

Which drug do you prefer for stable CAD?

- P2Y12 inhibitor

Jung Rae Cho, MD, PhD

Cardiovascular Division, Department of Internal Medicine

**Kangnam Sacred Heart Hospital, Hallym University Medical
Center, Seoul, Korea**

Table of Contents

- **Mechanism of platelet activation & thrombosis**
- **Standard of care for stable CAD undergoing PCI**
- **Alternative therapeutic efforts**
- **Summary**

Mechanism of platelet activation & thrombosis

Binding sites of antiplatelet agents

Vorapaxar

Activation Inhibitors

PAR-1 Antagonists

SCH 530348
E-5555

ADP P2Y₁₂ Receptor Antagonists

Ticlopidine
Clopidogrel
Prasugrel
[AZD6140 (ticagrelor)]
[Cangrelor]
[PRT128 (elinogrel)]

Clopidogrel

Prasugrel

Ticagrelor

Aspirin

Thromboxane Inhibitors

Aspirin
NCX-4016
Ridogrel
S18886
Picotamide
Ramatroban

Intracellular Signalling Activation

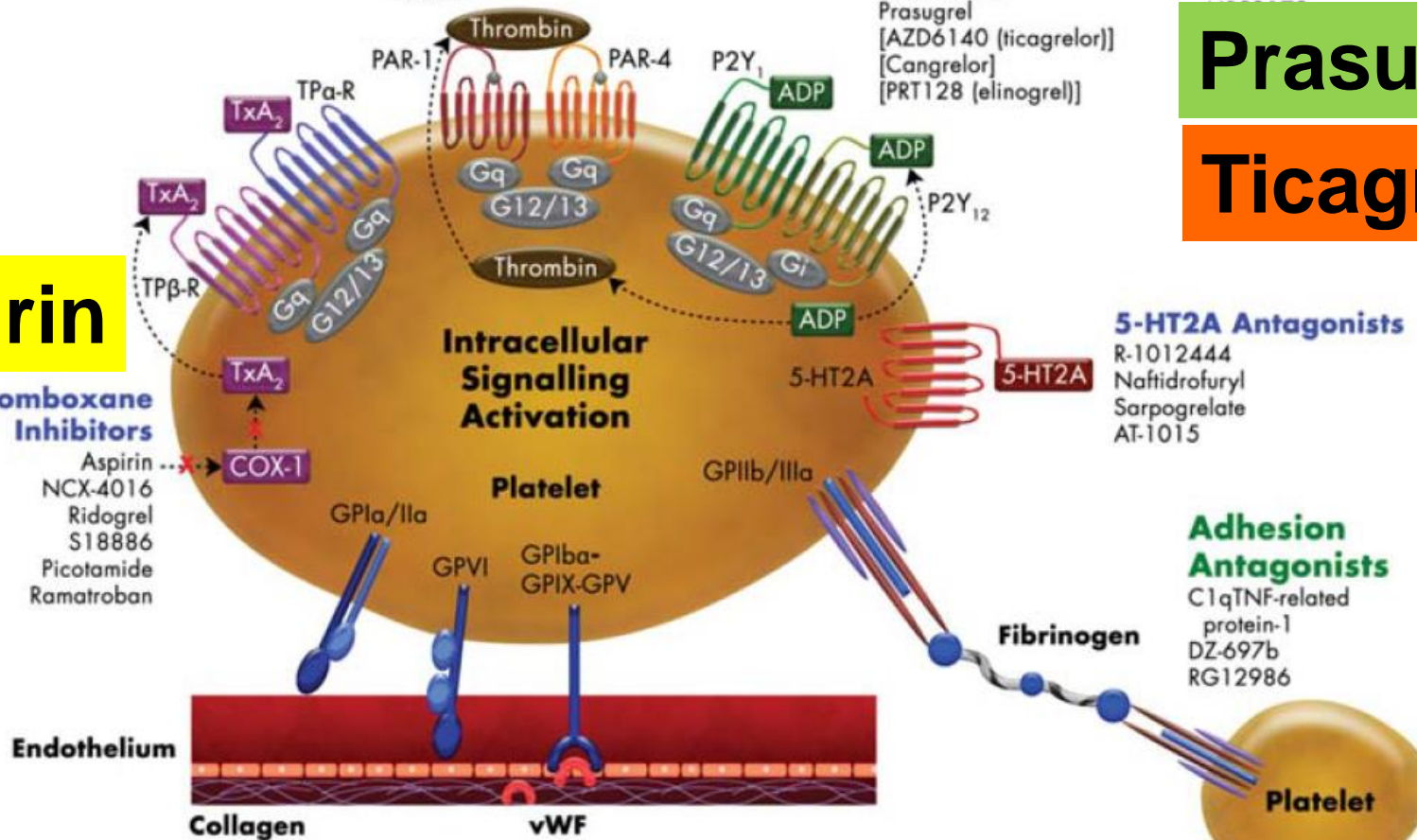
Platelet

5-HT_{2A} Antagonists

R-101244
Naftidrofuryl
Sarpogrelate
AT-1015

Adhesion Antagonists

C1qTNF-related
protein-1
DZ-697b
RG12986



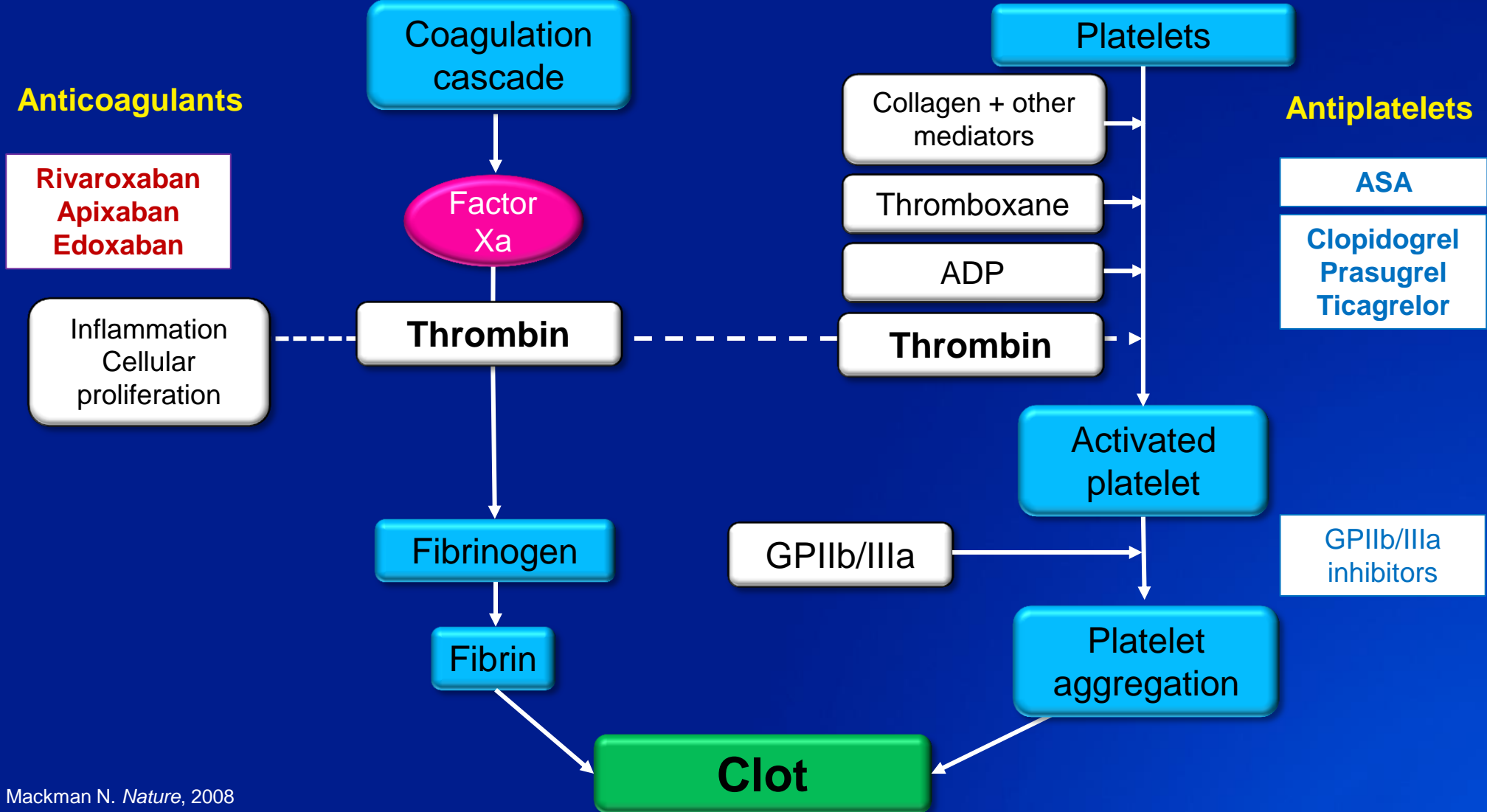
Aggregation Inhibitors

GPIIb/IIIa Inhibitor
EMS16

GPVI Inhibitors
Monoclonal antibodies

GPIIb/IIIa Inhibitors
Abciximab
Eptifibatide
Tirofiban

Thrombus formation involves both platelet activation and blood coagulation



Standard of care for stable CAD undergoing PCI

Antithrombotic Therapy in Patients with SCAD undergoing PCI

Recommendations for PCI	Class ^a	Level ^b	Ref ^c
Pretreatment with antiplatelet therapy			
Treatment with 600 mg clopidogrel is recommended in elective PCI patients once anatomy is known and decision to proceed with PCI preferably 2 hours or more before the procedure.	I	A	789-792
Pretreatment with clopidogrel may be considered in patients with high probability for significant CAD.	IIb	C	
In patients on a maintenance dose of 75 mg clopidogrel, a new loading dose of 600 mg or more may be considered once the indication for PCI is confirmed.	IIb	C	
