



Joint Meeting of Coronary Revascularisation; Busan, 12-13 December 2014.
Platelet Research Group Symposium

Antiplatelet therapy in acute coronary syndromes : The reality in South East Asia

Dr Alan Fong

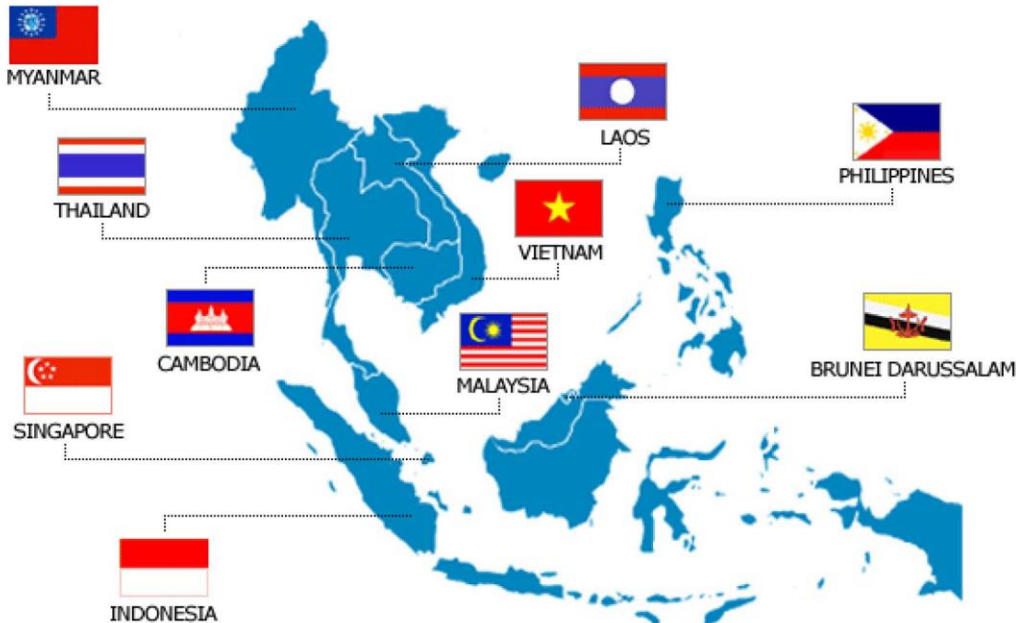
MChB(Bristol), MRCP(UK), FACC, FESC, FAPSC, FNHAM, FAsCC, FRCP (Edin)

Consultant Cardiologist, Sarawak General Hospital Heart Centre;
& Head, Clinical Research Centre, Sarawak General Hospital



ASEAN – South East Asia

ASEAN Member Countries



- ♥ 1967
- ♥ 10 countries
- ♥ 600 million people
- ♥ >30 ethnic groups
- ♥ 7th largest economy in the world

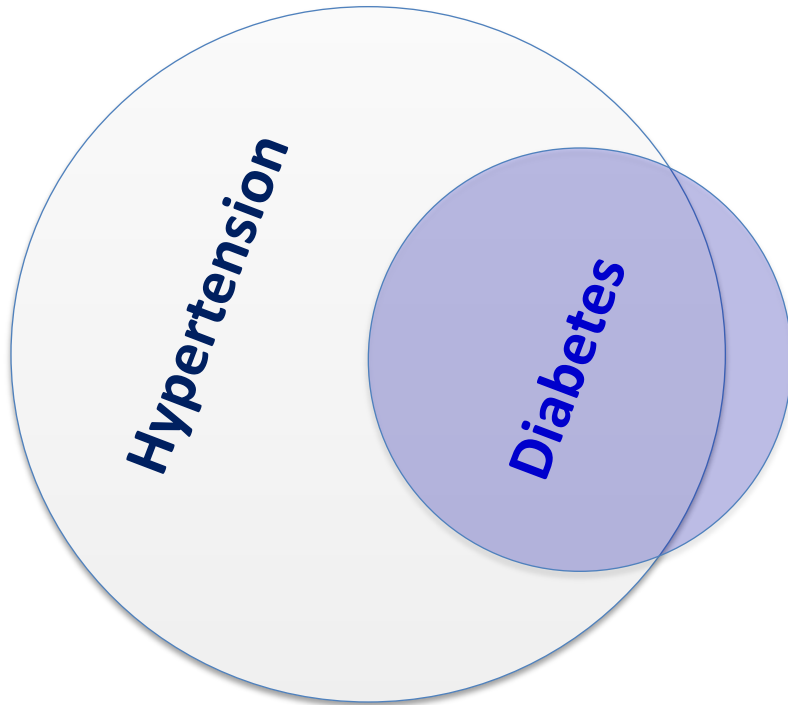


Where we are.....



Base 801958 (R02595) 11-98

The hypertension-diabetes link (USA/Europe vs. Malaysia)



Prevalence of hypertension in adults: ~33%¹
Prevalence of diabetes in adults: 8.3%¹
Proportion of diabetics with hypertension: ~70-90%²
Proportion of hypertensives (without CVD) with diabetes: ~15%³

Prevalence of hypertension in adults: ~27.8%¹
Prevalence of diabetes in adults: ~**11.7%**²
Proportion of diabetics with hypertension: ~**90%**
(≥130/80 mm Hg)²

¹AHA 2013 Update, Circulation 2013;127:e6-e245

²Tarnow et al., Diabetes Care 17: 1247, 1994

³Weycker et al., AJH 20: 599, 2007

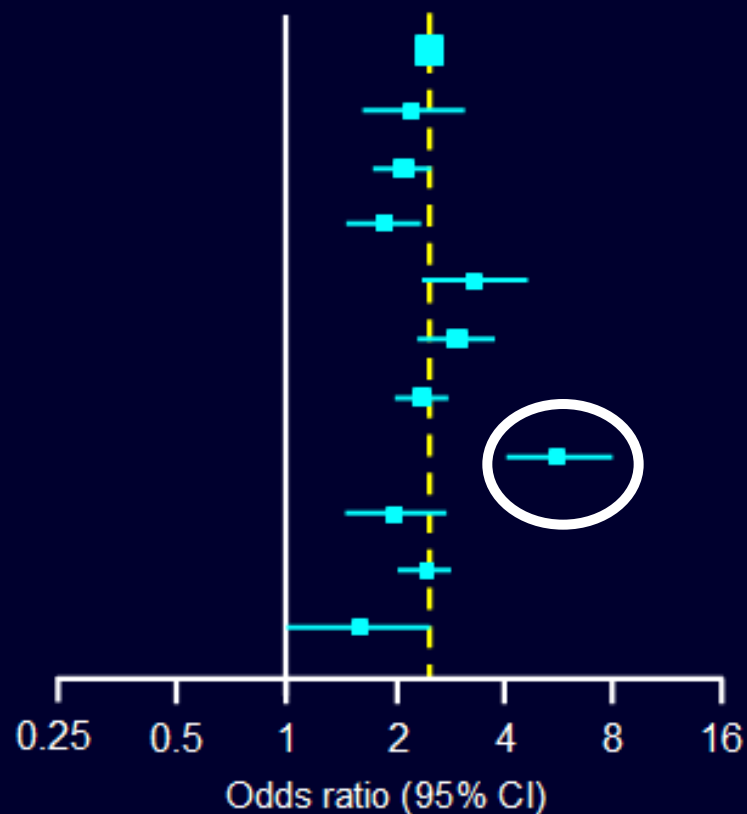
¹Rampal et al., Public Health 122: 11, 2008

²IDF-Atlas, 5th edition, 2012 update

Unique findings..

INTERHEART: Significant association of MI risk with hypertension

Region	n
Overall	26,916
Western Europe	1425
Central and Eastern Europe	3636
Middle East Crescent	3404
Africa	1355
South Asia	3881
China/Hong Kong	6075
Southeast Asia	2141
Australia and New Zealand	1269
South America	3100
North America	630



Adjusted for age, sex, smoking

Note: odds ratio plotted on a doubling scale

Yusuf S et al. *Lancet*. 2004;364:937-52.

Other than Singapore....

- ♥ Developing countries challenges...
- ♥ Rural-urban migration....
- ♥ Infrastructure (much still in) development....

An update on cardiovascular disease epidemiology in South East Asia. Rationale and design of the LIFE course study in CARdiovascular disease Epidemiology (LIFECARE)

E Shyong Tai^{a,b,*}, Richie Poulton^c, Julian Thumboo^d, Rody Sy^e,
Nina Castillo-Carandang^f, Piyamitr Sritara^g, John M.F. Adam^h,
Kui Hian Sim^{i,j}, Alan Fong^k, Hwee Lin Wee^{l,d}, Mark Woodward^m

^a Center for Molecular Epidemiology, National University of Singapore, C/O Department of Community, Occupational and Family Medicine, 16 Medical Drive, Singapore 117597, Singapore

^b Office of Research, Singapore Health Services, Singapore

^c Dunedin Multidisciplinary Health and Development Research Unit, Department of Preventive & Social Medicine, Dunedin School of Medicine, National Centre for Lifecourse Research, University of Otago, New Zealand

^d Singapore General Hospital, Department of Rheumatology & Immunology, Singapore

^e College of Medicine, University of the Philippines, Philippines

^f Department of Clinical Epidemiology, College of Medicine, University of the Philippines, Manila, Philippines

^g Faculty of Medicine, Ramathibodi Hospital, Mahidol University, Bangkok, Thailand

^h Division of Endocrinology and Metabolism, Faculty of Medicine, Hsanuddin University, Makassar, Indonesia

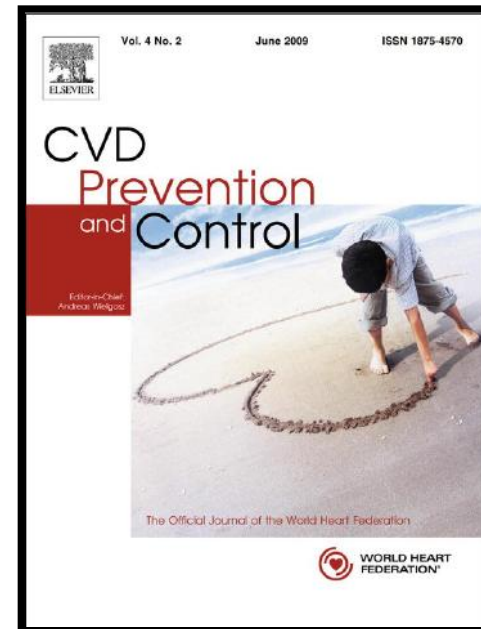
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^k Department of Cardiology, and Clinical Research Centre, Sarawak General Hospital, Malaysia

^l Department of Pharmacy, National University of Singapore, Singapore

^m Mount Sinai School of Medicine, New York University, NY, USA



CVD Prevention and Control (2009) 4, 93–102

Pioneering Registry in Malaysia

What about Confidentiality?

