Clinical Evidence Development via Real-World Big Data Study

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+Definition



What is Evidence-based Medicine?

Combining quantitative evidence about medical practice with expert judgment in an effort to ensure the provision of medical care with reproducible high quality

Adapted from D Sackett

+Why EBM



Evidence-based Medicine

Why should we rely on evidence for medical decision-making?

Because our intuition might be wrong!

+Why EBM



Menopause and HRT Use: WHS

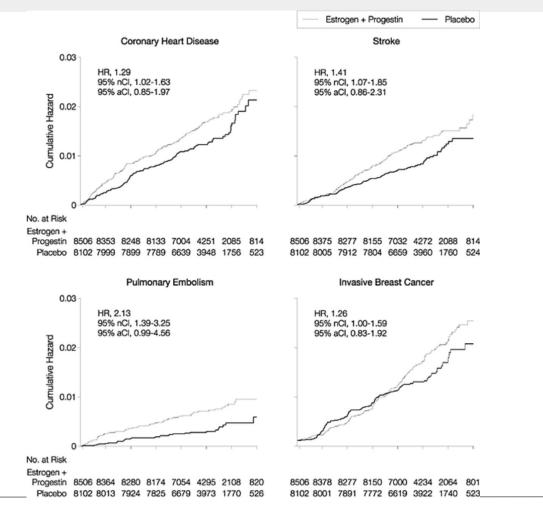
- 50 million post-menopausal women in U.S.
 - 1.8 million reach menopause each year
- ~38% of U.S. menopausal women use HRT
- In 2000:
 - 46 million prescriptions for Premarin
 - 2nd most frequently prescribed drug in US
 - 22 million prescriptions for Prempro
 - 6 million users
 - \$900 million in sales



Date of download: 12/7/2013

From: Risks and Benefits of Estrogen Plus Progestin in Healthy Postmenopausal Women: Principal Results From the Women's Health Initiative Randomized Controlled Trial

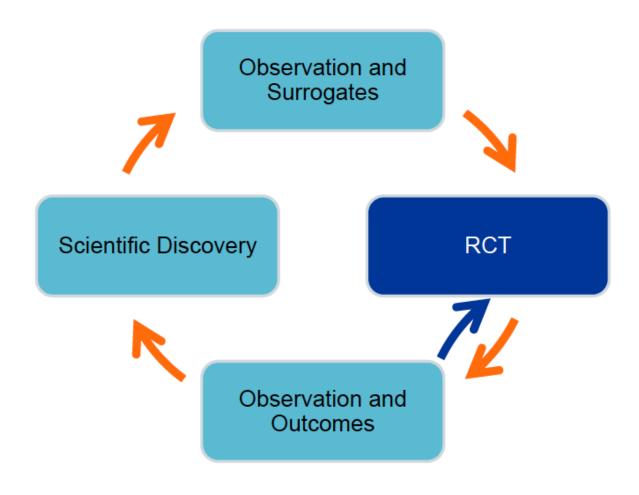
JAMA. 2002;288(3):321-333. doi:10.1001/jama.288.3.321



+Clinical Research



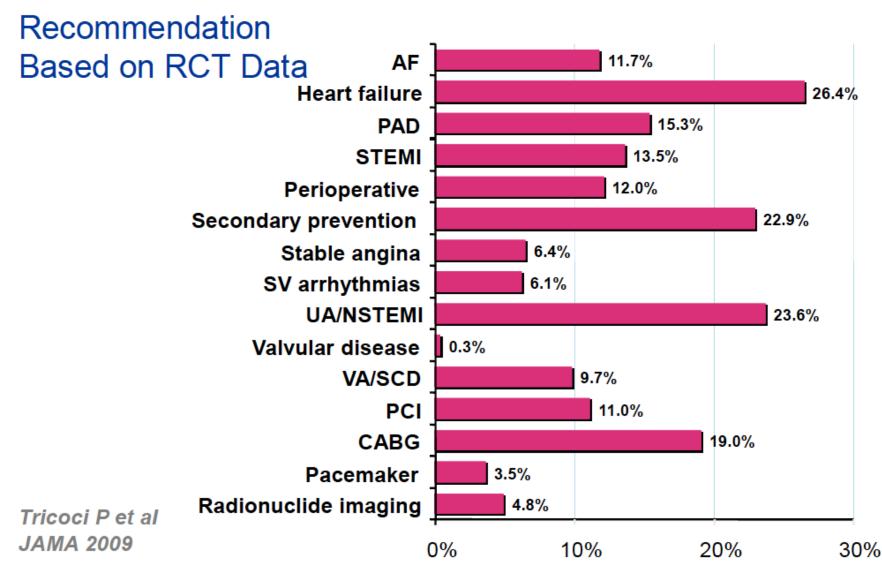
The Cycle of Research



+Lack of EBM



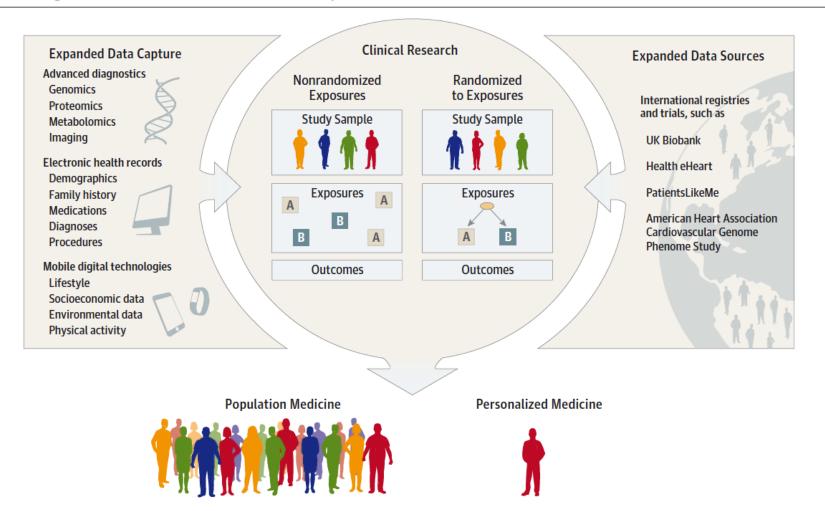
Lack of Evidence in Guidelines:





Population and Personalized Medicine in the Modern Era

Figure. Tools Being Used in Clinical Research to Understand Population and Personalized Medicine



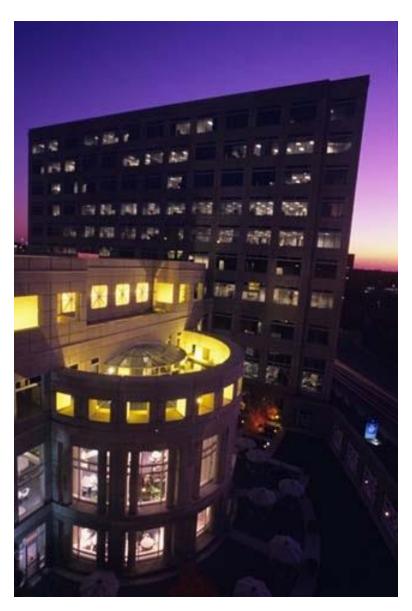


Current Status of EBM in US vs. Korea?

- RCT/ Registry/Big Data in U.S.
- RCT/ Registry/Big Data in Korea



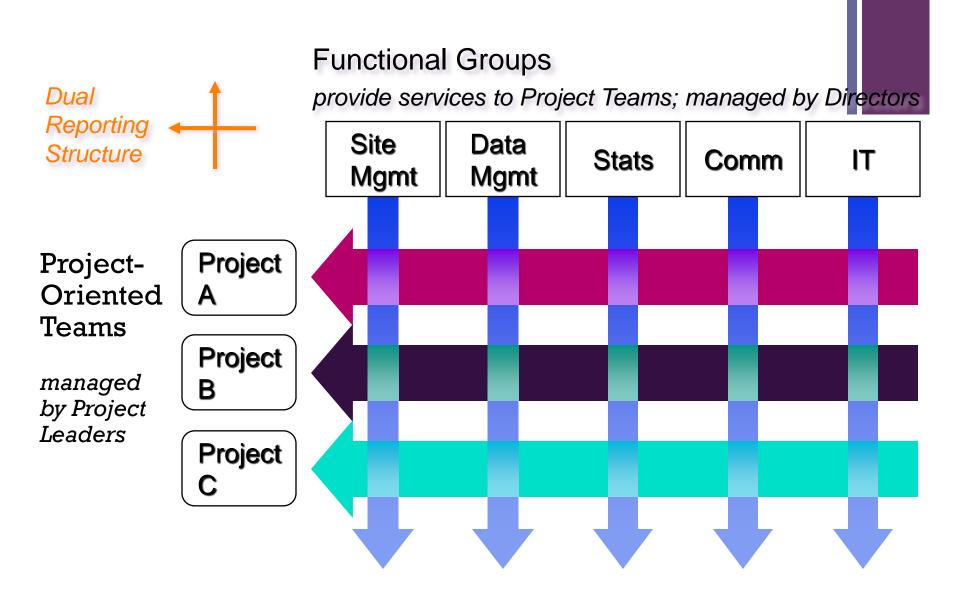
Duke Clinical Research Institute (DCRI)



The DCRI is the world largest academic clinical research organization. We combine the clinical expertise and academic leadership of a premier teaching hospital with the full-service operational capabilities of a major contract research organization

- **Employee**; 1500
- **Faculty**; 300
- Statistician (faculty); 43
- Lawyer; 10
- Research Fellows; 30-40

+Project Level Matrix



+DCRI ARO Advertising

One-Stop Services

- World renowned faculty
- Therapeutic area expertise
- High level operational capability
- Far reaching network experience
- Exceptional scientific technologies
- Publication record impacting clinical practice
- Commitment to public-private partnerships
- Credibility with regulators and medical community

Why Duke Clinical Research Institute (DCRI)

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Prasugrel versus Clopidogrel for Acute Coronary Syndromes without Revascularization

Matthew T. Roe, M.D., M.H.S., Paul W. Armstrong, M.D., Keith A.A. Fox, M.B., Ch.B., Harvey D. White, M.B., Ch.B., D.Sc., Dorairaj Prabhakaran, M.D., D.M., Shaun G. Goodman, M.D., Jan H. Cornel, M.D., Ph.D., Deepak L. Bhatt, M.D., M.P.H., Peter Clemmensen, M.D., D.M.Sc., Felipe Martinez, M.D., Diego Ardissino, M.D., Jose C. Nicolau, M.D., Ph.D., William E. Boden, M.D., Paul A. Gurbel, M.D., Witold Ruzyllo, M.D., Anthony J. Dalby, M.D., Darren K. McGuire, M.D., M.H.Sc., Jose L. Leiva-Pons, M.D., Alexander Parkhomenko, M.D., Ph.D., Shmuel Gottlieb, M.D., Gracita O. Topacio, M.D., Christian Hamm, M.D., Gregory Pavlides, M.D., Assen R. Goudev, M.D., Ali Oto, M.D., Chuen-Den Tseng, M.D., Ph.D., Bela Merkely, M.D., Ph.D., D.Sc., Vladimir Gasparovic, M.D., Ph.D., Ramon Corbalan, M.D., Mircea Cinteză, M.D., Ph.D., R. Craig McLendon, R.N., Kenneth J. Winters, M.D., Eileen B. Brown, Ph.D., Yuliya Lokhnygina, Ph.D., Philip E. Aylward, B.M., B.Ch., Ph.D., Kurt Huber, M.D., Judith S. Hochman, M.D., and E. Magnus Ohman, M.B., Ch.B., for the TRILOGY ACS Investigators*

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We conduc METHOI apixaban, In a dot platelet th fibrillat additional daily dc RESULTS

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BACKGROUND

METHODS

tion has not been delineated.

In this double-blind, randomized trial, in a primary analysis involving 7243 patients under the age of 75 years receiving aspirin, we evaluated up to 30 months of treatment with prasugrel (10 mg daily) versus clopidogrel (75 mg daily). In a secondary analysis involving 2083 patients 75 years of age or older, we evaluated 5 mg of prasugrel versus 75 mg of clopidogrel.