Antiplatelet therapy during PCI			
ASA is indicated before elective stenting.	I	B	776,793,794
ASA oral loading dose of 150-300 mg (or 80-150 mg i.v.) is recommended if not pre-treated.	I	C	
Clopidogrel (600 mg loading dose or more, 75 mg daily maintenance dose) is recommended for elective stenting.	I	A	795-798
GP IIb/IIIa antagonists should be considered only for bail-out.	IIa	C	
Antiplatelet therapy after stenting			
<u>DAPT is indicated for at least 1 month after BMS implantation.</u>	I	A	791,799-801
<u>DAPT is indicated for 6 months after DES implantation.</u>	I	B	799,802,803
<u>Shorter DAPT duration (<6 months) may be considered after DES implantation in patients at high bleeding risk.</u>	IIb	A	804,805
Life-long single antiplatelet therapy, usually ASA, is recommended.	I	A	776,794
Instruction of patients about the importance of complying with antiplatelet therapy is recommended.	I	C	-
<u>DAPT may be used for more than 6 months in patients at high ischaemic risk and low bleeding risk.</u>	IIb	C	-
Anticoagulant therapy			
Unfractionated heparin 70-100 U/kg.	I	B	806
Bivalirudin (0.75 mg/kg bolus, followed by 1.75 mg/kg/hour for up to 4 hours after the procedure) in case of heparin-induced thrombocytopenia.	I	C	-
Bivalirudin (0.75 mg/kg bolus, followed by 1.75 mg/kg/hour during the procedure) in patients at high bleeding risk.	IIa	A	783-785
Enoxaparin i.v. 0.5 mg/kg.	IIa	B	786,788,807

Co-primary Endpoints : MACCE

Major Adverse Cardiovascular and Cerebrovascular Events

12–30 mo Thienopyridine vs. placebo, 4.3% vs. 5.9%;
hazard ratio, 0.71; P<0.001

12–33 mo Thienopyridine vs. placebo, 5.6% vs. 6.5%;
hazard ratio, 0.82; P=0.02

For patients with highly-perceived ischemic risk treated using DES (EES 47%, PES 27%), prolonged DAPT (clopidogrel 65%, prasugrel 35%) might reduce ischemic events, with increase of bleeding events