Current legislation allows doctors to release their patients' data to persons demonstrating a need, which is essential to public health and safety. The NCVD meets this requirement.

The NCVD has also developed strict policies and procedures to maintain confidentiality of data collected by it as well as in disclosure of data.

For further information, the NCVD is also published electronically on website at:

<http://www.acrm.org.my/ncvd>

We look forward to the continued support and collaboration from all parties that will enable the National Cardiovascular Disease Database (NCVD) to develop and contribute significantly to the control of cardiovascular disease in this country.

NCVD REGISTRATION FORM

Yes! I want to participate in the National Cardiovascular Disease Database (NCVD). Please register my centre.

Details

Name: _____
(Title) (Name)

Designation: _____

Institution: _____

Sector (Check only one):

MOH University NGO
 Private Armed Forces Others, specify _____

Address (office): _____

Postal Code: _____ City/Town: _____

State: _____

Tel: () _____

Fax: () _____

Handphone: () _____

E-Mail: _____

Please mail or fax to:

Manager,
National Cardiovascular Disease Database
c/o Clinical Research Centre
3rd Floor, Dermatology Block,
Hospital Kuala Lumpur,
Jalan Pahang,
50586 Kuala Lumpur
Tel: 03 - 2692 4249 / 03 -2698 0310
Fax: 03 - 2691 1682
Email: ncvd@acrm.org.my

NATIONAL CARDIOVASCULAR DISEASE DATABASE



NCVD

Sponsored by:

- Departments of Cardiology & Medicine / MOH Hospitals
- Clinical Research Centre

ACS in Malaysia exacts a terrible toll

Table 5.8 Overall outcomes for patients with ACS by ACS stratum, NCVD-ACS Registry, 2006-2008

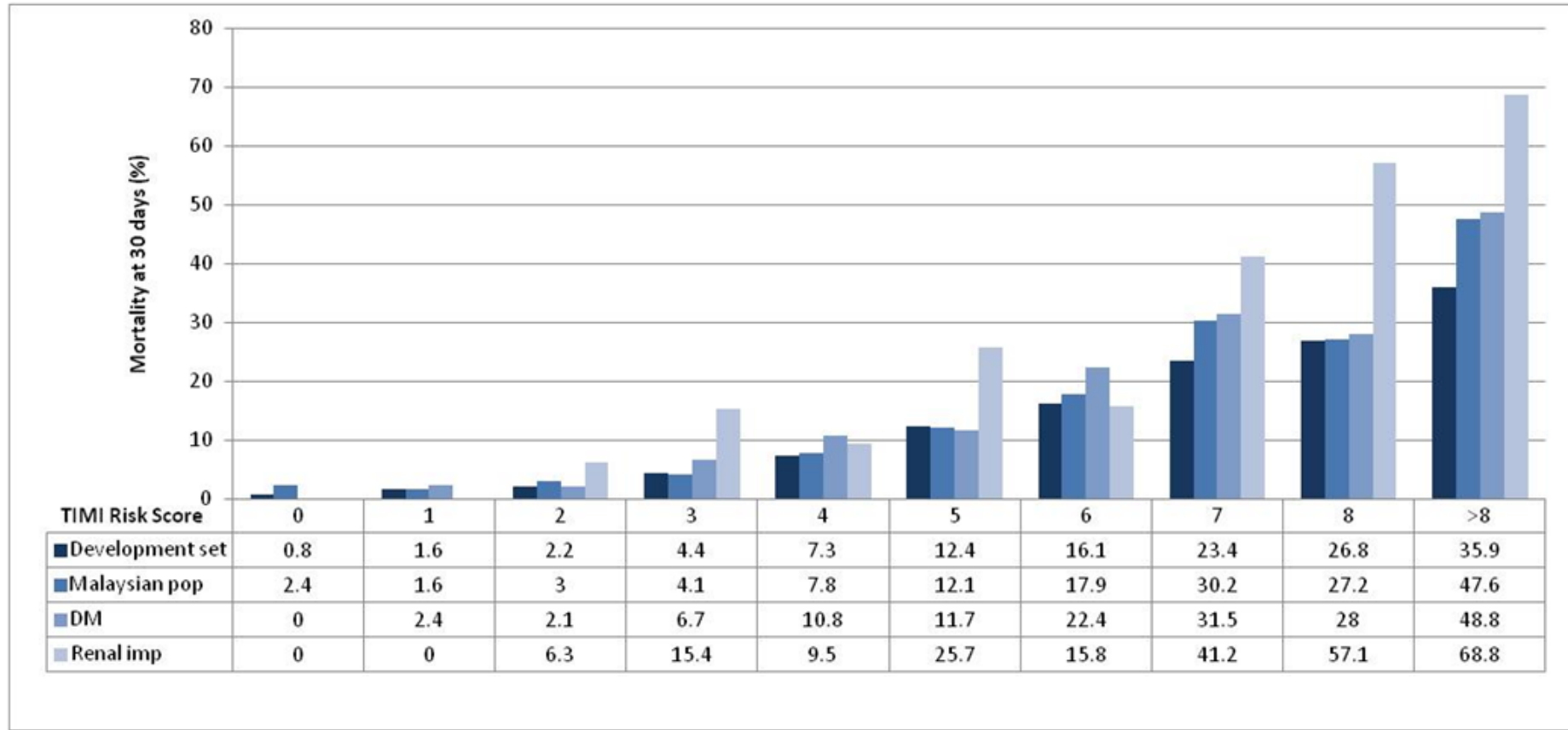
	†Outcome	In-hospital						30-day*					
		STEMI		NSTEMI		UA		STEMI		NSTEMI		UA	
		No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
2006	Alive	1309	91	1048	93	812	96	1135	79	804	71	676	80
	Died	136	9	84	7	33	4	310	21	328	29	169	20
2007	Alive	1513	90	907	91	935	98	1373	81	745	74	802	84
	Died	174	10	94	9	23	2	314	19	256	26	156	16
2008	Alive	1388	90	598	90	635	97	1307	85	537	81	591	90
	Died	146	10	64	10	20	3	227	15	125	19	64	10
Overall	Alive	4210	90	2553	91	2382	97	3815	82	2086	75	2069	84
	Died	456	10	242	9	76	3	851	18	709	25	389	16

+ The outcome data is derived based on data matching with the National Death Register

*Includes patients who died in-hospital

STEMI: comparison between NCCVD and TIMI developmental dataset

Figure 2. Mortality rate at 30 days for TIMI risk score development and Malaysian STEMI population



An Asian Validation of the TIMI risk score for ST-Segment Elevation Myocardial Infarction: Results and Implications for Cardiac Care in a Developing Country. Sharmini Selvarajah, Alan Fong Yean Yip, Gunavathy Selvaraj, Jamayah Haniff, Cuno S.P.M. Uiterwaal, Michiel L. Bots, PLoS One 2012;7(7):e40249



A recent hit... with global implications

Am J Cardiol. 2013 Feb 14. pii: S0002-9149(13)00333-0. doi: 10.1016/j.amjcard.2013.01.271. [Epub ahead of print]

Impact of Cardiac Care Variation on ST-Elevation Myocardial Infarction Outcomes in Malaysia.

