

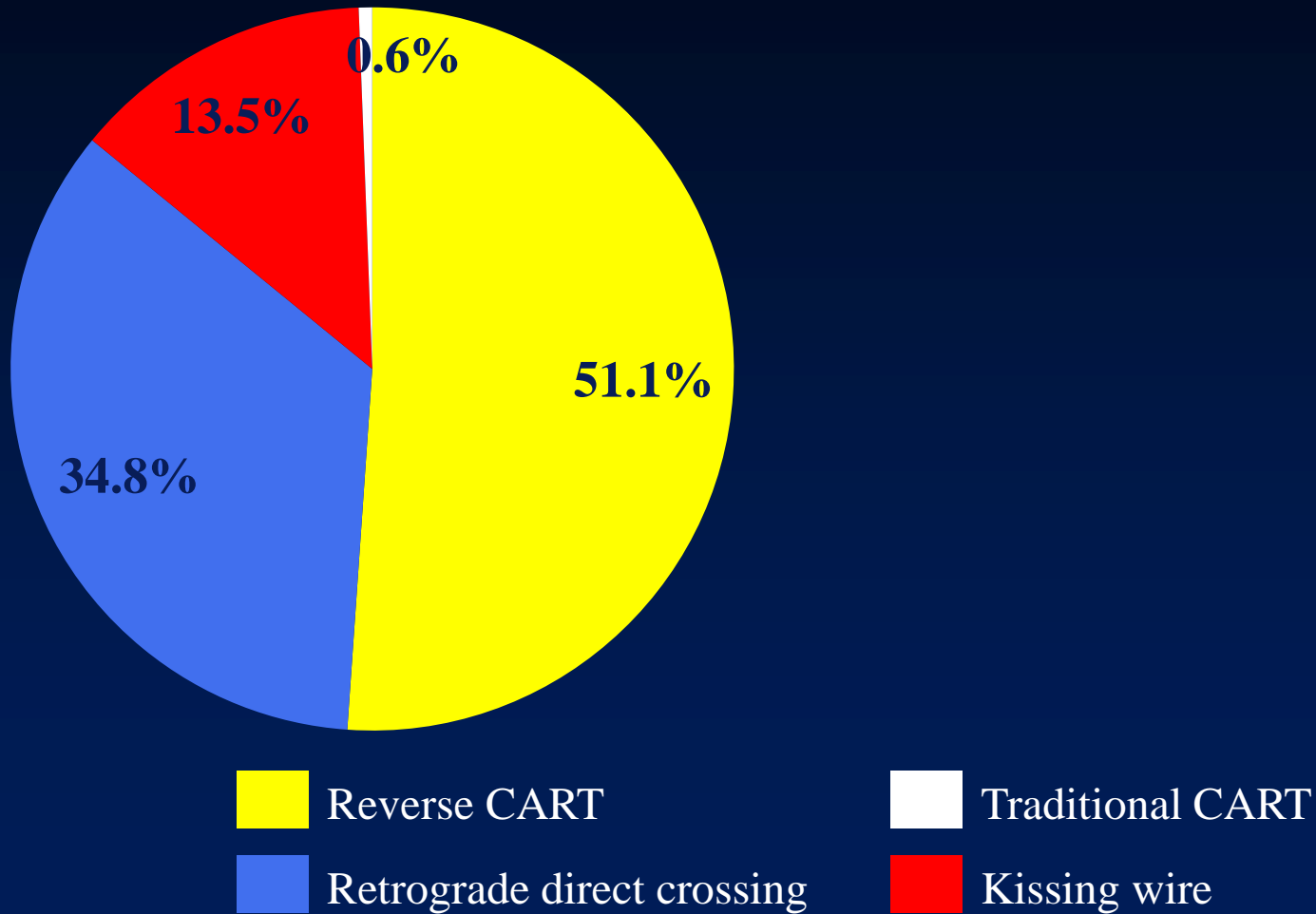
**How to Do  
the Contemporary Reverse CART**

*Etsuo Tsuchikane, MD, PhD*

*Toyohashi Heart Center, Japan*

# Change in CTO crossing strategy

Retrograde Summit Registry 2012

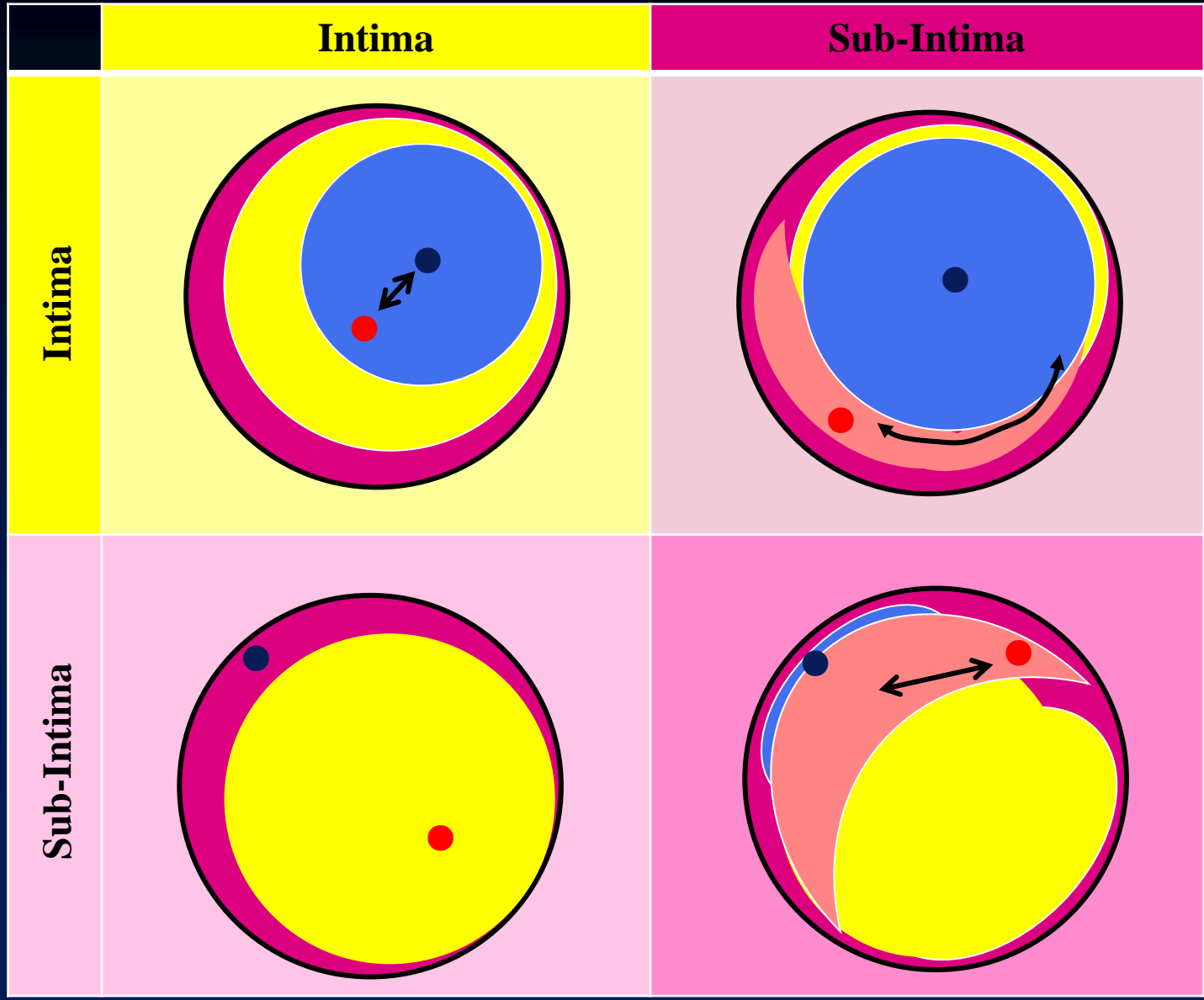






# Limitations of Classic Reverse CART

- In the classic reverse CART, a retrograde wire was advanced first (including attempt at the retrograde direct crossing).
- Connection was made at the position where bilateral wires was overlapped.

● Retrograde wire position

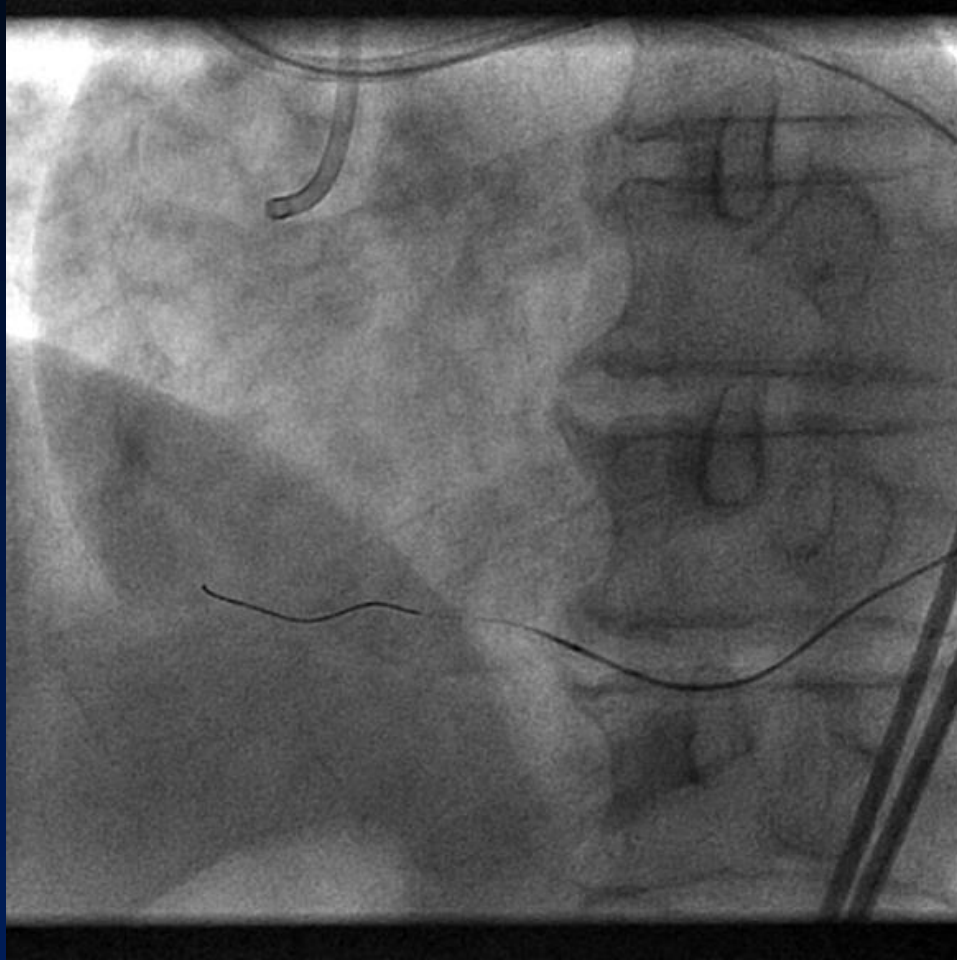
Antegrade wire position

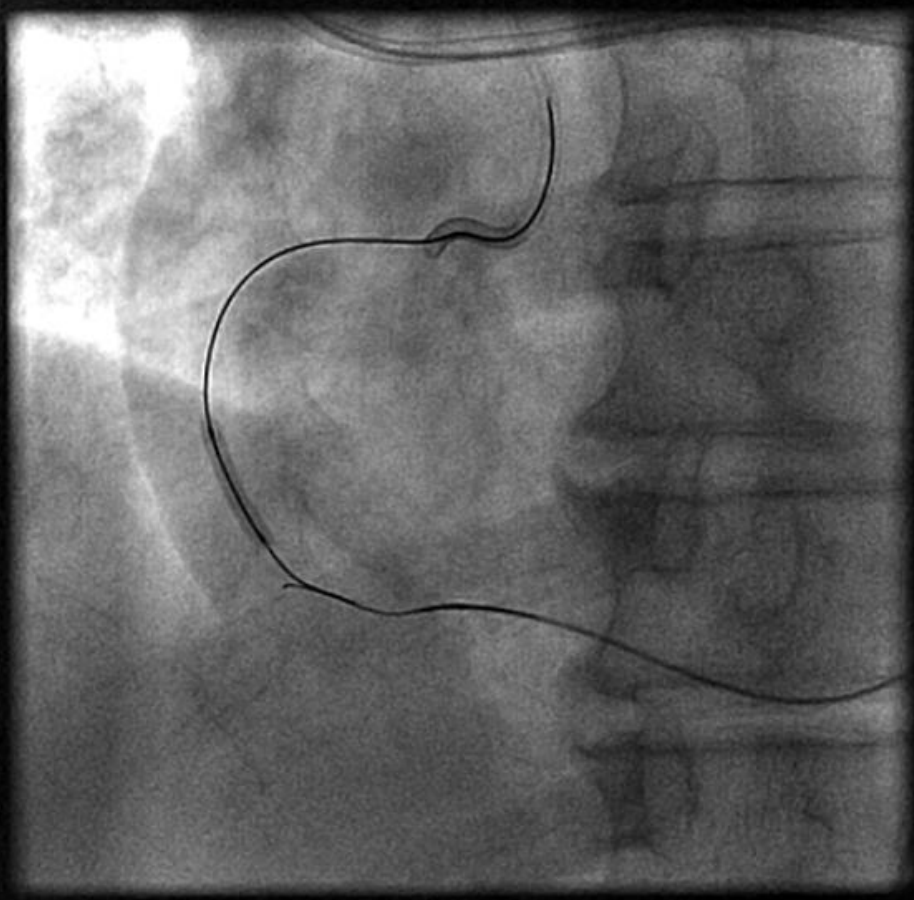


-  Intima
-  Sub-Intima
-  Antegrade balloon
-  Dilated space
-  Calcified plaque

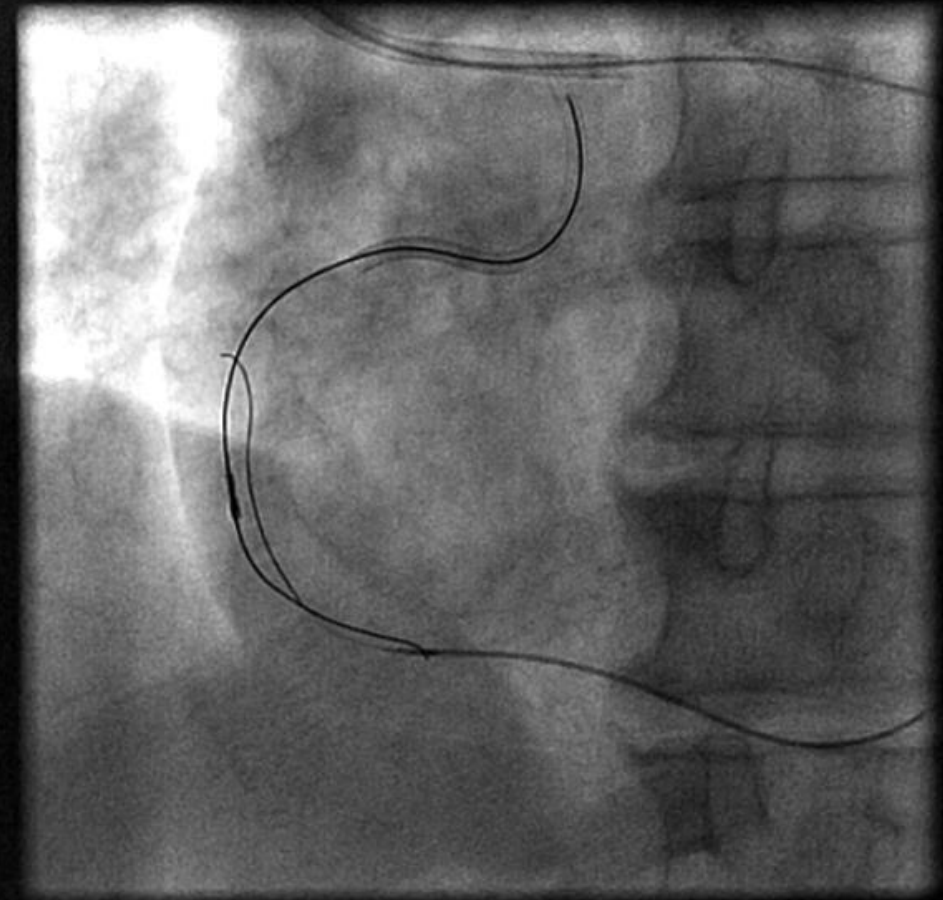


**Mid RCA CTO, 2<sup>nd</sup> Attempt**



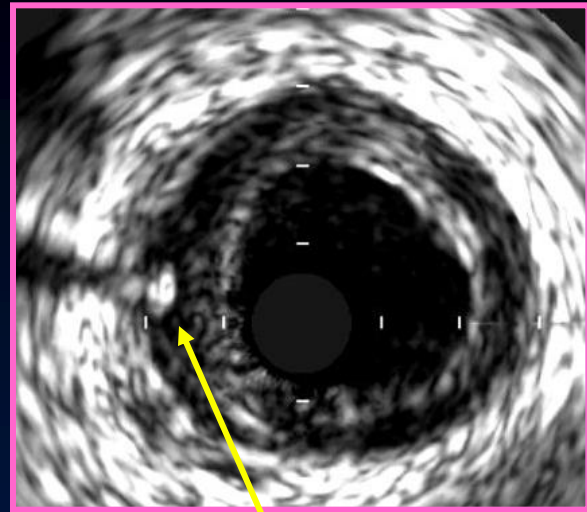
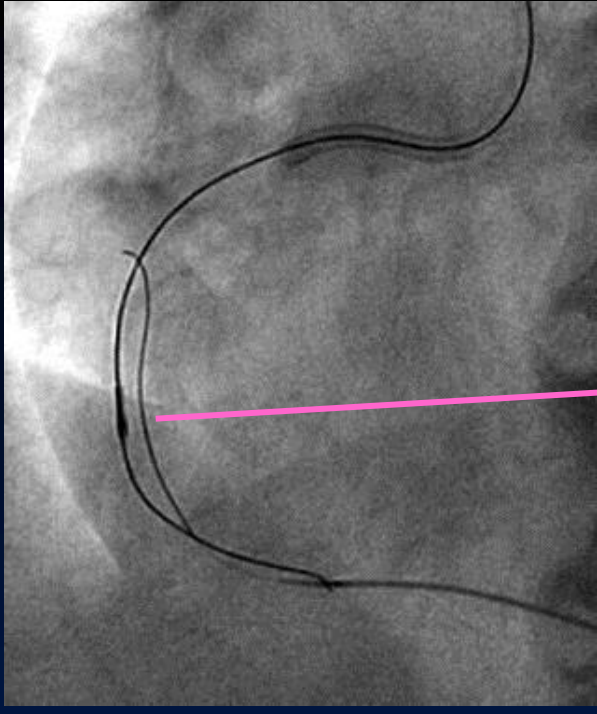
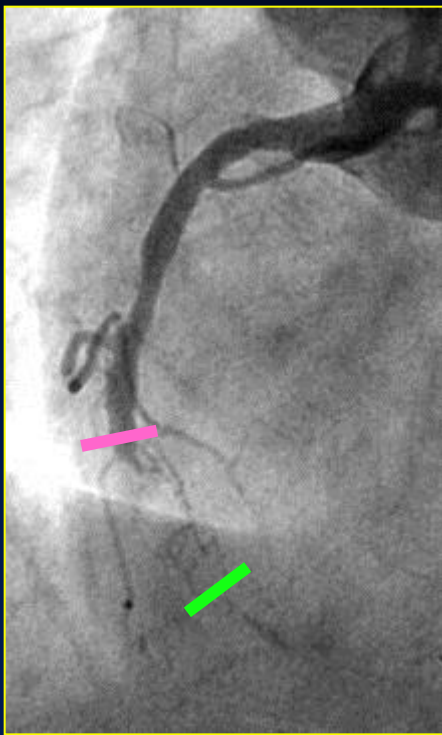


***2.5mm ballooning***

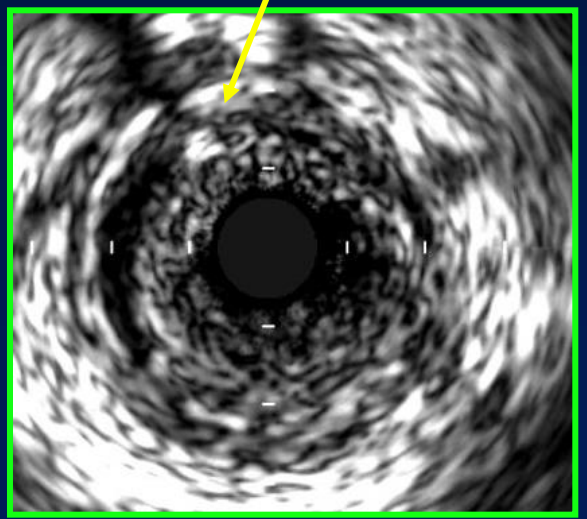
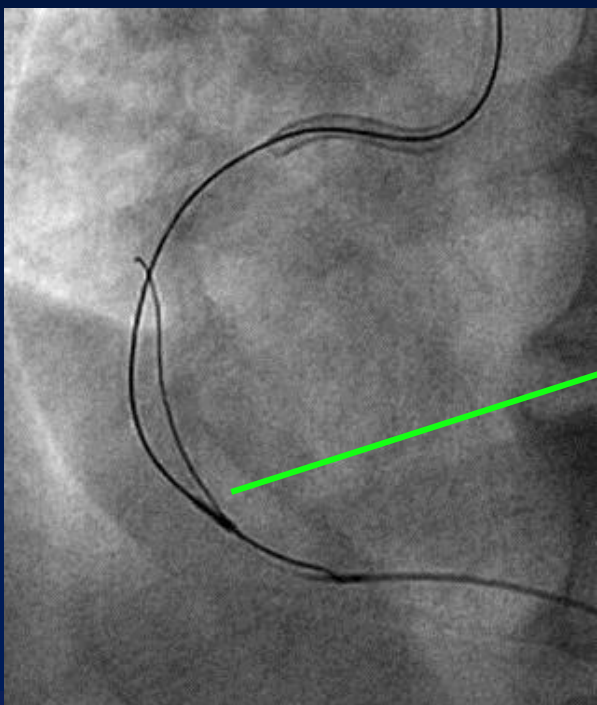