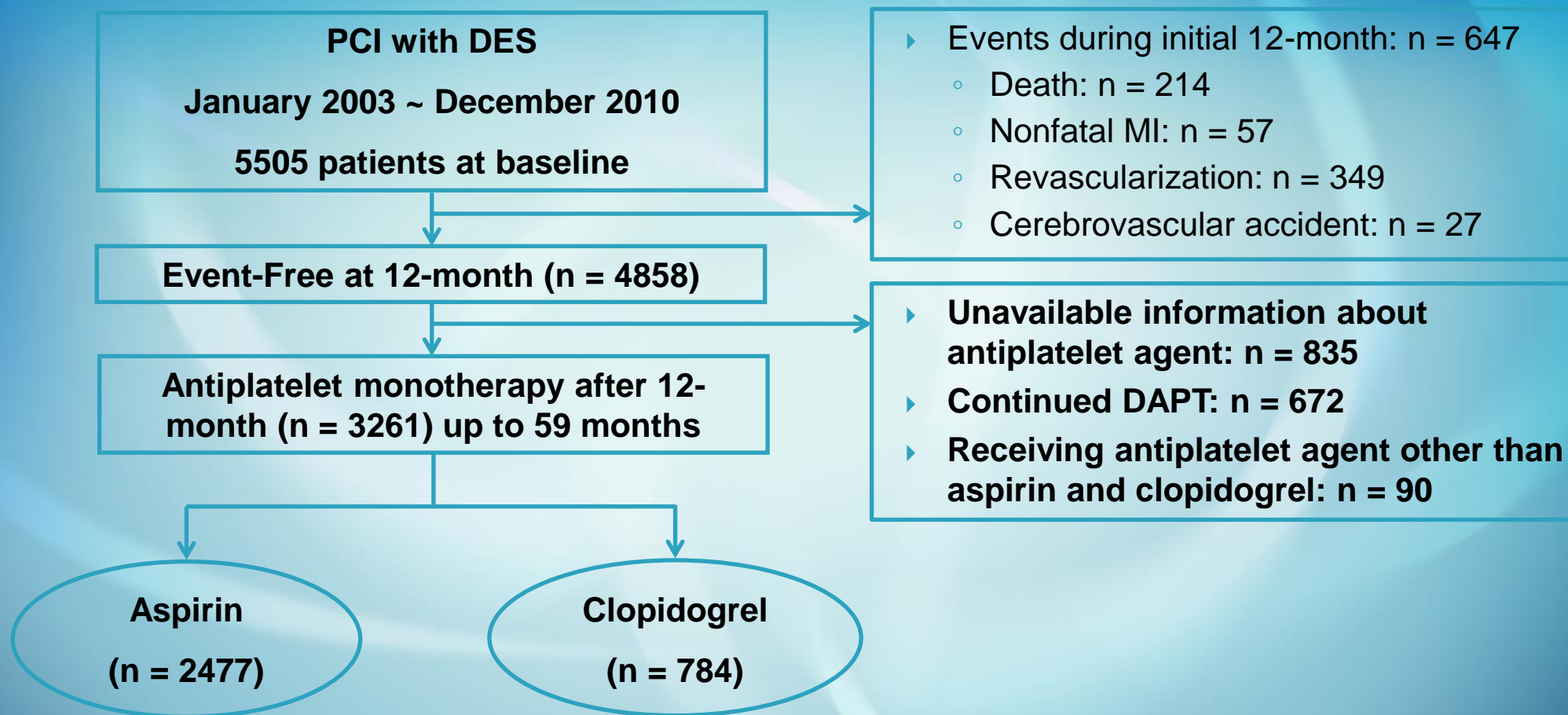
No. at Risk	Months since Enrollment							
	0	6	12	18	24	30	36	42
Thienopyridine	5020	4917	4840	4778	4702	4611	4554	3029
Placebo	4941	4799	4715	4635	4542	4476	4412	2997

The group that continued thienopyridine, as compared with the group that received placebo, had a significantly lower cumulative incidence of major adverse cardiovascular and cerebrovascular events.

Aspirin vs. Clopidogrel after DAPT

Single center, observational study (Samsung Medical Center in) Korea

Choice of antiplatelet agent → the operator's discretion



KR.PM.C.O.14.02.06[2015.02]

Clinical outcomes

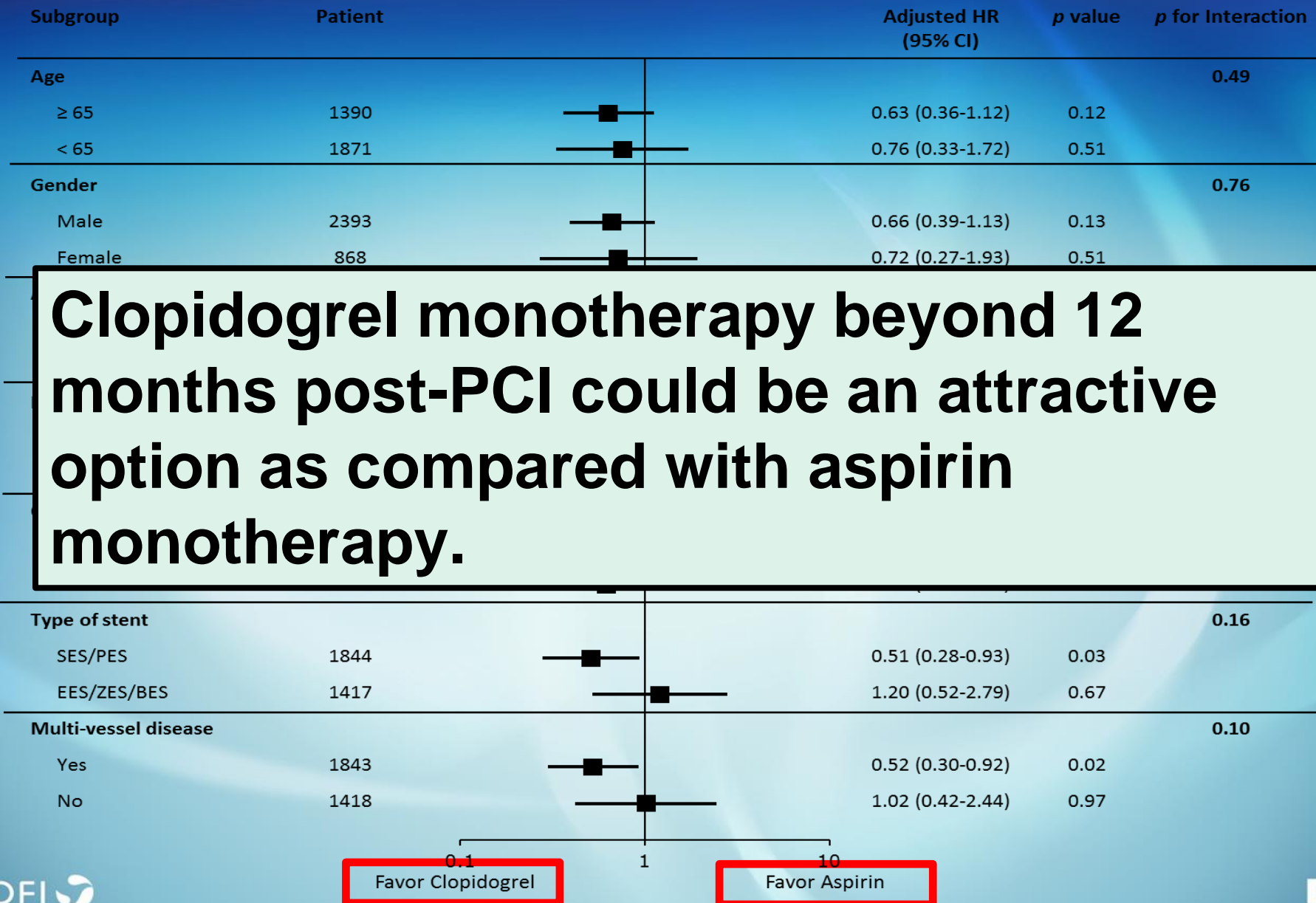
	Aspirin (n=2477)	Clopidogrel (n=784)	Before weighting		After IPTW weighting	
			HR* (95% CI)	P value	HR* (95% CI)	P value
Total death	131 (5.3)	26 (3.3)	0.85 (0.55-1.33)	0.48	0.89 (0.61-1.31)	0.56
Cardiac death	50 (2.0)	7 (0.9)	0.51 (0.22-1.16)	0.11	0.54 (0.25-1.15)	0.11
MI	51 (2.1)	7 (0.9)	0.68 (0.30-1.54)	0.36	0.42 (0.17-1.04)	0.06
Stent thrombosis	18 (0.7)	1 (0.1)	0.29 (0.04-2.29)	0.24	0.12 (0.01-2.19)	0.15
TLR	109 (4.4)	14 (1.8)	0.71 (0.40-1.26)	0.24	0.63 (0.37-1.08)	0.09
TVR	184 (7.4)	23 (2.9)	0.64 (0.41-0.99)	0.05	0.53 (0.34-0.82)	0.004
CVA	60 (2.4)	11 (1.4)	0.73 (0.37-1.42)	0.36	0.62 (0.32-1.20)	0.16
Cardiac death or MI	93 (3.8)	13 (1.7)	0.61 (0.33-1.11)	0.11	0.51 (0.28-0.93)	0.03
Cardiac death, MI, or CVA	144 (5.8)	22 (2.8)	0.65 (0.41-1.04)	0.07	0.51 (0.32-0.83)	0.006