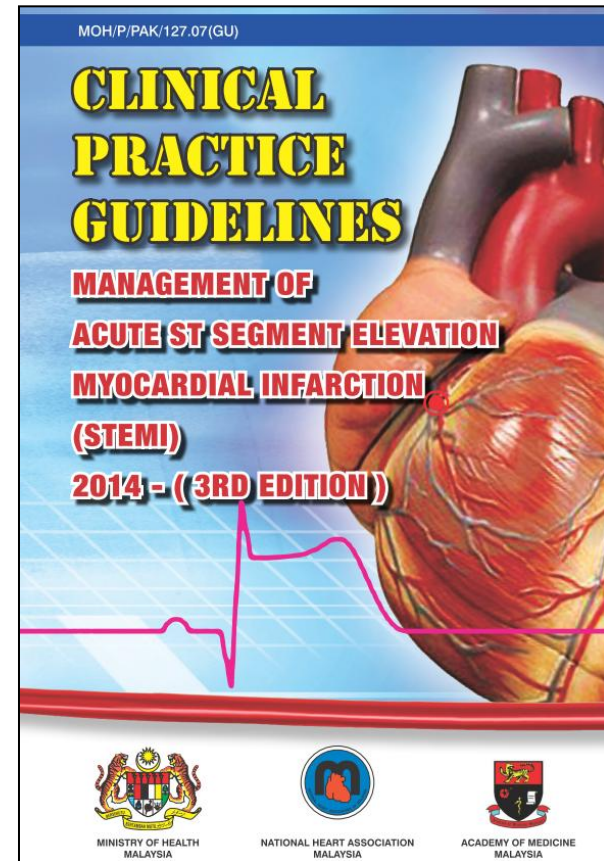
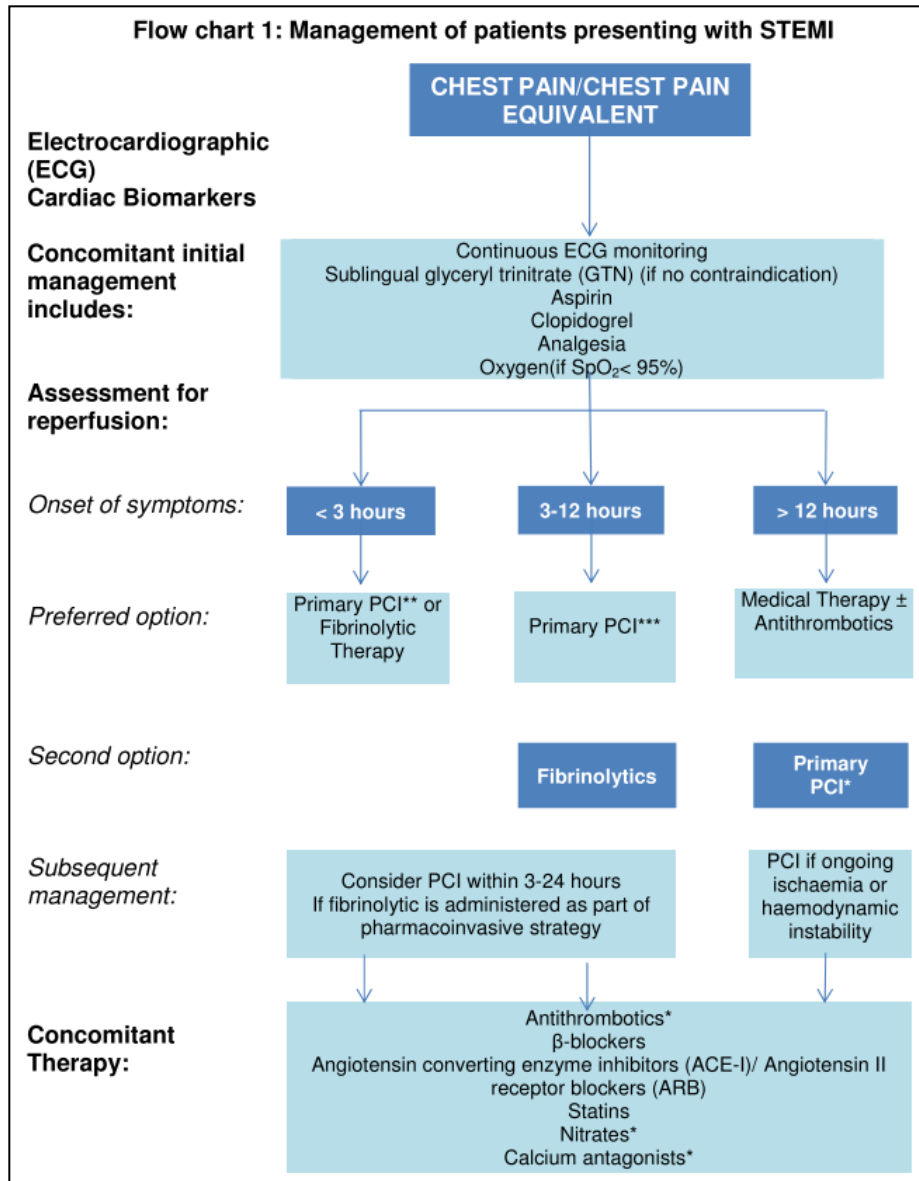
Selvarajah S, Fong AY, Selvaraj G, Haniff J, Hairi NN, Bulqiba A, Bots ML.

Clinical Research Centre, Kuala Lumpur Hospital, Kuala Lumpur, Malaysia; Julius Center for Health Sciences and Primary Care, University Medical Center Utrecht, Utrecht, The Netherlands; Julius Centre University of Malaya, Department of Social and Preventive Medicine, University of Malaya, Kuala Lumpur, Malaysia. Electronic address: sharm@crc.gov.my.

Abstract

Developing countries face challenges in providing the best reperfusion strategy for patients with ST-segment elevation myocardial infarction because of limited resources. This causes wide variation in the provision of cardiac care. The aim of this study was to assess the impact of variation in cardiac care provision and reperfusion strategies on patient outcomes in Malaysia. Data from a prospective national registry of acute coronary syndromes were used. Thirty-day all-cause mortality in 4,562 patients with ST-segment elevation myocardial infarctions was assessed by (1) cardiac care provision (specialist vs nonspecialist centers), and (2) primary reperfusion therapy (thrombolysis or primary percutaneous coronary intervention [P-PCI]). All patients were risk adjusted by Thrombolysis In Myocardial Infarction (TIMI) risk score. Thrombolytic therapy was administered to 75% of patients with ST-segment elevation myocardial infarctions (12% prehospital and 63% in-hospital fibrinolytics), 7.6% underwent P-PCI, and the remainder received conservative management. In-hospital acute reperfusion therapy was administered to 68% and 73% of patients at specialist and nonspecialist cardiac care facilities, respectively. Timely reperfusion was low, at 24% versus 31%, respectively, for in-hospital fibrinolysis and 28% for P-PCI. Specialist centers had statistically significantly higher use of evidence-based treatments. The adjusted 30-day mortality rates for in-hospital fibrinolytics and P-PCI were 7% (95% confidence interval 5% to 9%) and 7% (95% confidence interval 3% to 11%), respectively ($p = 0.75$). In conclusion, variation in cardiac care provision and reperfusion strategy did not adversely affect patient outcomes. However, to further improve cardiac care, increased use of evidence-based resources, improvement in the quality of P-PCI care, and reduction in door-to-reperfusion times should be achieved.

3rd Malaysian CPG for STEMI



CLINICAL PRACTICE GUIDELINES

Asian Heart Journal, Special Edition June 2014

Malaysia CPG for STEMI

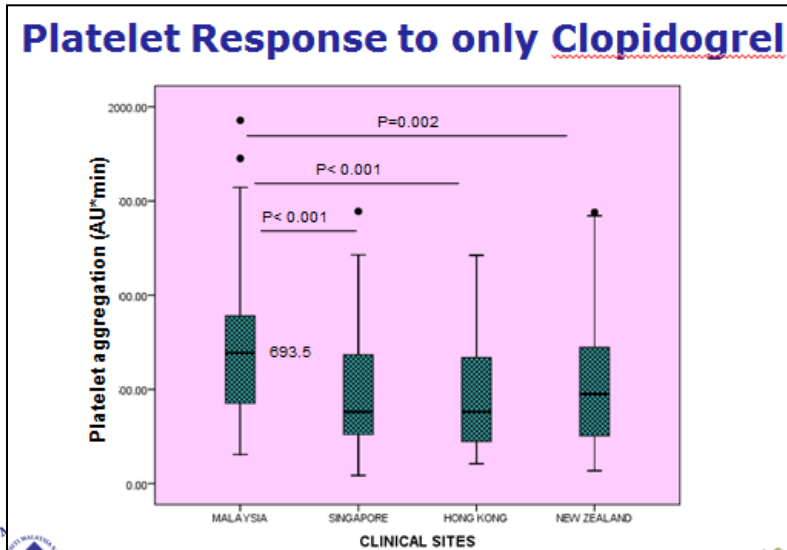
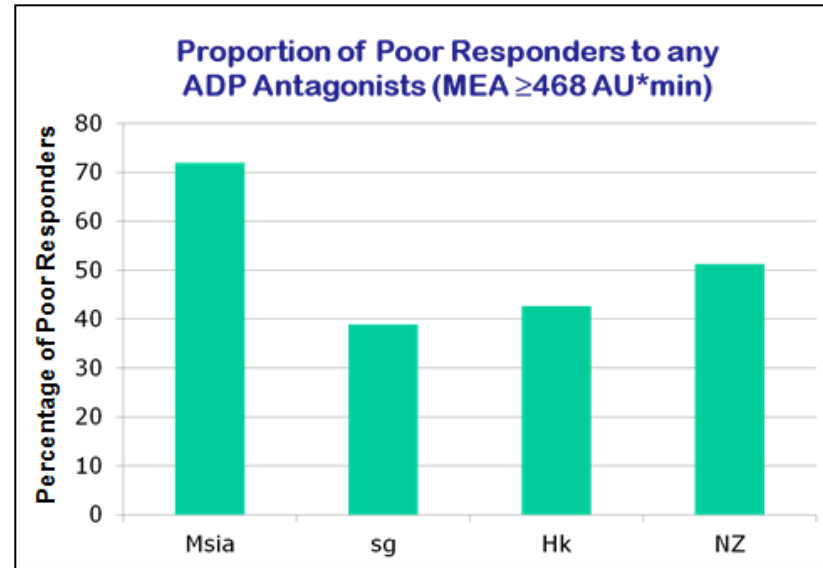
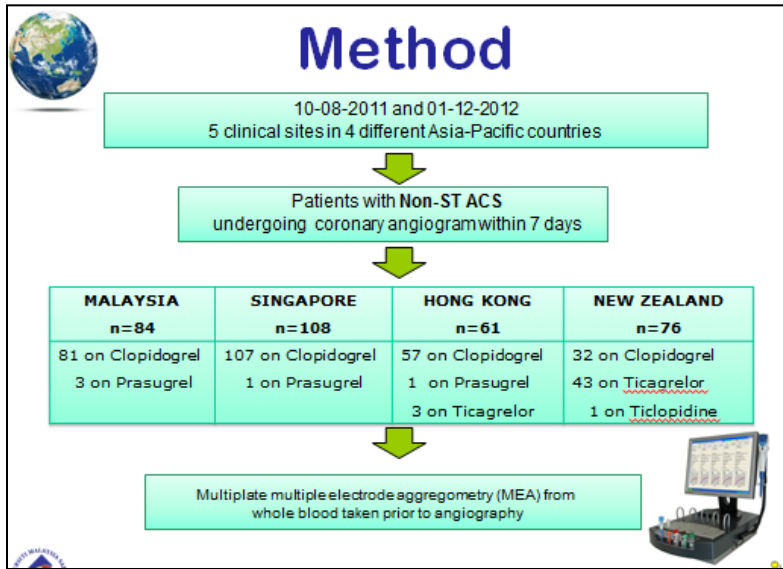
Expert Panel: Robaayah Zambahari¹ (Chairperson), Jeyamalar Rajadurai² (Secretary), Alan Fong³, Aris Chandran⁴, Choo Gim Hooi⁵, Nurul Aida Salleh⁶, Omar Ismail⁷, Oteh Maskon⁸, Rahal Yusoff⁹, Rosli Mohd Ali¹⁰, Wan Azman Wan Ahmad¹¹