***Unsuccessful reverse CART  
→ IVUS examination***

**CTO**

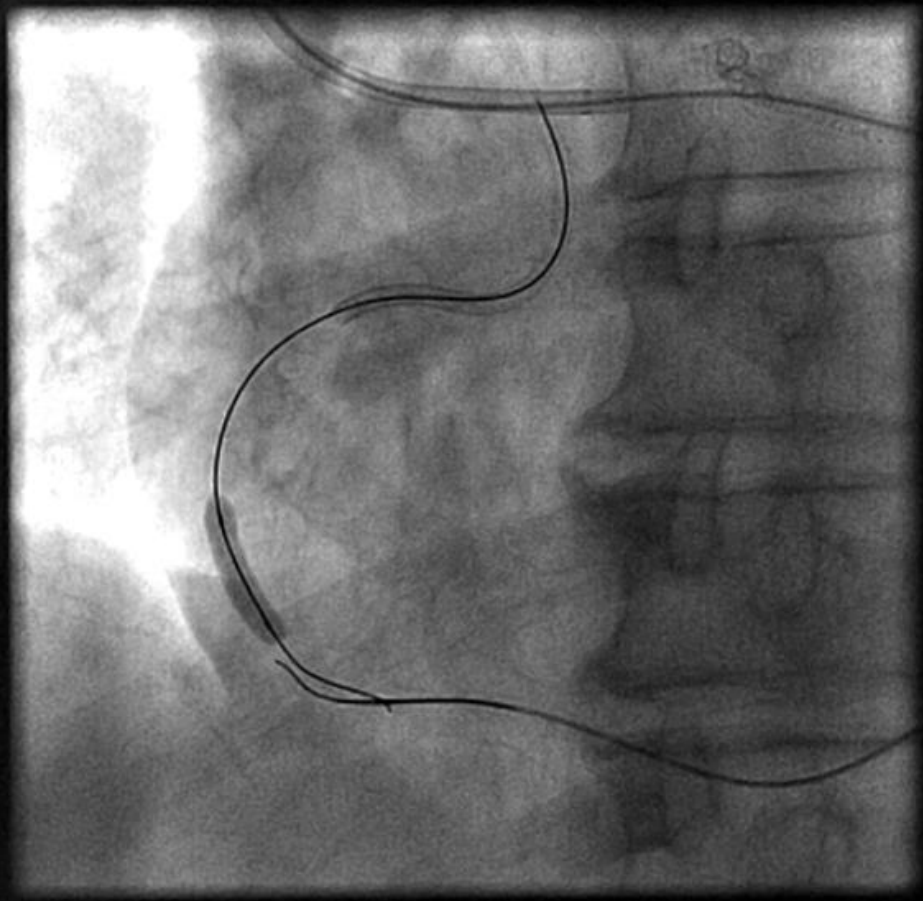


**Retrograde wire**

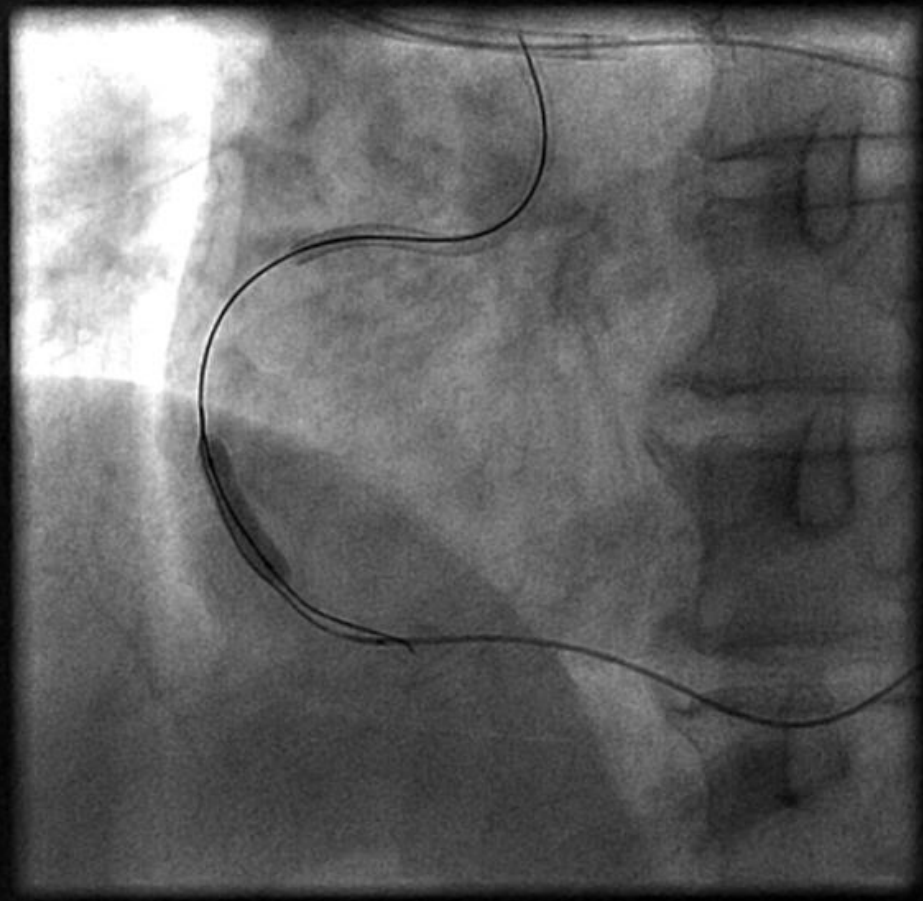


**1mm**



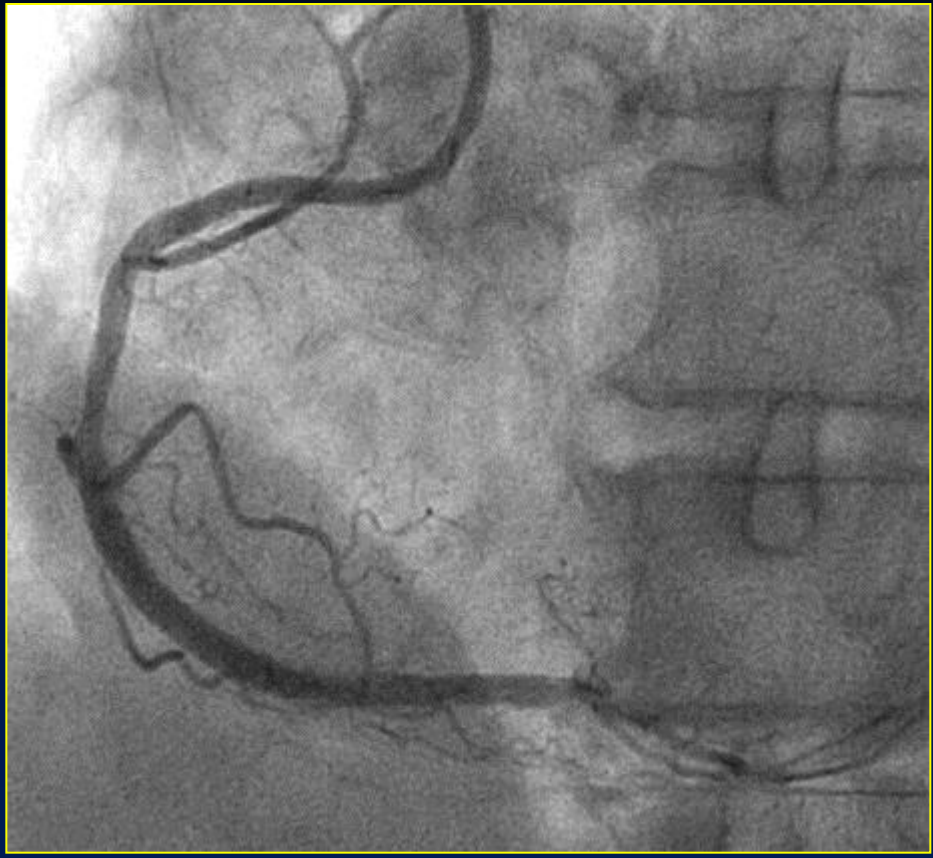
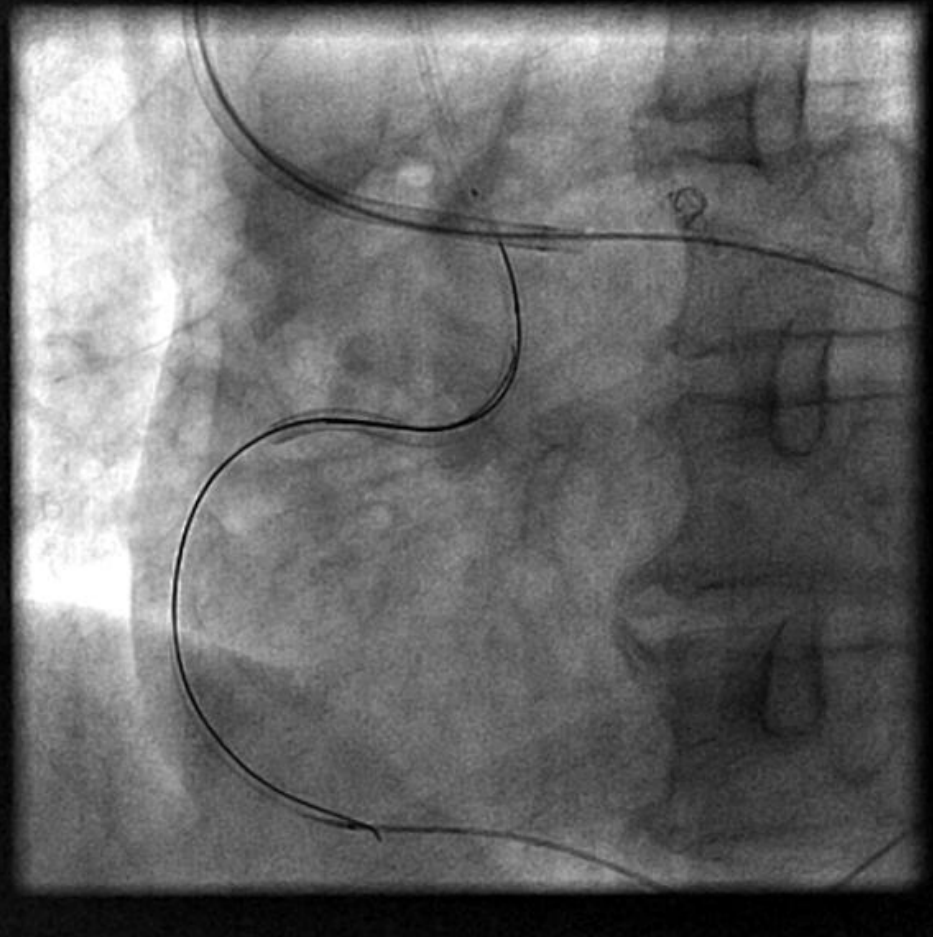


***3.5mm ballooning***



***Wire touched balloon!***

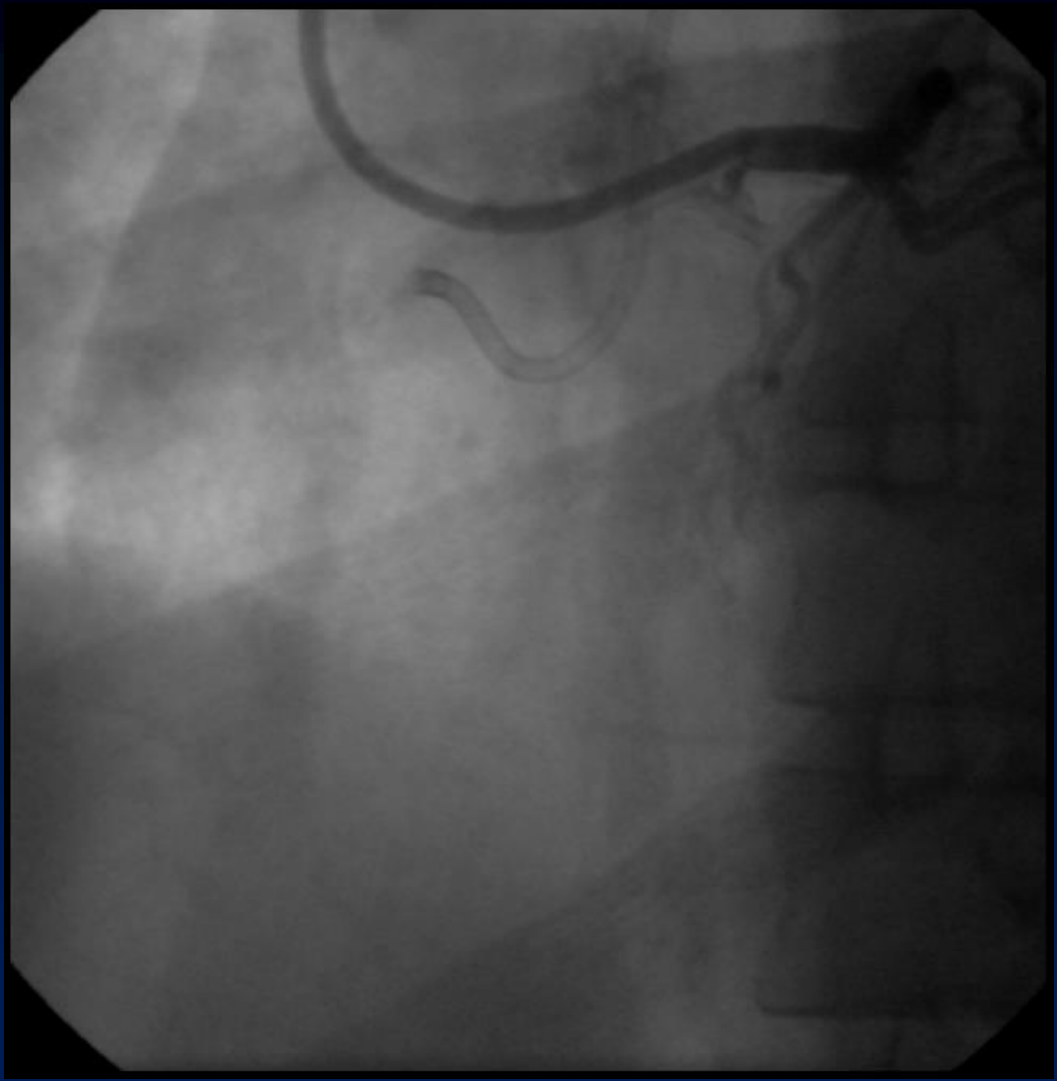


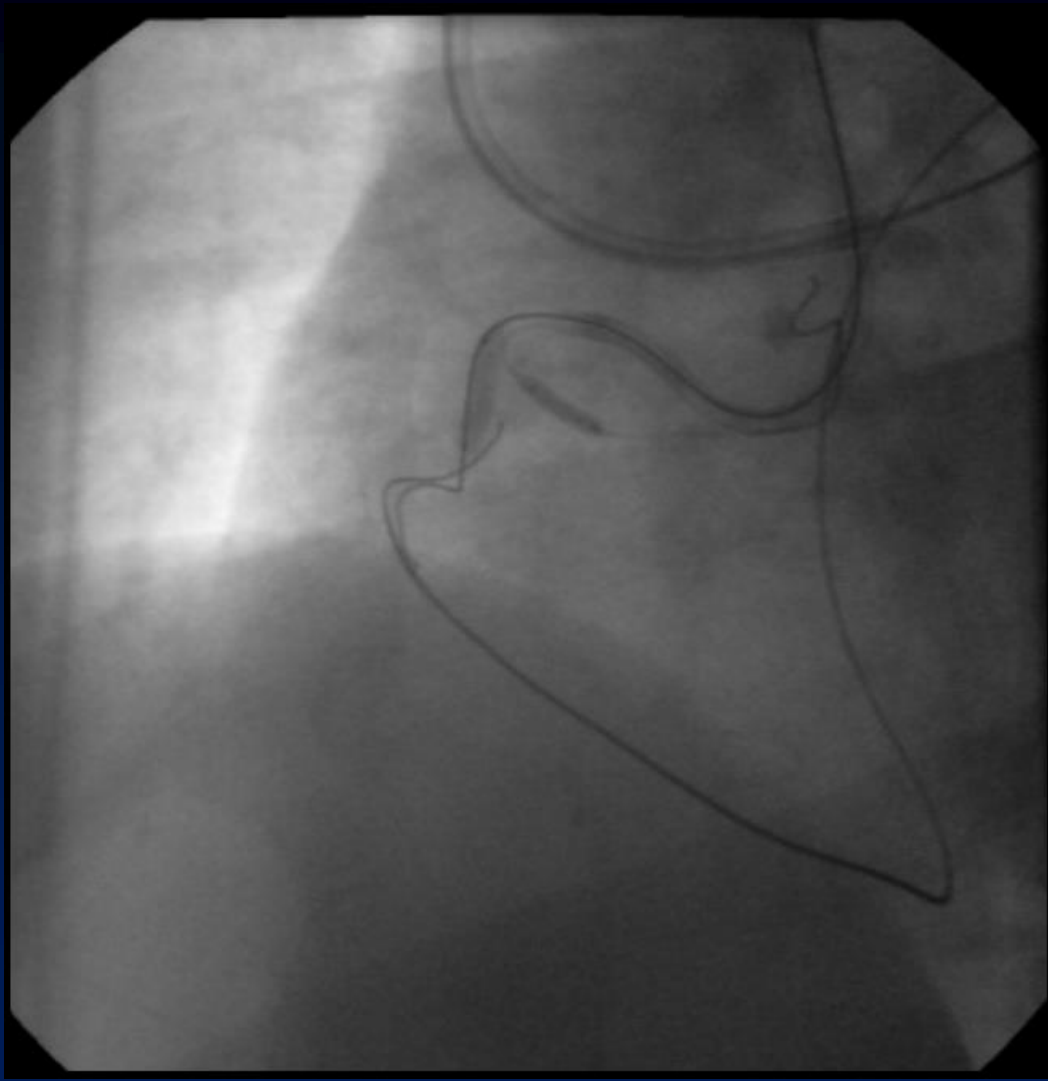


***Successful reverse CART***

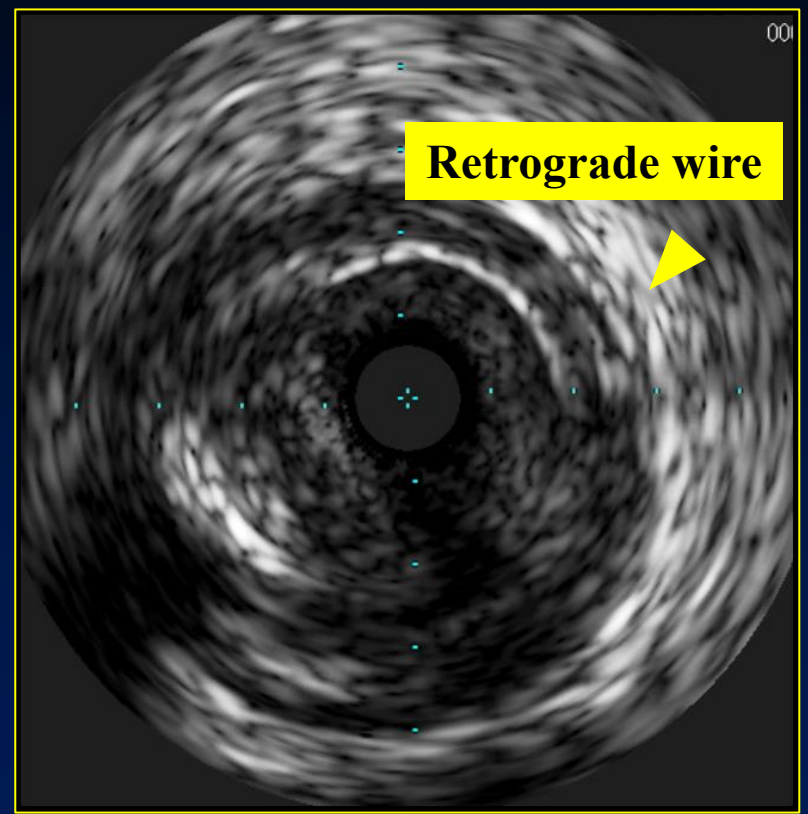
# Limitations of Classic Reverse CART

- In the classic reverse CART, a retrograde wire was advanced first (including attempt at the retrograde direct crossing).
- Connection was made at the position where bilateral wires was overlapped.
- Once the retrograde dissection was created by retrograde wiring, the further retrograde direction control became almost impossible.