ABSTRACT

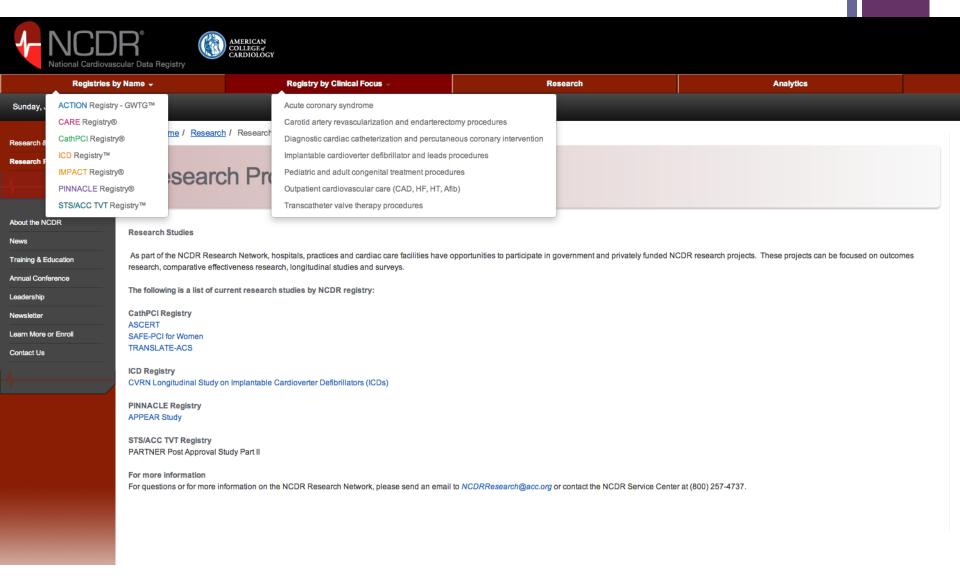
The effect of intensified platelet inhibition for patients with unstable angina or myo-

cardial infarction without ST-segment elevation who do not undergo revasculariza-

The authors' affiliations are listed in the Appendix. Address reprint requests to Dr. Roe at Duke Clinical Research Institute, 2400 Pratt St., Rm. 7035, Durham, NC 27705, or at matthew.roe@duke.edu.

*The Targeted Platelet Inhibition to Clarify the Optimal Strategy to Medically Manage Acute Coronary Syndromes (TRILOGY ACS) investigators are listed in the Supplementary Appendix, available at NEJM.org.

+NCDR (National Cardiovascular Data Reg



+GWTG (Get With The Guidelines)



















NCDR-CathPCI DB

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Low Diagnostic Yield of Elective Coronary Angiography

Manesh R. Patel, M.D., Eric D. Peterson, M.D., M.P.H., David Dai, M.S., J. Matthew Brennan, M.D., Rita F. Redberg, M.D., H. Vernon Anderson, M.D., Ralph G. Brindis, M.D., and Pamela S. Douglas, M.D.

ABSTRACT

BACKGROUND

Guidelines for triaging patients for cardiac catheterization recommend a risk assessment and noninvasive testing. We determined patterns of noninvasive testing and the diagnostic yield of catheterization among patients with suspected coronary artery disease in a contemporary national sample.

METHODS

From January 2004 through April 2008, at 663 hospitals in the American College of Cardiology National Cardiovascular Data Registry, we identified patients without known coronary artery disease who were undergoing elective catheterization. The patients' demographic characteristics, risk factors, and symptoms and the results of noninvasive testing were correlated with the presence of obstructive coronary artery disease, which was defined as stenosis of 50% or more of the diameter of the left main coronary artery or stenosis of 70% or more of the diameter of a major epicardial vessel.





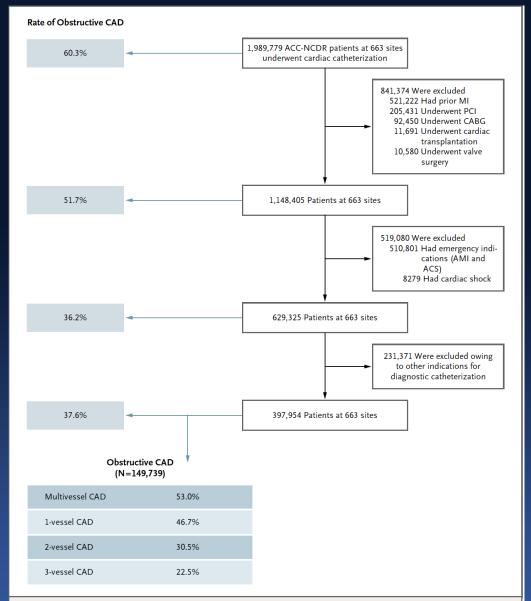


Figure 1. Study Population and Rates of Obstructive Coronary Artery Disease.

ACC-NCDR denotes American College of Cardiology National Cardiovascular Data Registry, ACS acute coronary syndrome, AMI acute myocardial infarction (MI), CABG coronary-artery bypass grafting, CAD coronary artery disease, and PCI percutaneous coronary intervention.



Academic Trends; Top Priority

SPECIAL ARTICLE

Future Directions for Cardiovascular Disease Comparative Effectiveness Research

Report of a Workshop Sponsored by the National Heart, Lung, and Blood Institute

Mark A. Hlatky, MD,* Pamela S. Douglas, MD,† Nakela L. Cook, MD, MPH,‡ Barbara Wells, PhD,‡ Emelia J. Benjamin, MD, ScD, S Kay Dickersin, PhD, MA, David C. Goff, MD, PhD, \(\Pi \) Alan T. Hirsch, MD,# Elaine M. Hylek, MD,§ Eric D. Peterson, MD, MPH,† Véronique L. Roger, MD, MPH,** Joseph V. Selby, MD, MPH,†† James E. Udelson, MD,‡‡ Michael S. Lauer, MD‡

Stanford and Oakland, California; Durham and Winston-Salem, North Carolina; Bethesda and Baltimore, Maryland; Boston, Massachusetts; and Minneapolis and Rochester, Minnesota



CER

- CER has recently emerged as a national priority, spurred by healthcare reform and and economic stimulus legislation.
- Congress appropriated \$1.1 billion for CER.
- PCORI (Patient-Centered Outcomes Research Institute).
- PCORI gave priority for project management to the NIH and the AHRQ (Agency for Health Research and Quality).