Values are expressed as number of patients (%).

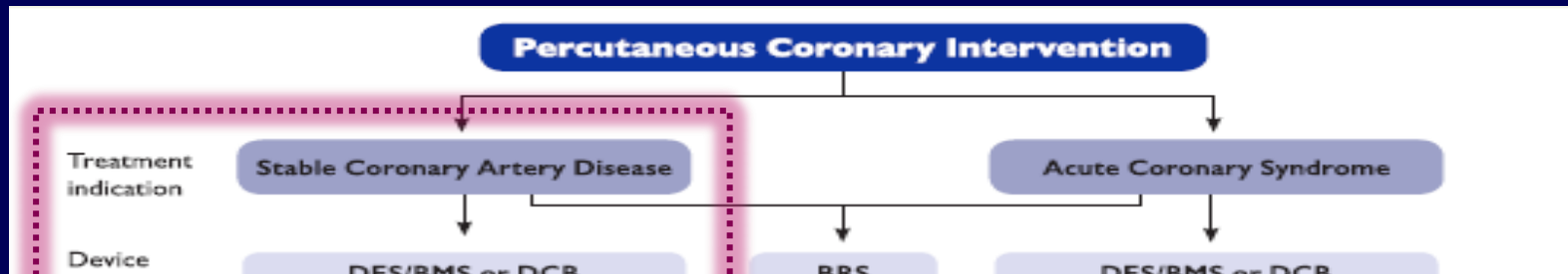
IPTW indicates inverse probability of treatment weighting; MI, myocardial infarction; TLR, target lesion revascularization; TVR, target vessel revascularization; CVA, cerebrovascular accident.

*Adjusted covariates included age, sex, clinical presentation, diabetes mellitus, hypertension, dyslipidemia, current smoker, chronic renal failure, previous MI, previous percutaneous coronary intervention, previous bypass surgery, previous CVA, angiographic disease extent, number of treated lesion, number of stent used, stent diameter, total stent length, left main or left anterior descending artery as a treated vessel, and type of drug-eluting stent.