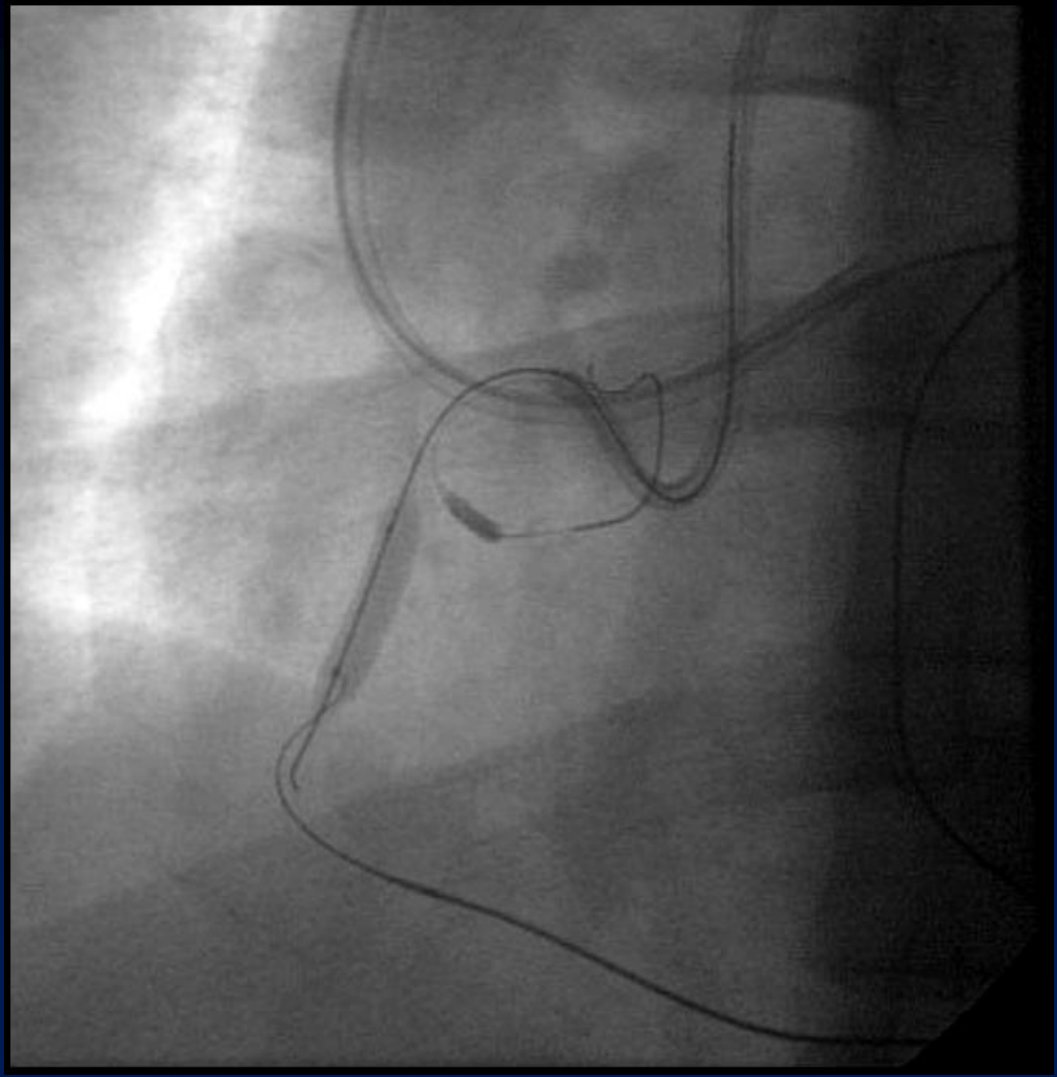




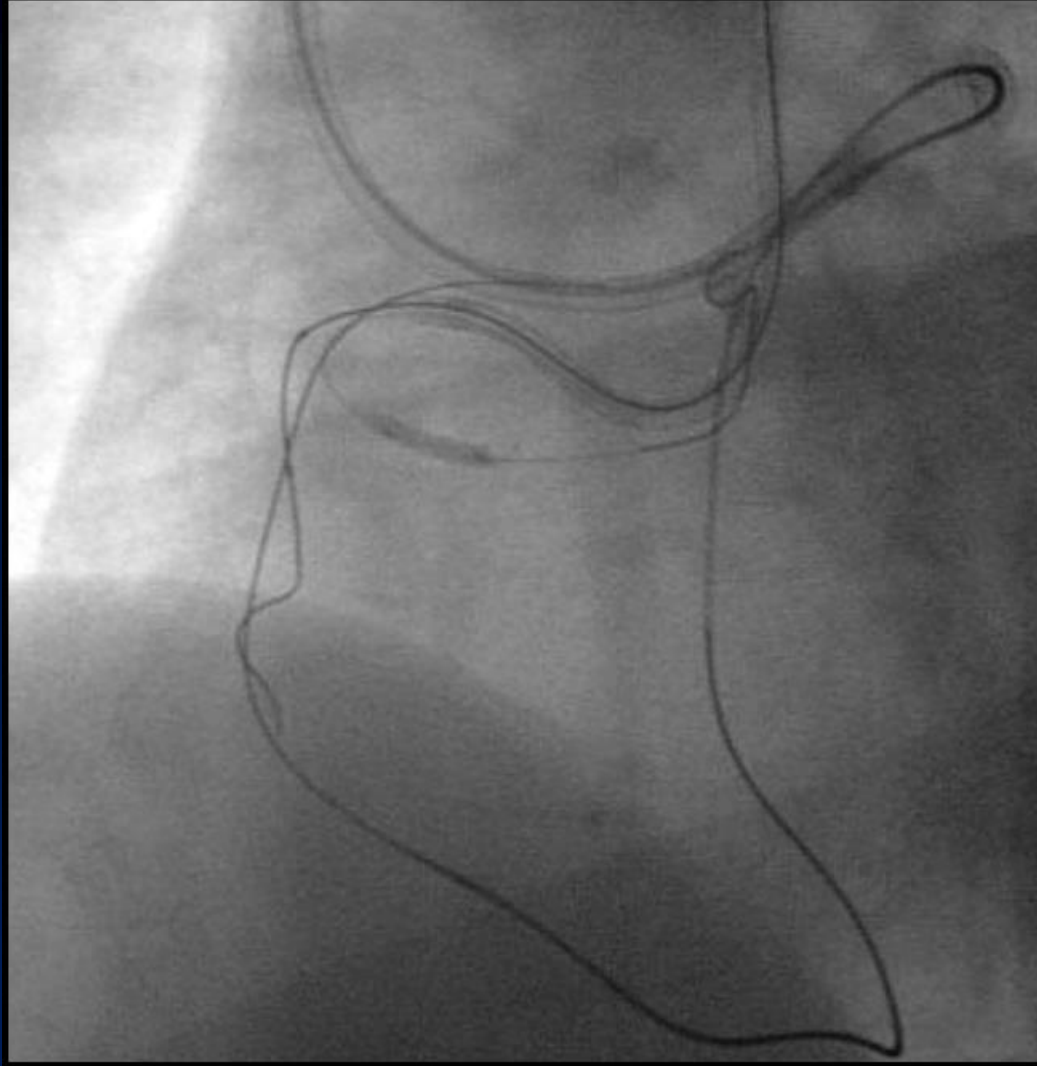
*3.0 mm balloon*



*Too big vessel (6 mm) !*

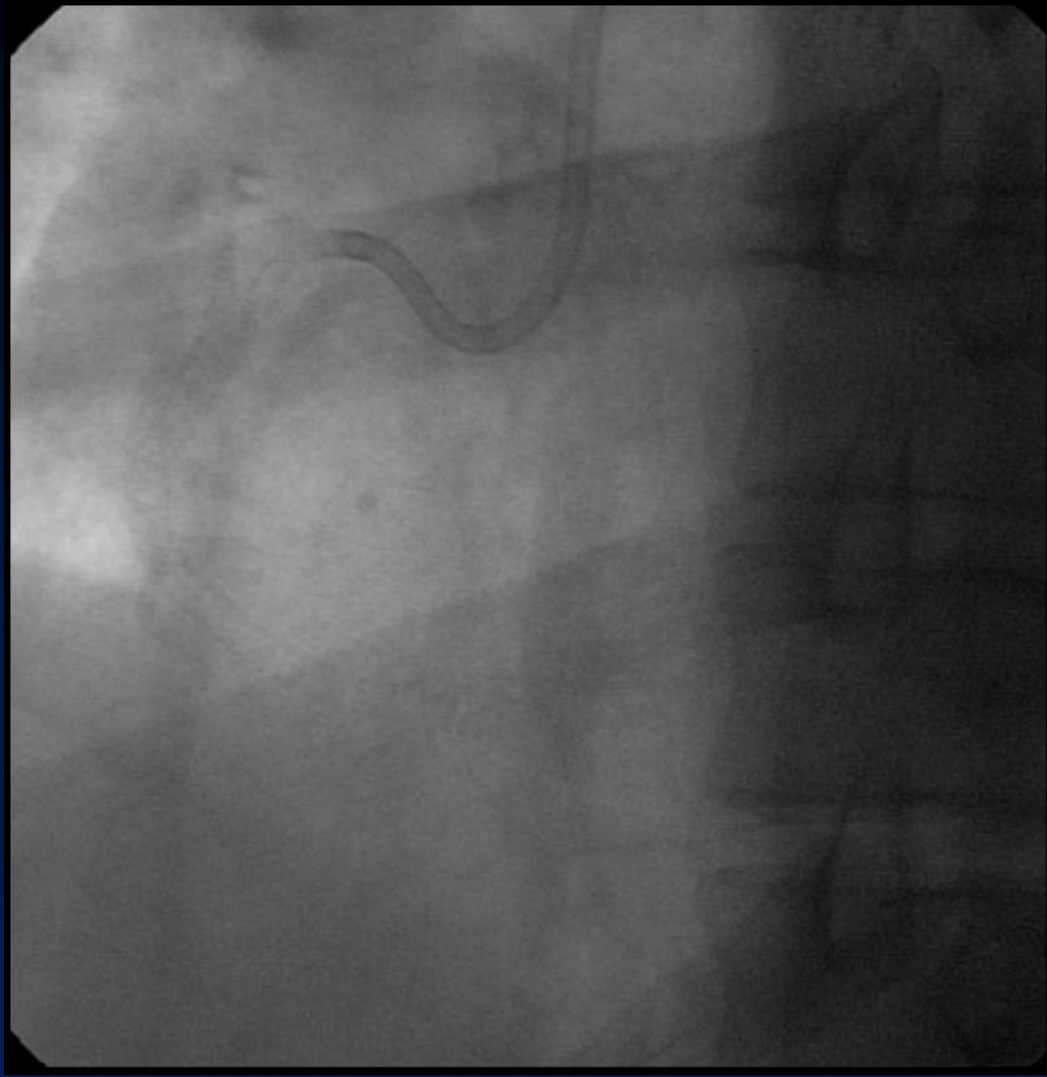


*4.5 mm balloon and retrograde **Conquest** for penetration*



*Successful reverse CART*





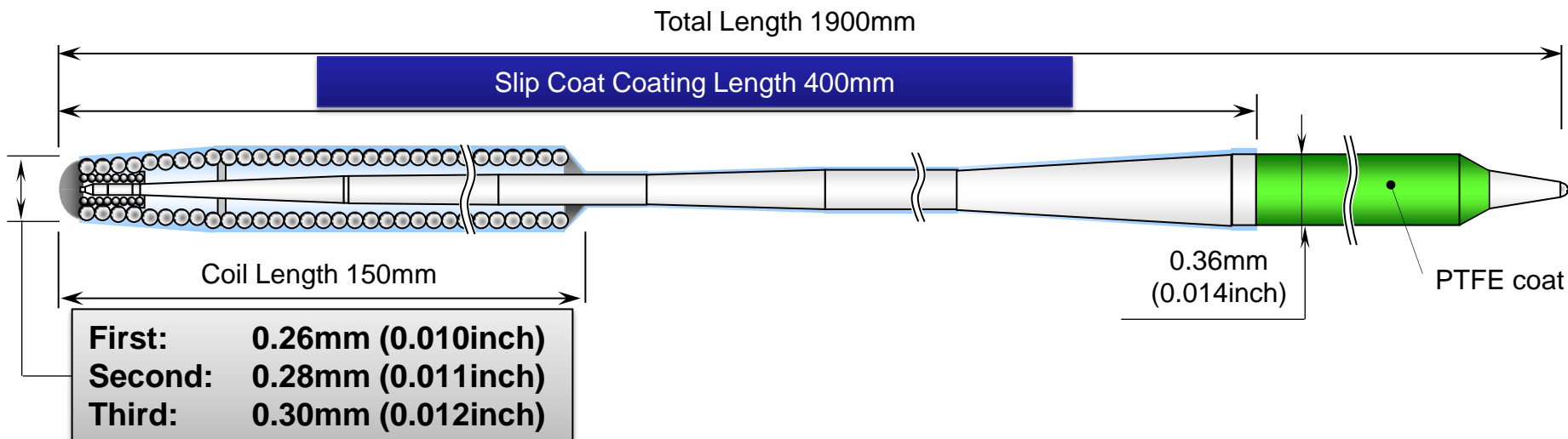
*Final angiogram*

# Limitations of Classic Reverse CART

- In the classic reverse CART, a retrograde wire was advanced first (including attempt at the retrograde direct crossing).
- Connection was made at the position where bilateral wires was overlapped.
- Once the retrograde dissection was created by retrograde wiring, the further retrograde direction control became almost impossible.
- In those situations even if we used IVUS guidance, sometimes it took a very long time to make a connection (with many kinds of wire).

# GAIA Basic structure

ASAHI intecc; Japan



Various lineups for the different situation or lesion

ASAHI Gaia First

Diameter : 0.26mm (0.010") - 0.36mm (0.014")

**Tip load : 1.7gf**

ASAHI Gaia Second

Diameter : 0.28mm (0.011") - 0.36mm (0.014")

**Tip load : 3.5gf**

ASAHI Gaia Third

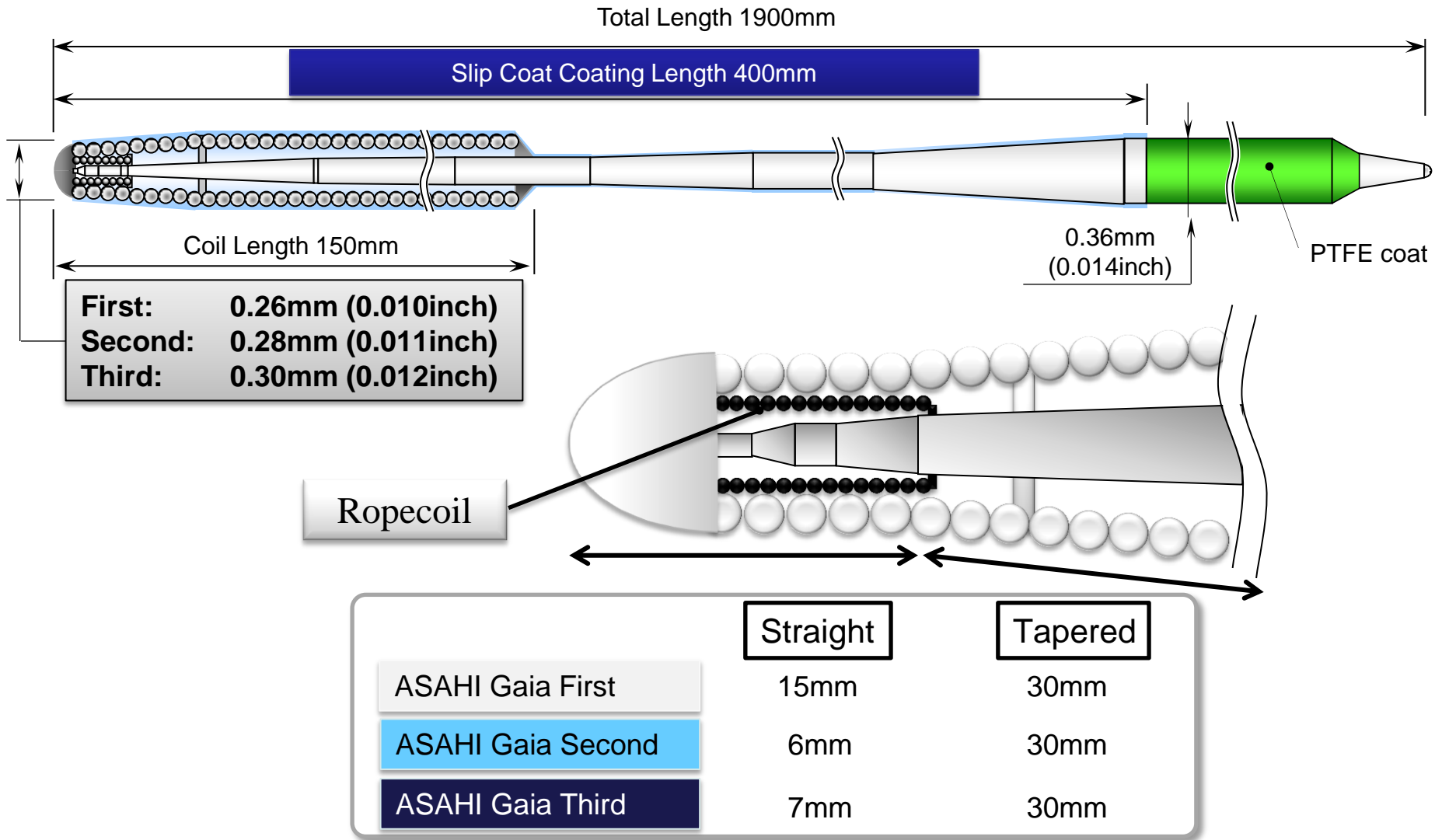
Diameter : 0.30mm (0.012") - 0.36mm (0.014")

**Tip load : 4.5gf**

Long hydrophilic coating that enhance the smooth controllability in micro catheter.

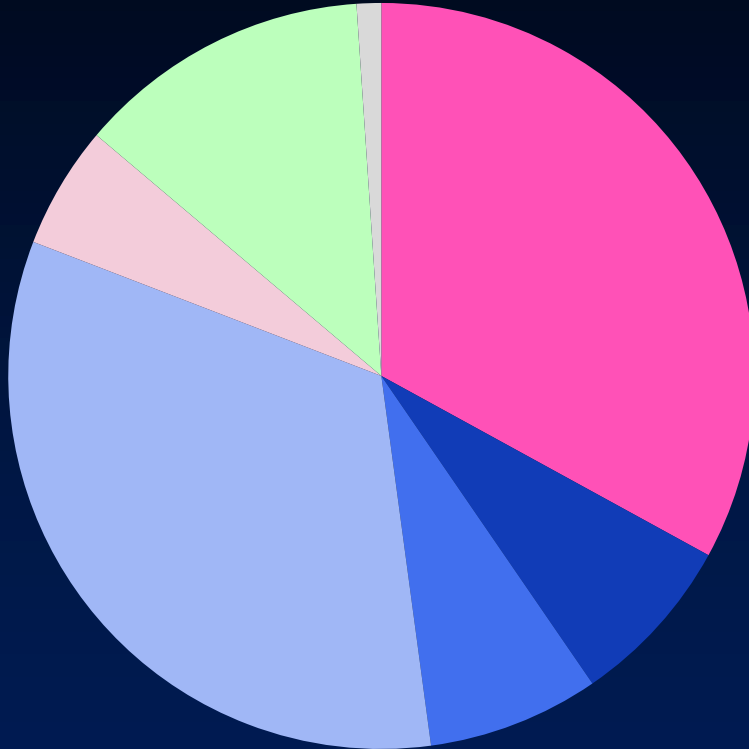
**GAIA Basic structure**

ASAHI intecc; Japan

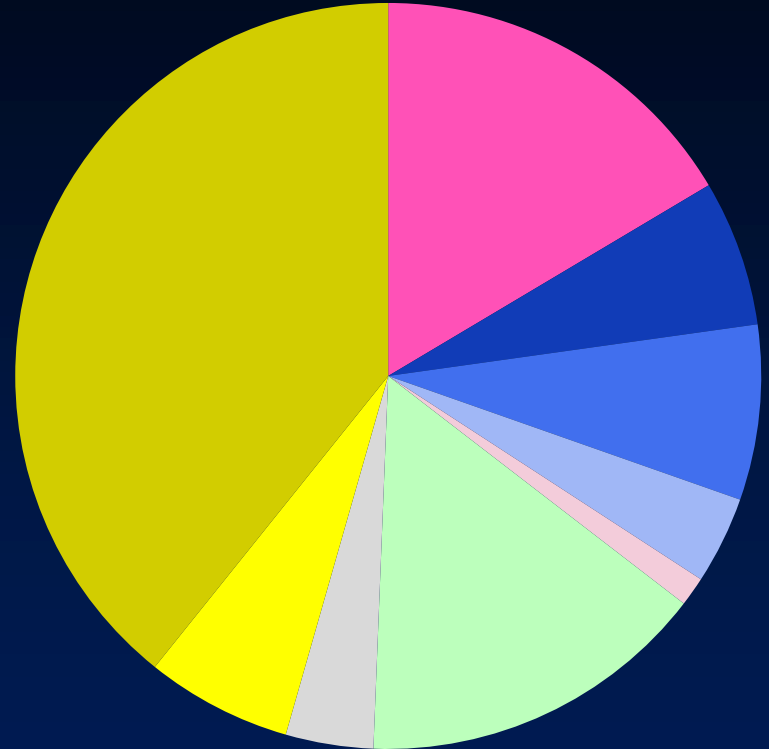


# Wire used for CTO crossing in both approaches

Before June 2012



After June 2012



Conquest family  
 Ultimate 3  
 others

↓

Miracle 12  
 Pilot 200

Progress 120  
 XTA

GAIA 1<sup>st</sup>  
 GAIA 2<sup>nd</sup>

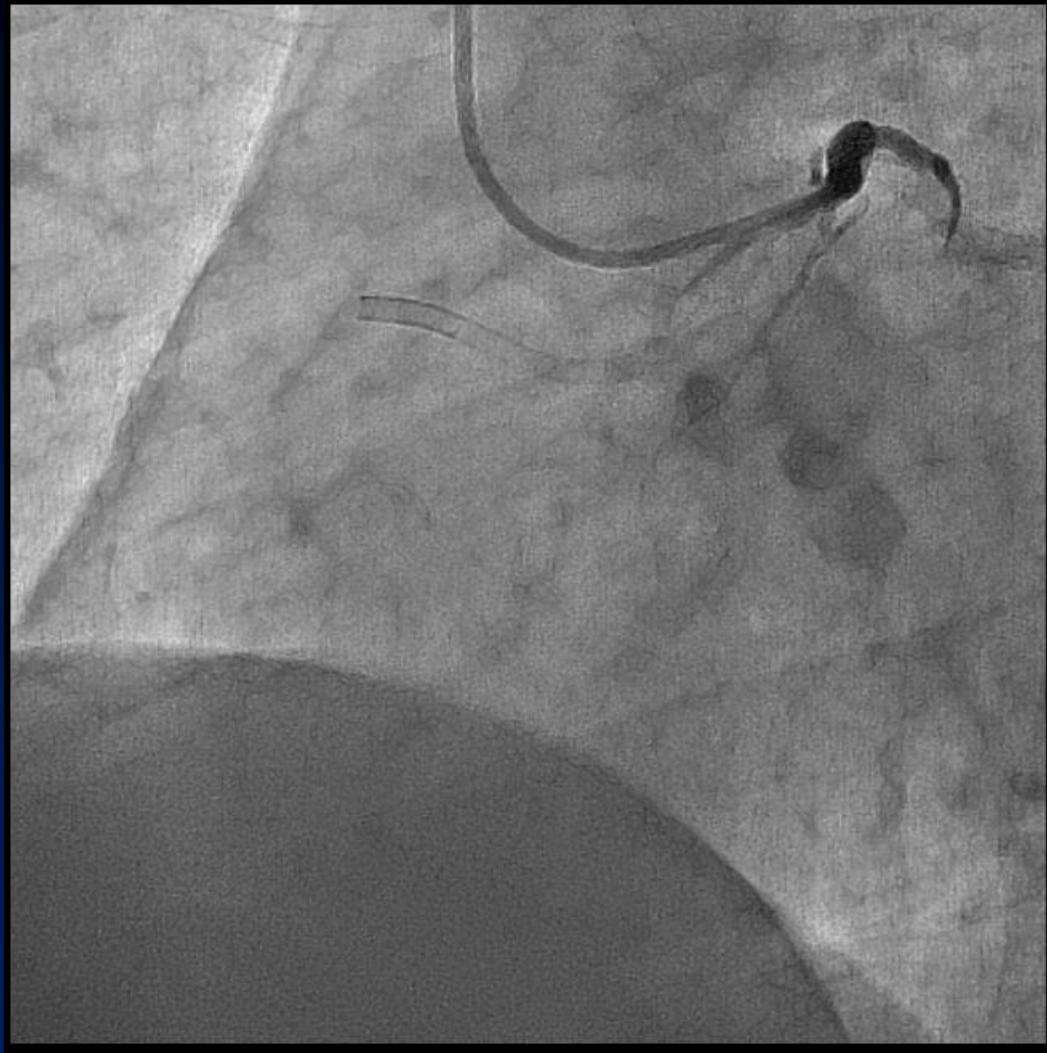
↑

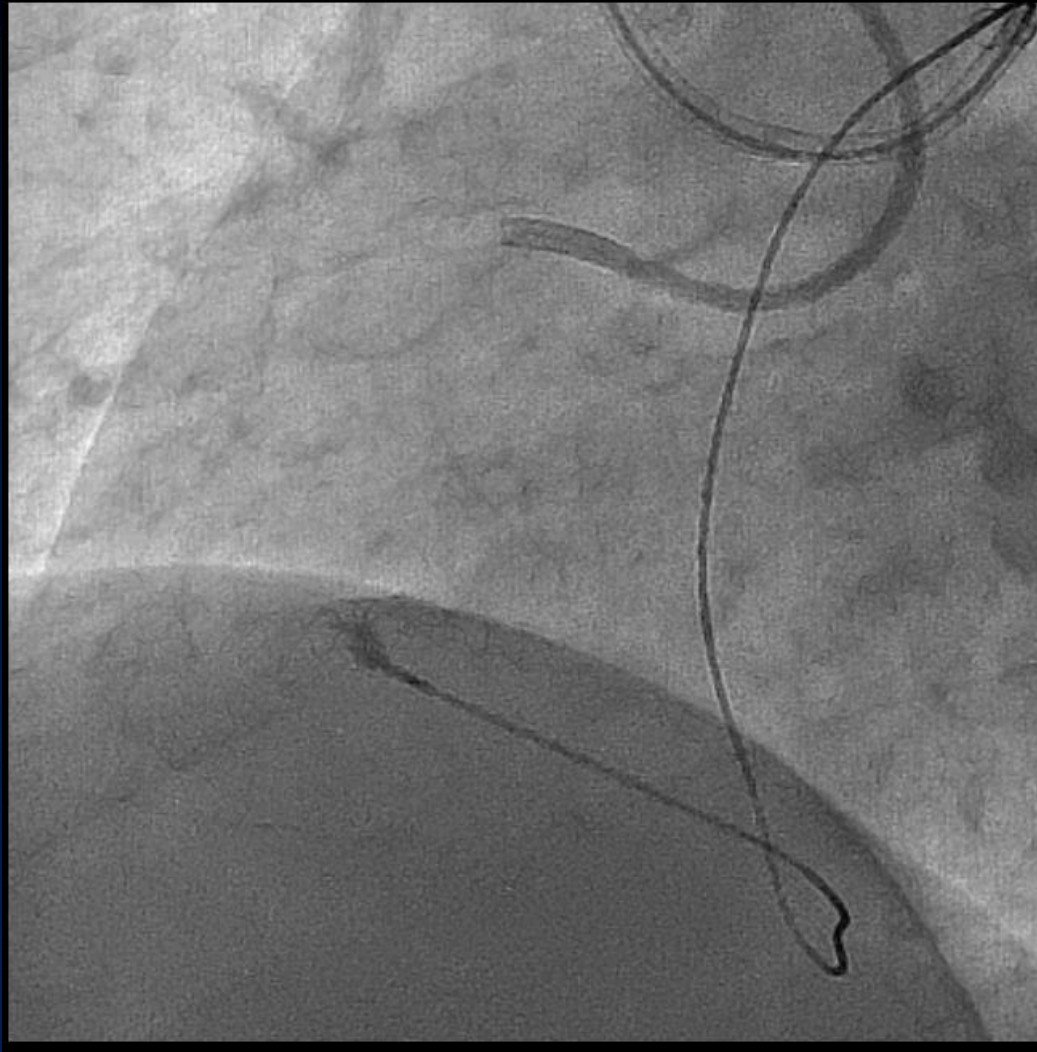
# Contemporary Reverse CART with GAIA

- GAIA enables the intentional retrograde wire direction control.
- However once the retrograde dissection is created, the precise control become difficult even if GAIA is used.
- Before retrograde wiring with GAIA, antegrade preparation should be recommended to facilitate reverse CART.

