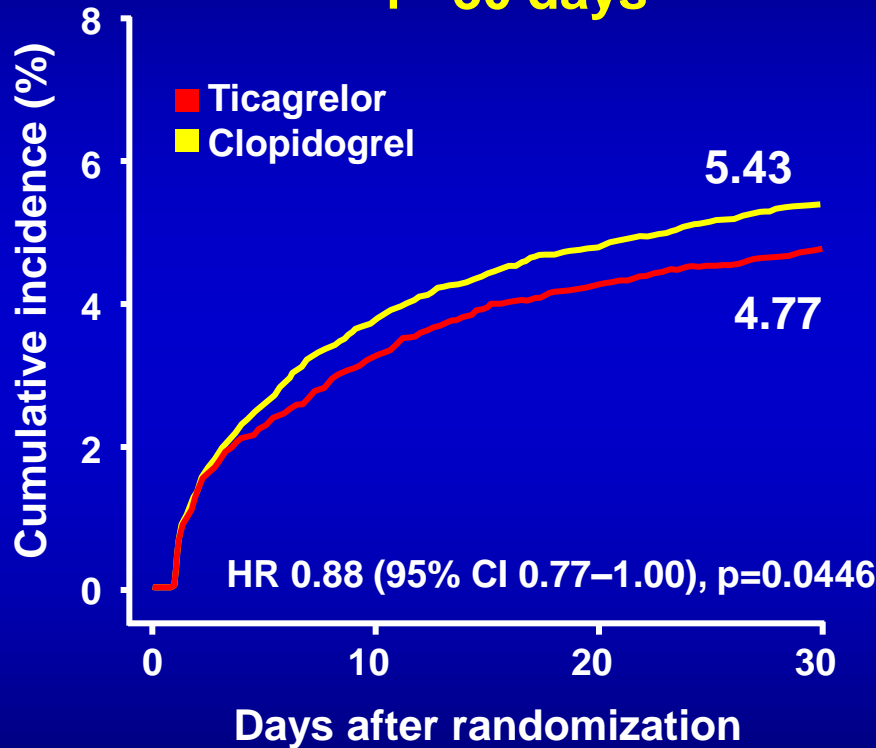
K-M = Kaplan-Meier; HR = hazard ratio; CI = confidence interval



# PLATO: Early and Late Effects

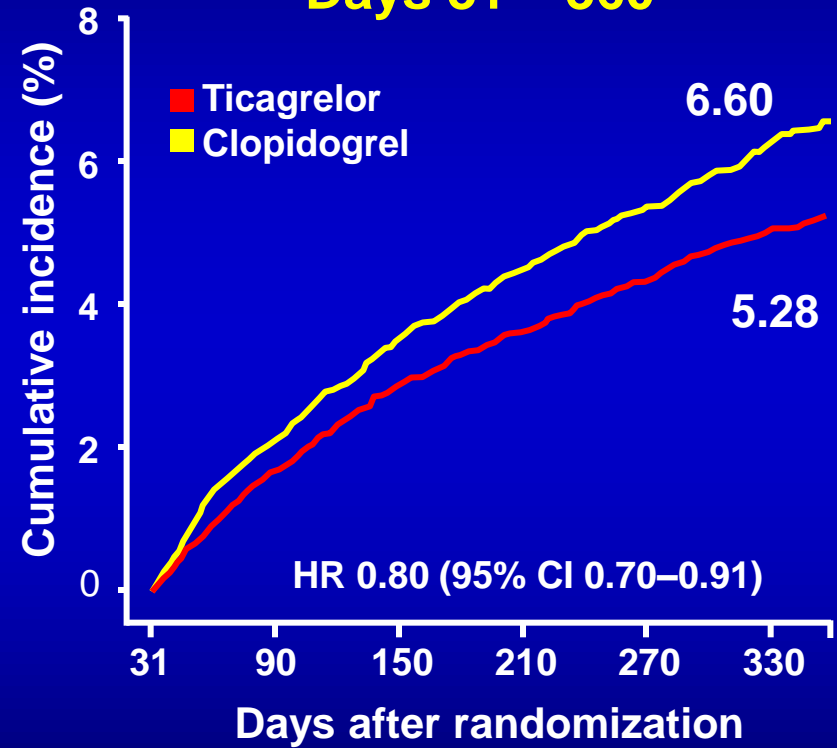
Landmark Analysis:

1<sup>st</sup> 30 days



Landmark Analysis:

Days 31 – 360\*



No. at risk

Ticagrelor	9333	8942	8827	8763
Clopidogrel	9291	8875	8763	8688

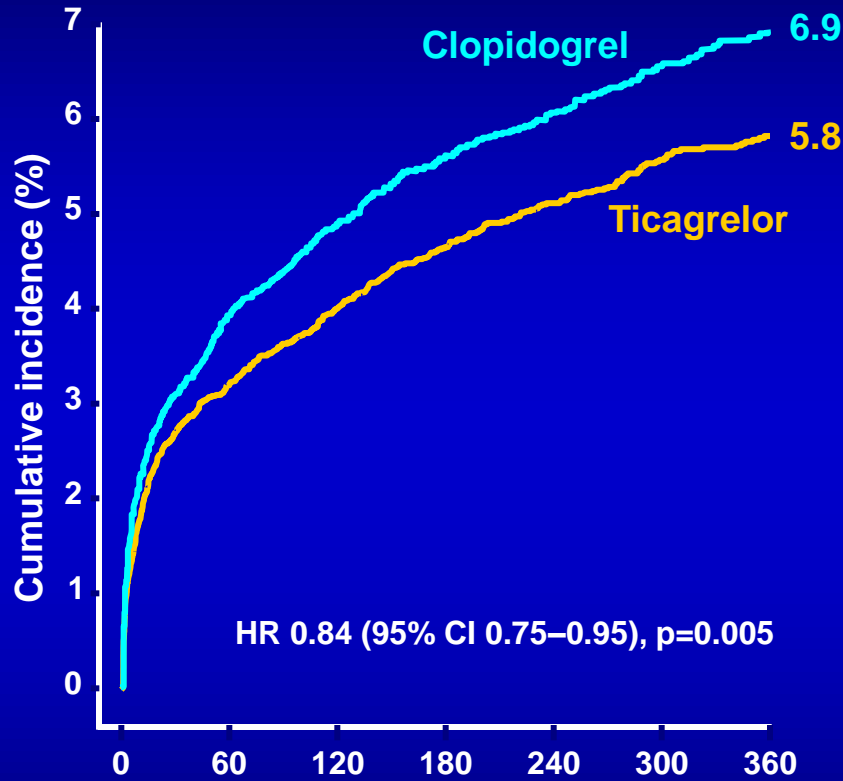
8673	8543	8397	7028	6480	4822
8688	8437	8286	6945	6379	4751