¹Senior Consultant Cardiologist, Institute Jantung Negara, Kuala Lumpur

²Consultant Cardiologist, Subang Jaya Medical Centre, Selangor

³Consultant Cardiologist, Hospital Umum Sarawak, Kuching

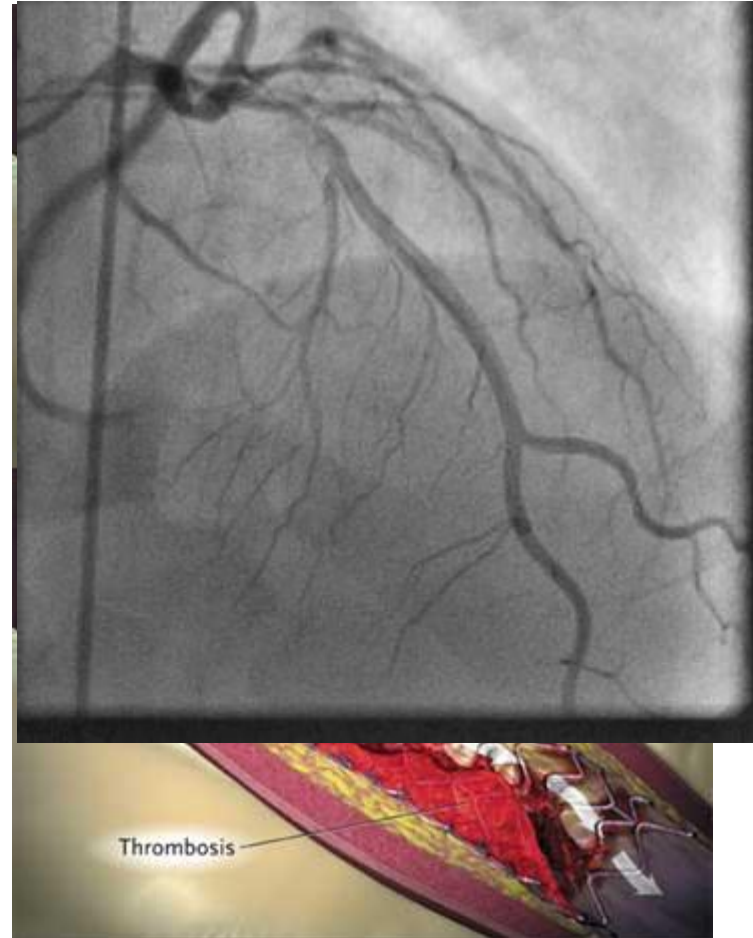
Non-ST Elevation ACS: the SMARTACS study



>70% non-responder to Clopidogrel, at time of Coronary angiography!

Kong KL, Chan MY, Fong AY, et al. Oral Presentations, NHAM ASM 2013

Devil and the deep blue sea



http://www.chainonline.org/content.cfm?content_id=1185

But majority of stent thrombosis occurs....

Table 1. Risk of Early Stent Thrombosis According to Clinical Presentation

	Stable Angina	UA/NSTEMI	STEMI
Bare-metal stents, %	0–0.5	1.4–1.6	0–2.9
Drug-eluting stents, %	0.3–0.4	1.2–1.9	0–3.1

UA indicates unstable angina; NSTEMI, non–ST segment elevation myocardial infarction.



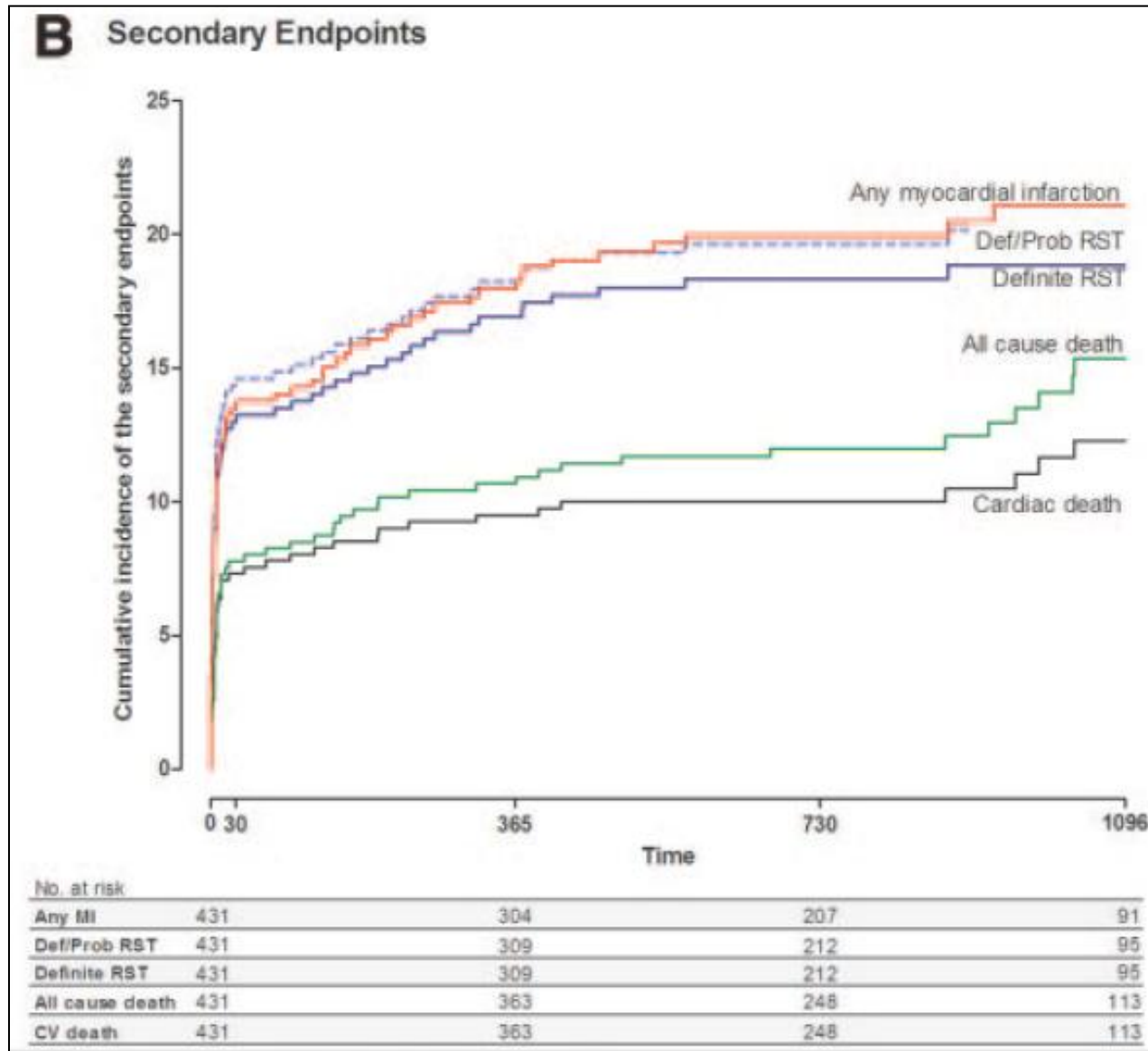
Table 3. Details of the First Stent Thrombosis

	Overall (n=431)	Event-Free (n=320)	With Event (n=111)	P
Category of first stent thrombosis at time of inclusion, n (%)				
Acute	140 (32.5)	114 (35.6)	26 (23.4)	Reference
Subacute	177 (41.0)	124 (38.8)	53 (47.7)	0.02
Late	57 (13.2)	41 (12.8)	16 (14.4)	0.12
Very late	57 (13.2)	41 (12.8)	16 (14.4)	0.16
"Double-trouble" stent thrombosis, n (%)	14 (3.2)	10 (3.1)	4 (3.6)	0.71

>70%!

Circulation. 2009; 119: 657-659; Circulation. 2009; 119: 828-834

Likely a 'double jeopardy' on the horizon...



Point of care: Platelet function testing



Do you **DARE** to guess:
1. Cholesterol level?
2. Blood pressure level?
3. Diabetes control?

Point of care: Genotyping



Findings

After randomisation, 187 patients completed follow-up (91 rapid genotyping group, 96 standard treatment). 23 individuals in each group carried at least one *CYP2C19*2* allele. None of the 23 carriers in the rapid genotyping group had a PRU value of more than 234 at day 7, compared with seven (30%) given standard treatment ($p=0.0092$). The point-of-care genetic test had a sensitivity of 100% (95% CI 92.3–100) and a specificity of 99.3% (96.3–100).

Interpretation

Point-of-care genetic testing after PCI can be done effectively at the bedside and treatment of identified *CYP2C19*2* carriers with prasugrel can reduce high on-treatment platelet reactivity.