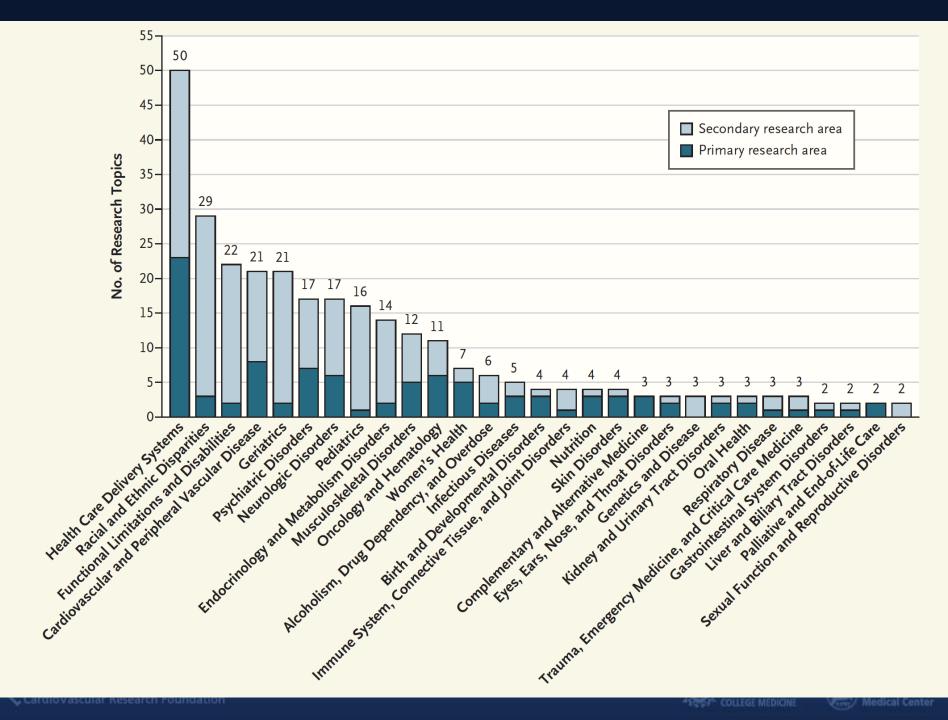
Perspective

Prioritizing Comparative-Effectiveness Research — IOM Recommendations

John K. Iglehart

Directed by Congress to rapidly develop a list of broad-based priorities for the Department of Health and Human Services (DHHS) to consider as it implements a new agenda for comparative-

effectiveness research (CER), the Institute of Medicine (IOM) resustainable national CER strategy" and that Congress and the trust in the U.S. research enterprise." The committee began with 1268 CER topics that were nominated by stakeholders and the public and winnowed them down to 82; the other 18 topics were recommended by the committee to fill gaps in the portfolio.

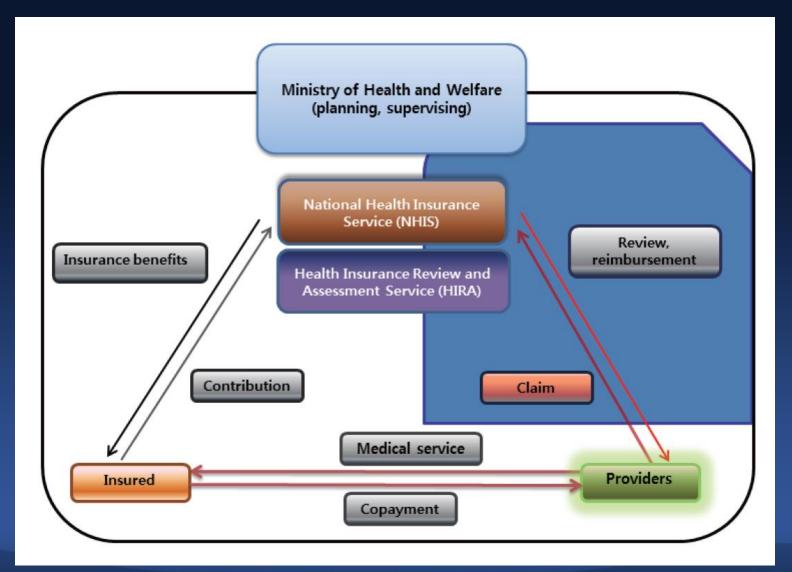


Registry-based comparative effectiveness research

How Do We Make A Good Clinical Evidence Using Big Data in Korea



Operational structure of the National Health Insurance program in Korea





Components of Claim Data in the National Health Insurance in Korea

20T	30T	40T	60T	
Payment specification	Consultation statement	Diagnosis statement	Detail statement of prescription	
Personal identification	Medical examination and	Principal diagnosis from 1st to 9th	Name of drug	
Health and medical care institution	treatment such as:	additional diagnoses	Date	
Principal diagnosis	Medical care		Filled days	
1st additional diagnosis	In-hospital administration of		Supply	
Days of medical care	medicine		Quantity dispensed	
Commencement date of medical care	Procedure Surgery		Price of each drug	
No. of visiting days	87			
Insurer and deduction payment				

20T, 20 table, consist of unique number delimiter; 30T, 30 table, consist of unique number delimiter; 40T, 40 table, consist of unique number delimiter.