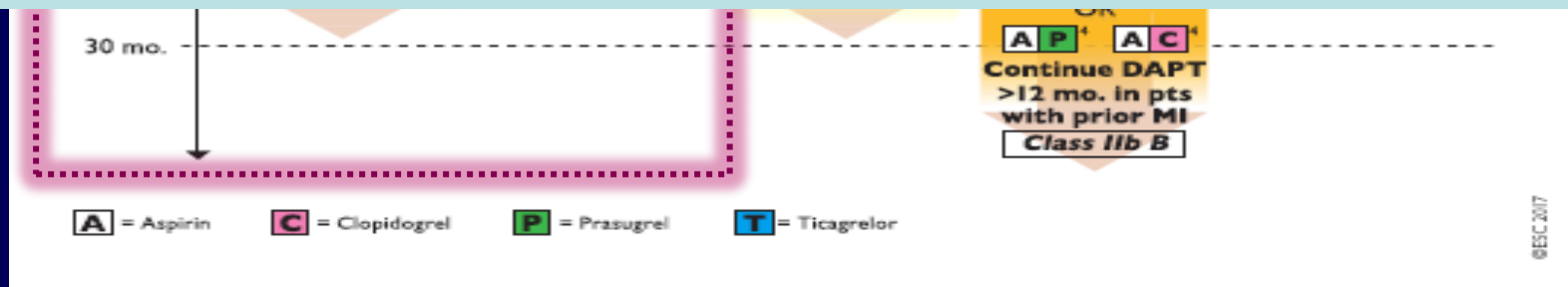
Subgroup analysis



Updated ESC guideline in acute and long term therapy



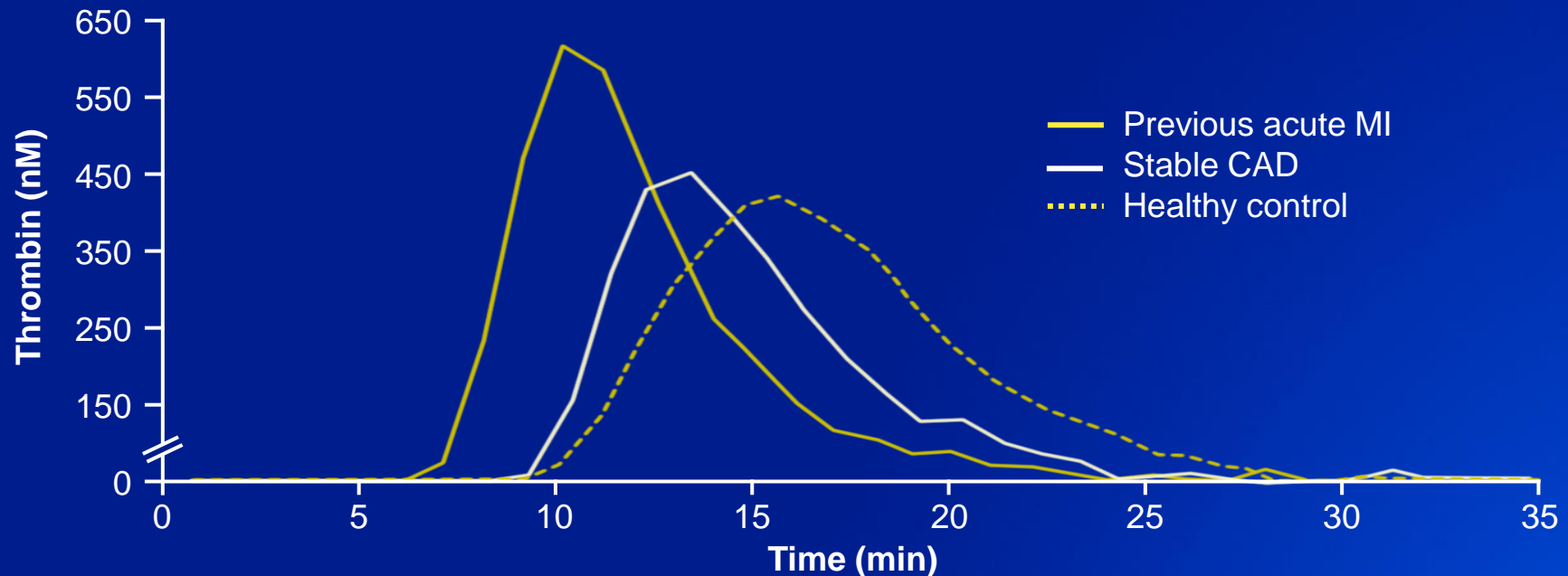
Per most recent guideline update, recommended duration of DAPT is determined by bleeding risk usually towards shortening it, regardless of ACS or non-ACS status.



Alternative therapeutic efforts

Faster and greater thrombin response in ACS persists long-term

- Study in patients with ACS (acute MI; n=60), stable CAD (n=35) or healthy controls (n=15)
- Thrombin generation assessed by fluorogenic assay, 3–11 months (mean 6 months) after initial diagnosis



Morrow et al. N Engl J Med 2012
ClinicalTrials.gov NCT00526474

**Prior MI, CVA, or PAD
N=26,449**

Prior MI Inclusion:
Type 1 MI >2 wks and <12 months before randomization

Standard care
including oral antiplt rx

RANDOMIZE 1:1 DOUBLE BLIND

**Vorapaxar
2.5 mg/d**

Stratified by:
1) **Qualifying Disease State**
2) Use of thienopyridine

Placebo

**Median F/U
30 Months**

**Follow up Visits
Day 30, Mo 4, Mo 8, Mo 12
Q6 months**

Final Visit

Primary Efficacy Analysis:

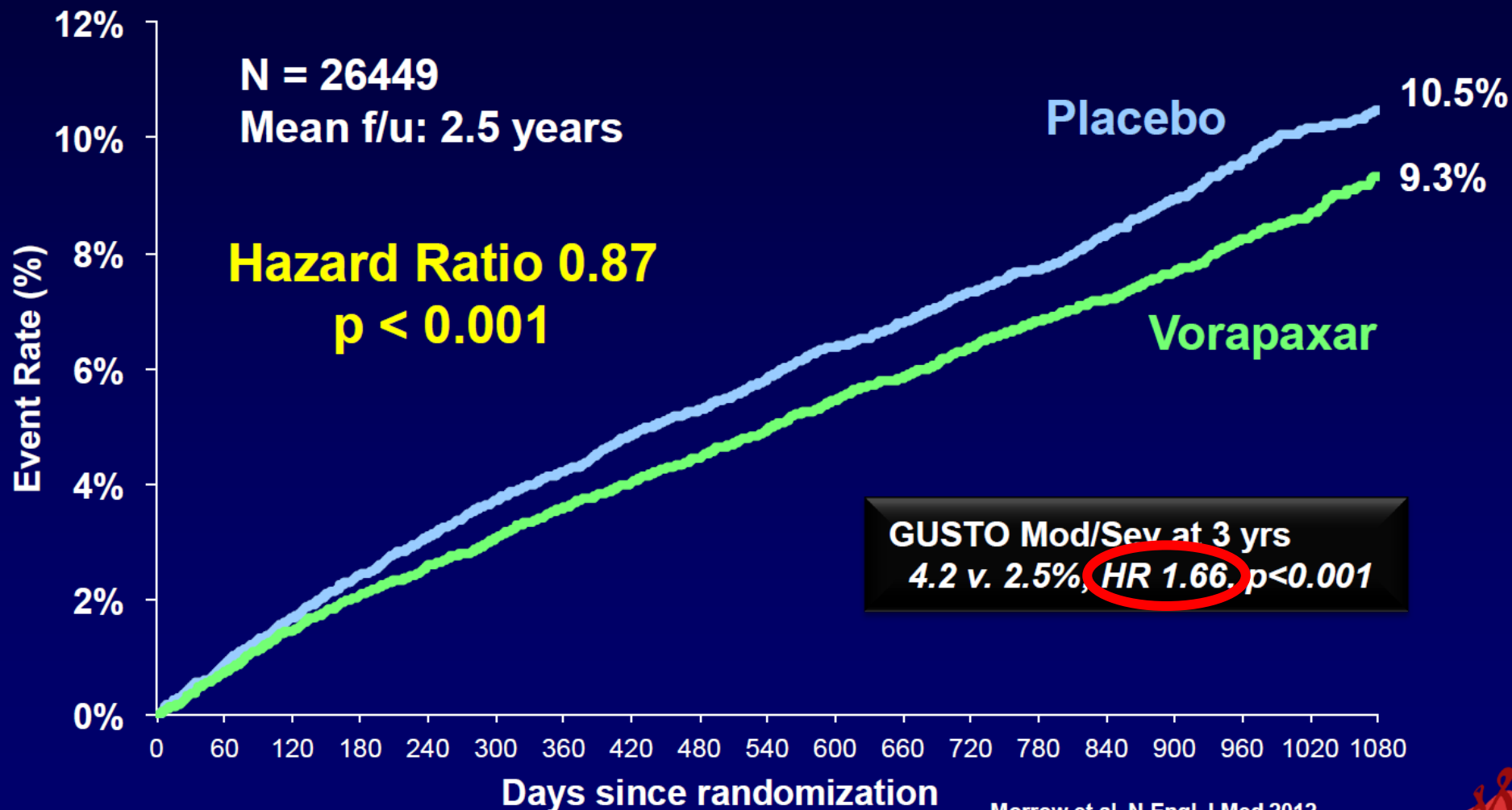
1. CVD/MI/Stroke
2. CVD/MI/Stroke/Urgent Coronary Revasc