Point-of-care genetic testing for personalisation of antiplatelet treatment (RAPID GENE): a prospective, randomised, proof-of-concept trial

The Lancet, [Volume 379, Issue 9827](#), Pages 1705 - 1711, 5 May 2012

The Platelet-PCI Study: Loading patterns of clopidogrel at SGH

Table 2: Platelet inhibition profiles of Clopidogrel

	DAPT (Clopidogrel + Aspirin)			p Value
	Clopidogrel 75 mg daily \leq 3 days (n = 20)	Clopidogrel 75 mg daily \geq 4 days (n = 118)	Clopidogrel 300 mg \pm 75 mg daily (n = 12)	
ADP-induced platelet aggregation (AU*min)	376.3 \pm 153.7	288.9 \pm 159.4	347.3 \pm 195.7	0.056
Clopidogrel resistance, n (%)	5 (25.0)	15 (12.7)	2 (16.7)	< 0.001
CYP2C19 *2 or *3 carrier, n (%)	17 (85.0)	65 (55.1)	6 (50.0)	0.340

ORIGINAL ARTICLE

Trends of Platelet Inhibition in Different Clopidogrel Pretreatment Patterns in Malaysian Patients Undergoing Elective Percutaneous Coronary Intervention

Wen Ni Tiong, MSc, Melissa Mejin, M.Pharm, Alan Yean Yip Yean Yip Fong, MRCP, Ching Ching Wee, MSc, Lana Yin Hui Lai, B.Pharm, Siow San Hwang, PhD, Mohamad Adam Bin Bujang, BSc, Lee Len Tiong, B.Pharm, Tiong Kiam Ong, FRCP
Clinical Research Centre, Clinical Research Centre, Sarawak General Hospital, Sarawak General Hospital, Jalan Tun Ahmad Zaidi Adruce, Kuching, Sarawak 93586, Malaysia

Tiong WN, Tiong LL, Fong AY, et al. MJM 2013; 68(4) 326-331

Platelet-PCI study: Genotype considerations

Table 2 Prevalence of CYP2C19 genotypes (n = 118)

CYP2C19 genotype	Number of patients (%)			
	Chinese (n = 57)	Malay (n = 29)	Iban (n = 24)	Other (n = 8)
Normal metaboliser				
*1/*1	18 (31.6)	10 (34.5)	12 (50)	3 (37.5)
*2/*17	1 (1.8)	0 (0.0)	0 (0.0)	0 (0.0)
Poor metaboliser				
*1/*2	25 (43.9)	9 (31.0)	6 (25.0)	1 (12.5)
*1/*3	2 (3.5)	5 (17.2)	3 (12.5)	1 (12.5)
*2/*2	8 (14.0)	3 (10.3)	0 (0.0)	0 (0.0)
*2/*3	1 (1.8)	1 (3.4)	2 (8.3)	0 (0.0)
Extensive metaboliser				
*1/*17	2 (3.5)	1 (3.4)	1 (4.2)	2 (25.0)
*17/*17	0 (0.0)	0 (0.0)	0 (0.0)	1 (12.5)

Int J Clin Pharm
DOI 10.1007/s11096-013-9783-y

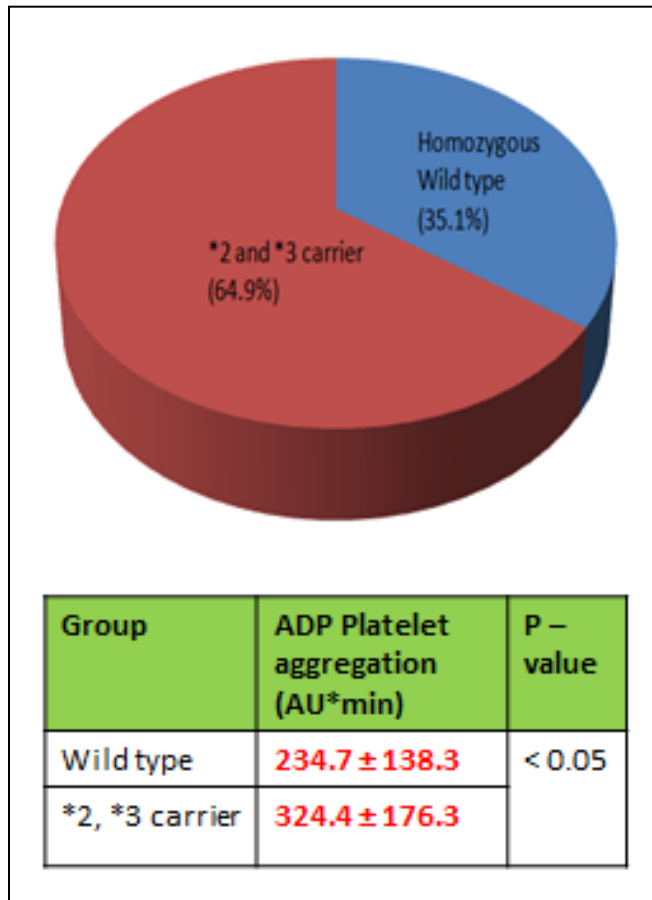
RESEARCH ARTICLE

CYP2C19 genotypes and their impact on clopidogrel responsiveness in percutaneous coronary intervention

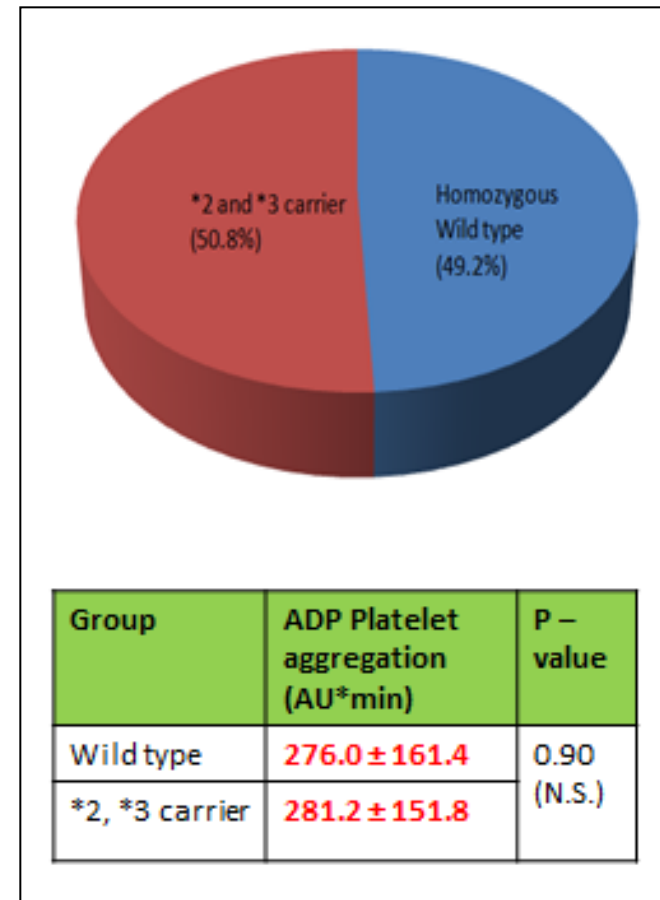
Melissa Mejin · Wen Ni Tiong · Lana Yin Hui Lai ·
Lee Len Tiong · Adam Mohamad Bujang ·
Siaw San Hwang · Tiong Kiam Ong · Alan Yean Yip Fong

Poor Metabolisers: 63%! 62%! 46% 25%
(per ethnic group)

The Chinese equation...



Chinese patients

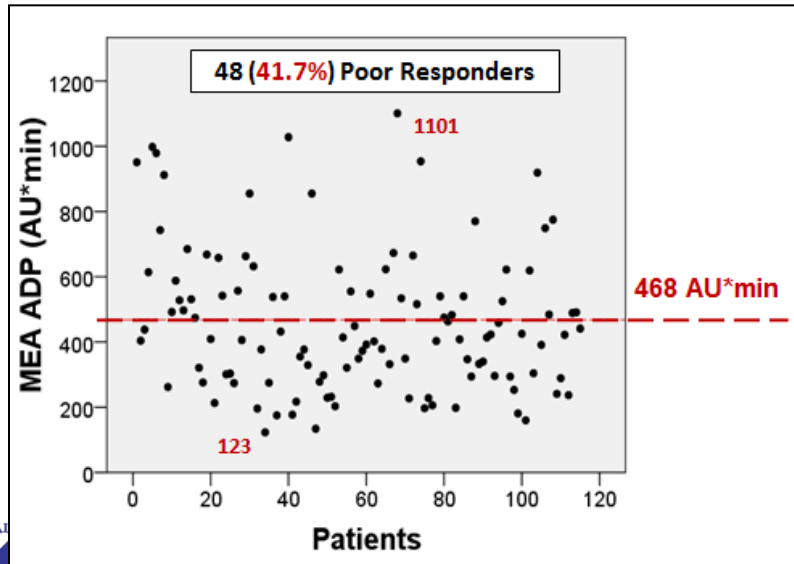
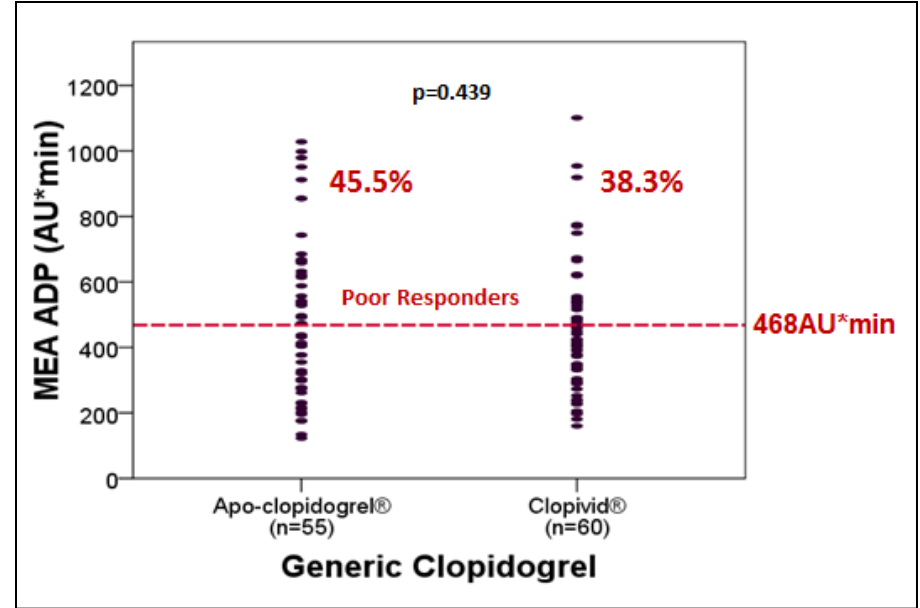
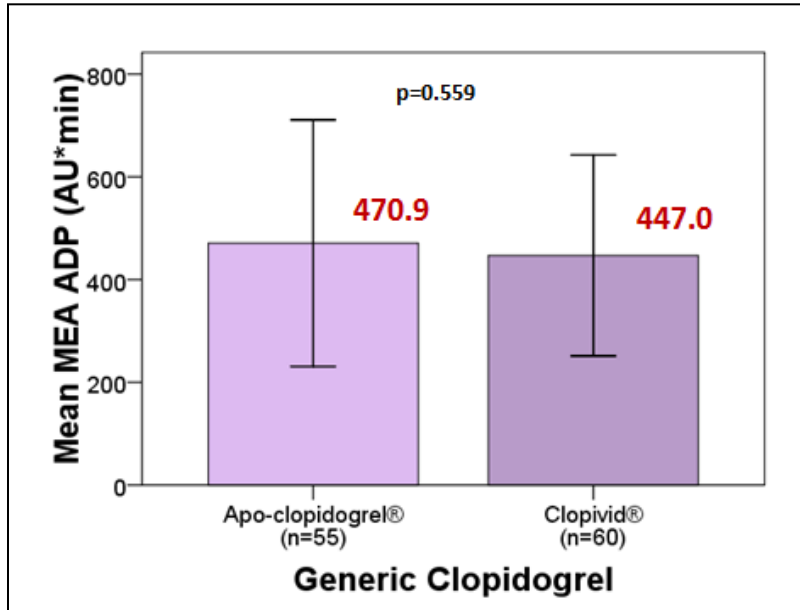