\*Excludes patients with any primary event during the first 30 days

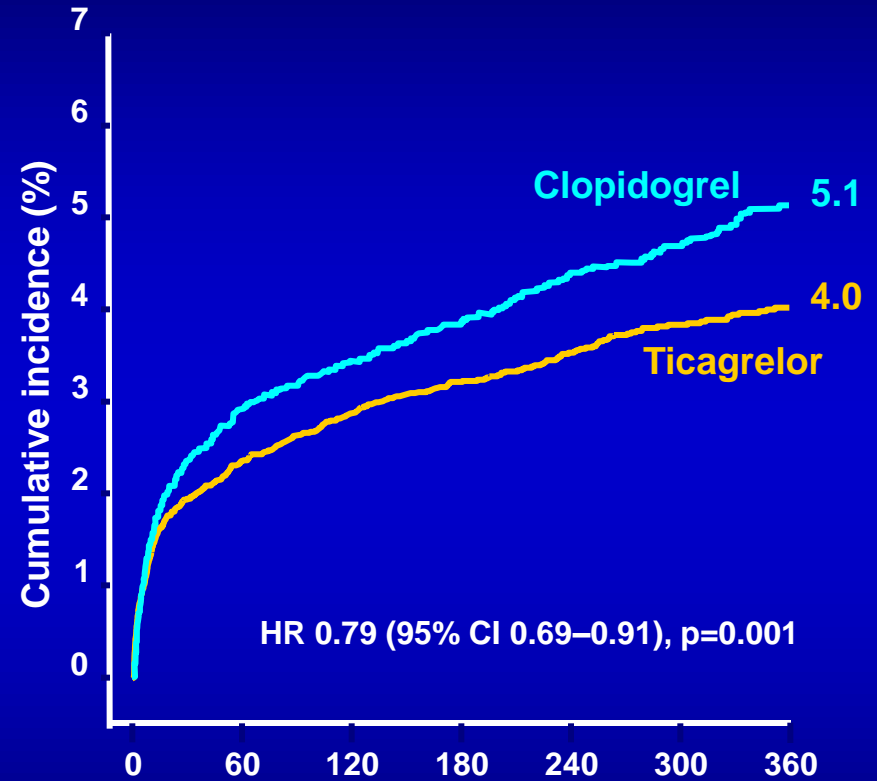
Wallentin L et al. *NEJM* Aug 30, 2009

# Secondary efficacy endpoints over time

## Myocardial infarction



## Cardiovascular death



No. at risk

Days after randomisation

Days after randomisation

Ticagrelor	9,333	8,678	8,520	8,279	6,796	5,210	4,191
Clopidogrel	9,291	8,560	8,405	8,177	6,703	5,136	4,109

Ticagrelor	9,333	8,294	8,822	8,626	7,119	5,482	4,419
Clopidogrel	9,291	8,865	8,780	8,589	7,079	5,441	4,364

# Stent thrombosis

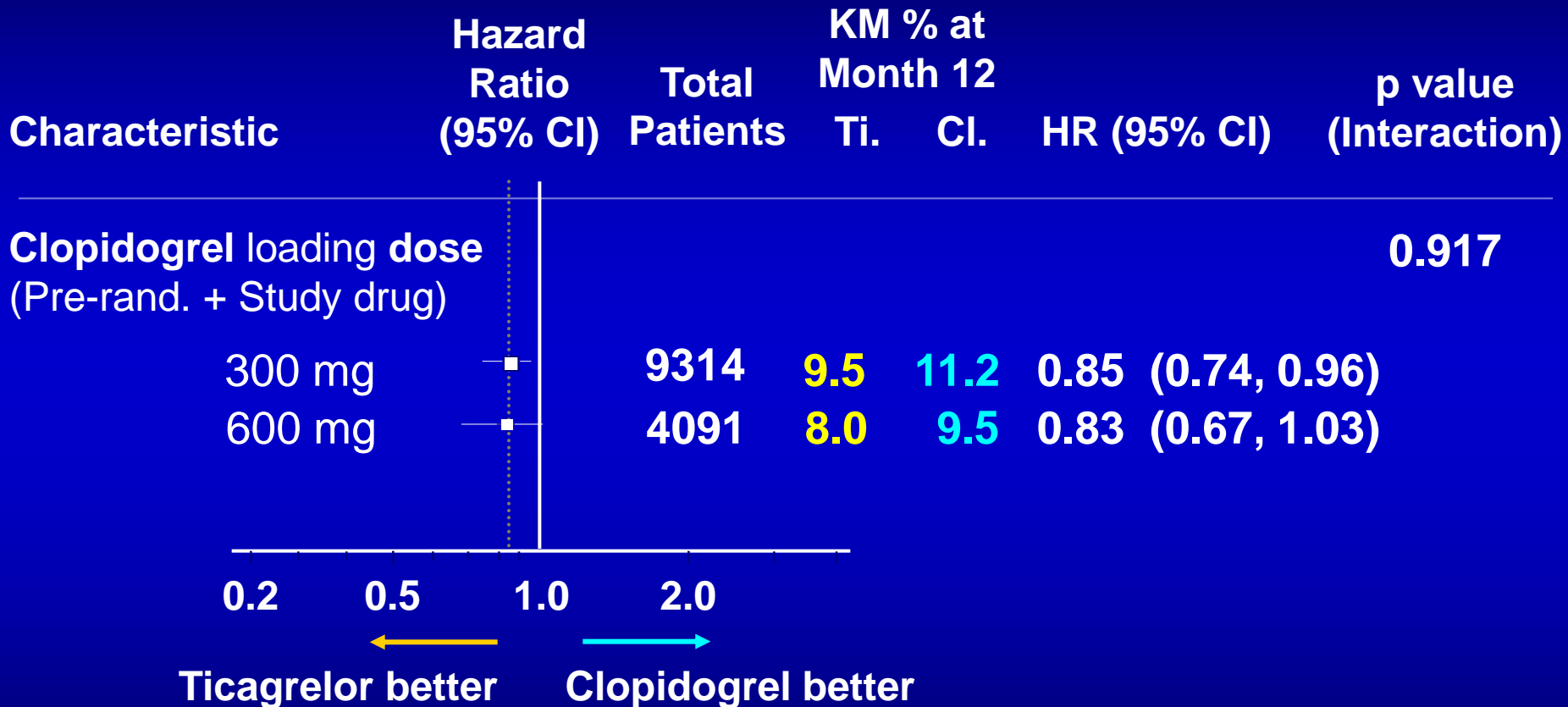
	<b>Ticagrelor (n=6,732)</b>	<b>Clopidogrel (n=6,676)</b>	<b>HR for ticagrelor (95% CI)</b>	<b>p value*</b>
<b>Stent thrombosis, %</b>				
Definite	<b>1.0</b>	<b>1.6</b>	<b>0.62 (0.45–0.85)</b>	<b>0.003</b>
Probable or definite	<b>1.7</b>	<b>2.3</b>	<b>0.72 (0.56–0.93)</b>	<b>0.01</b>
Possible, probable, or definite	<b>2.2</b>	<b>3.1</b>	<b>0.72 (0.58–0.90)</b>	<b>0.003</b>