Principal Safety EP:

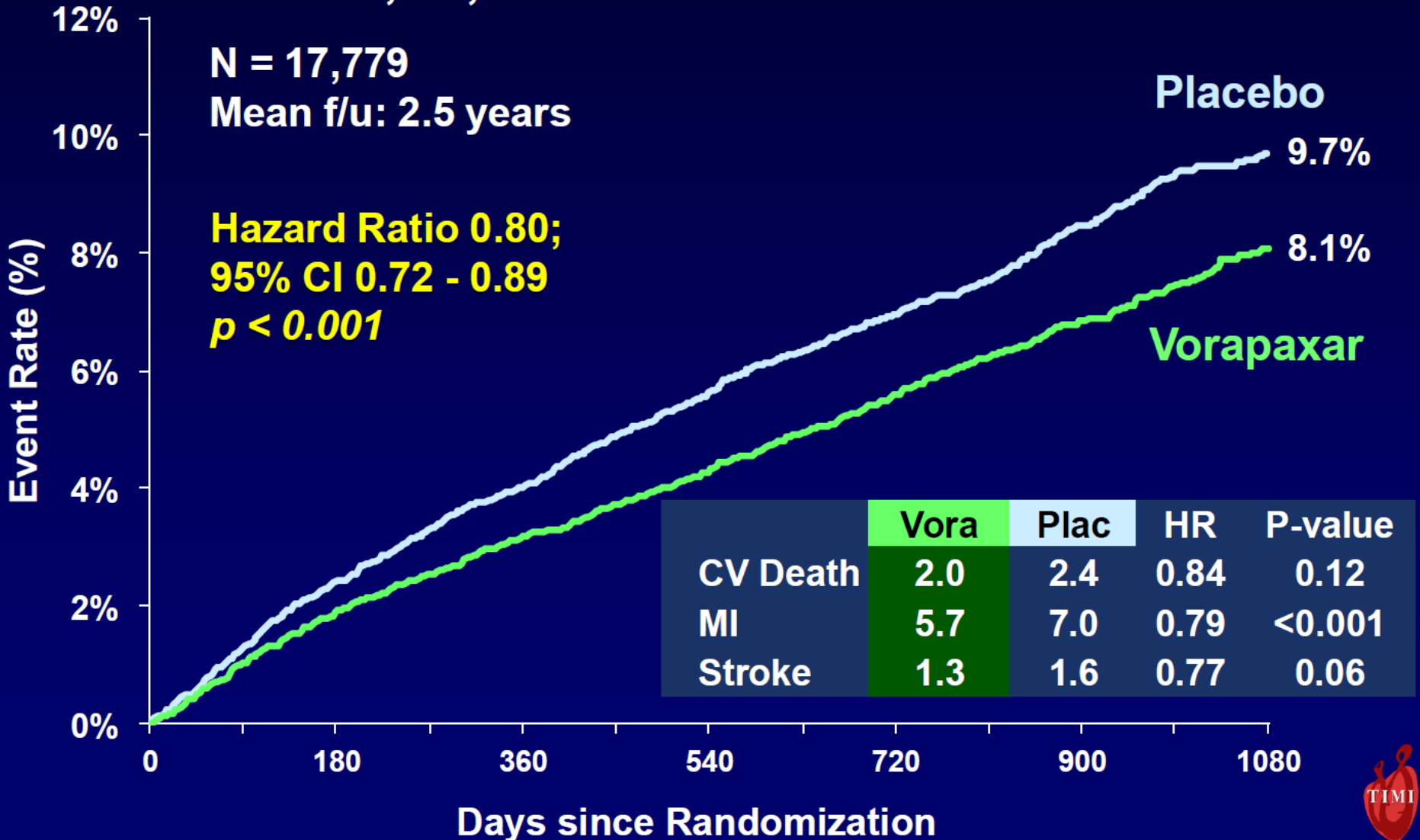
- GUSTO Mod/Sev bleeding



CV Death, MI, or Stroke

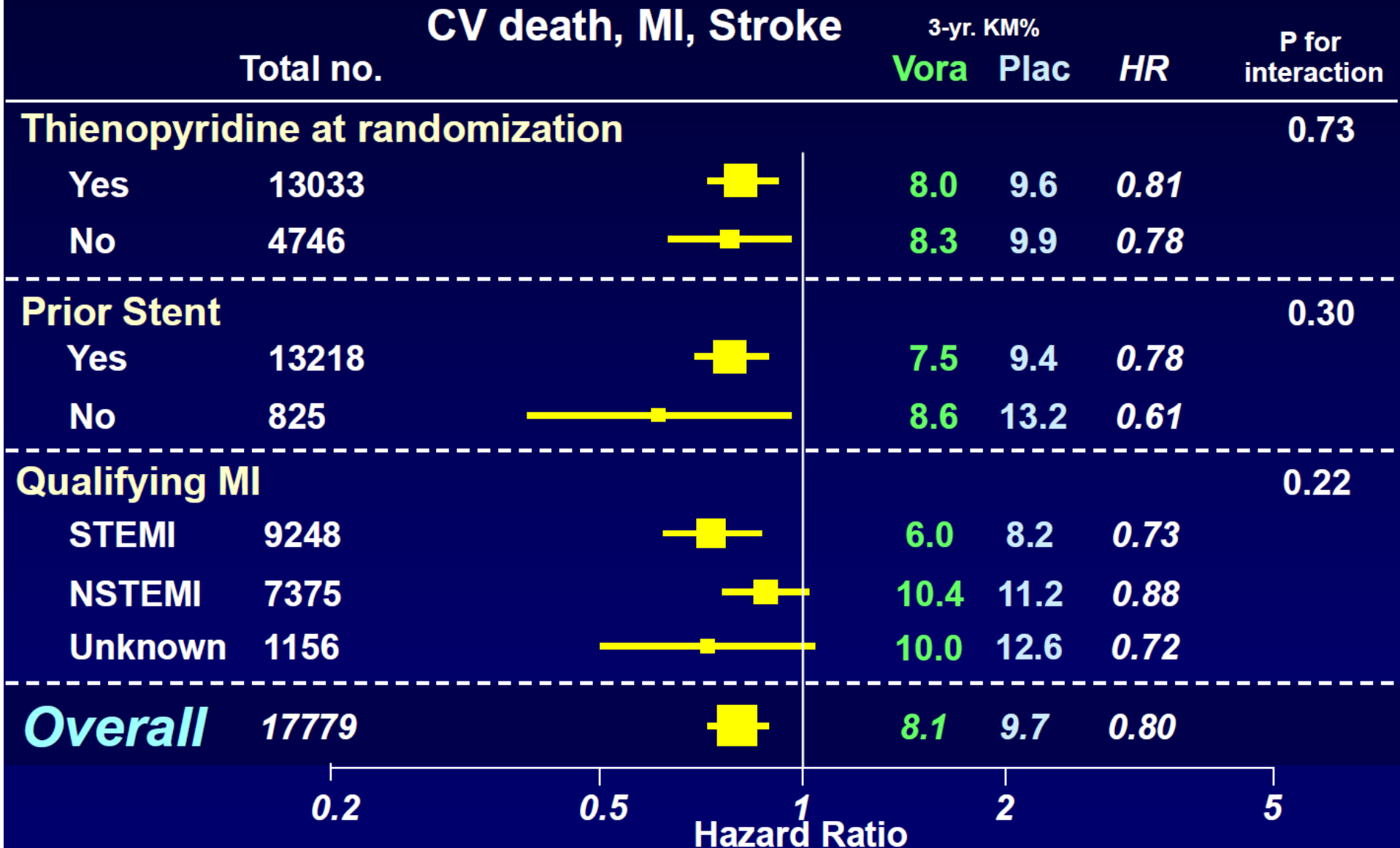


CV Death, MI, or Stroke



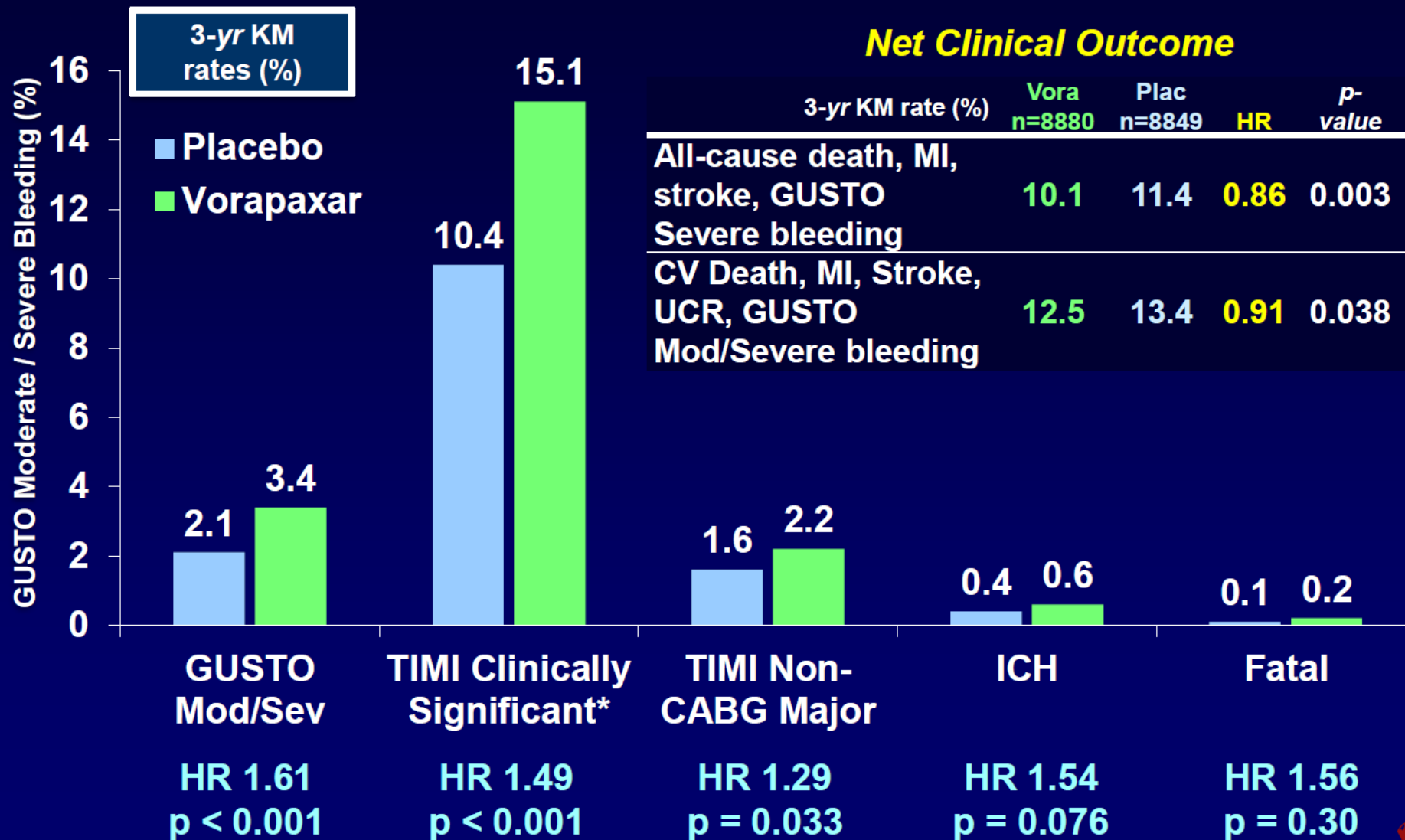
Efficacy in Key Subgroups

Prior MI Cohort



Bleeding Endpoints

Prior MI Cohort



Net Clinical Outcome

3-yr KM rate (%)	Vora n=8880	Plac n=8849	HR	p-value
All-cause death, MI, stroke, GUSTO Severe bleeding	10.1	11.4	0.86	0.003
CV Death, MI, Stroke, UCR, GUSTO Mod/Severe bleeding	12.5	13.4	0.91	0.038

* TIMI Major/Minor/Requiring medical attention



Prescription Information of Vorapaxar

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use ZONTIVITY safely and effectively. See full prescribing information for ZONTIVITY.

