Debate: MitraClip Would be a Better Option

Michael J Rinaldi, MD Sanger Heart and Vascular Institute Carolinas HealthCare System Charlotte, NC





Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

Affiliation/Financial Relationship Consulting Fees/Honoraria Company Abbott Vascular





MitraClip MV Repair

 The only FDA approved percutaneous therapy for MR in the US



Anatomy and Etiology

Degenerative MR

 Redundant leaflets, elongated MEDIA or ruptured chords

Functional MR

- Annular dilation
- Annular calcification
- Papillary muscle dysfunction
 - Fixed (LV dysfunction related posterior tethering)
 - Transient (ischemia)
- Rheumatic changes
- Endocarditis





Degenerative MR





Functional MR





MitraClip System US Clinical Trial Experience

EVEREST I Feasibility Study



EVEREST II Randomized Clinical Trial



Median follow-up 4.93 years. 1,007 total patient-years of follow-up.



Safety 30 Day Modified * MAE Intent to Treat



Carolinas HealthCare System

Primary Effectiveness Per Protocol Cohort



MR Reduction Baseline vs. 12 Months, Per Protocol



NYHA Functional Class Baseline vs 12 Months, Per Protocol, Matched Cases



p-value compares the distribution of NYHA class at baseline to the distribution at 12 months within device and control *p-value compares the distribution of NYHA class in device to the distribution in control (Fishers Exact test)

Mitral Regurgitation Grade at 5 Years

DMR FMR MitraClip MitraClip Surgery Surgery (N=130) (N=62) (N=18) (N=48) p<0.005 p<0.005 p<0.05 p=0.82 81% 100% 86% 86% 100% 100% 2+ 0 +2+ 2+ 2+ 0+80% 80% 1 +1+ 1 +Patients (%) Patients (%) 3+ 60% 60% 3+ 3+ 3 +1 +40% 40% 2+ 2+ 2 +20% 20% 4+ 4+ 3+ 3+ 3+ 4+4+ 4+ 0% 0% **BL** 5 Years **BL** 5 Years **BL** 5 Years **5** Years N=7 Carolinas HealthCare System N=85 N=34 N=21 N = survivors with paired data; p-values for descriptive purposes only

Freedom From MV Surgery or Re-Operation EVEREST II RCT – DMR and FMR Subgroups



Kaplan-Meier estimate, with deaths censored



High Risk Cohort 30 Day Mortality



High Risk Cohort MR Grade



Paired data (N=325)

Paired data (N=221)



High Risk Cohort NYHA Functional Class



Case Example

- 45yo M with a month of progressive SOB and abdominal pain
- AF with RVR, elevated LFTs, INR 2, Cr 1.7
- TTE severe MR due to P2 flail with EF 35% and RV failure
- Cath CI 1.5, wedge 30 with V 45, PA systolic 64, coronaries patent
- IABP placed and transferred



Sub-Acute MR with Shock

- Given severe RV failure and multi-organ failure his operative mortality was felt to be too high for conventional surgery
- MitraClip for Sub-Acute MR with shock?



Sub-Acute MR with Shock



Mild MR after 2 Clips – IC view



PV flow reversal now eliminated

Pre-Clip

Post-Clip 2





Favorable Outcome Cl increased from 1.7 to 2.9 Eventually extubated and home





Conclusion

- MitraClip is the most effective and widely adopted therapy for high surgical risk patients
- Effective for degenerative and functional etiology
- For High Surgical Risk Patients MitraClip Therapy is the better option compared with Conventional Surgery or Medical Therapy alone
 - Majority of data is for Degenerative Etiology
 - For Functional Etiology it may be the treatment of choice for most patients