Non-Chinese patients

Genotype-PCI study

- ♥ ≥ 4 days of Clopidogrel
- ♥ ≥ 1 DES implanted
- ♥ Planned 12 month DAPT initially
- ♥ Multiplate for Aspirin and Clopidogrel response
- ♥ Spartan CYP2C19*2 POC Genotyping
- ♥ Primary outcome mortality at 1 year (ITT)
- ♥ 271 (300) patients recruited to date.

Data on generic clopidogrel...



Mejin M, Ong TK, Fong AYY, et al. YIA Presentations. NCCR 2013, KL



ACS !!!

Table 5.1 Outcomes for patients with ACS by year, NCVD-ACS Registry, 2006-2008

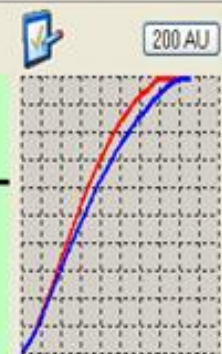
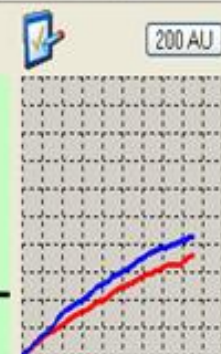

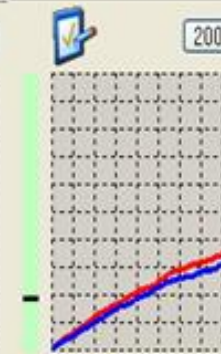
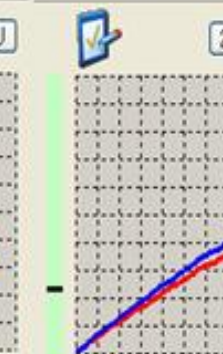
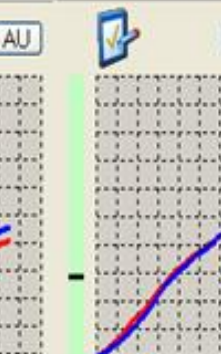
	+Outcome	Overall outcome			
		Outcome at discharge		30-day**	
		No.	%	No.	%
2006	Alive	3169	93	2615	76
	Death	253	7	807	24
2007	Alive	3355	92	2920	80
	Death	291	8	726	20
2008	Alive	2621	92	2435	85
	Death	230	8	416	15
Overall	Alive	9145	92	7970	80
	Death	774	8	1949	20

+ The outcome data is derived based on data matching with the National Death Register

*Includes patients who died in-hospital

ANNUAL REPORT OF
THE NCVD-ACS REGISTRY
2007 & 2008

Pharmacodynamics: Prasugrel site experience

Baseline	2 hours after loading dose (60mg)	4 after hours loading dose (60mg)	8 hours after loading dose (60mg)	12 hours after loading dose (60mg)	24 hours after loading dose (60mg)
1125 AU/min	402 AU/min	383 AU/min	345 AU/min	420 AU/min	519 AU/min
Patient ID:	Patient ID:	Patient ID:	Patient ID:	Patient ID:	Patient ID:
[Redacted Patient Information]					
Test name :	Test name :	Test name :	Test name :	Test name :	Test name :
ADPtest (Hirudin blood), V1	ADPtest (Hirudin blood), V1	ADPtest (Hirudin blood), V1	ADPtest (Hirudin blood), V1	ADPtest (Hirudin blood), V1	ADPtest (Hirudin blood), V1
Start : / Runtime :	Start : / Runtime :	Start : / Runtime :	Start : / Runtime :	Start : / Runtime :	Start : / Runtime :
24. Jun. 2013, 10:16 / 6'00"	24. Jun. 2013, 12:13 / 6'00"	24. Jun. 2013, 14:26 / 6'00"	24. Jun. 2013, 17:50 / 6'00"	24. Jun. 2013, 21:46 / 6'00"	25. Jun. 2013, 10:21 / 6'00"
Area under the curve :	Area under the curve :	Area under the curve :	Area under the curve :	Area under the curve :	Area under the curve :
1125 AU*min.	402 AU*min.	383 AU*min.	345 AU*min.	420 AU*min.	519 AU*min.
Aggregation :	Aggregation :	Aggregation :	Aggregation :	Aggregation :	Aggregation :
RUO: 209.3 AU	RUO: 78.0 AU	RUO: 81.0 AU	RUO: 68.3 AU	RUO: 85.5 AU	RUO: 98.3 AU
Velocity :	Velocity :	Velocity :	Velocity :	Velocity :	Velocity :
RUO: 22.0 AU/min.	RUO: 9.4 AU/min.	RUO: 8.1 AU/min.	RUO: 6.9 AU/min.	RUO: 7.6 AU/min.	RUO: 12.0 AU/min.
CC=0.999, DIF=4.487%	CC=0.998, DIF=10.945%	CC=0.999, DIF=8.877%	CC=0.999, DIF=6.377%	CC=1.000, DIF=5.589%	CC=0.998, DIF=0.771%
					

Pharmacodynamics: Ticagrelor site experience

Baseline	After 2 hrs loading Dose (180mg)	After 4 hrs loading dose	After 8 hrs loading dose	After 24 hrs loading dose (ie 12 hours after 2 nd dose)
1023 AU/min	327 AU/min	511 AU/min	547 AU/min	272 AU/min
Patient ID : [REDACTED]	Patient ID : [REDACTED]	Patient ID : [REDACTED]	Patient ID : [REDACTED]	Patient ID : [REDACTED]
Test name : ADPtest (Hirudin blood), V1	Test name : ADPtest (Hirudin blood), V1	Test name : ADPtest (Hirudin blood), V1	Test name : ADPtest (Hirudin blood), V1	Test name : ADPtest (Hirudin blood), V1
Start : / Runtime : 08. Nov. 2011, 11:37 / 6'00"	Start : / Runtime : 08. Nov. 2011, 13:41 / 6'00"	Start : / Runtime : 08. Nov. 2011, 15:55 / 6'00"	Start : / Runtime : 08. Nov. 2011, 19:39 / 6'00"	Start : / Runtime : 09. Nov. 2011, 11:35 / 6'00"
Area under the curve : 1023 AU*min.	Area under the curve : 327 AU*min.	Area under the curve : 511 AU*min.	Area under the curve : 547 AU*min.	Area under the curve : 272 AU*min.
Aggregation : RUO: 190.9 AU	Aggregation : RUO: 68.6 AU	Aggregation : RUO: 103.9 AU	Aggregation : RUO: 107.6 AU	Aggregation : RUO: 51.0 AU
Velocity : RUO: 19.8 AU/min.	Velocity : RUO: 7.4 AU/min.	Velocity : RUO: 10.4 AU/min.	Velocity : RUO: 11.6 AU/min.	Velocity : RUO: 6.4 AU/min.
CC=0.997, DIF=12.360%	CC=0.999, DIF=1.985%	CC=0.999, DIF=0.293%	CC=0.998, DIF=19.013%	CC=0.997, DIF=2.941%
				