† Evaluated in patients with any stent during the study

Time-at-risk is calculated from the date of first stent insertion in the study or date of randomization

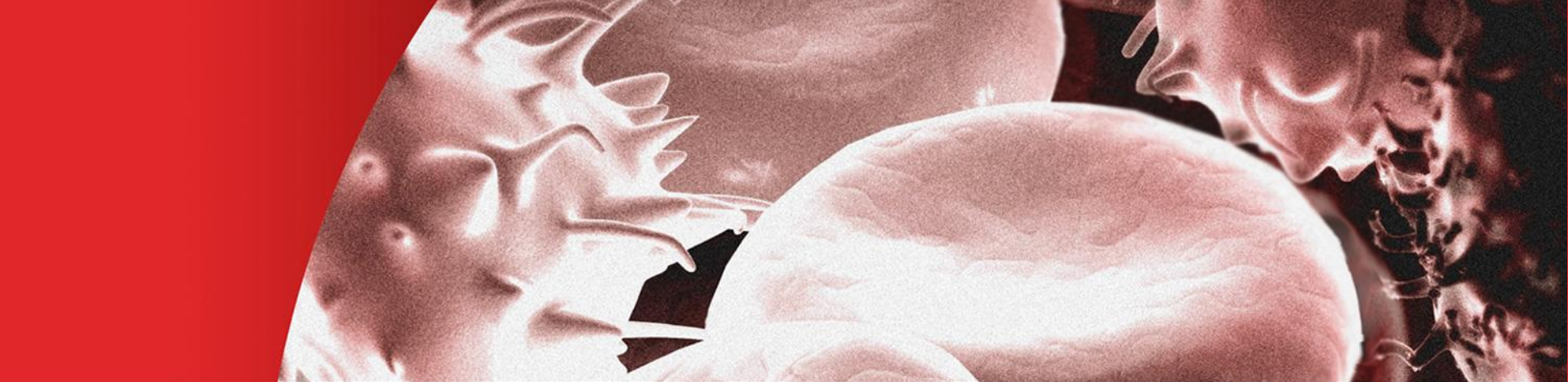
\* By univariate Cox model

# Primary efficacy endpoint by clopidogrel loading dose



# Other Findings

	Ticagrelor	Clopidogrel	p value
<b>Dyspnoea, %</b>			
Any	13.8	7.8	<0.001
With discontinuation of study treatment	0.9	0.1	<0.001
<b>Ventricular pauses <math>\geq 3</math> seconds, 1 week %</b>	5.8	3.6	0.01
<b>% increase in creatinine from baseline</b>			
At 1 month	10 $\pm$ 22	8 $\pm$ 21	<0.001
At 12 months	11 $\pm$ 22	9 $\pm$ 22	<0.001
<b>% increase in uric acid from baseline</b>			
At 1 month	14 $\pm$ 46	7 $\pm$ 44	<0.001
At 12 months	15 $\pm$ 52	7 $\pm$ 31	<0.001

A microscopic view of a heart, showing a stent implanted in a coronary artery. The heart is illuminated with a warm, reddish light, and the stent is clearly visible as a metallic mesh structure.