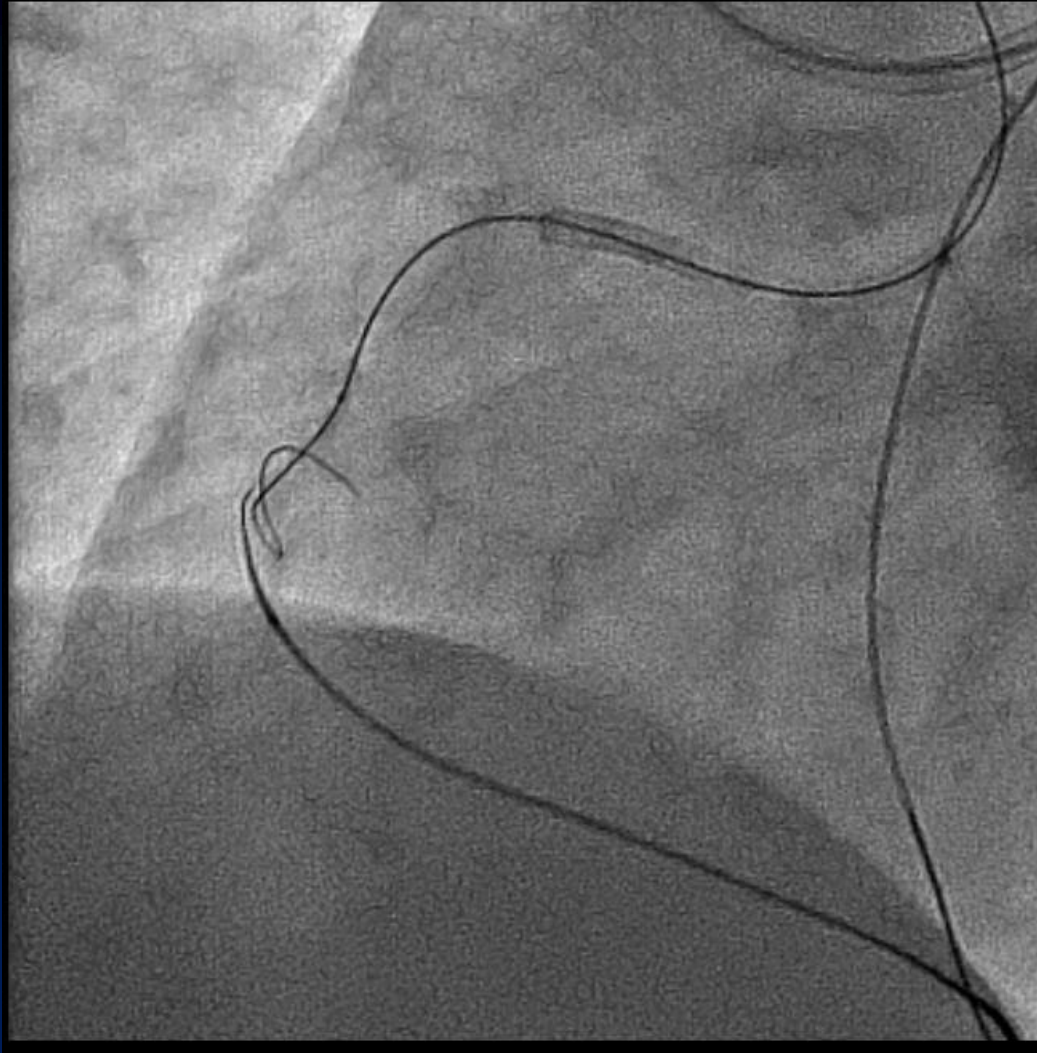


**RCA CTO**

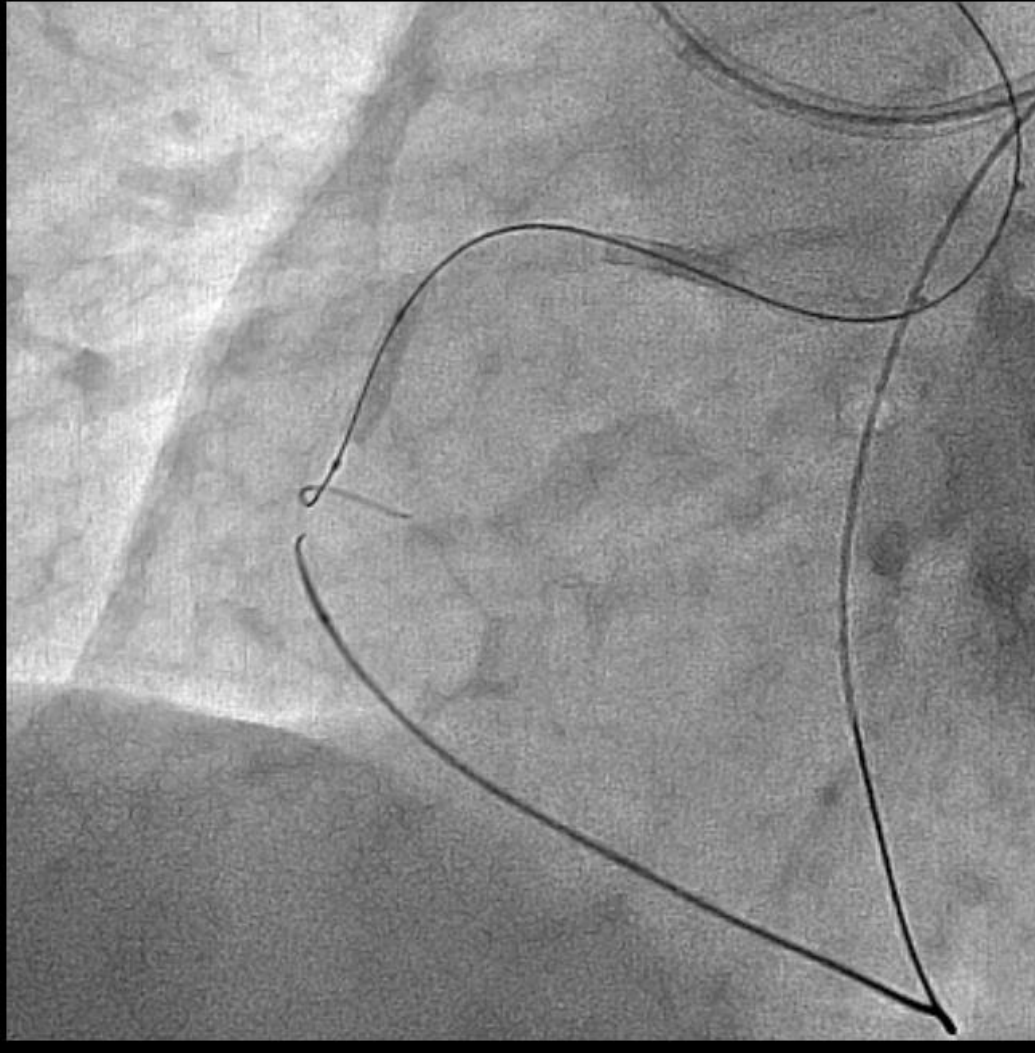




**CTO with diffuse narrowing**

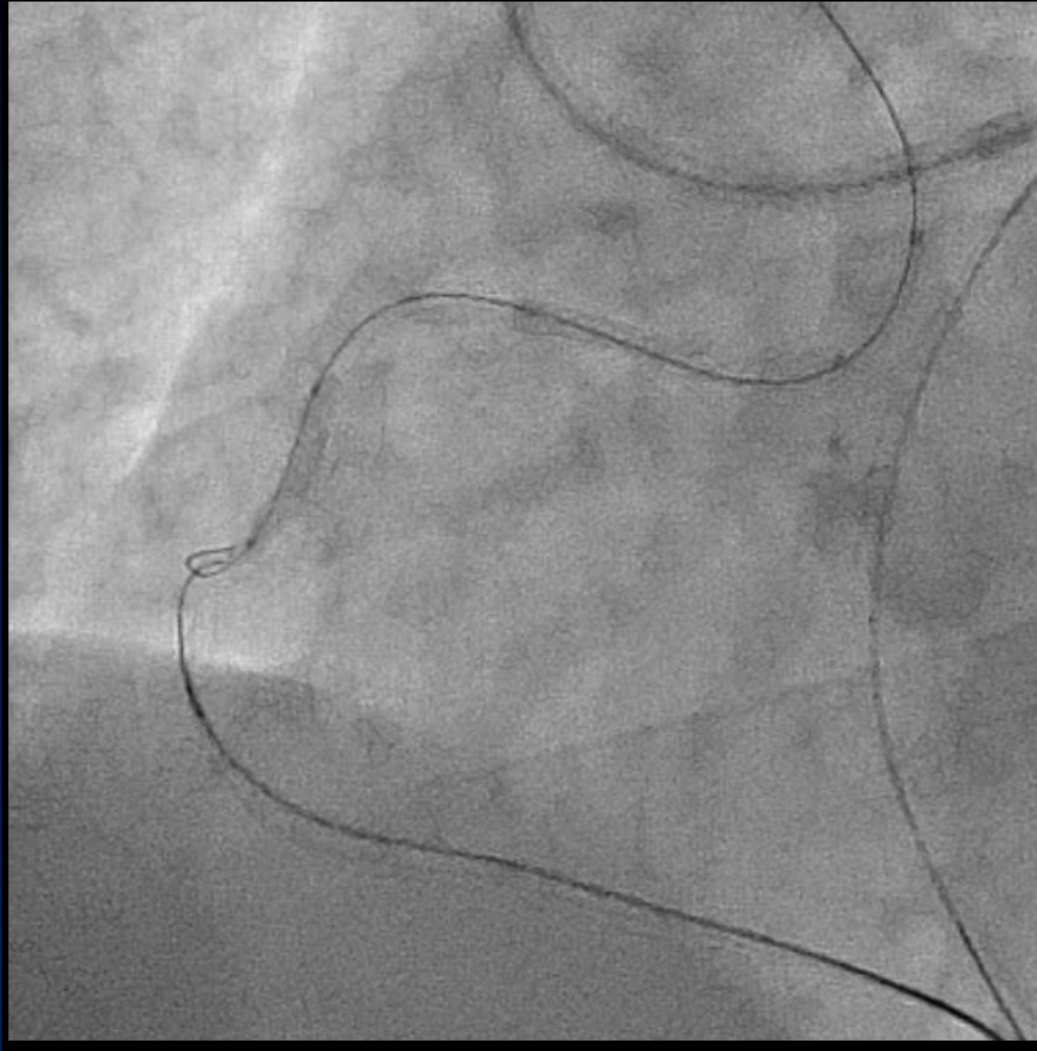


**Antegrade preparation for reverse CART**

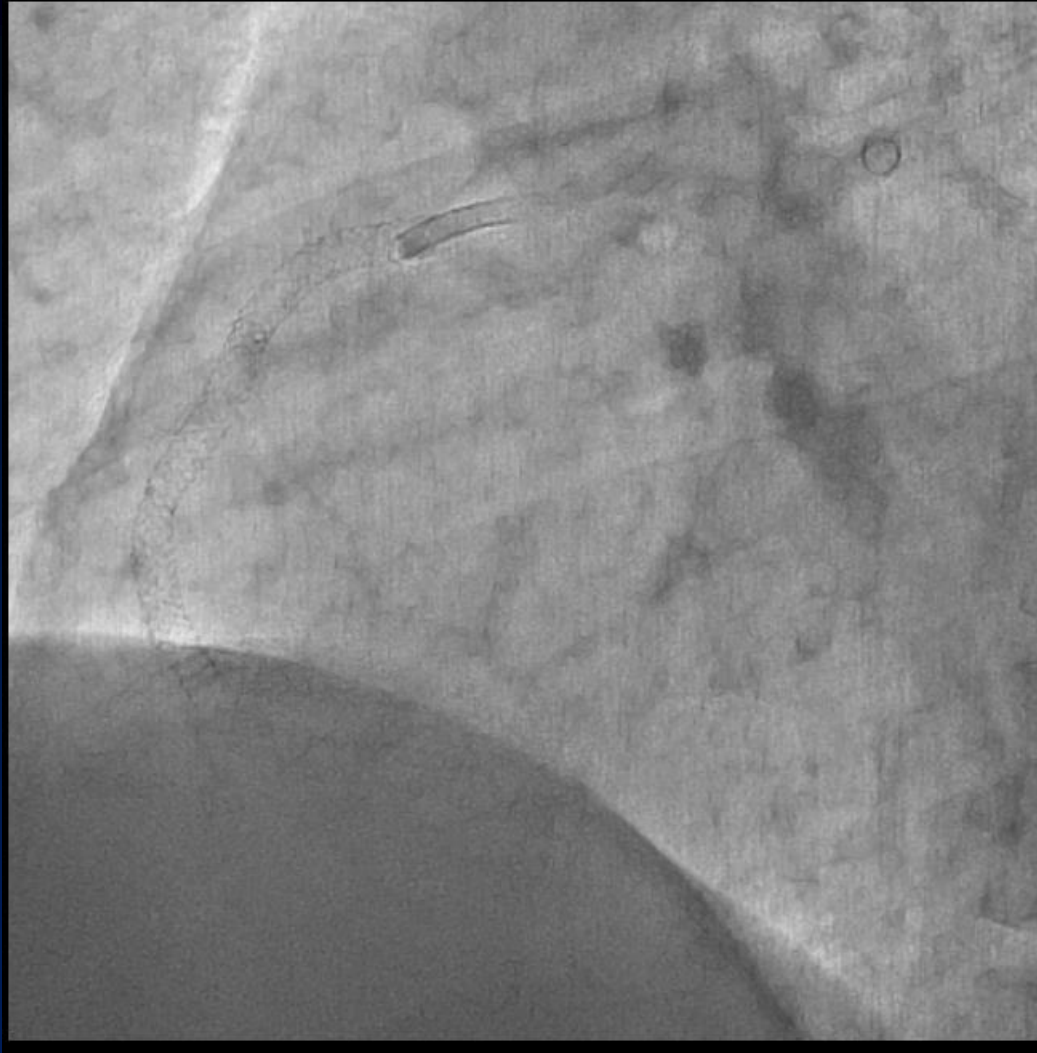


**Antegrade preparation for reverse CART**





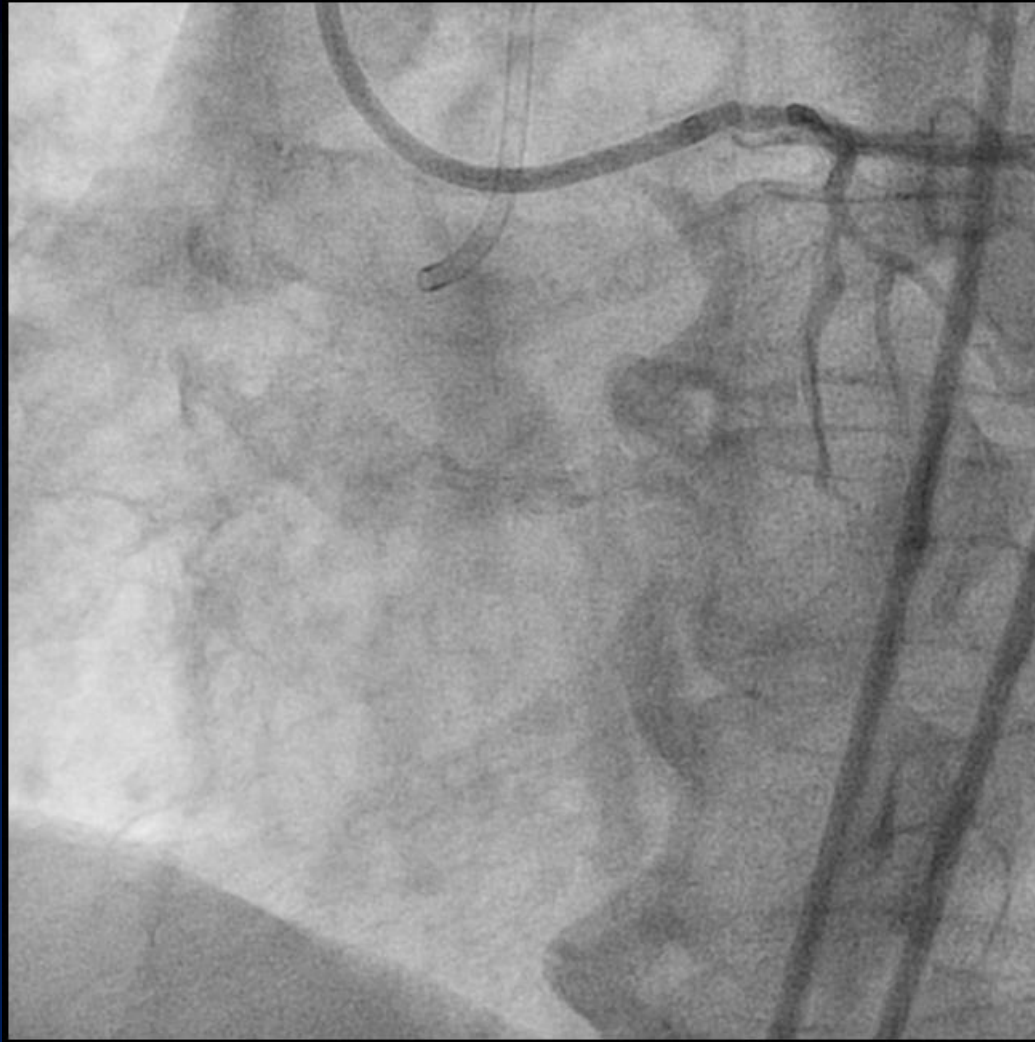
**Retrograde wiring with GAIA 2<sup>nd</sup>**