The data characteristics according to the National Health Insurance Service program

Characteristic		Qualification and contribution data	Health insurance claiming data	Health check-up data	Long-term care insurance data
Demographic information	Sex	O	O	O	O
	Age	O	O	O	O
	Region	O			O
	Family information	O			O
	Presence of handicap	O			O
	Death	O			O
	Type of qualification	O			O
	Contribution amount (incomes)	O			O
Medical use	Medical service use		O	O	
	Medical costs		O		
Diseases information	Chronic diseases		O	O	O
	Accident/Poisoning		O		
	Health check-up			O	
	Cognitive function			O	O
Lifestyle and habits	Smoking			O	
•	Alcohol			O	
	Obesity			O	
	Exercise			O	
Basic laboratory data				O	





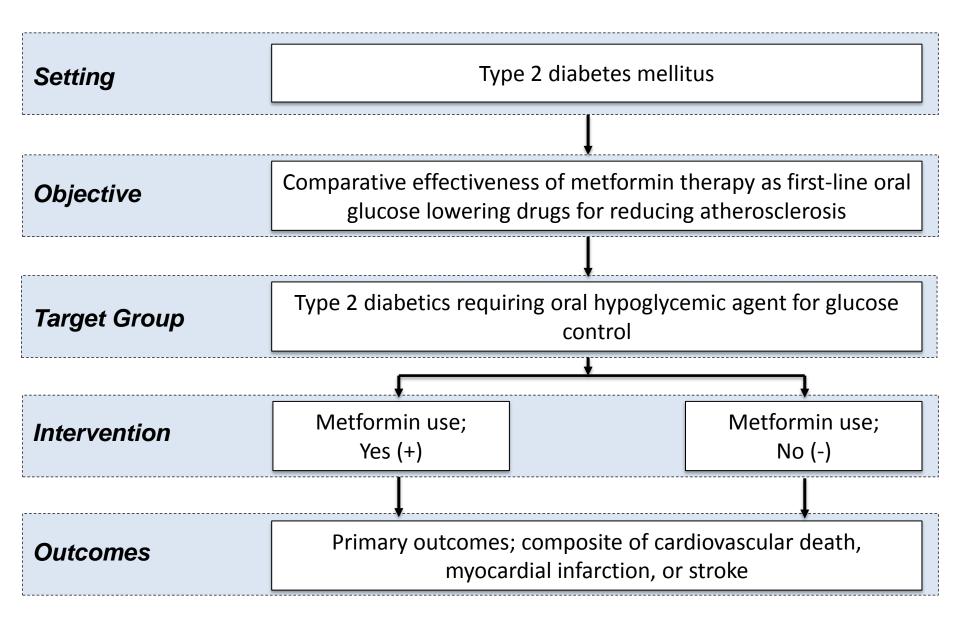
Comparative Effectiveness of Metformin Initial Therapy and Add-On Second-Line Drugs on Major Cardiovascular Events Among Patients with Type 2 Diabetes:

Observational Study of Administrative Databases

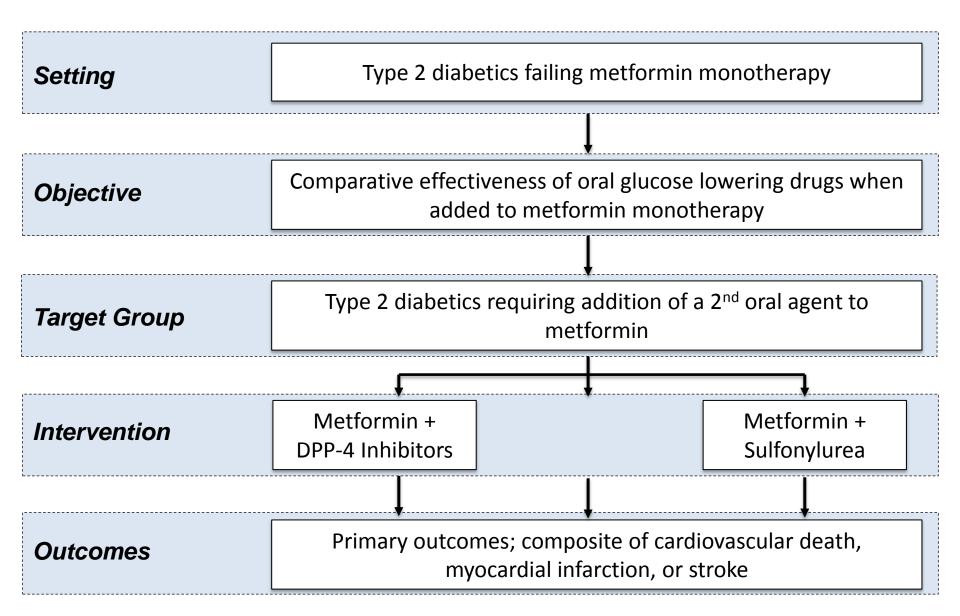




Comparative Effectiveness of First-Line Oral Hypoglycemic Agents



Comparative Effectiveness of Second-Line Oral Hypoglycemic Agents



SAP: Oral Antidiabetic Drugs in Korean Population

Last updated 08/14/2014

Project: Oral Antidiabetes Drugs and the Risk of Major Cardiovascular Events: Comparative Effective Research of Metformin-Based Therapy in Adult Patients with Type 2 Diabetes Mellitus From A Nationwide Population-Based Study

 $\textbf{Target Journal:} \ \ \text{NEJM} \ \ (1^{st}) \ / \ \ \text{Lancet} \ \ (2^{nd}) \ / \ \ \text{JAMA} \ \ (3^{rd}) \ / \ \ \text{BMJ} \ \ (4^{th}) \ / \ \ \text{AIM} \ \ (5^{th}) \ / \ \ \text{Circulation} \ \ (6^{th}) \ / \ \ \text{and}$ then others

Co-Principal Investigator: Duk-Woo Park, MD; Woo-Jae Lee, MD (co-corresponding authors) Co-Investigator(s): Min-Jung Ko, PhD (first author) and other co-authors

Principal Statistician: Yoon-Jung Kim, MPH

Mentoring Statistician:

Specific Aims:

- Given the common and increasing use of several anti-diabetes drugs and lacking information
 regarding the relative benefits and disadvantages to cardiovascular health, we investigated the
 temporal pattern of use over last decade and the risk of major cardiovascular events associated
 with prescription of different classes of oral antidiabetes drugs focused on metformin-based
 therapy in routine clinical care.
- Based on current guideline that metformin is advocated as first line pharmacotherapy for type 2
 diabetes, we evaluate the current pattern and clinical impact of metformin use on cardiovascular
 events.
- 2. We also evaluate the comparative effectiveness of specific second-line antidiabetic drugs (sulphonylureas [SU], thiazolidinedione [TZD], or dipeptidyl peptidase 4 [DPP-4] inhibitors) added-on metformin therapy.