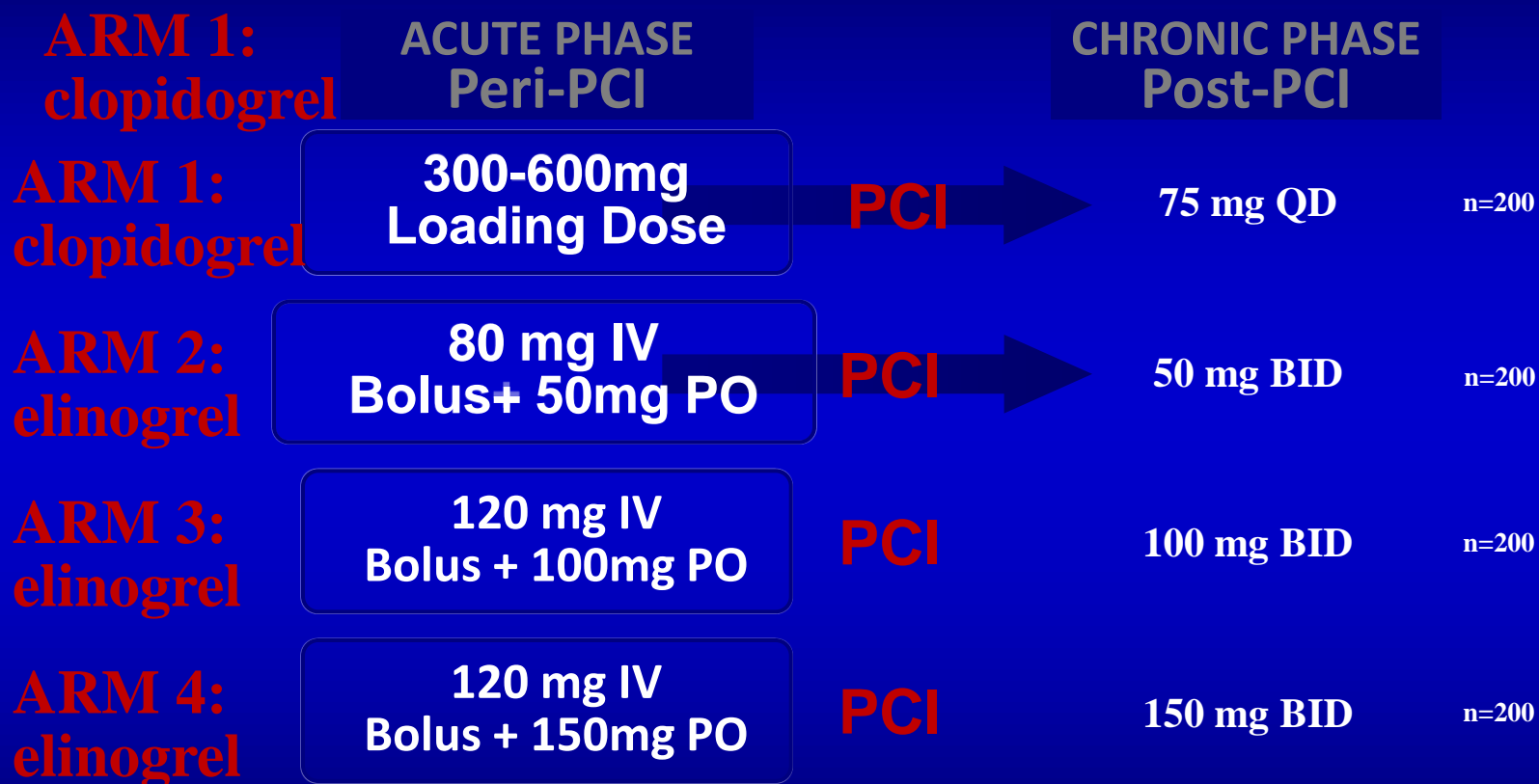
**A Randomized, Double-Blind, Active  
Controlled Trial to Evaluate Intravenous and  
Oral PRT060128 (elinogrel), a Selective and  
Reversible P2Y<sub>12</sub> Receptor Inhibitor, vs.  
Clopidogrel, as a Novel Antiplatelet Therapy  
in Patients Undergoing Non-urgent  
Percutaneous Coronary Interventions  
(INNOVATE-PCI)**

 **INNOVATE**♥**PCI**

# Properties of Elinogrel

- The only reversible and competitive P2Y<sub>12</sub> receptor antagonist
- Direct-acting: no metabolic activation required
- Available for intravenous and oral administration, enabling acute and chronic use
- Immediate and near maximal platelet inhibition achieved with IV
- Duration of action
  - Half-life: 12 hours
- No major CYP metabolism – low potential for drug-drug interactions (including PPIs)
- Balanced clearance: 50% renal; 50% hepatic (10% metabolized to pharmacologically inactive metabolite)

# Treatment Schema



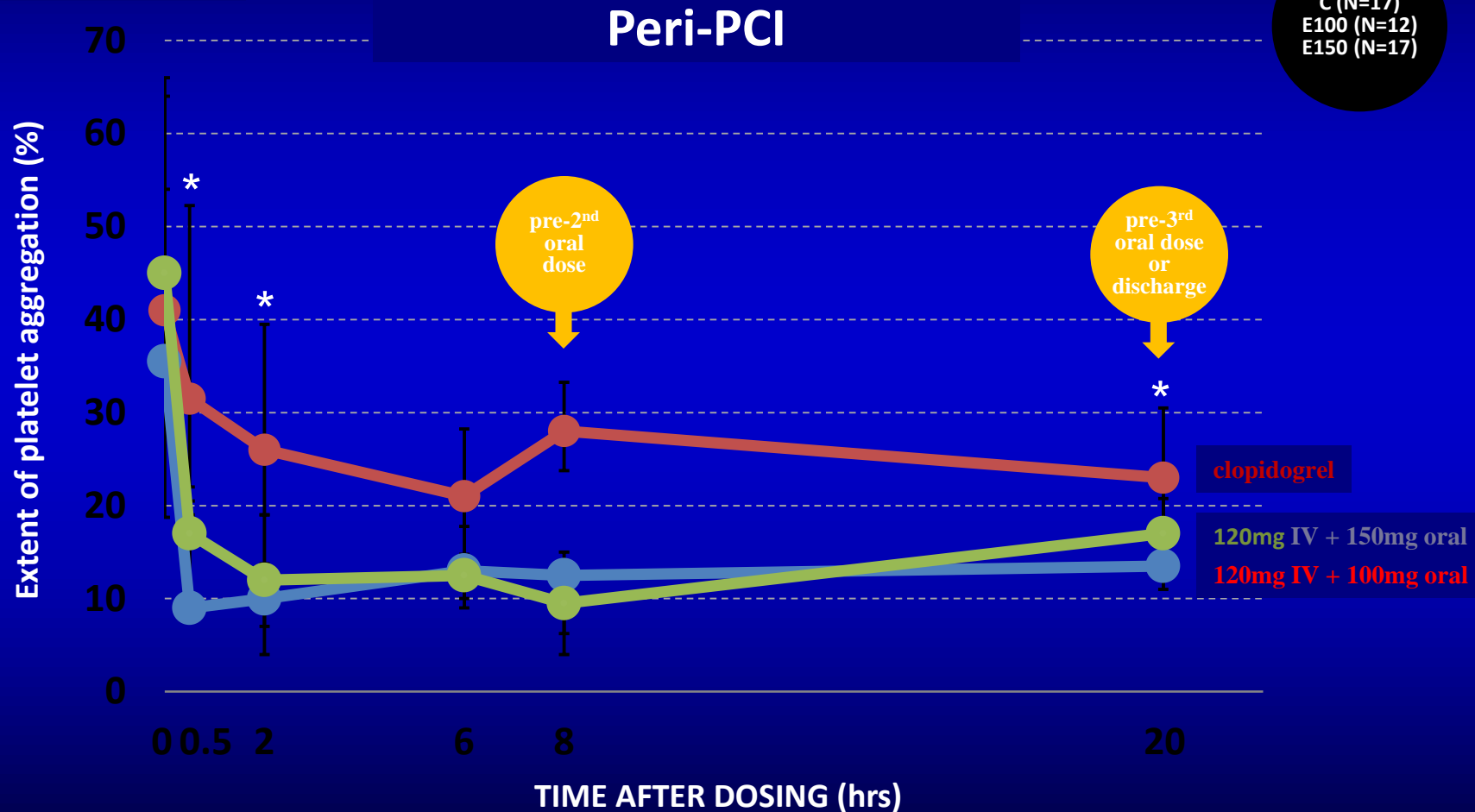
- April 8, 2009 (116 pts enrolled): The DSMC recommended discontinuation of the 50 mg BID dose and increasing IV bolus dose to 120 mg as per protocol
- April 16, 2009: Chronic phase extended from 60 days to 120 days of treatment