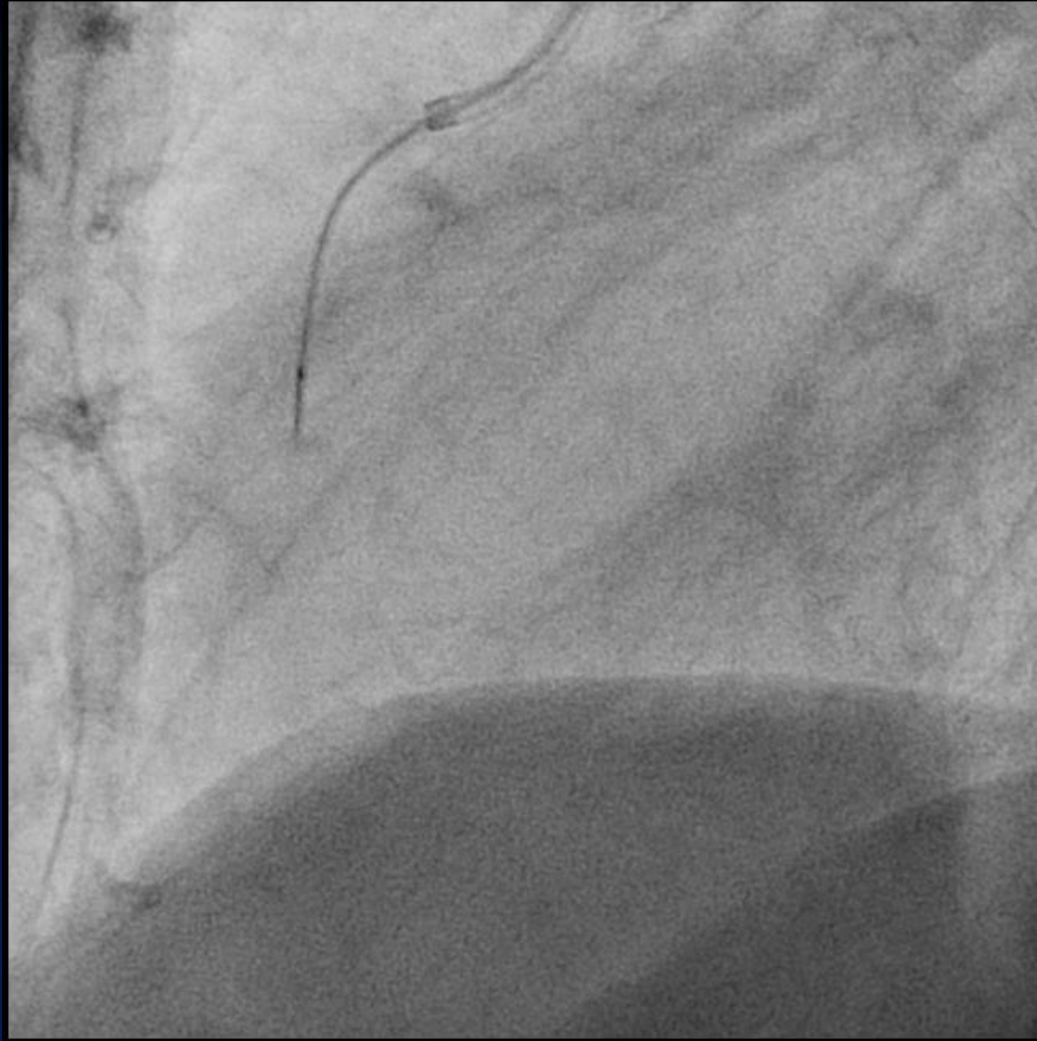


**Final angiogram**

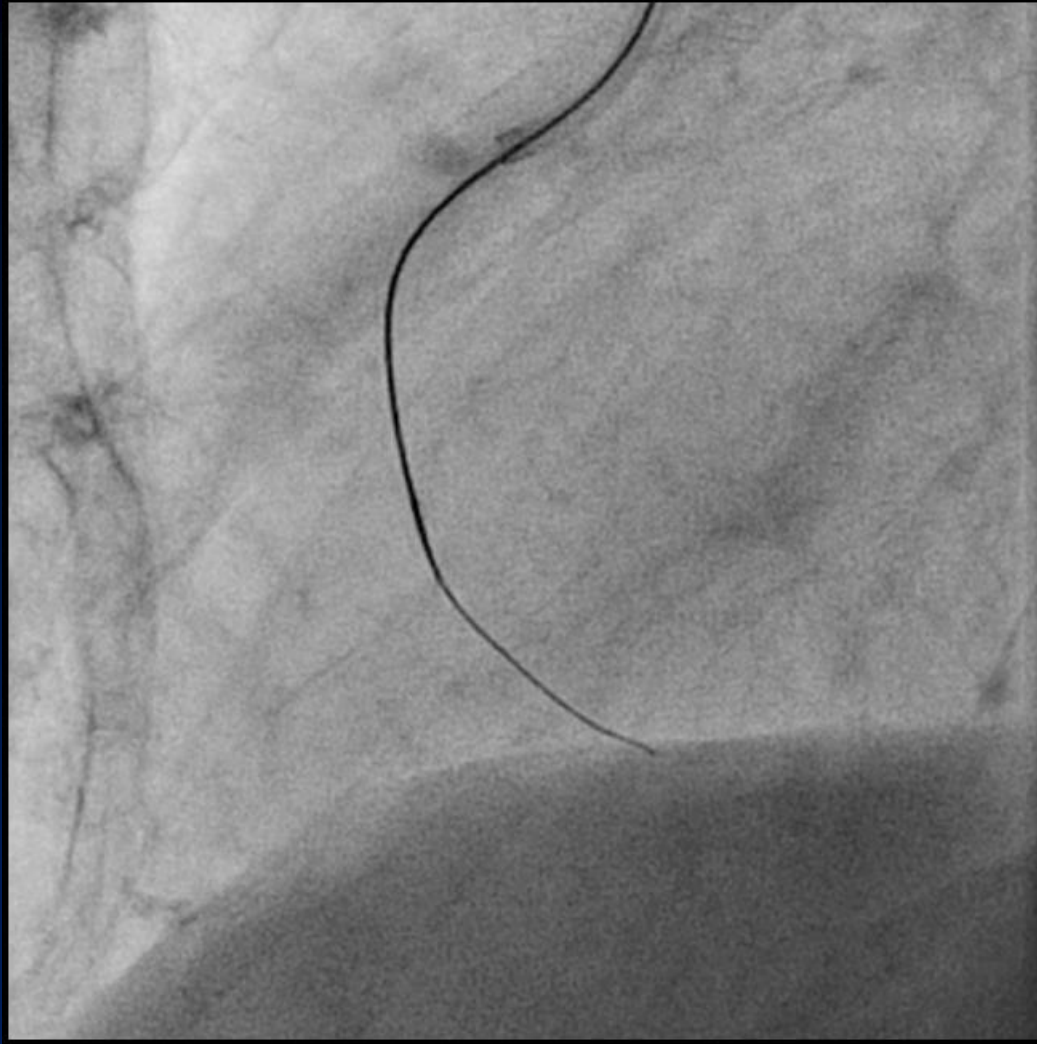


**RCA CTO**

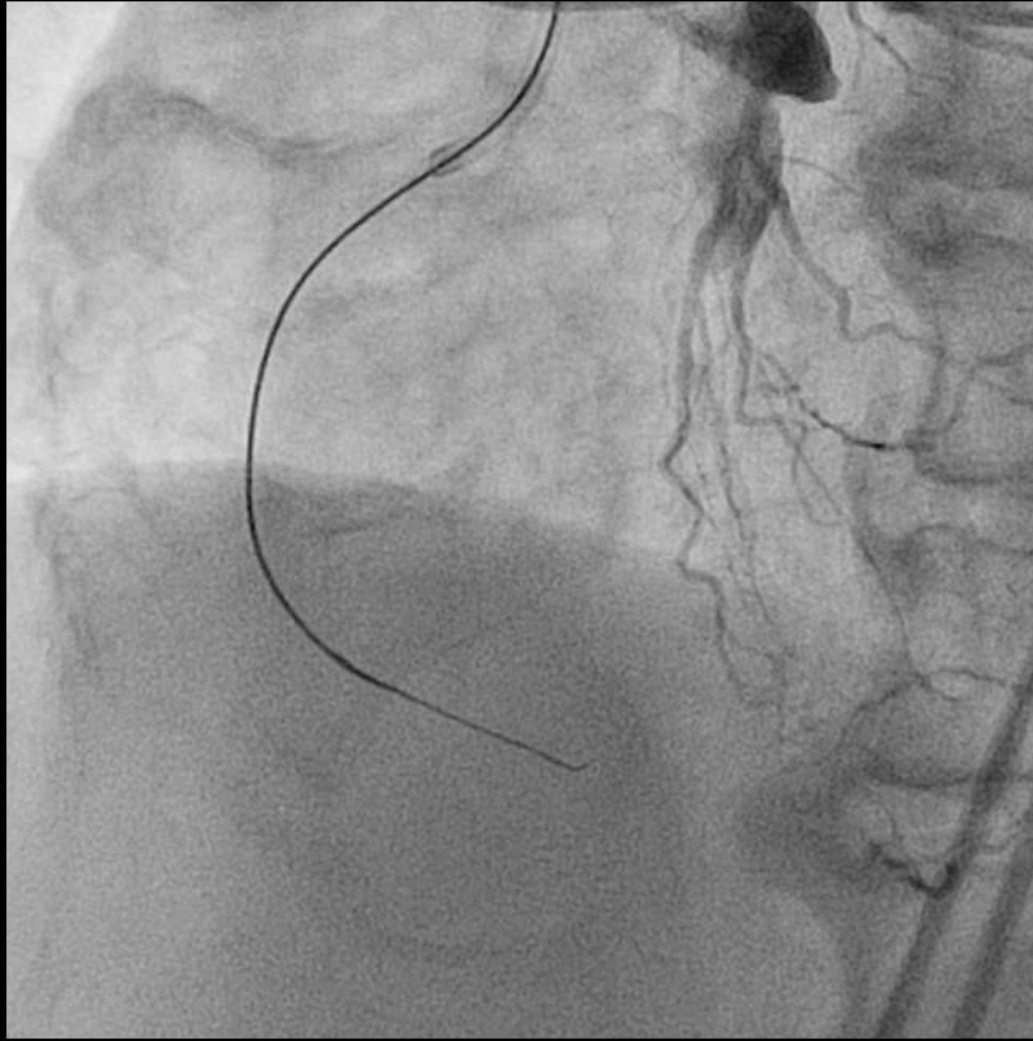




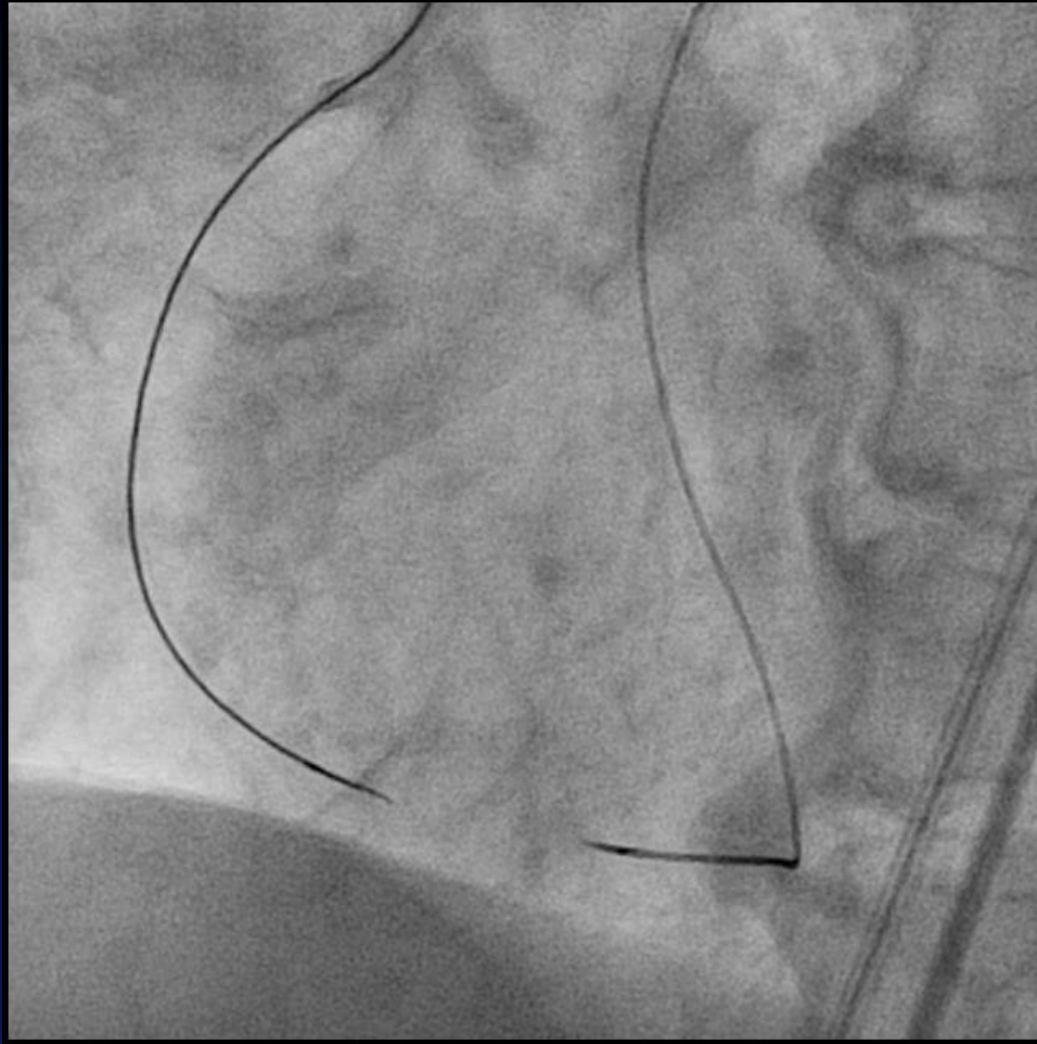
**Antegrade tip injection**



**Antegrade wiring using GAIA 2<sup>nd</sup>**

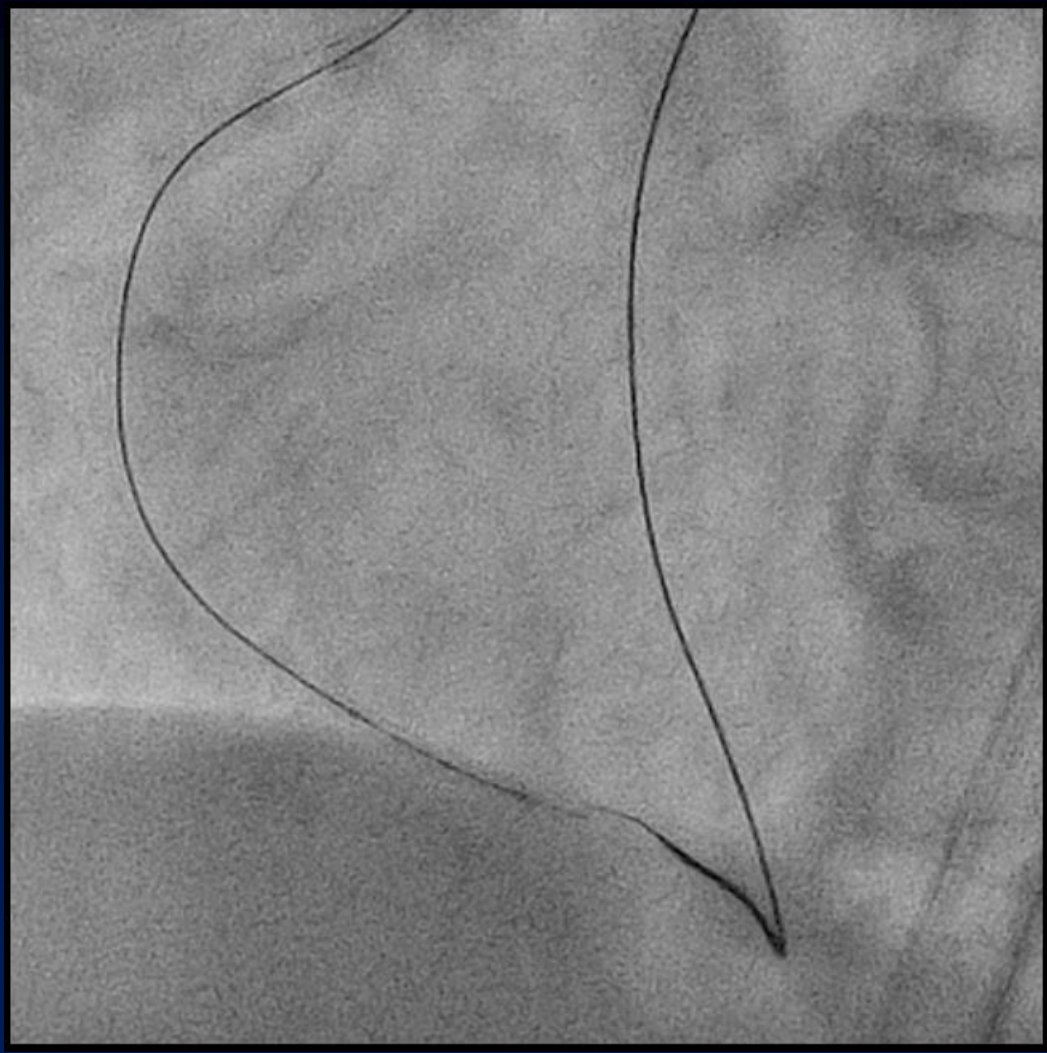


**Antegrade preparation was completed**



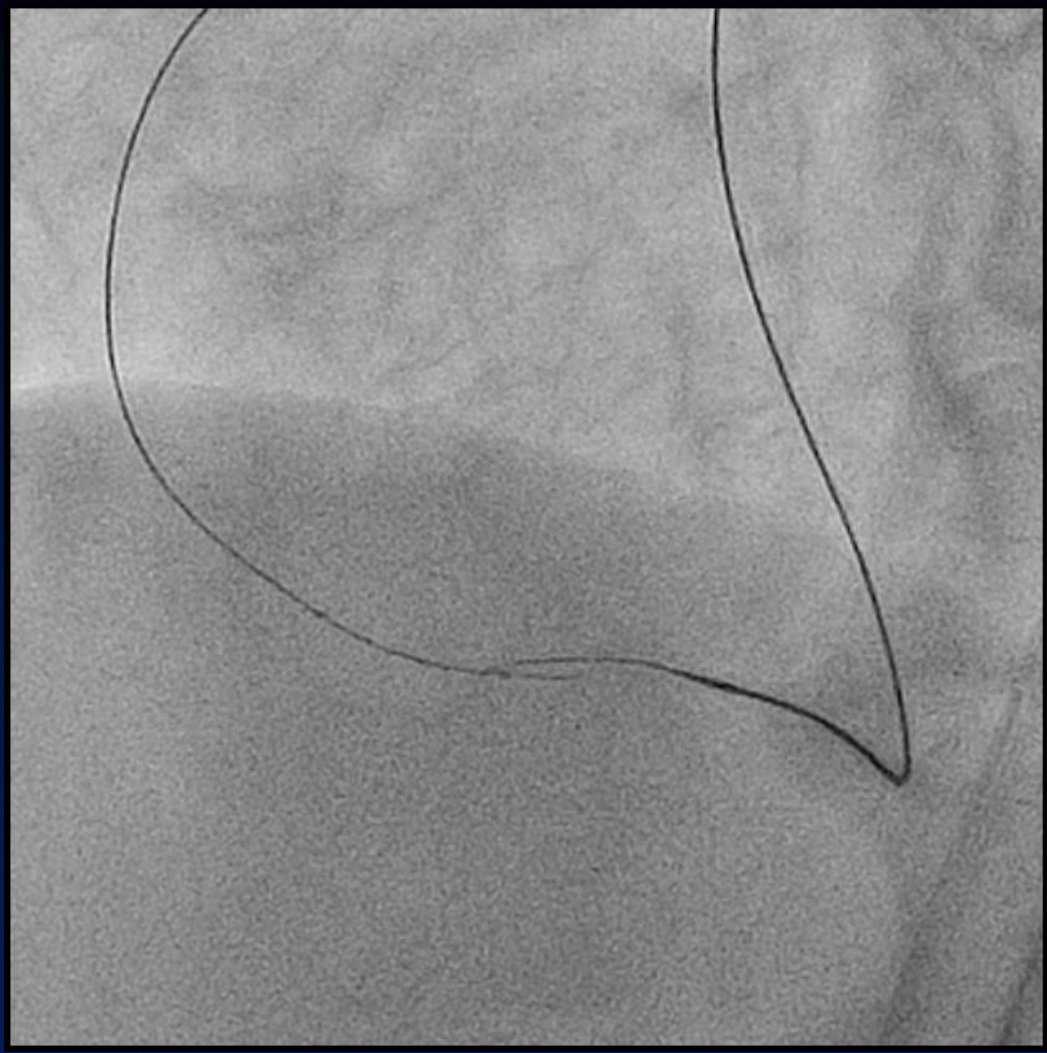
**Retrograde tip injection**



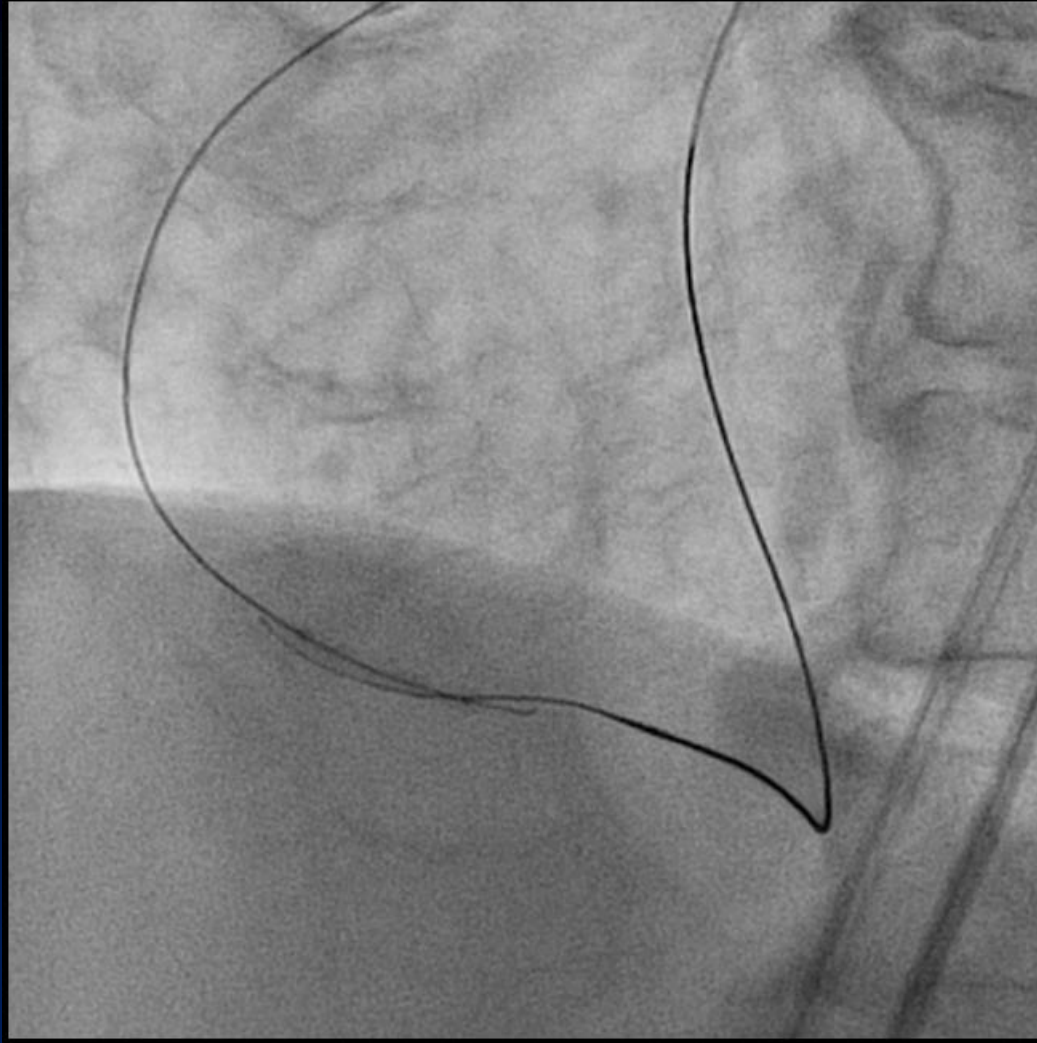


**Retrograde wiring using GAIA 2<sup>nd</sup> toward balloon**





**Retrograde wiring using GAIA 2<sup>nd</sup> toward balloon**



**Successful reverse CART**

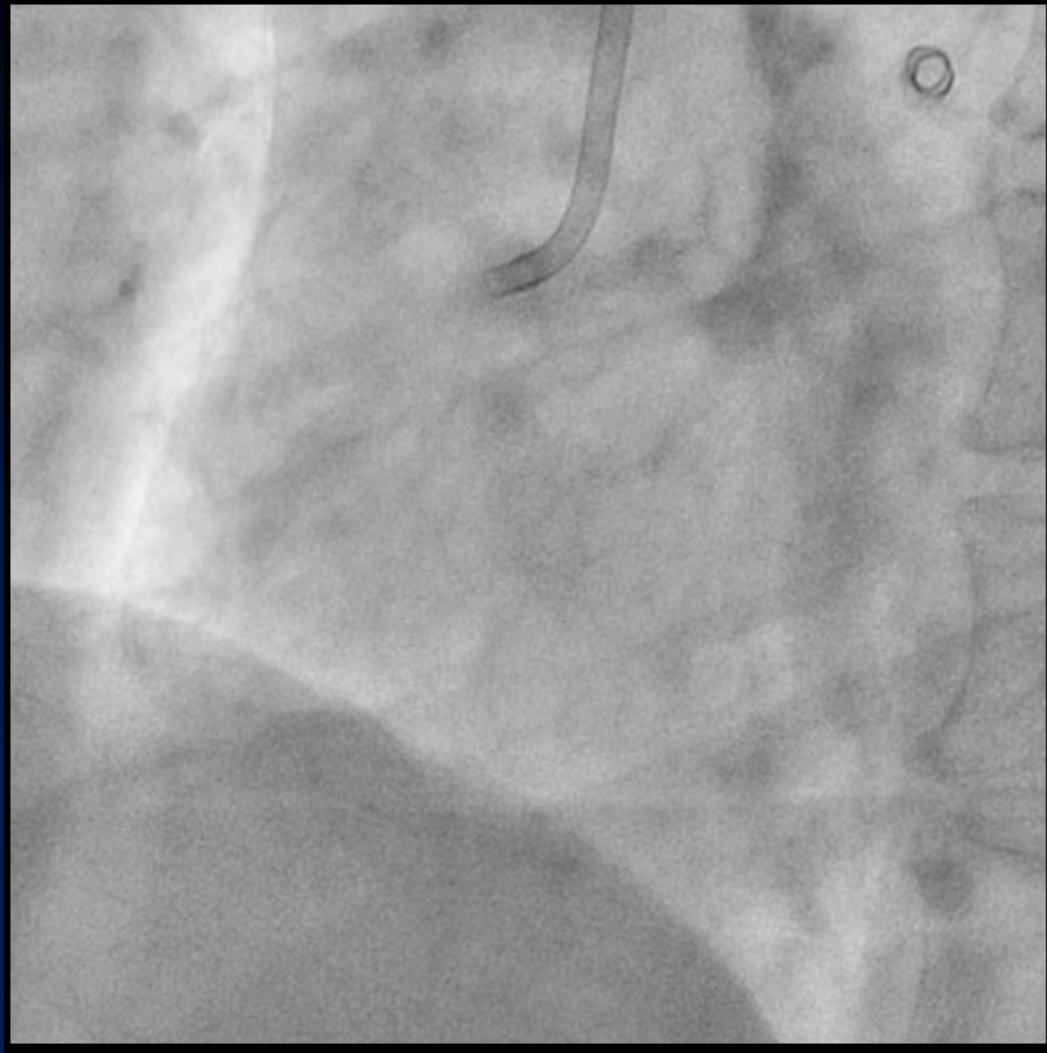


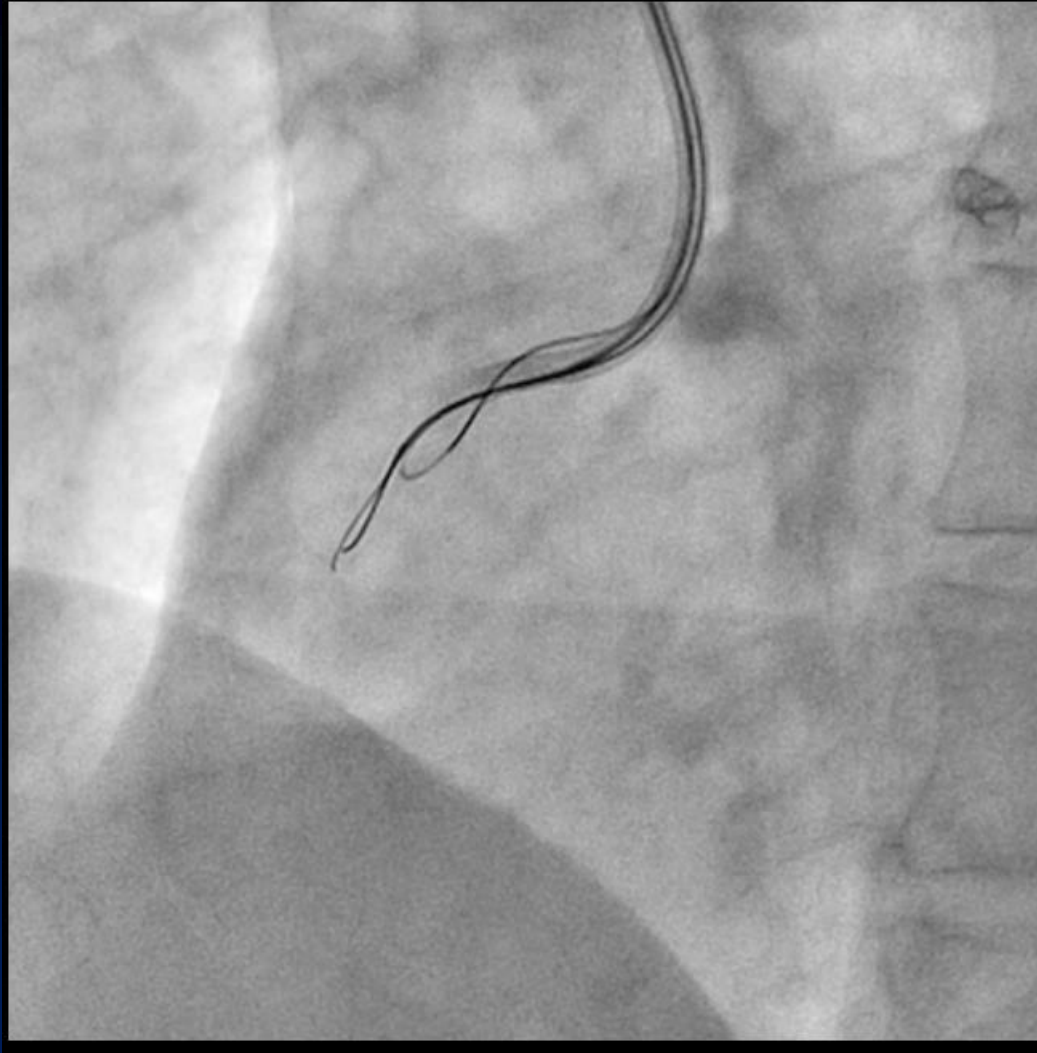