Population:

- Adult patients aged 18 years or older with type 2 diabetes mellitus who received oral diabetes
 agents for at least the past 365 days linked to national prescription claim records (i.e., pharmacy
 data sets for prescription records linked to Health Insurance Review & Assessment Service).
- Cohort entry date for each patient was the date of first prescription, and the exit date (censoring date) was earliest of: a) date of death; b) date of recording of clinical event; c) no contact of at least 365 days on claim data (any data on inpatient, outpatient, or pharmacy use) or d) end of study period (December 31, 2012).
- Data on pharmacy, demographic, clinical covariates, or laboratory value were collected from Korean's National Health Insurance Service and Health Insurance Review & Assessment Service database, between 1/Jan/2005-31/December/2011.
 - o Exclude patients with insulin treatment more than at least 6 months at any time period
 - Exclude patients with malignancy at baseline

Endpoints:

- Primary Endpoint:
 - Major cardiovascular event, defined as composite of death from cardiovascular causes, nonfatal myocardial infarction (MI), or nonfatal stroke.
- Secondary Endpoints:
 - o Each component of primary endpoint; death from cardiovascular causes, MI, or stroke
 - All-cause mortality





- Composite of all-cause death, nonfatal MI, or nonfatal stroke
- Congestive heart failure
- Event-assessment:
 - The long-term follow-up was based on merging of national registries of the Korean's National Health Insurance Service; Health Insurance Review & Assessment Service; and the National Population Registry of the Korea National Statistical Office database on the basis of the unique personal identification number of each Korean citizen.
 - We obtained data regarding hospitalization for acute MI (as defined in the International Classification of Diseases, 10th revision, disease codes, I21-I23, I25.2), stroke (disease code, I60-64, I67-68, I69), and congestive heart failure (disease code, I50) from the Health Insurance Review & Assessment Service through December 31, 2012 which ensure at least 1-year of follow-up.
 - Data on vital status, date of death, and cause of death were obtained from the National Population Registry of the Korea National Statistical Office through December31, 2012, from the Korea National Statistical Office with the use of a unique personal identification number.
 - The merging of the national data was performed by the National Evidence-Based Healthcare Collaborating Agency (NECA) and was approved by the institutional review board of the NECA.

Analysis Objectives & Tasks:

1. **Objective:** Summarize temporal pattern of oral antidiabetes drugs prescribed among adult patients with type 2 diabetes.

Analysis: We identified oral antidiabetes treatments of individual patients from prescription records using the Health Insurance Review & Assessment Service database: monotherapy (metformin, sulfonylureas [SU], thiazolidinedione [TZD], incretin mimetic, and other oral antidiabetes drugs [i.e., acarbose, naeglinide, repaglinide]) and combination therapy (two-, three-, and more than four anti-diabetes drug combinations).

We summarize the temporal pattern of monotherapy and combination therapy and the temporal change of relative proportion of each anti-diabetes drug from 2002 to 2012.

• See Appendix for proposed Figure 1: Temporal trend of type and number of oral antidiabetes drugs stratified by number (Figure 1A) and classes (Figure 1B).

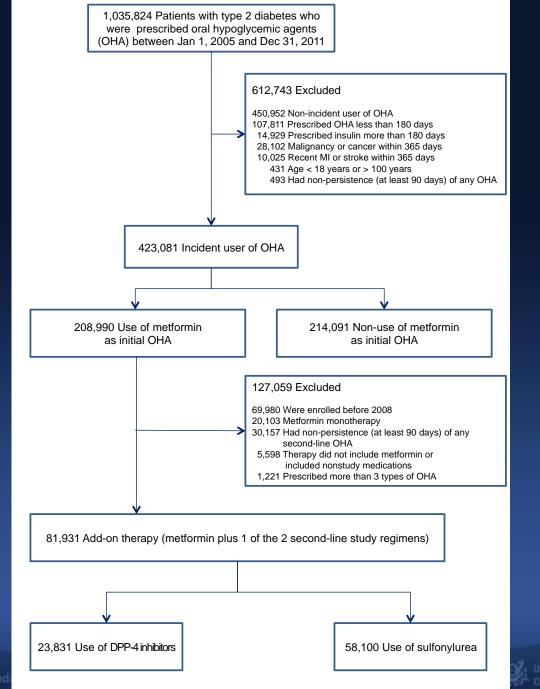
**For fair comparison of baseline covariates and outcomes according to specific antidiabetic drugs and reducing non-systematic misclassification errors, drug-group classification is essential. For drug-group classification, we primarily used patient-level analysis for drug treatment categorized by drug class. To further assess the robustness of our findings, we performed a series of additional sensitivity analyses (3 different styles) to confirm whether overall findings regarding comparative effectiveness were consistent regardless of analytic methods.

1) Primary analysis [incident user design analysis]: incident (new) users of metformin from January 2005 through December 2011 will be identified. Among metformin initiators, comparison of second-line antidiabetic drugs (SU vs. TZD vs. DPP-4 inhibitors) add-on metformin will be performed. Follow-up will continue through a study outcome, a switch to or addition of another antidiabetic drugs, the 365 days without claim data on antidiabetic medications, or end of the study (December 31, 2012).