# Pharmacodynamic Effect of Elinogrel vs. Clopidogrel

## PD Sub-study

5 uM ADP - Peak



74% of pts represented above were on maintenance clopidogrel

\*  $p < 0.025$  for both elinogrel vs. clopidogrel comparisons

Median, quartiles

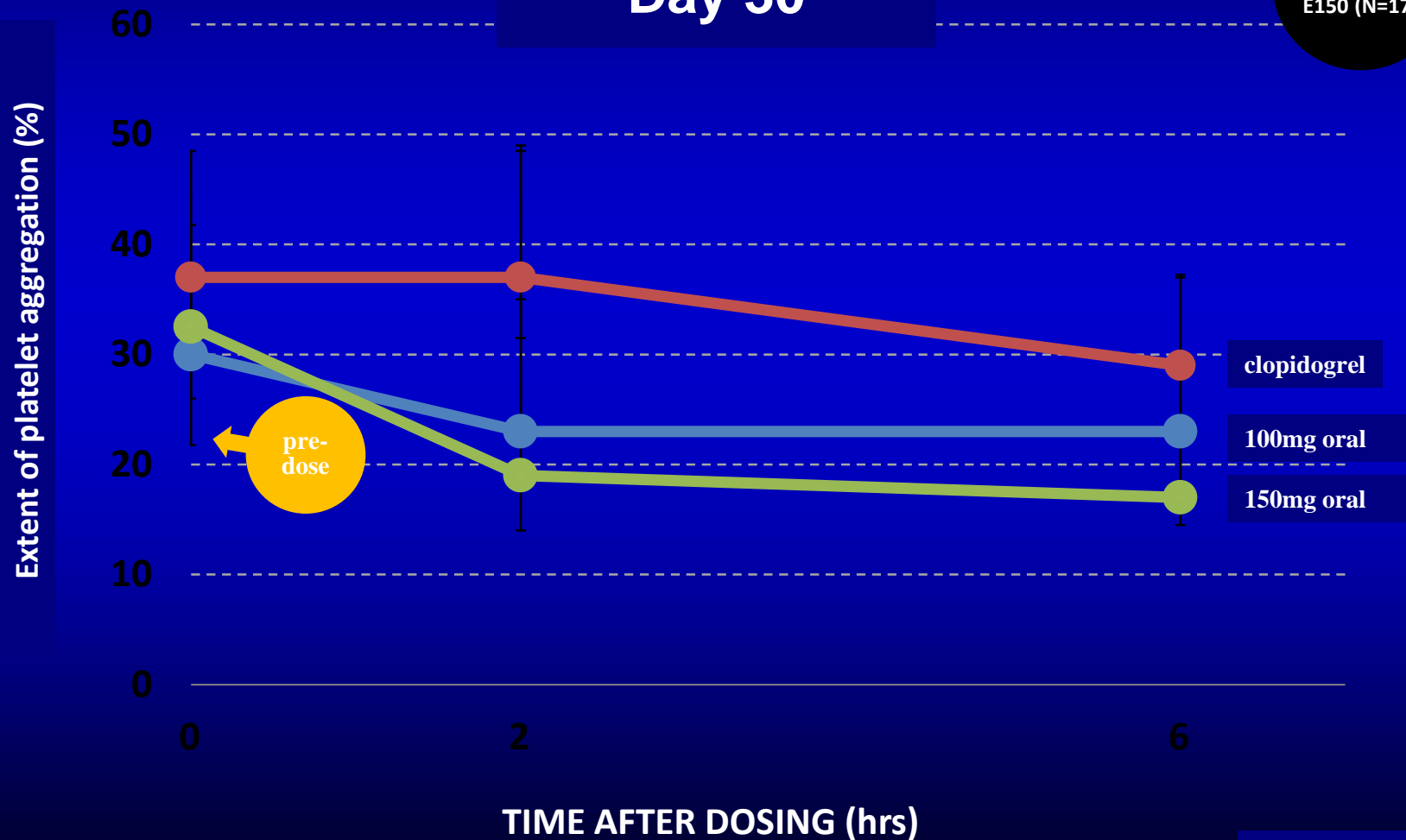
# Pharmacodynamic Effect of Elinogrel vs. Clopidogrel