**Final angiogram**

# Contemporary Reverse CART with GAIA

- GAIA enables the intentional retrograde wire direction control.
- However once the retrograde dissection is created, the precise control become difficult even if GAIA is used.
- Before retrograde wiring with GAIA, antegrade preparation should be recommended to facilitate reverse CART.
  
- In short CTOs
  
- In long CTOs

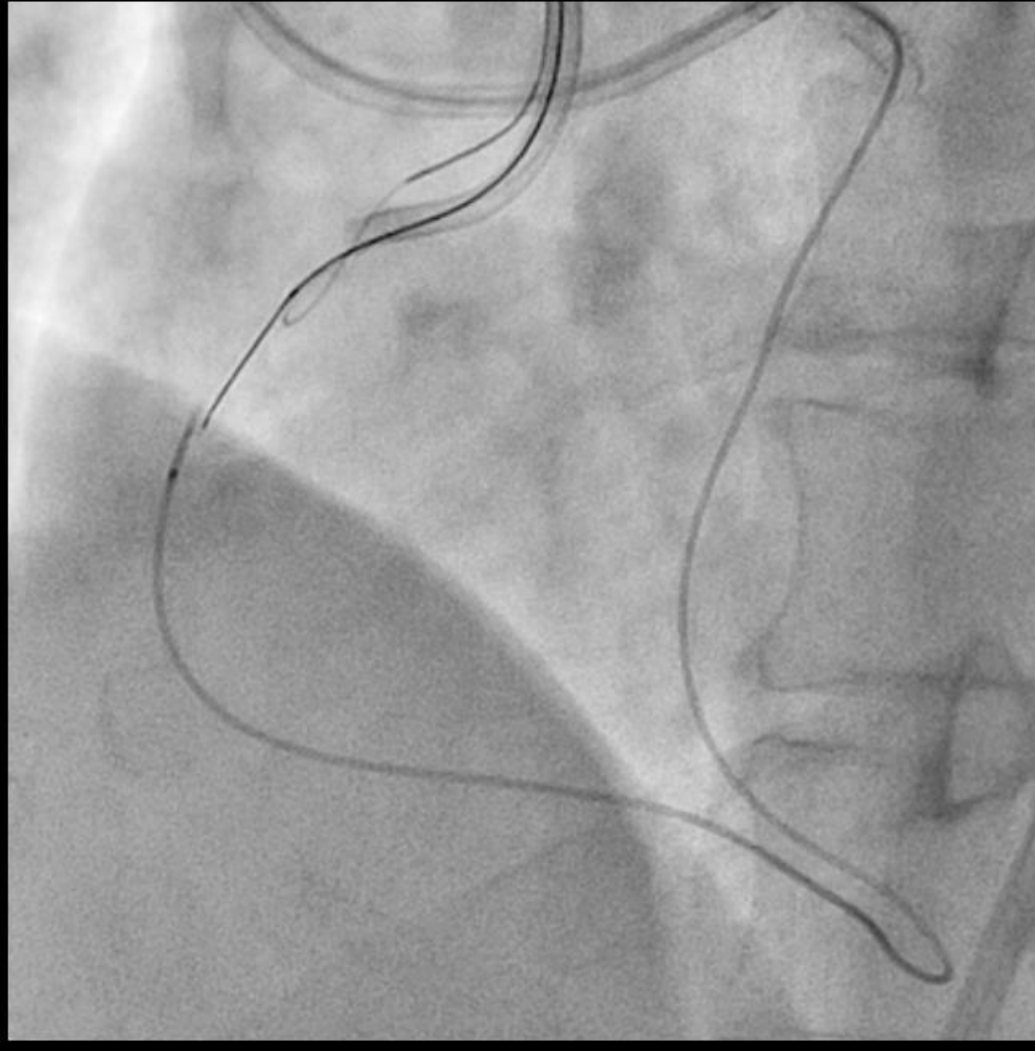
**RCA CTO**





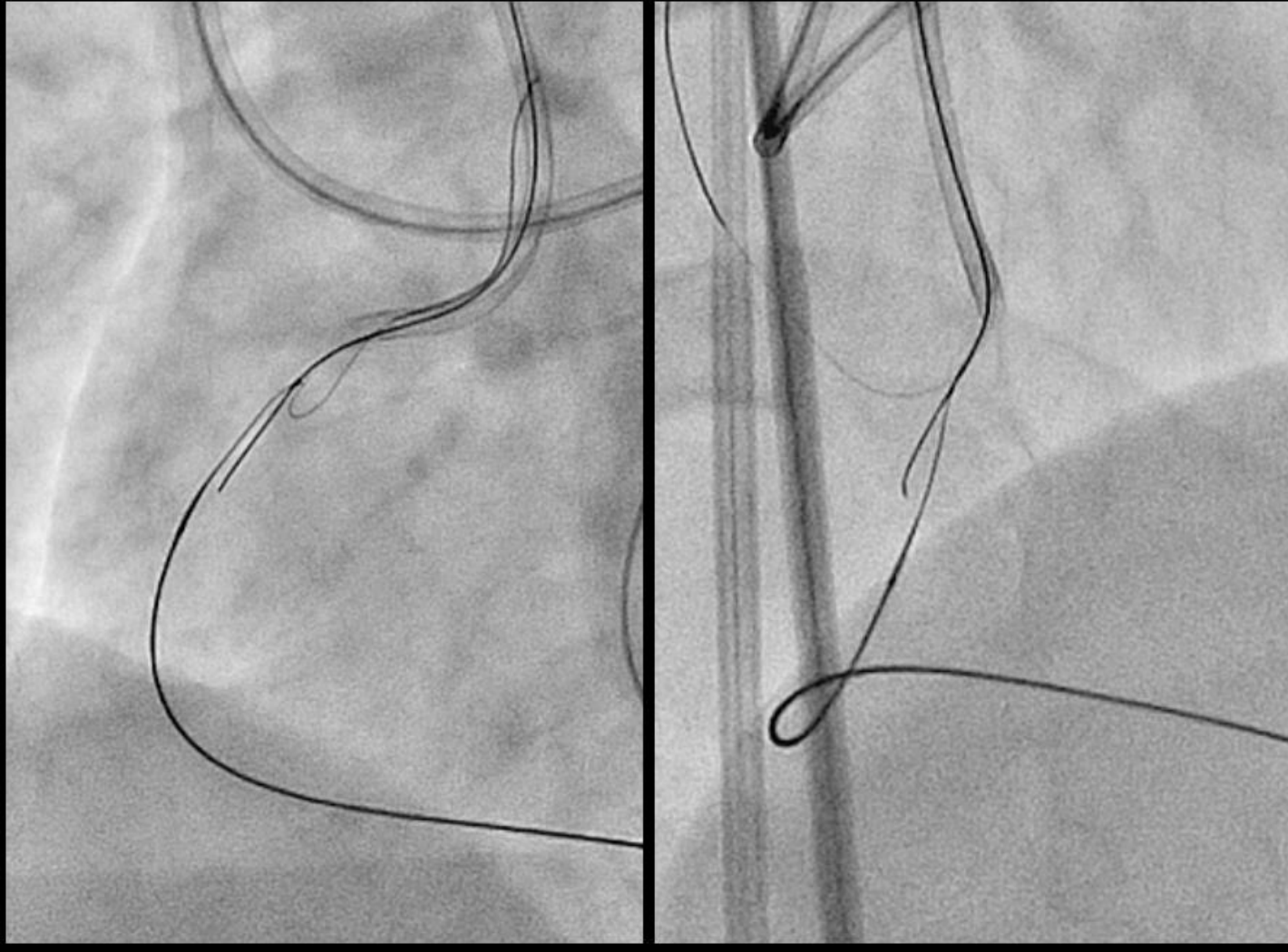
**Failed parallel wiring**



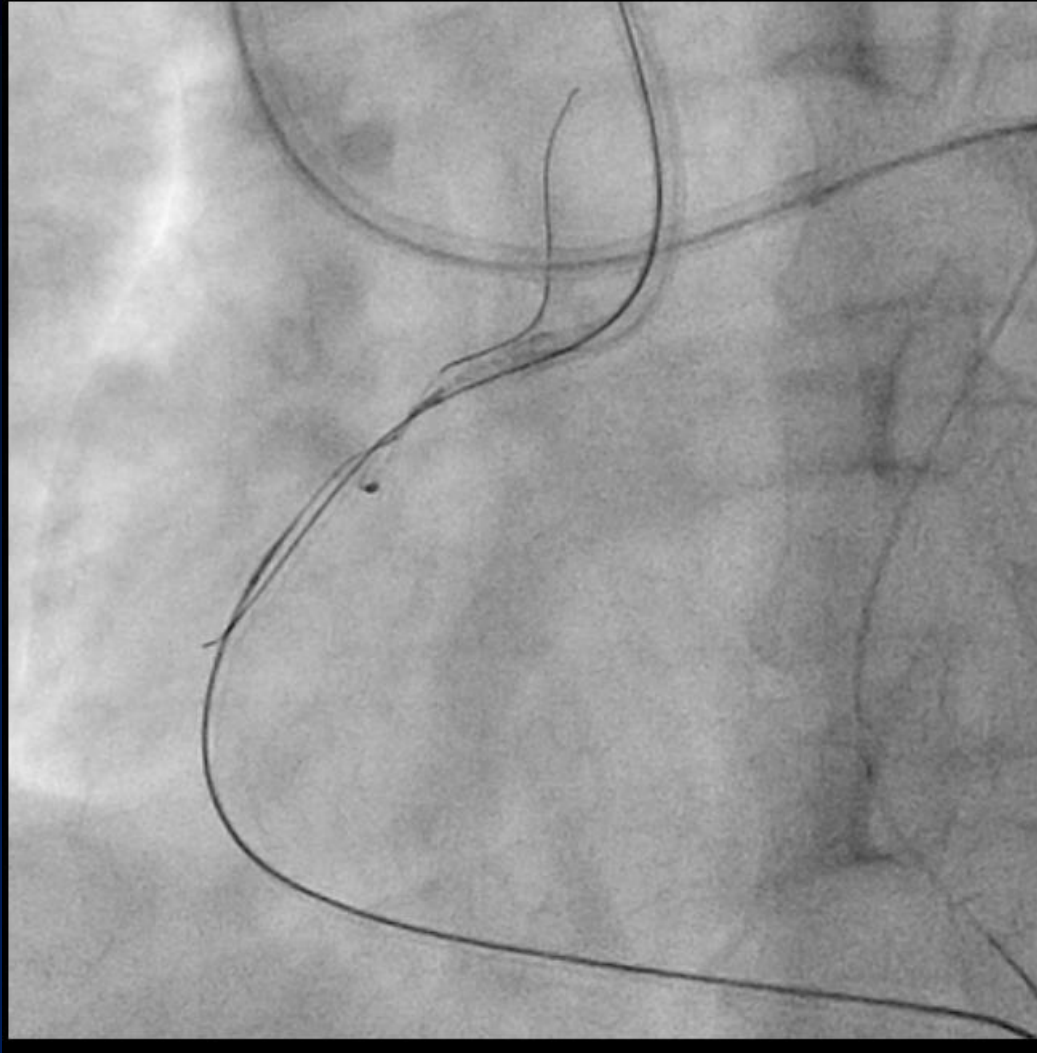


**Difficult for reverse CART because of short occlusion**

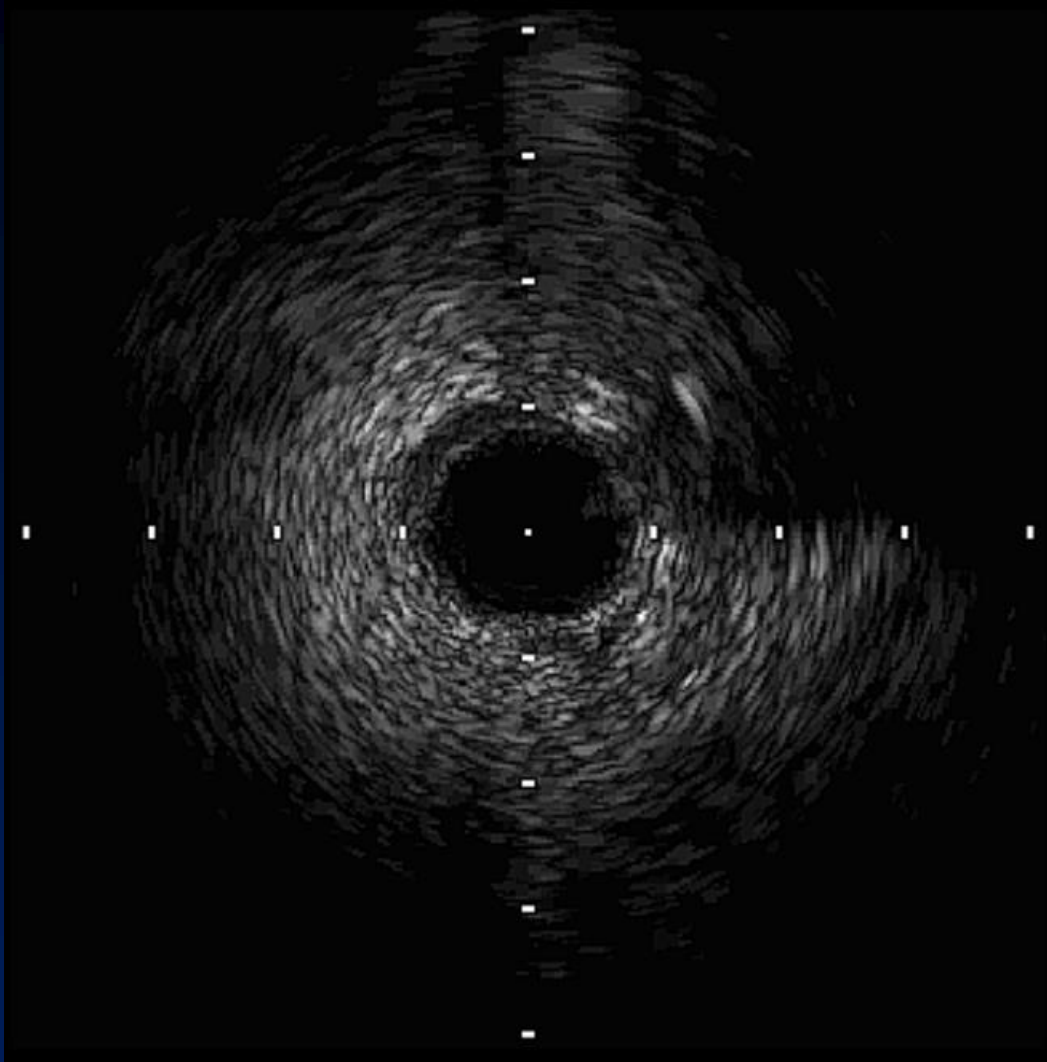




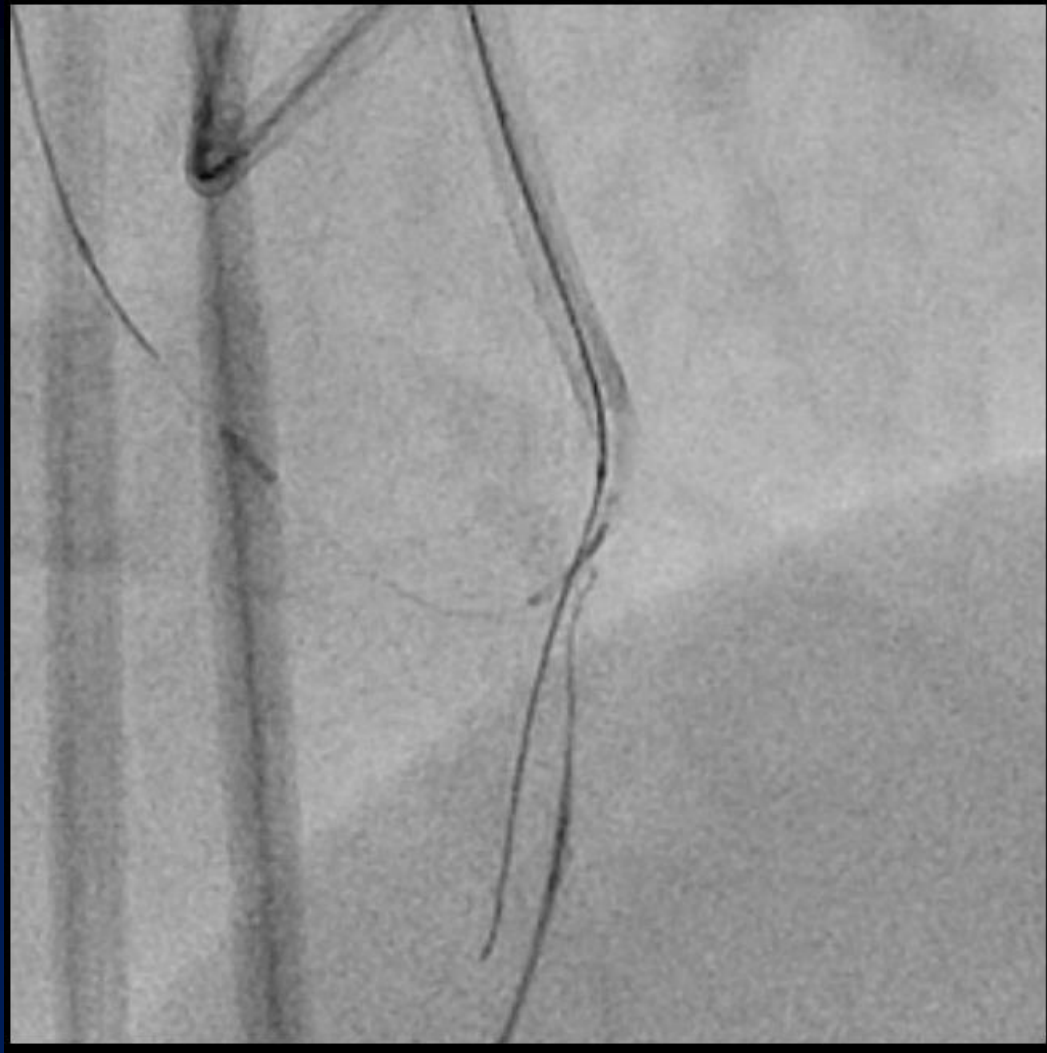
**Attempt at retrograde direct wire crossing by GAIA 2<sup>nd</sup>**