The new jumpstart in therapeutics

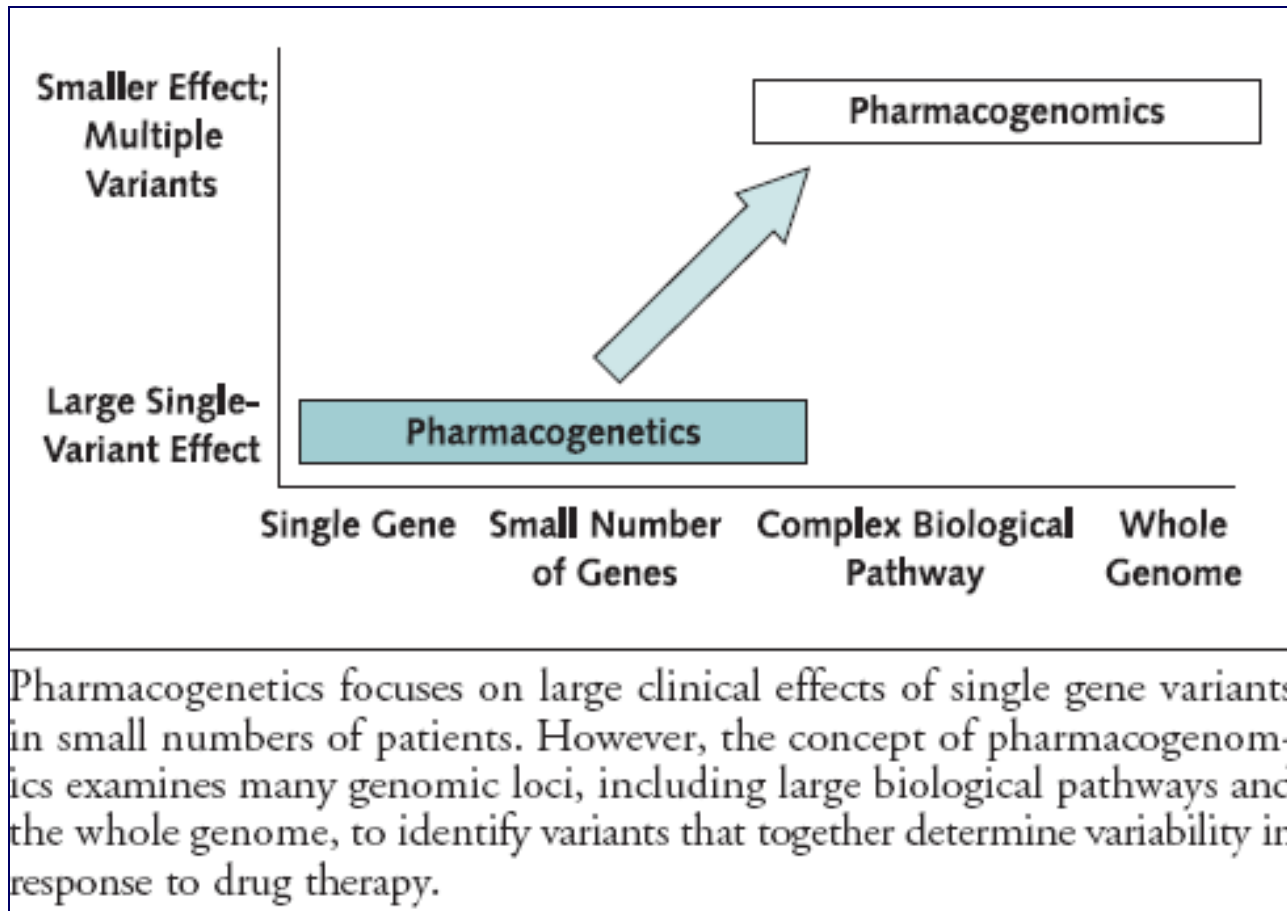


Science, 16 February 2001



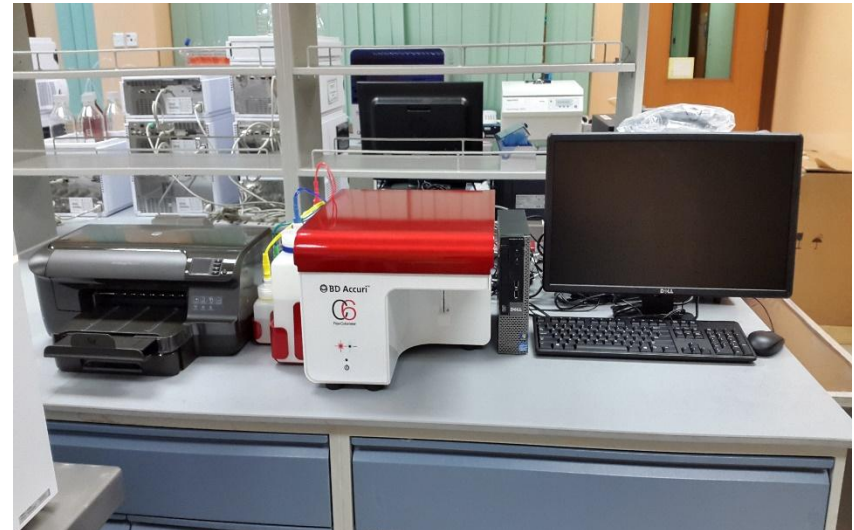
Newsweek, 25 June 2001

Pharmacogenetics vs Pharmacogenomics



Ann Intern Med. 2006;145:749-757.

Drilling down...

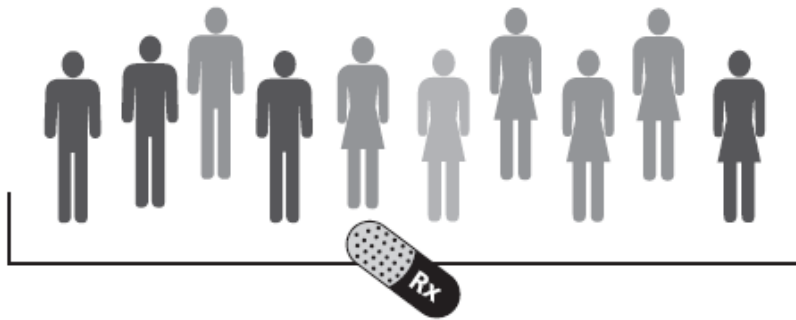


Everyone is so different! (Subtyping patients)

Genetic Characteristics and Medication Dosing

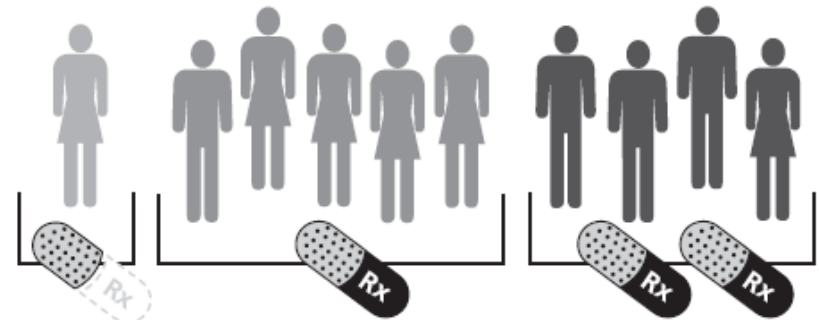
Without pharmacogenomics, recommended dosages are based on how drugs work in random samples of the population. Adjustments to dosing involve a process of trial and error to reach the desired effect for an individual patient.

All patients receive same dose



With pharmacogenomics, doctors could potentially test patients' genetic characteristics in advance and use that information when needed to individually select medications and set dosage amounts.

Genetic characteristics of individuals help drive dosing decisions



Source: Adapted from Felix W. Frueh, U.S. Food and Drug Administration, "Personalized Medicine, What Is It? How Will It Affect Healthcare?" slides from the 11th Annual FDA Science Forum, April 26, 2005; available at www.fda.gov/Cder/genomics/scienceForum2005.pdf.

Pharmacogenomics = less waste (\$ and life!)

Drug Class	Frequency of Absent or Incomplete Efficacy (%) ¹	Total Market Size	Cost to the Health Care System of Ineffective Therapy
Angiotensin-converting enzyme (ACE) inhibitors	10-30	\$3.9B ² (2003)	\$390M-\$1.2B
Beta blockers	15-25	\$ 2.3B ² (2003)	\$345M-575M
Anti-depressants	20-50	\$11.7B ³ (2003)	\$2.3B-\$5.8B
Statins	30-70	\$12.6B ⁴ (2004)	\$3.8B-\$8.8B
Beta agonists	40-70	\$1.4B ⁵ (2004)	\$560M-\$1B

¹ Ross JS & Ginsburg GS, *Am J Clin Pathol* 2003;119:26-36

² Datamonitor, August 1, 2005

³ Global Industry Analysts, October 10, 2004

⁴ Carnegie Research

⁵ Specialty Pharmaceutical Pulse, SG Cowen, October 2005



Sarawak General Hospital



NHAM

Annual Scientific Meeting 2015 First Announcement



Organised by:



Theme: Practical Cardiology

YIA 1st Prize
ESC 2015

Venue: Hilton Kuala Lumpur
Le Meridien Kuala Lumpur

Date: 9th - 12th April 2015

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West Coast
Cardiovascular
Forum

Call for Abstracts - Electronic Submission
Deadline: 14th February 2015

Programme Highlights:

- Echo Certification Course (Level 1)
- Pre Congress Fellows Course
- SOPACE ECG Symposium
- Updates on Acute and Preventive Cardiology
- ACC and ESC Symposium
- Paediatric Cardiology Symposium- Heart Failure: Past, Present and The Future
- Family Physicians, Pharmacist, Emergency Medicine Symposium

For More Information visit: www.malaysianheart.org/www.nham-conference.com

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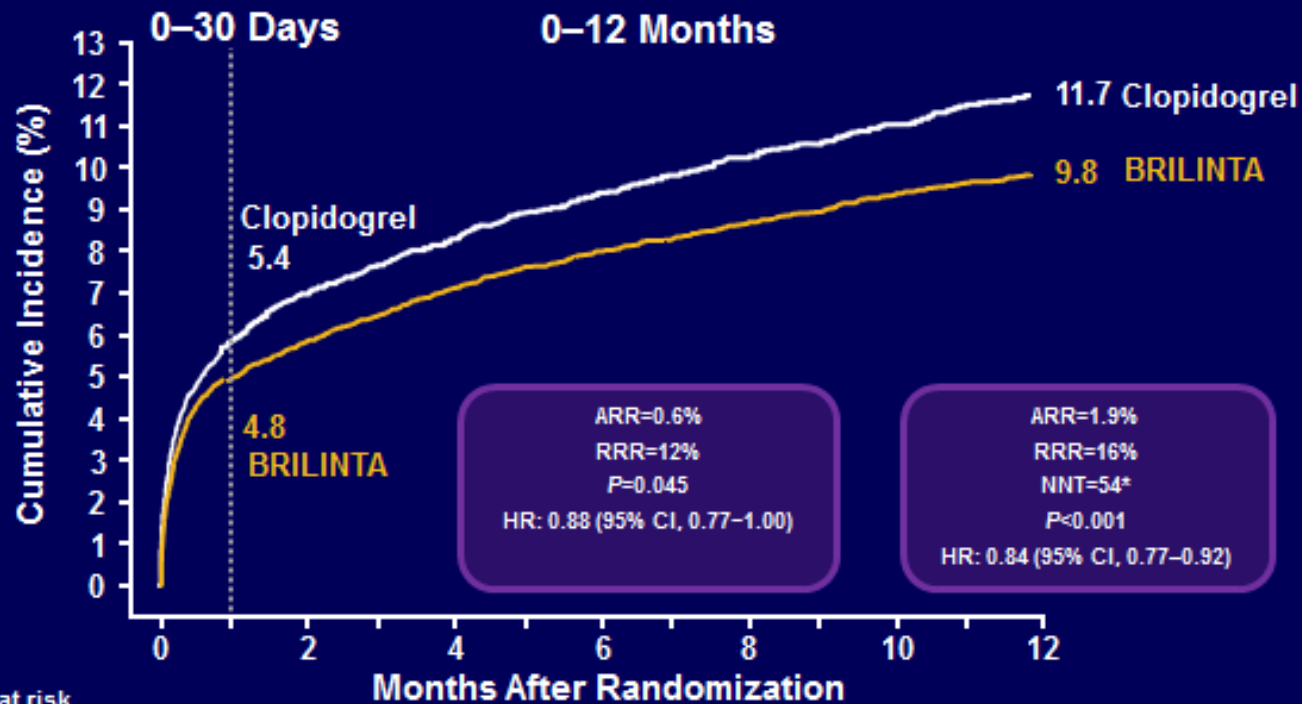
9 – 12 April 2015