## PD Sub-study

5 uM ADP - Peak

Day 30

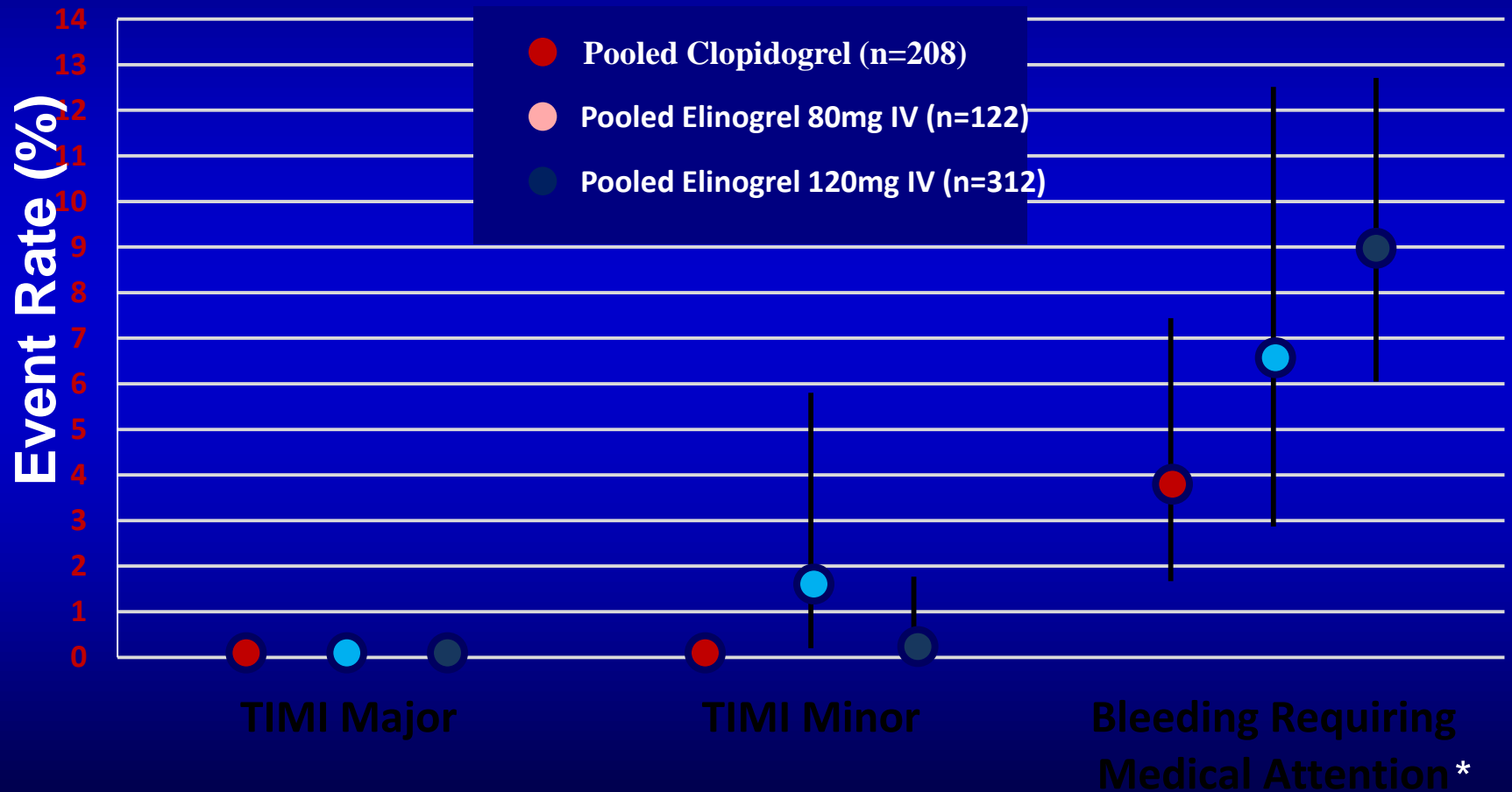
C (N=17)  
E100 (N=12)  
E150 (N=17)