**IVUS examination**



**IVUS examination**



**Successful Manipulation of Gosting 2<sup>nd</sup> by GAIA 2<sup>nd</sup>**



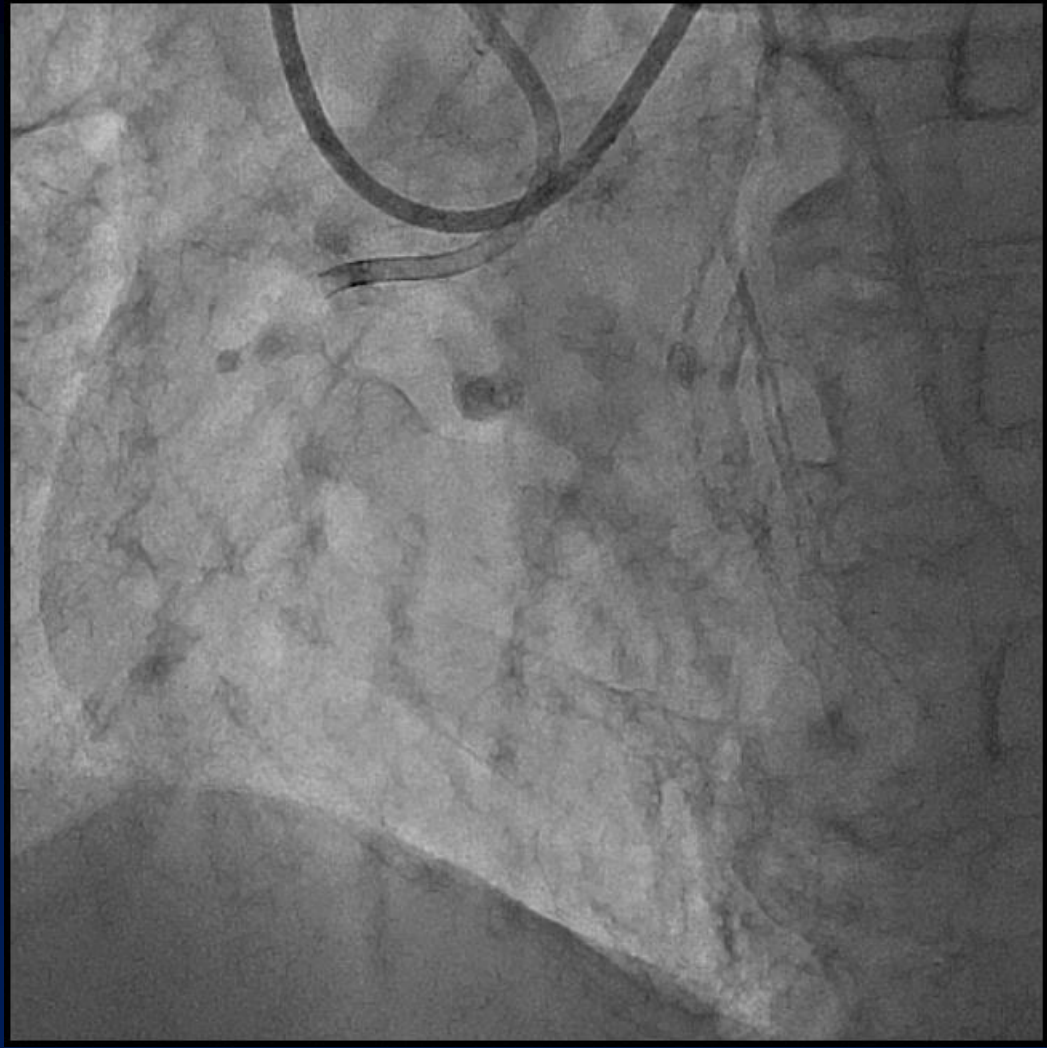
**Final angiogram**

# Contemporary Reverse CART with GAIA

- GAIA enables the intentional retrograde wire direction control.
- However once the retrograde dissection is created, the precise control become difficult even if GAIA is used.
- Before retrograde wiring with GAIA, antegrade preparation should be recommended to facilitate reverse CART.
- In short CTOs, the direct retrograde wire crossing still works well with GAIA w/wo IVUS.
- In long CTOs