Table 1. Patient Characteristics According t	Metformin	Metformin			
Variable	user (N=)	non user (N=)	P value	가포함	변수유형
No. of intervals					
No. of patients					
Demographics					
Age, median (IQR), years				경구기로 - T20	
Female				경구기로 - T20	
BMI, median (IQR)				<i>หิวโว</i> เร	
Duration of diabetes at prescription (years)				なマル로 - T40	ICD-10
Systolic blood pressure (mmHg)				<i>หิวโป</i> ส	
Diastolic blood pressure (mmHg)				<i>หิวโปเร</i>	
Heart rate (rate / min)				<i>หิวโปเร</i>	
Clinical history or risk factors					
Hypertension				カスス로 - T40	ICD-10
Hypercholesterolemia				'성구기로 - T40	ICD-10
Current smoker				カススピー T40	ICD-10
Family history of CAD				ਮੰਨੀਸ਼ਤ	
Chronic lung disease (COPD or emphysema or asthma)				'성구기로 - T40	ICD-10
Coronary artery disease				なマル로 - T40	ICD-10
Prior myocardial infarction				なマル로 - T40	ICD-10
Prior stroke				なマル로 - T40	ICD-10
Carotid or cerebrovascular disease					
Peripheral vascular disease				なマル로 - T40	ICD-10
Prior coronary-artery bypass grafting				カススピ - T40	ICD-10
Prior coronary angioplasty				カススピ - T40	ICD-10
Laboratory data at index prescription					
Total cholesterol				<i>หิวโปเร</i>	
LDL-cholesterol				<i>หิวโว</i> เร	
HDL-cholesterol(2008년 이후 있음)				<i>หิวโวเร</i>	
Triglyceride				ਮੁੰਪਾਜ਼	
Serum creatinine				ਮੁੰਪਾੜ	
Fasting serum glucose					
Concomitant other antidiabetes drugs				경구기로 - T30	야끟코드
Sulphonylureas				カンスピー T30	야끟코드
Thiazolidinediones				'성구기로 - T30	야끟코드
DPP IV-inhibitors				カスフェ - T30	야끟코드
GLP-1 analogue				カスス里 - T30	이끌코드
All others				カコル王 - T30	야끟코드
Concomitant cardiovactive medications					
Aspirin				カススト - T30	야포코드
Antiplatelet agents				カススェ - T30	이끌코드
Anticoagulants				カコス里 - T30	야끟코드
Statin				カススェ-T30	야말코드
β-blocker				カフル로 - T30	야포코드
Calcium-channel blocker				カススェ-T30	야및코드
ACE inhibitors or ARB				カススェ - T30	이끌코드
Diuretics				カススピー - T30	야ુ로드