Median, quartiles

# Bleeding at 24 hrs or d/c – TIMI Scale

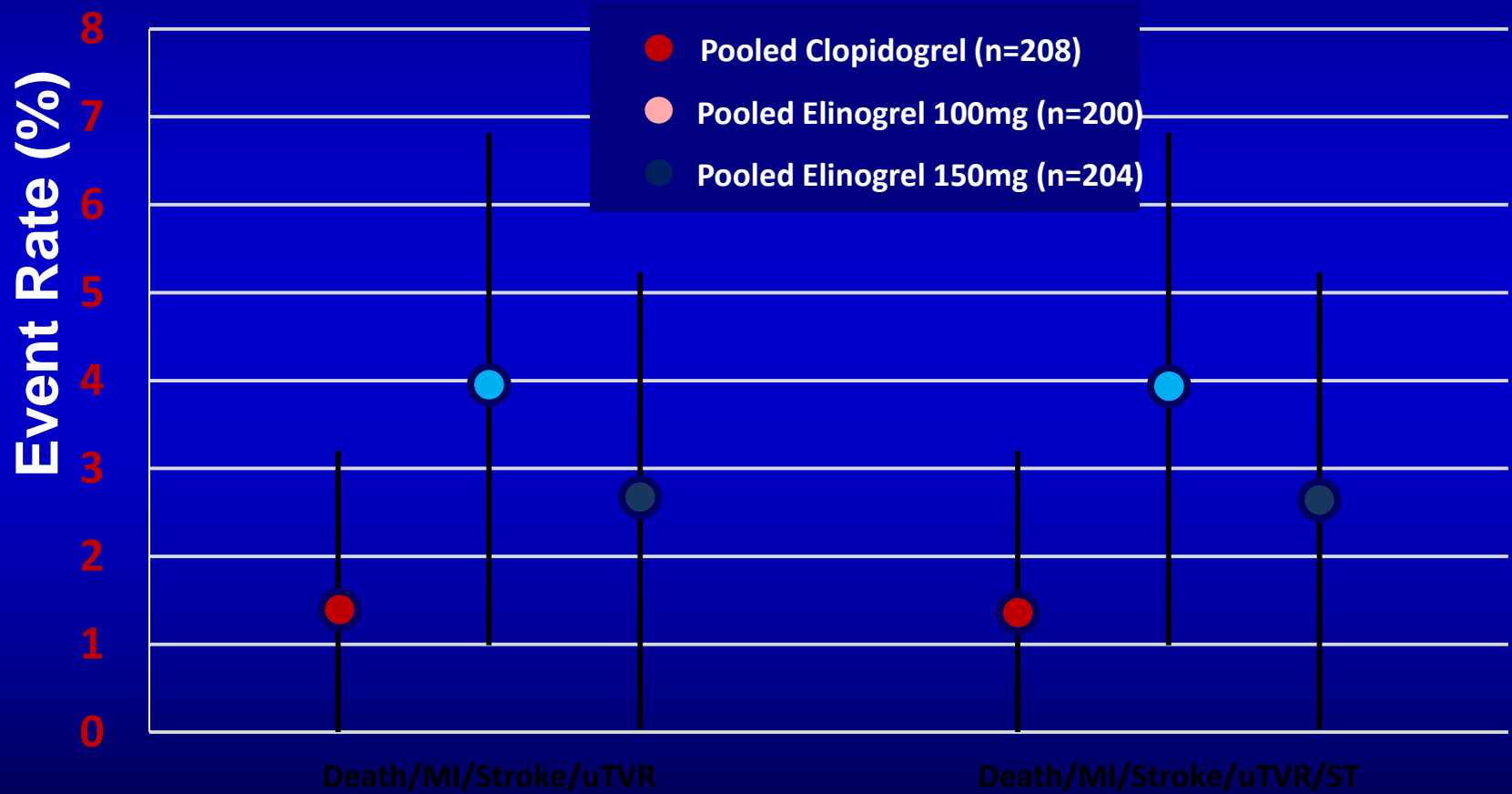
Rates and 95% confidence intervals



\* Mainly at access site

# Efficacy at 24h-120 Days

Rates and 95% confidence intervals



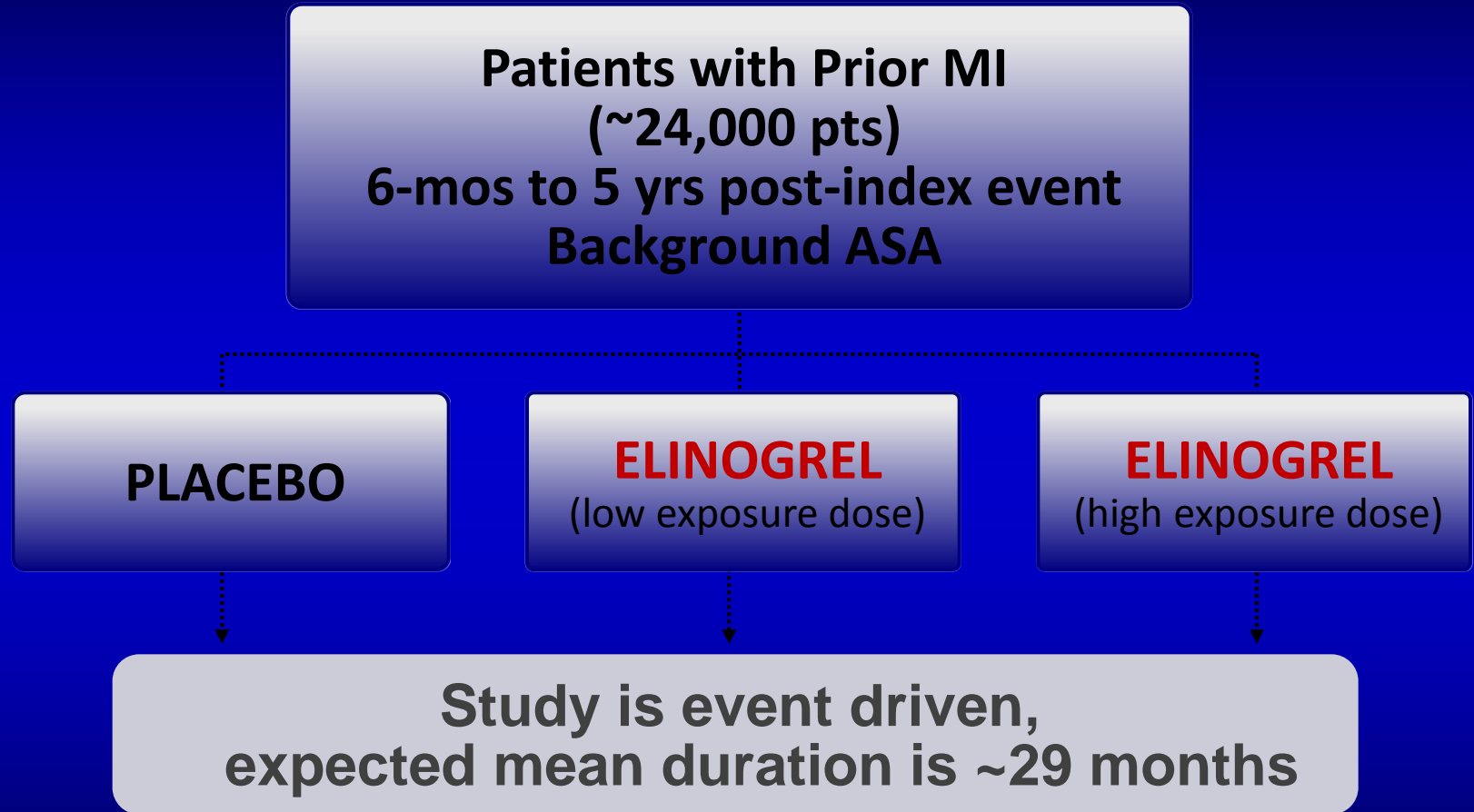
# Adverse Events

	Clopidogrel N=208	Pooled elinogrel 100 mg N=201	Pooled elinogrel 150 mg N=207
Any SAE	11.1%	14.9%	12.6%
Drug d/c due to AE or SAE	7.2%	7.5%	10.1%
Dyspnea*	4.3%	15.4%	12.1%
Bradycardia	0.5%	1.0%	0.5%
Syncope	0.5%	1.5%	0.5%
ALT/AST > 3x <sup>^</sup>	1.0%	4.0%	4.8%
ALT/AST > 5x	0.5%	2.0%	3.4%

\* Dyspnea was generally mild, transient, and infrequently led to discontinuation

<sup>^</sup> Most cases occurred within first 60 days and were asymptomatic; All cases resolved, even when treatment was continued; No Hy's Law cases.