Spares

Ticagrelor in ACS

PLATO: Primary Efficacy Endpoint (Composite of CV Death, MI, or Stroke)



No. at risk

BRILINTA	9,333	8,628	8,460	8,219	6,743	5,161	4,147
Clopidogrel	9,291	8,521	8,362	8,124	6,650	5,096	4,047

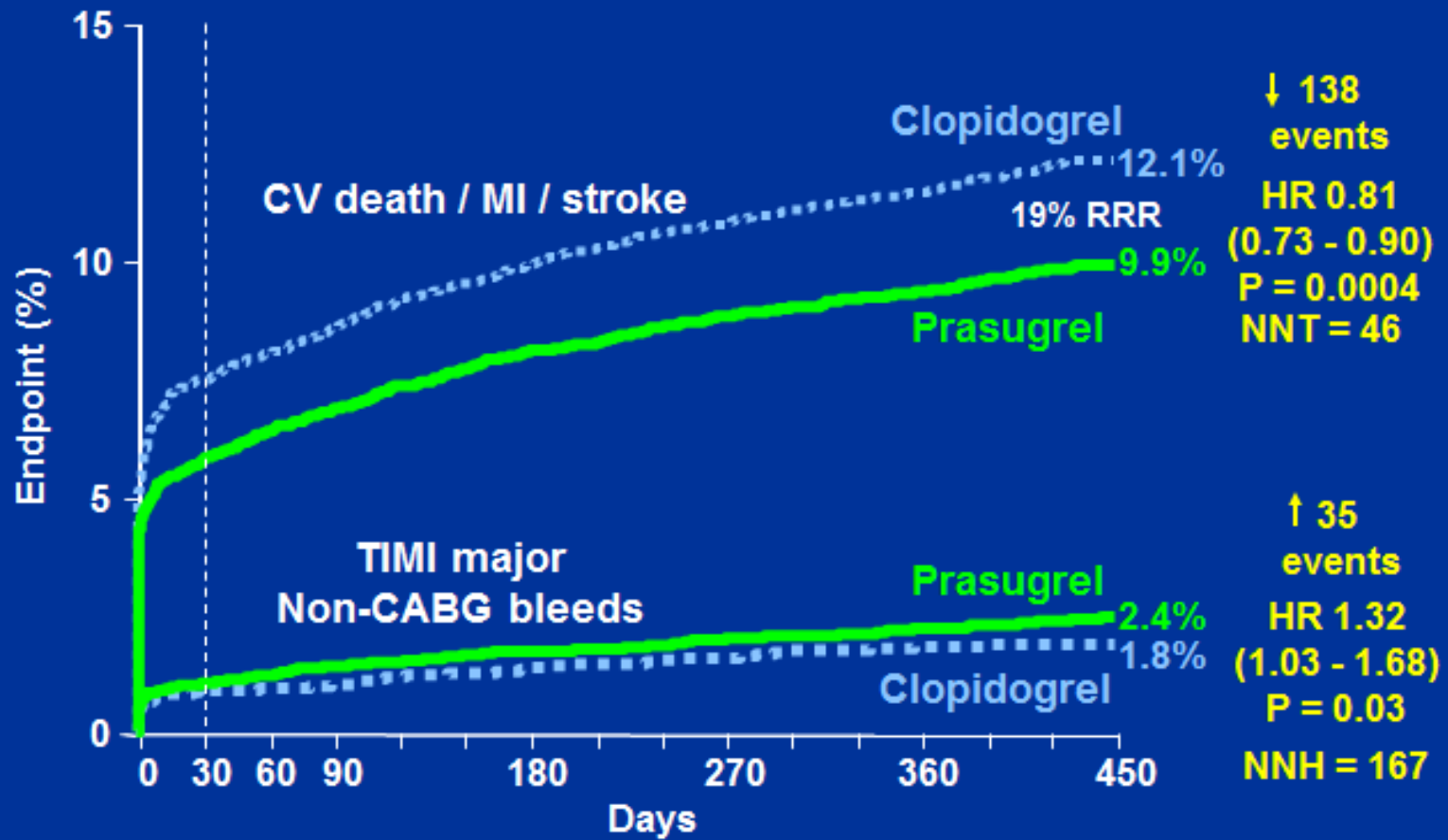
Both groups included aspirin.
*NNT at one year.

Wallentin L, et al. *N Engl J Med.* 2009;361:1045-1057.



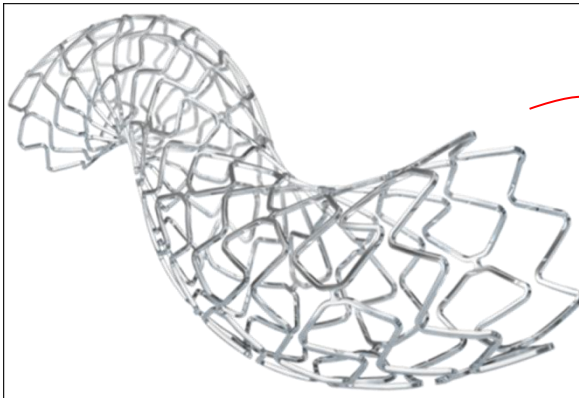
Prasugrel in Triton-TIMI38

Balance of Efficacy and Safety: All ACS

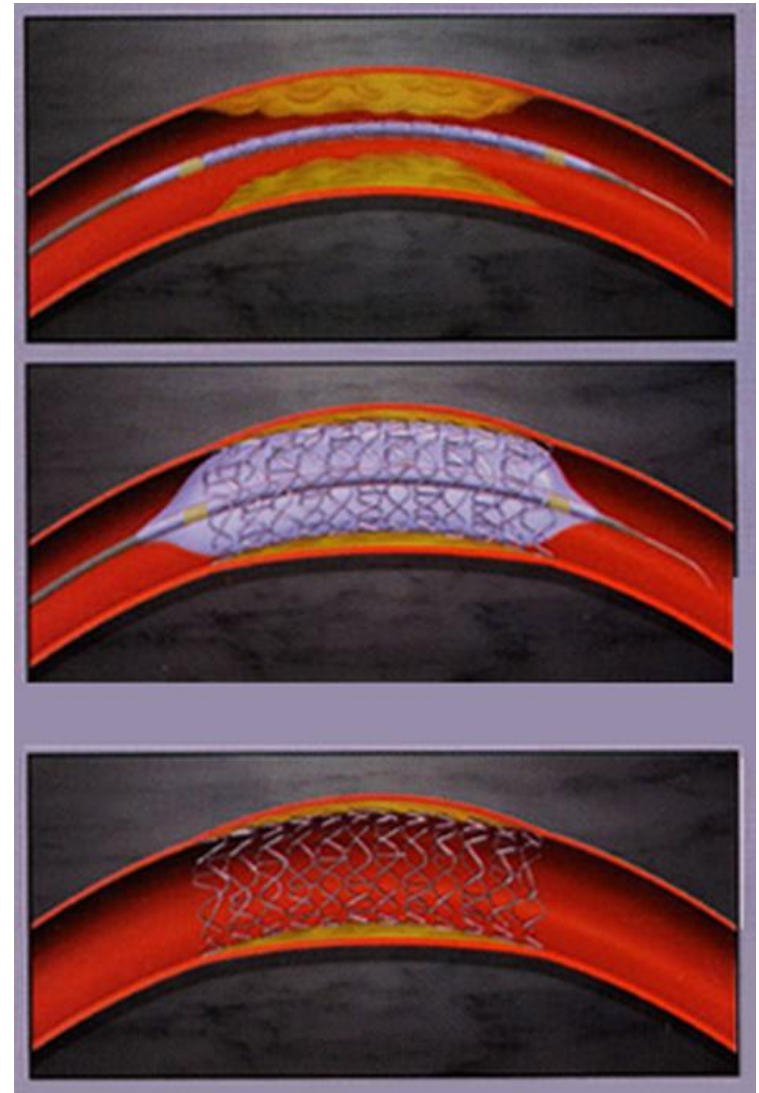


Wiviott SD et al. *NEJM* 2007; 357: 2001-2015

Targeting the problem: I am a plumber....



~3mm



Stent thrombosis rates

- ♥ Exponential drop in the last 20 years
 - ♥ 24%, Serruys, 1991
 - ♥ 6% (+ ASA & OAC), Schatz, 1991
 - ♥ 0.9% (+ ASA & Clop), Cutlip, 2001
 - ♥ 0.4% (+ ASA, Clop, Newer stents), Kedhi, 2010
 - ♥ 0.3% (+ ASA, Clop, Newer stents), Stone, 2010
- ♥ Newer antiplatelets & diagnostics
 - ♥ Prasugrel, Ticagrelor
 - ♥ POC Genotyping for CYP2C19 allelic variants