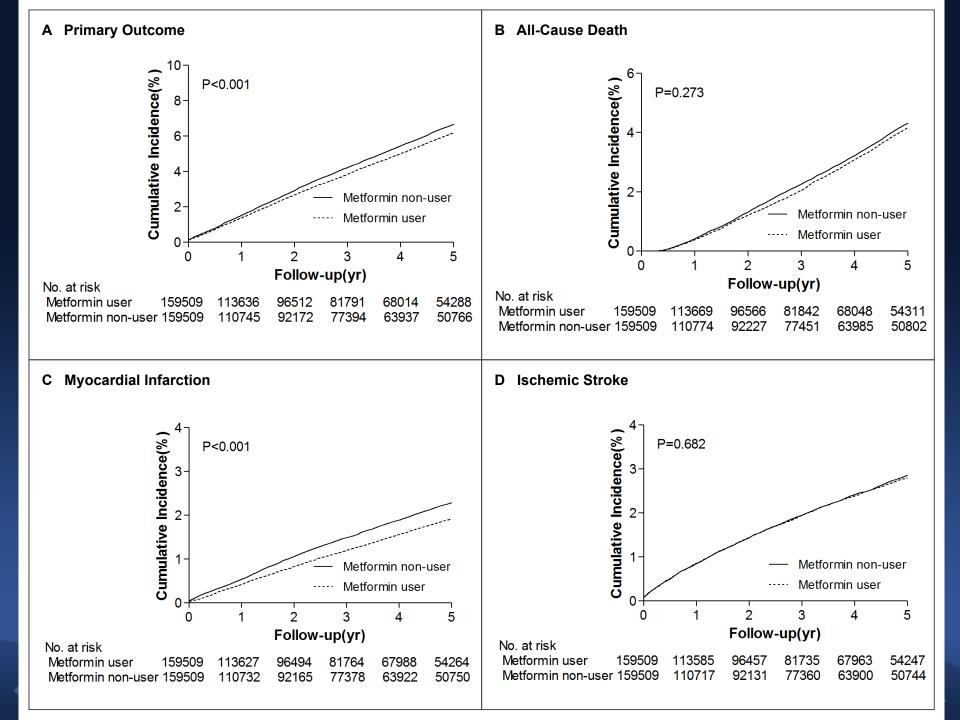


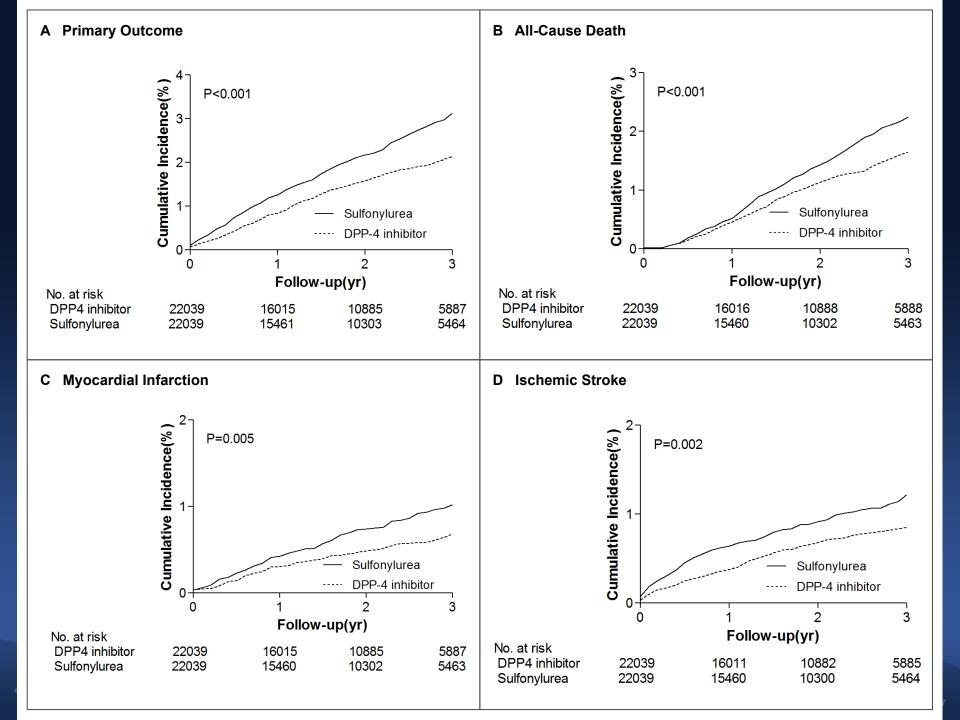
Baseline Characteristics of Patients

	Before Matching			After Matching		
	Metformin	Metformin		Metformin	Metformin	
	User	Non-User	Standardized	User	Non-User	Standardized
Characteristic	(N = 208,990)	(N = 214,091)	Differences (%)	(N = 159,509)	(N = 159,509)	Difference (%)
Demographics						
Age, median (IQR), y	59 (49-69)	62 (52-71)	19.3	61 (50-69)	61 (51-70)	3.2
Female sex	98,125 (47.0)	106,149 (49.6)	4.3	77,932 (48.9)	78,184 (49.0)	0.3
Income quintile ^b						
1	36,259 (17.4)	37,477 (17.5)	0.3	27,964 (17.5)	27,847 (17.5)	0.2
2	30,312 (14.5)	31,161 (14.6)	0.1	22,683 (14.2)	22,507 (14.1)	0.3
3	64,182 (30.7)	66,447 (31.0)	0.6	51,669 (32.4)	51,808 (32.5)	0.2
4	35,232 (16.9)	35,629 (16.6)	0.5	25,819 (16.2)	25,907 (16.2)	0.1
5	43,005 (20.6)	43,377 (20.3)	0.7	31,374 (19.7)	31,440 (19.7)	<0.1
Risk factors and clinical history						



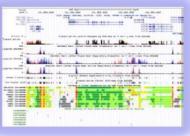
	Before Matching			After Matching			
	Metformin	Metformin		Metformin	Metformin		
	User	Non-User	Standardized	User	Non-User	Standardized	
Characteristic	(N = 208,990)	(N = 214,091)	Differences (%)	(N = 159,509)	(N = 159,509)	Difference (%)	
Hypertension	145,332 (69.5)	154,520 (72.2)	4.7	113,915 (71.4)	114,270 (71.6)	0.4	
Hyperlipidemia	129,175 (61.8)	118,101 (55.2)	11.1	92,211 (57.8)	92,300 (57.9)	0.1	
Current smoker ^c	44,418 (42.3)	40,993 (41.4)	1.5	30,234 (41.2)	30,167 (41.1)	0.2	
Chronic lung disease	17,036 (8.2)	21,971 (10.3)	6.1	13,907 (8.7)	13,950 (8.8)	<0.1	
Coronary artery disease	39,959 (19.1)	41,524 (19.4)	0.6	30,146 (18.9)	30,088 (18.9)	<0.1	
Carotid or cerebrovascular	(2.011./20.5)	67 400 (DI 6)		40.000 (20.5)	40.050.50.50	-0.1	
disease	63,811 (30.5)	67,402 (31.5)	1.7	49,033 (30.7)	48,962 (30.7)	<0.1	
Peripheral vascular disease	32,939 (15.8)	35,714 (16.7)	2.1	25,944 (16.3)	25,887 (16.2)	<0.1	
Renal disease	41,110 (19.7)	44,482 (20.8)	2.3	32,099 (20.1)	32,181 (20.2)	0.1	
Prior PCI	2,132 (1.0)	1,716 (0.8)	1.9	1,334 (0.8)	1,360 (0.9)	<0.1	
Prior CABG	189 (0.1)	166 (0.1)	0.3	135 (0.1)	136 (0.1)	0.3	
Charlson comorbidity index							
0	353 (0.2)	371 (0.2)	<0.1	325 (0.2)	292 (0.2)	0.4	
1	6,352 (3.0)	5,007 (2.3)	3.5	4,117 (2.6)	4,223 (2.7)	0.4	
2	13,731 (6.6)	10,925 (5.1)	5.0	8,714 (5.5)	9,166 (5.8)	1.0	
≥3	188,554 (90.2)	197,788 (92.4)	6.2	146,353 (91.8)	145,828 (91.4)	1.0	





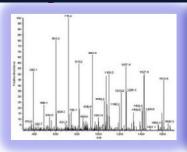
Endless Variety in Big Data



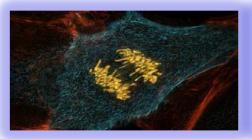


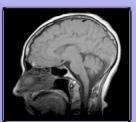
Genomic

Other 'Omics









Imaging

Phenotypic









Exposure

Clinical





Variability and Unstructed in Big Data



Joy Healey @StopMyMigraine 7n
Very simple tip for #headache and
#migraine sufferers:
stopthemigrainemadness.com/blog/howto-ge... Pls retweet



Joel Gray @JoelGray2 34m Sinuses are horrible after practicing three hours in the rain #HeadAche



Gemma Peters @gempeters4 53m
Feels as though I have woken up with a
hangover, but without all the fun from the
night before! #headache



Ana Maria Arellano @ArellanoAnaU 54m Goood aft. #Headache :(



Vibetech @Team_Dobby 1h
Hate the term "bangover" but it's accurate
m @ #headache



@Lucy @LucyJohnson24

Way to early for Karrang on the work TV

#headache



Matt @MattyStanton 1h
Head is pounding, this is not good one bit

##headache

#headache

Huge Variability

- 95% of the world's data is unstructured
 - Text, images, video, voice, etc.
 - Most healthcare data is unstructured
- New data types are emerging
 - Messaging, social media, sensor data



Turning Big Data into Value

'Data-fication' of the World

- Documentation
- Events
- Procedures
- Billing
- Images
- Registries
- Social Media
- 'Omics
- Sensors
- Etc.

Volume

Velocity

Variety

Variability

Analyzing Big Data:

- Natural language processing
- Text analytics
- Information extraction
- Data mining
- Predictive modelling
- Inferential analysis
- Comparative effectiveness
- Etc.

Visualizing Big Data:

- Infographics
- Advanced data visualization
- Interactive data
- Contextual modelling
- Etc.







In 20 Years...Big Data Era

- All people in developed nations will have
 - An electronic health record
 - Biological samples
 - Digitized images
- Healthcare will be personalized using an individual's images, samples and clinical data.
- The health of a community will be monitored using aggregate records.