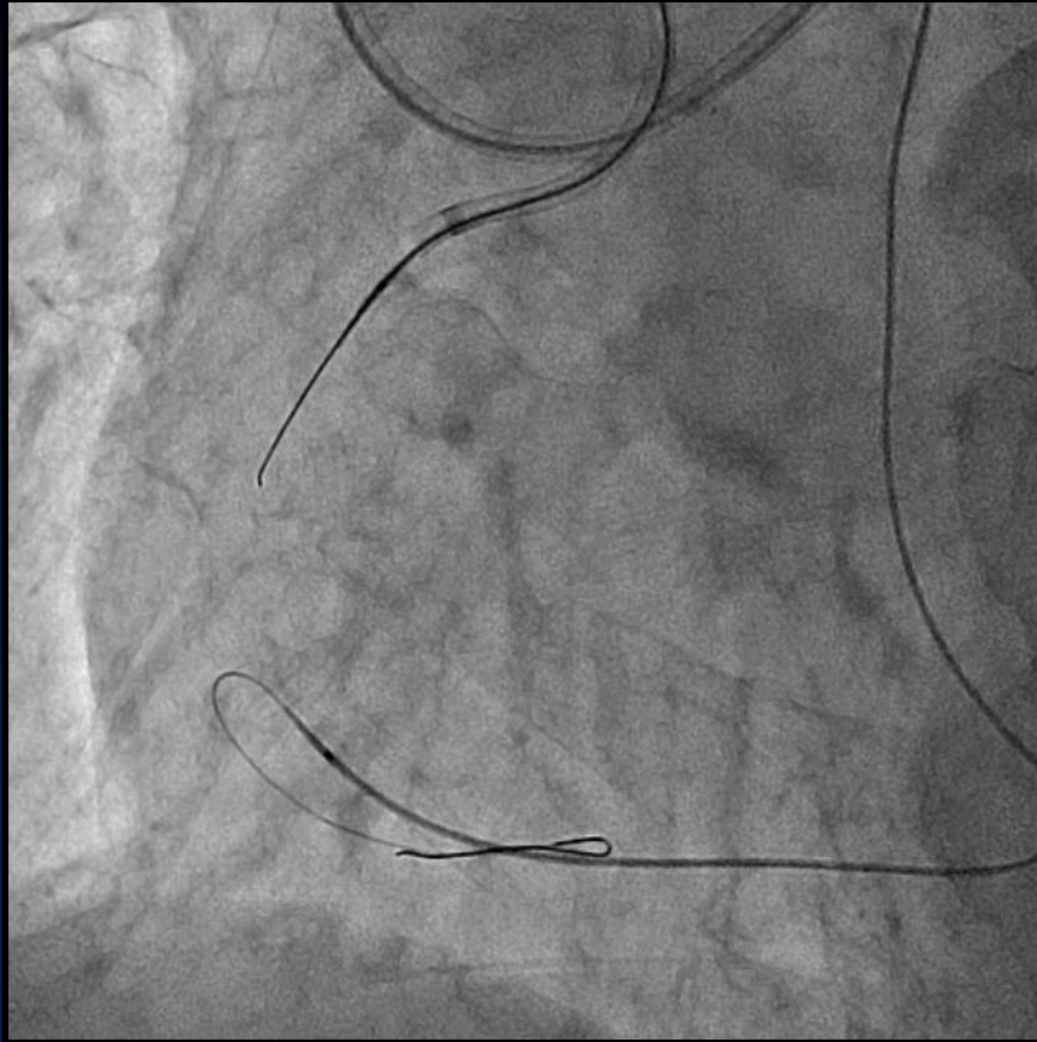


**RCA CTO**

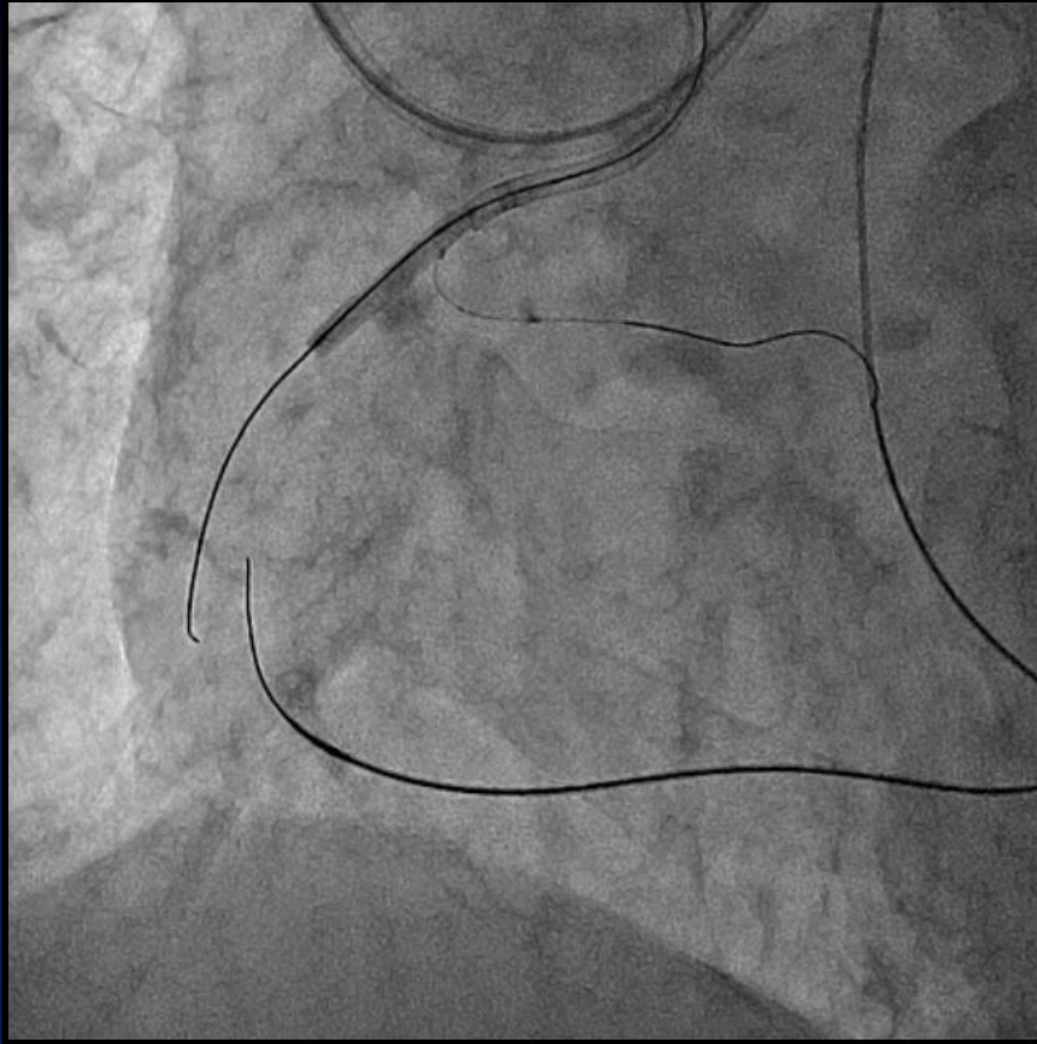




**Simultaneous injection**

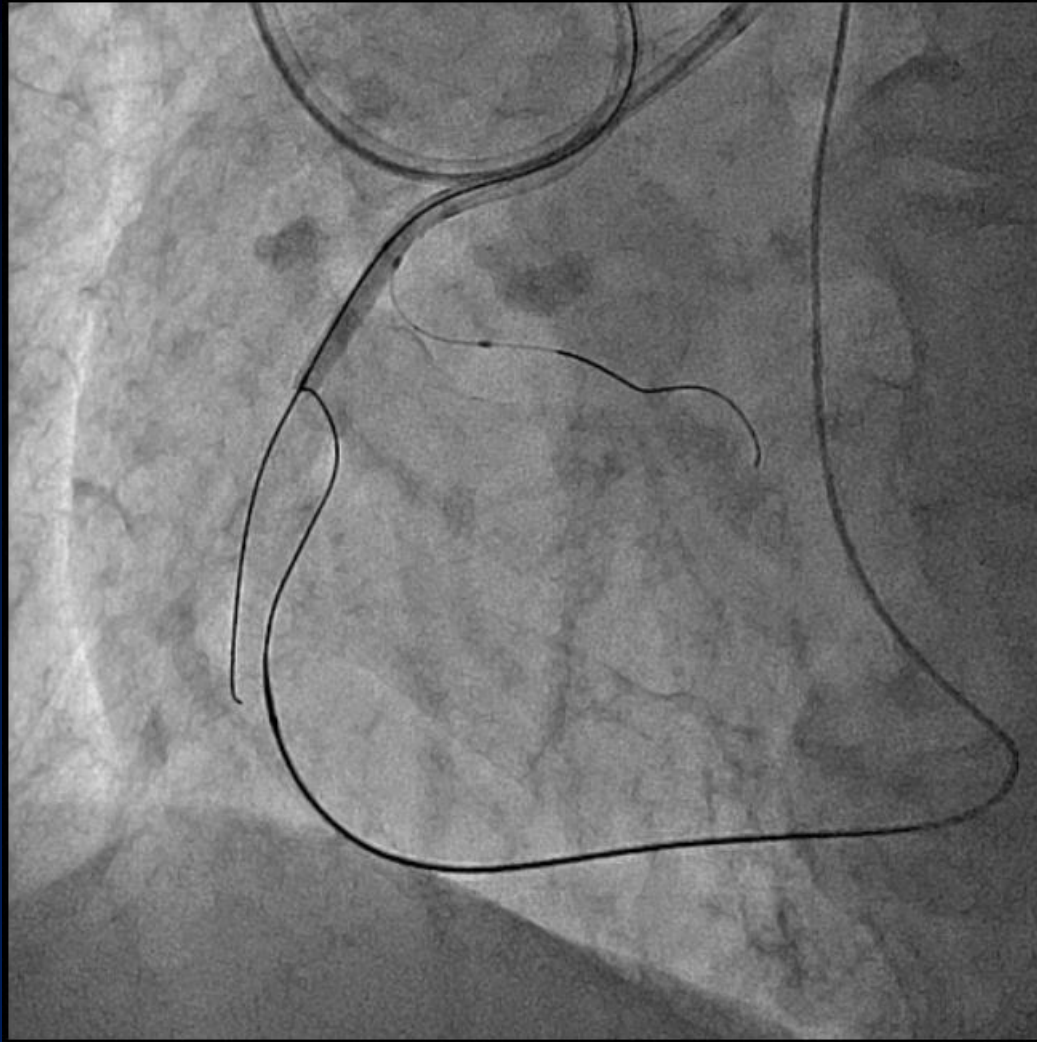


**Antegrade wiring using GAIA 2<sup>nd</sup>**

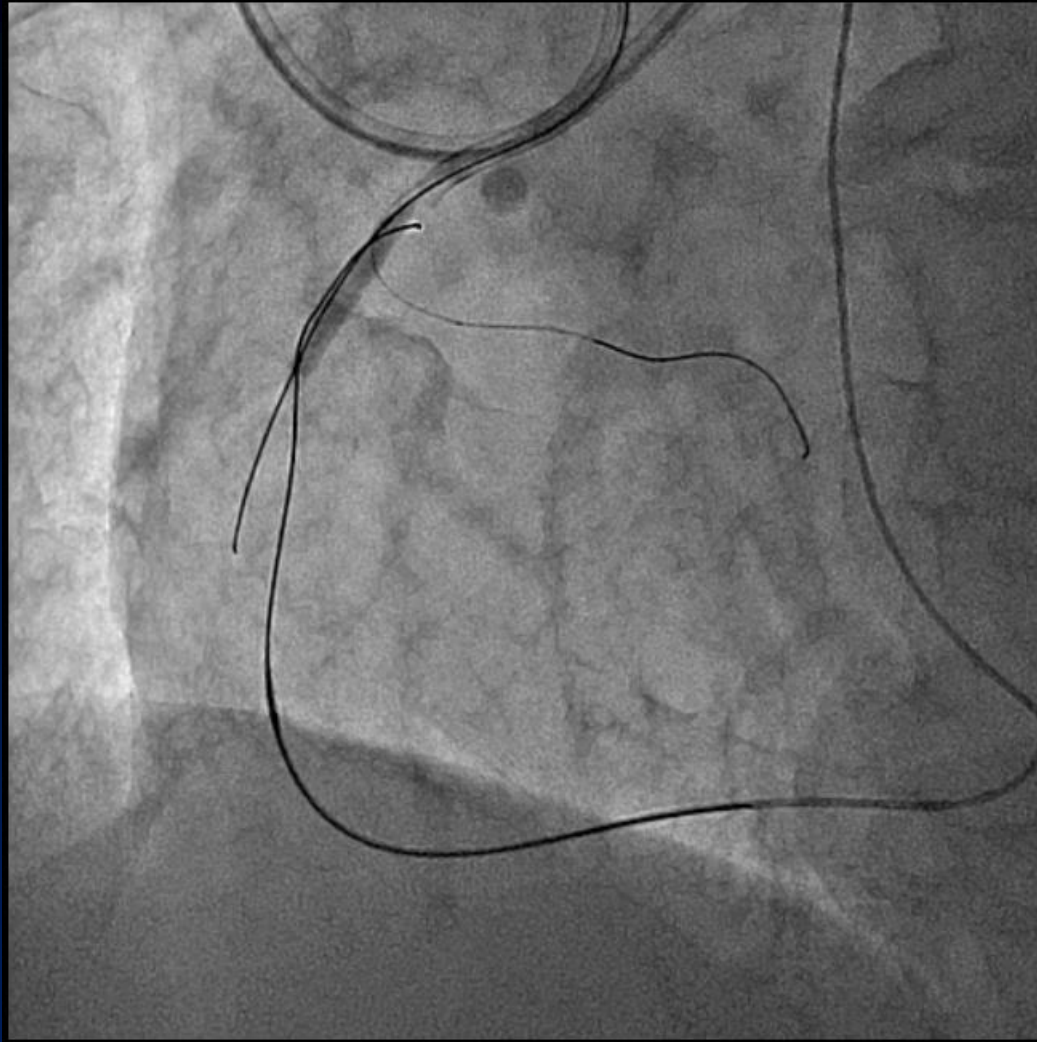


**Antegrade GAI A looks outside the vessel...**





**Retrograde wiring using Ultimate 3**



**Successful reverse CART**





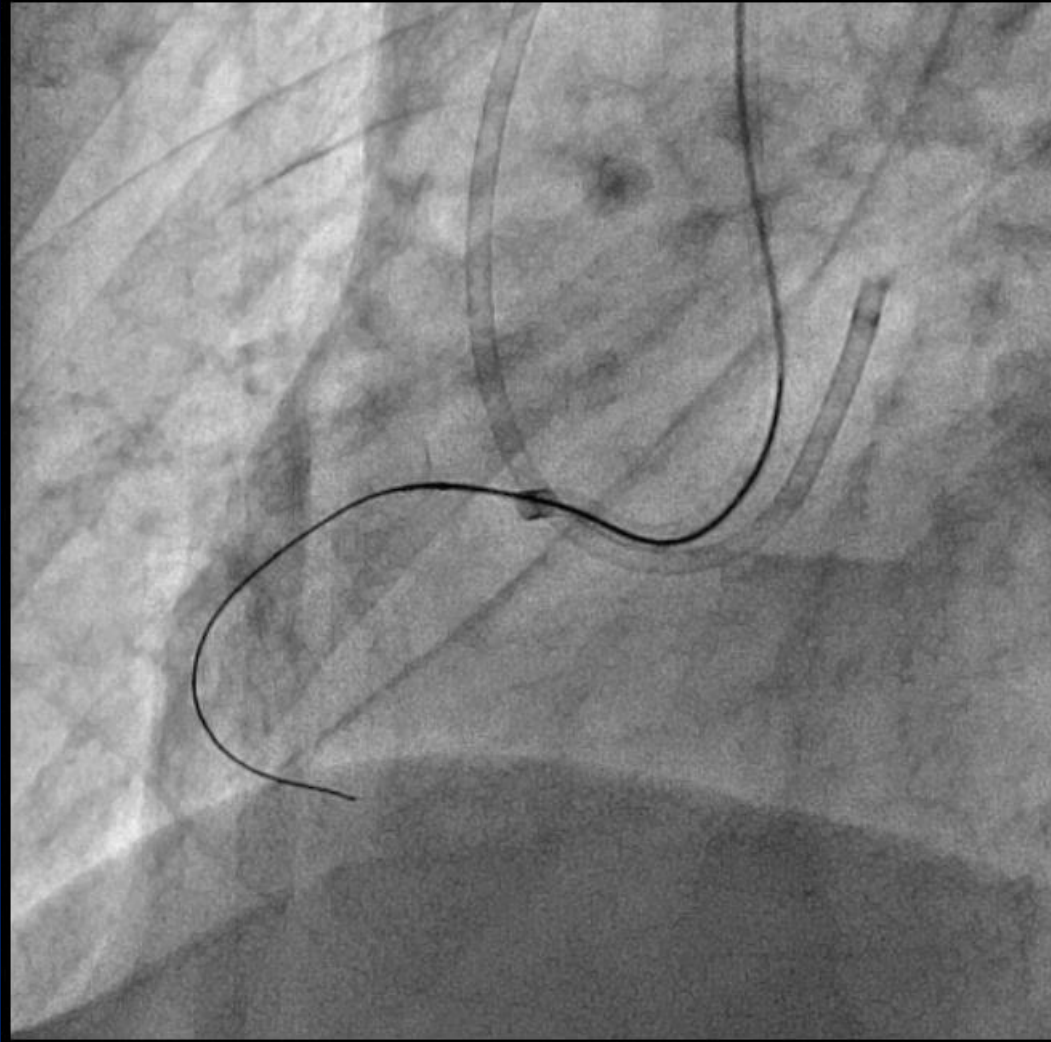
**Type 1 perforation**

**RCA Otial CTO**

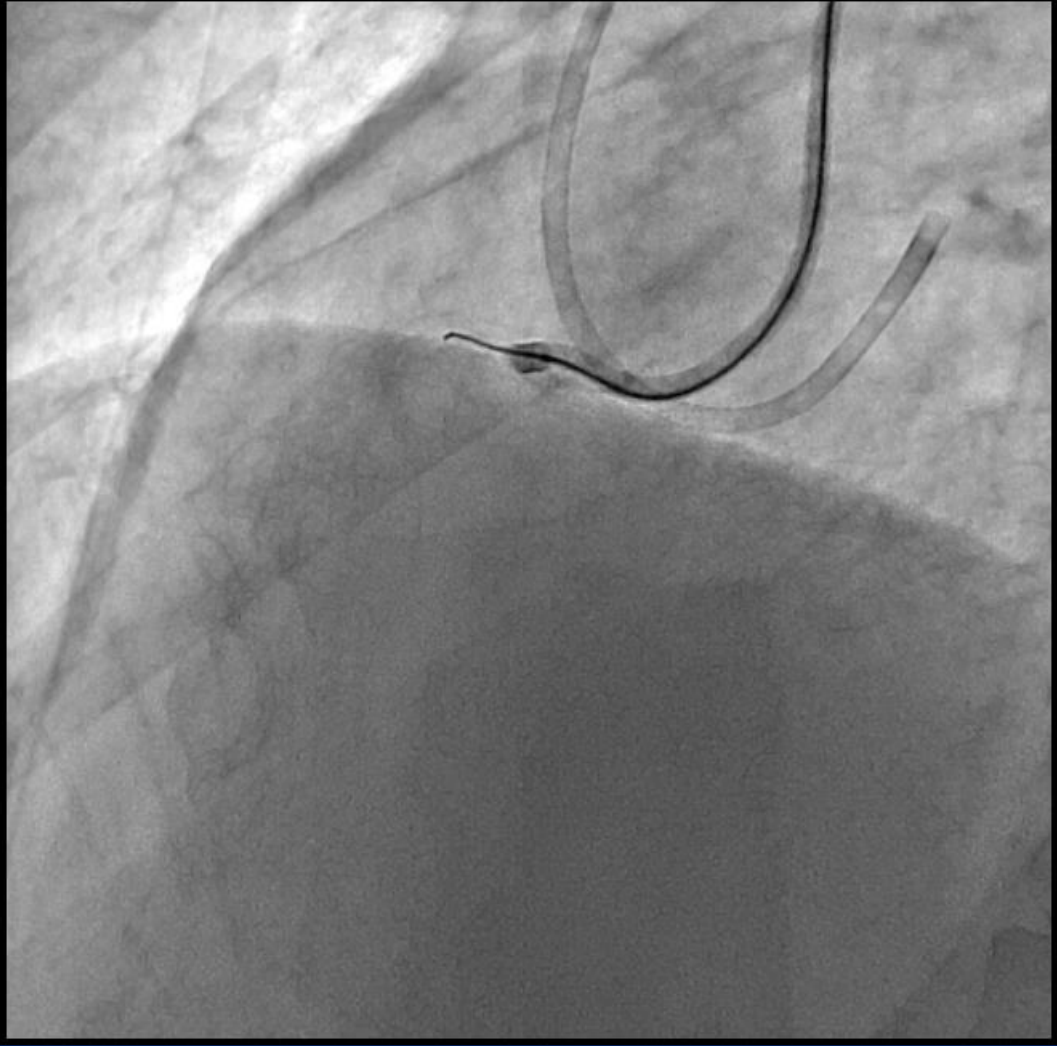




**Antegrade wiring using GAIA 2<sup>nd</sup>**

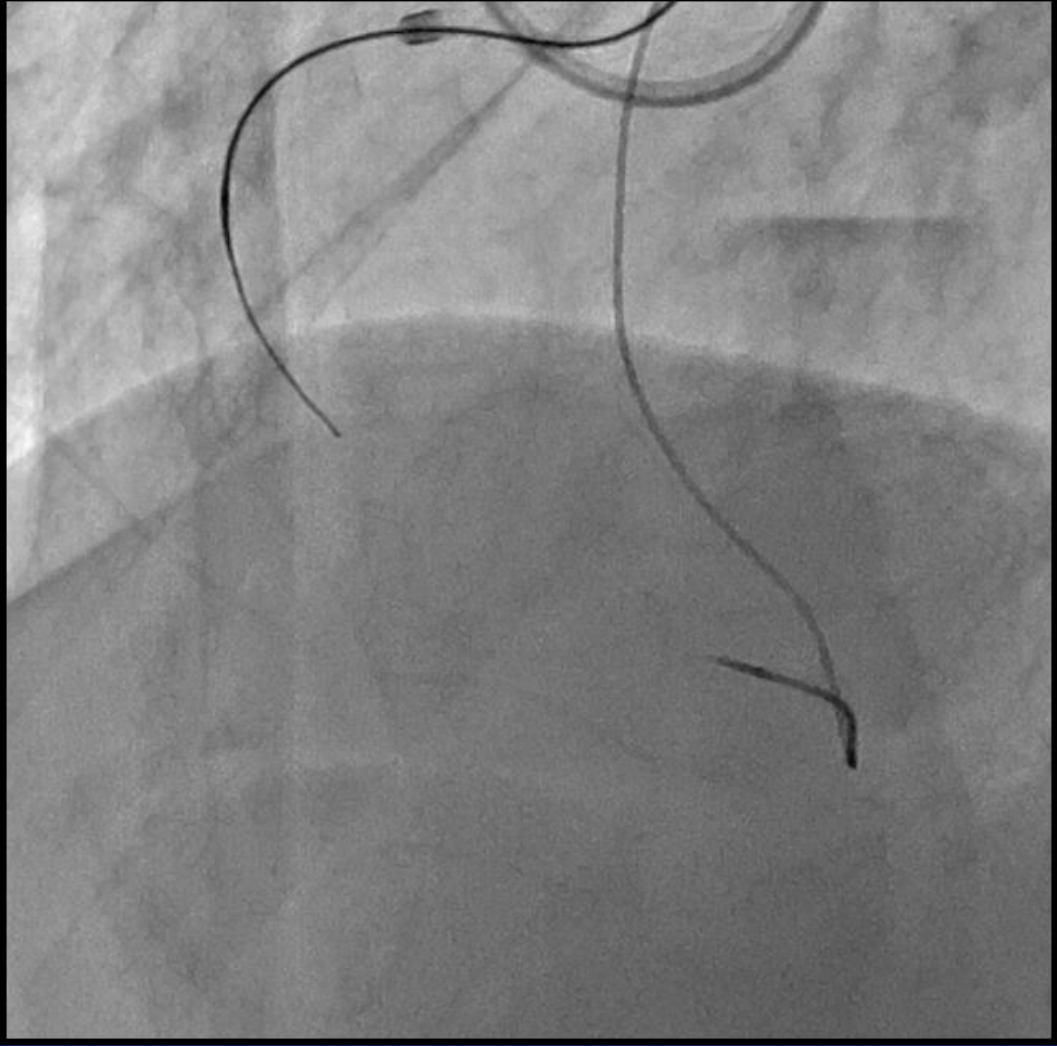


**Antegrade wiring using GAIA 2<sup>nd</sup>**



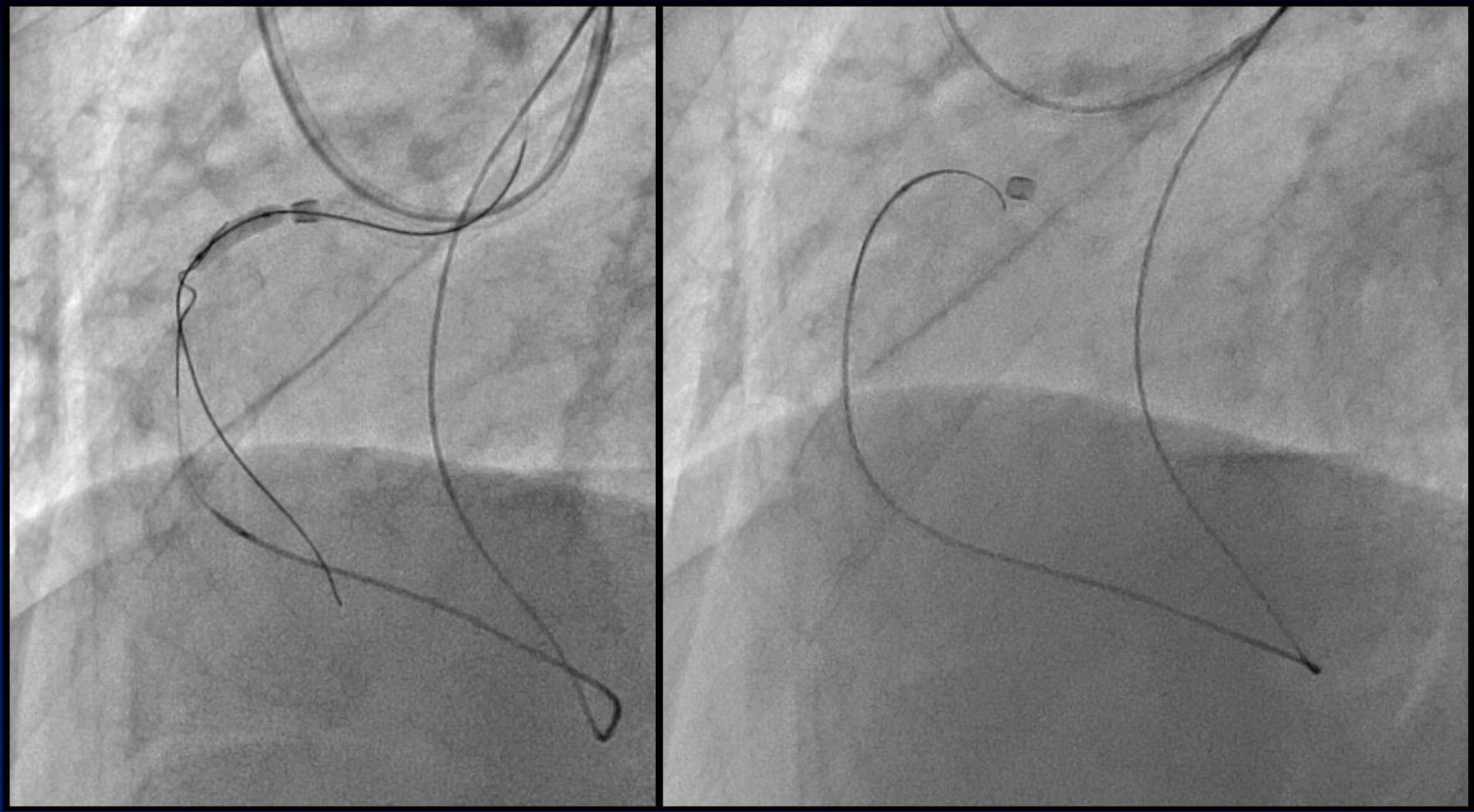
**Type 1 perforation**



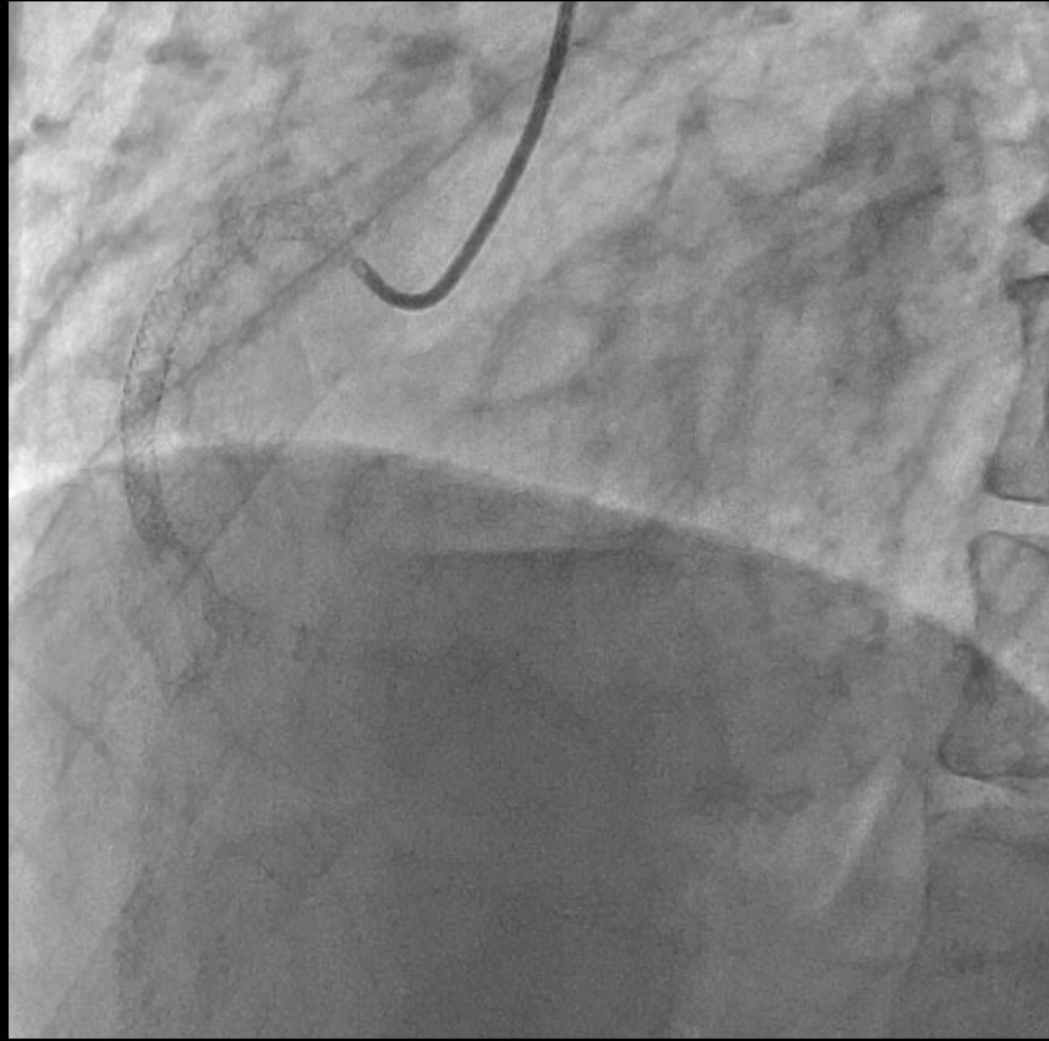


**Antegrade wiring was stopped and retrograde wiring was started.**





**Retrograde wiring using SION black**

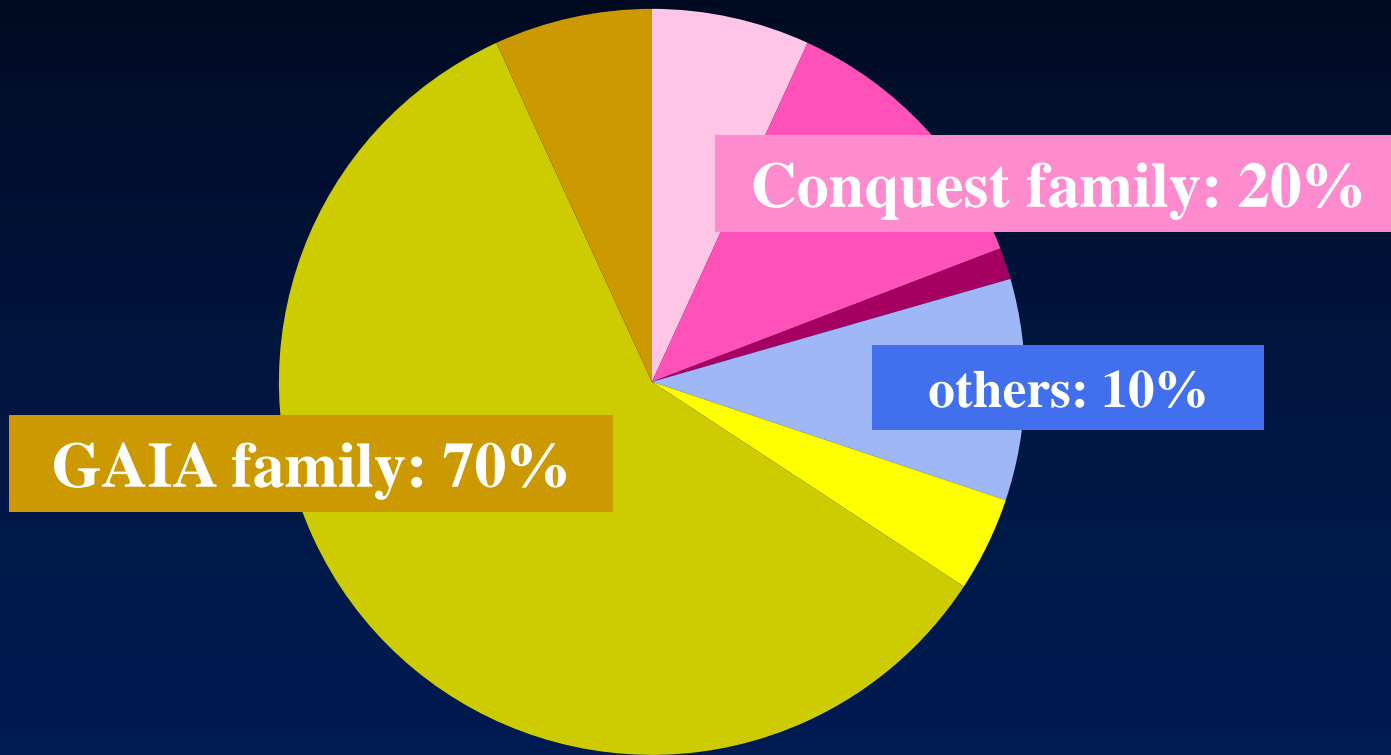


**Final angiogram**

# Contemporary Reverse CART with GAIA

- GAIA enables the intentional retrograde wire direction control.
- However once the retrograde dissection is created, the precise control become difficult even if GAIA is used.
- Before retrograde wiring with GAIA, antegrade preparation should be recommended to facilitate reverse CART.
- In short CTOs, the direct retrograde wire crossing still works well with GAIA w/wo IVUS.
- In long CTOs with unknown vessel trajectory, antegrade preparation must be done carefully to avoid vessel perforation.
- Also the use of other non-tapered (hydrophilic) wires than GAIA should be considered to stay inside the vessel.

# Wire used for CTO crossing in Retrograde Approach 2013



 Conquest 9

 Conquest 12

 Conquest 8-20

 GAIA 1<sup>st</sup>

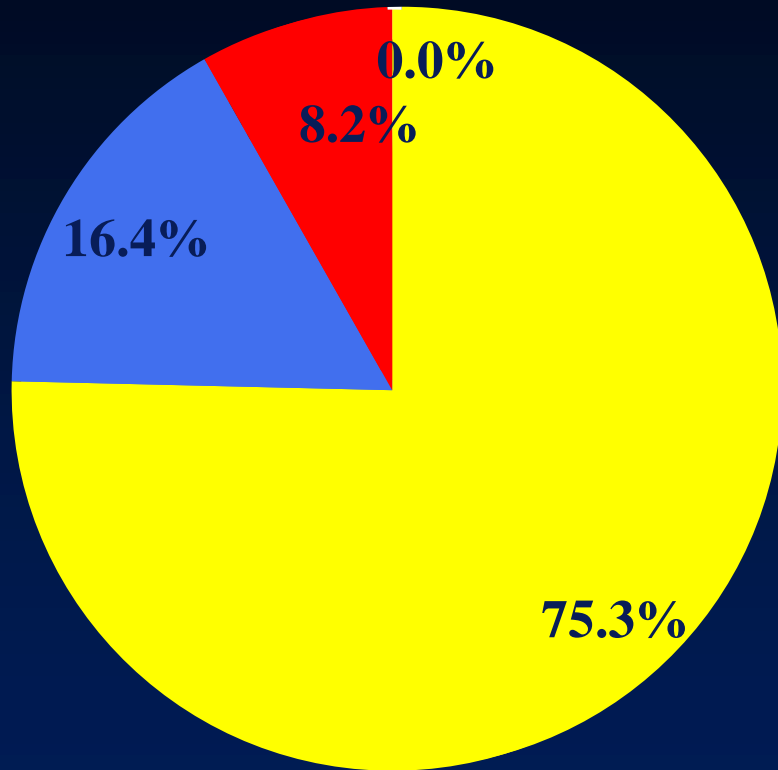
 GAIA 2<sup>nd</sup>

 GAIA 3<sup>rd</sup>

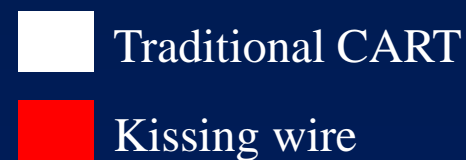
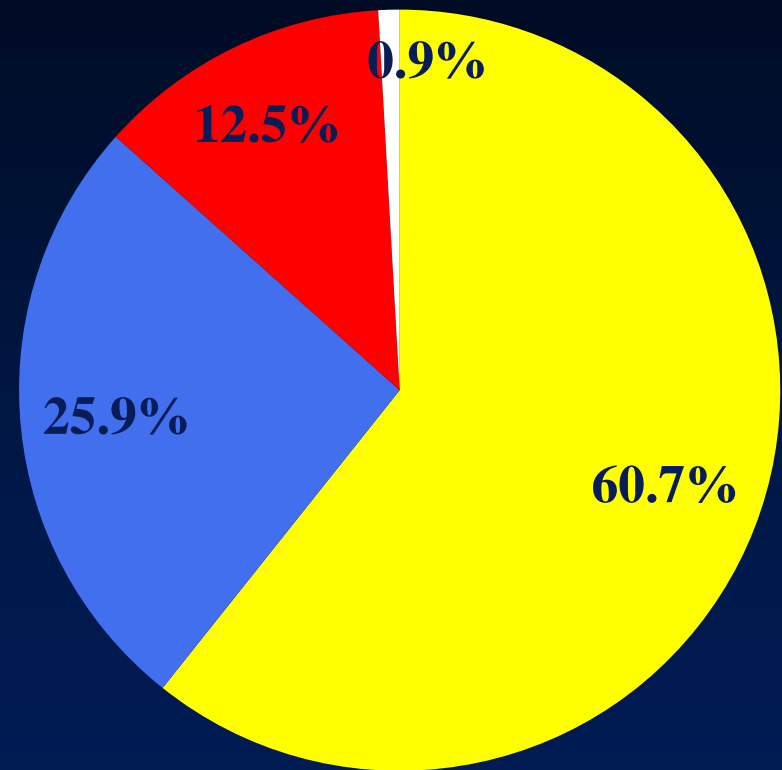
 others

# Change in CTO crossing strategy

Myocardial Infarction Registry 2012



Retrograde Summit Registry 2013

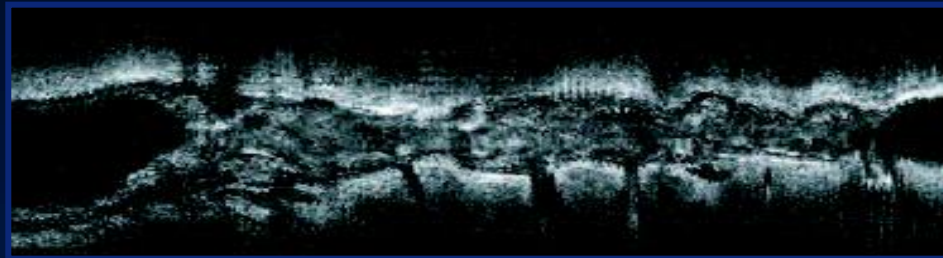


# Summary of Contemporary Reverse CART

- If you have GAIA family, start antegrade preparation before retrograde GAIA wiring in general.
- Antegrade ballooning position should be close to distal end of CTO, however be careful antegrade wire position not to make damage beyond the occlusion.
- In short CTOs, still the direct retrograde wire crossing may be attempted w/wo IVUS.
- In long CTOs, antegrade preparation must be done carefully to avoid vessel perforation by using non-tapered (hydrophilic) wires. Also retrograde GAIA should not be used if a long distance (>20mm) remains to antegrade balloon.



# 16<sup>th</sup> CTO Club



**June 19-20, 2015, Nagoya, Japan**

[www.cct.gr.jp/ctoclub](http://www.cct.gr.jp/ctoclub)