# Phase 3 Chronic CHD Trial – Sponsored by Novartis



**PRIMARY EFFICACY ENDPOINT:**  
CV Death, MI, Stroke

# Conclusions

- IV and oral elinogrel result in greater and more rapid **antiplatelet effect** than clopidogrel during both the acute and chronic phase of therapy
- No excess TIMI major or minor bleeding at both the 24-hr and 120-day timepoints
- Dose-dependent trend of increase in less severe bleeds (Bleeding Requiring Medical Attention), mostly occurring at the vascular access site in the peri-procedural period
- No significant differences in efficacy at 24 hrs or 120 days (trial not powered for efficacy)

# TRA Background

- n Vorapaxar is an oral, potent, selective thrombin receptor antagonist (TRA) being developed for the prevention and treatment of atherothrombosis.
- n Preclinical and early clinical studies have demonstrated vorapaxar to have antithrombotic properties, with no increase in bleeding time or clotting times (aPTT, PT, ACT).



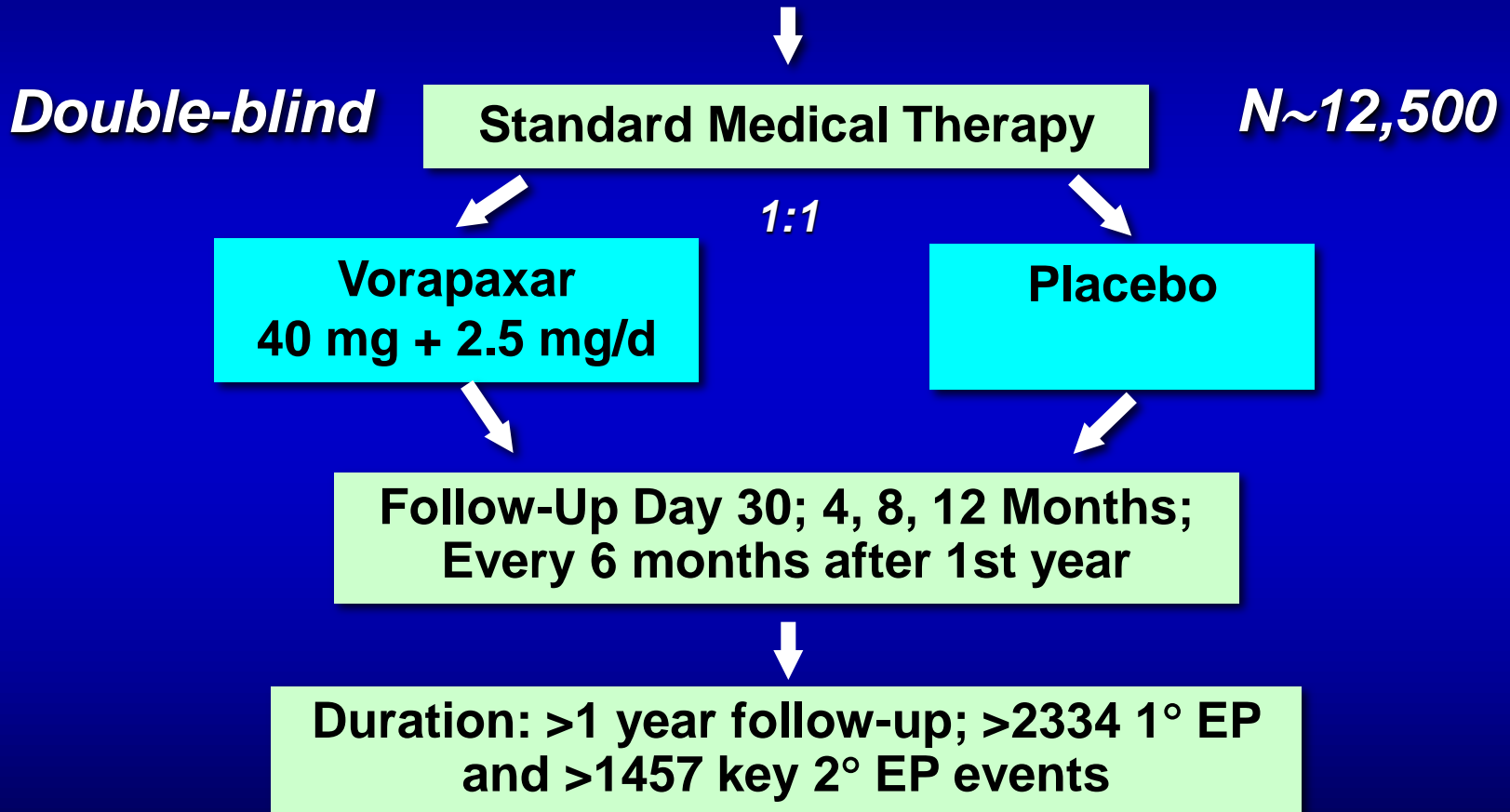
## *Galbulimima baccata*

- Himbacine derivative
- Bark of the Australian Magnolia
- Found in the tropical zones of eastern Malaysia, New Guinea, northern Australia and the Solomon Islands.



# TRA•CER Study Design

Patients with high-risk Non-ST-Segment Elevation Acute Coronary Syndrome  $\leq 24$ h of symptoms



1° EP: CV Death/MI/stroke/hosp for RI/urgent coronary revasc.  
2° EP: CV Death/MI/stroke

# Thrombin Receptor Antagonism

TRA Development  
~37,500 patients



Vorapaxar

Placebo

Vorapaxar

Placebo

F/U: 30 Days, 4, 8, 12 months and 6 months thereafter  
F/U 1 yr minimum

Primary EP: Composite of CV  
Death, MI, Stroke, RI with  
Rehosp, Urgent  
Revascularization

Primary EP: Composite of  
CV Death, MI, Stroke and  
Urgent Revascularization

*Thank you!*