ZONTIVITY® (vorapaxar) Tablets 2.08 mg*, for oral use

***Equivalent to 2.5 mg vorapaxar sulfate**

Initial U.S. Approval: 2014

WARNING: BLEEDING RISK

See full prescribing information for complete boxed warning.

- Do not use ZONTIVITY in patients with a history of stroke, transient ischemic attack (TIA), or intracranial hemorrhage (ICH); or active pathological bleeding. (4.1, 4.2)
- Antiplatelet agents, including ZONTIVITY, increase the risk of bleeding, including ICH and fatal bleeding. (5.1)

INDICATIONS AND USAGE

ZONTIVITY is a protease-activated receptor-1 (PAR-1) antagonist indicated for the reduction of thrombotic cardiovascular events in patients with a history of myocardial infarction (MI) or with peripheral arterial disease (PAD). ZONTIVITY has been shown to reduce the rate of a combined endpoint of cardiovascular death, MI, stroke, and urgent coronary revascularization. (1.1)

DOSAGE AND ADMINISTRATION

- One tablet of ZONTIVITY orally once daily. (2.1)
- Use with aspirin and/or clopidogrel according to their indications or standard of care. There is limited clinical experience with other

antiplatelet drugs and none with ZONTIVITY as the only antiplatelet agent. (2.2)

DOSAGE FORMS AND STRENGTHS

Tablets: 2.08 mg vorapaxar. (3)

CONTRAINDICATIONS

- History of stroke, TIA, or ICH. (4.1)
- Active pathological bleeding. (4.2)

WARNINGS AND PRECAUTIONS

- Like other antiplatelet agents, ZONTIVITY increases the risk of bleeding. (5.1)
- Avoid use with strong CYP3A inhibitors or inducers. (5.2)

ADVERSE REACTIONS

- Bleeding, including life-threatening and fatal bleeding, is the most commonly reported adverse reaction. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact Merck Sharp & Dohme Corp., a subsidiary of Merck & Co., Inc., at 1-877-888-4231 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

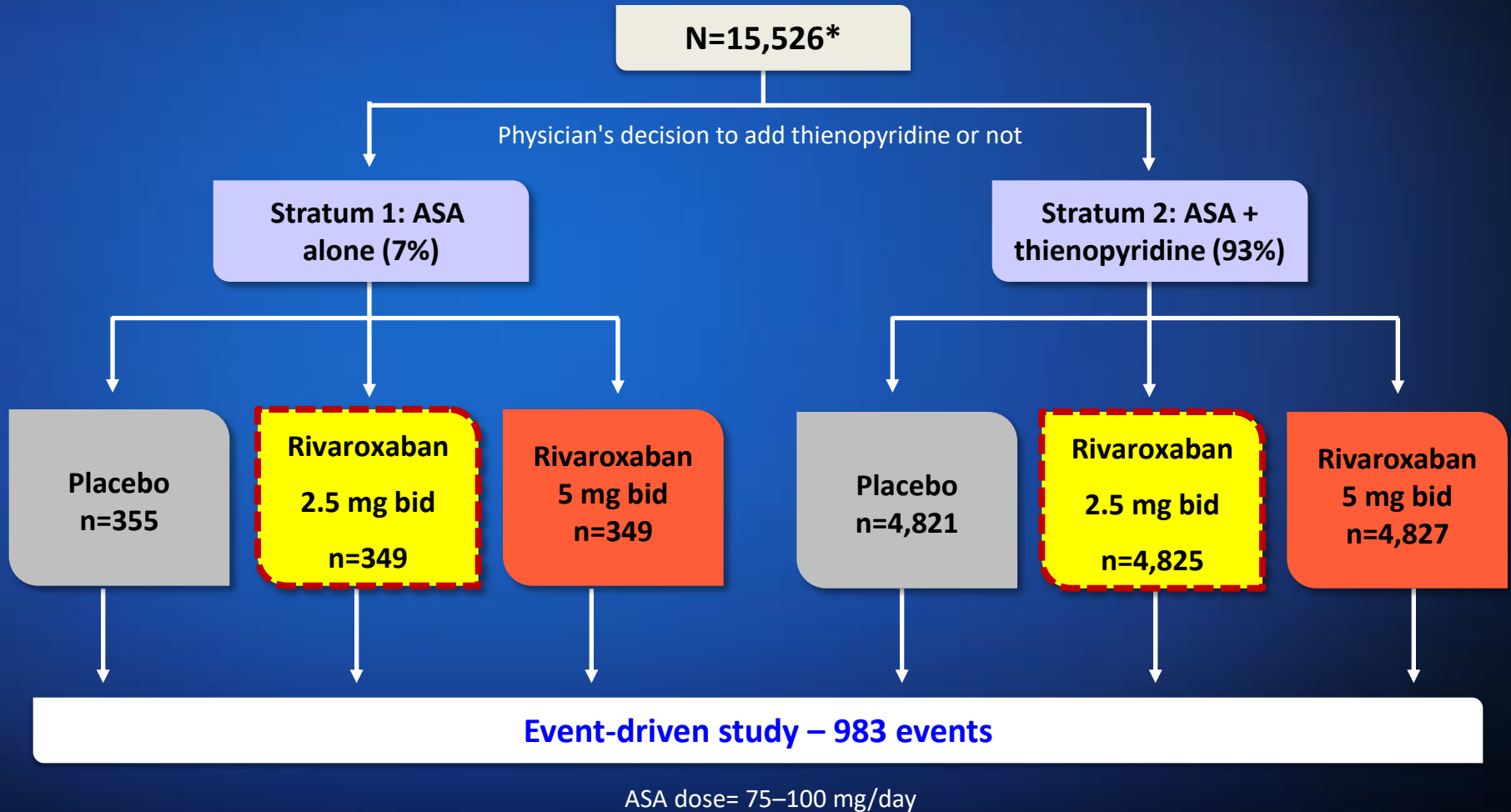
See 17 for PATIENT COUNSELING INFORMATION and Medication Guide.

Revised: 04/2015

Package Insert of Vorapaxar by Merck, Inc.

ATLAS ACS 2-TIMI 51:

Study design (2)



*184 patients were excluded from the efficacy analyses prior to unblinding because of trial misconduct at three sites

ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; bid, twice daily; ASA, acetylsalicylic acid.

ATLAS ACS 2 TIMI 51:

Main inclusion & exclusion criteria

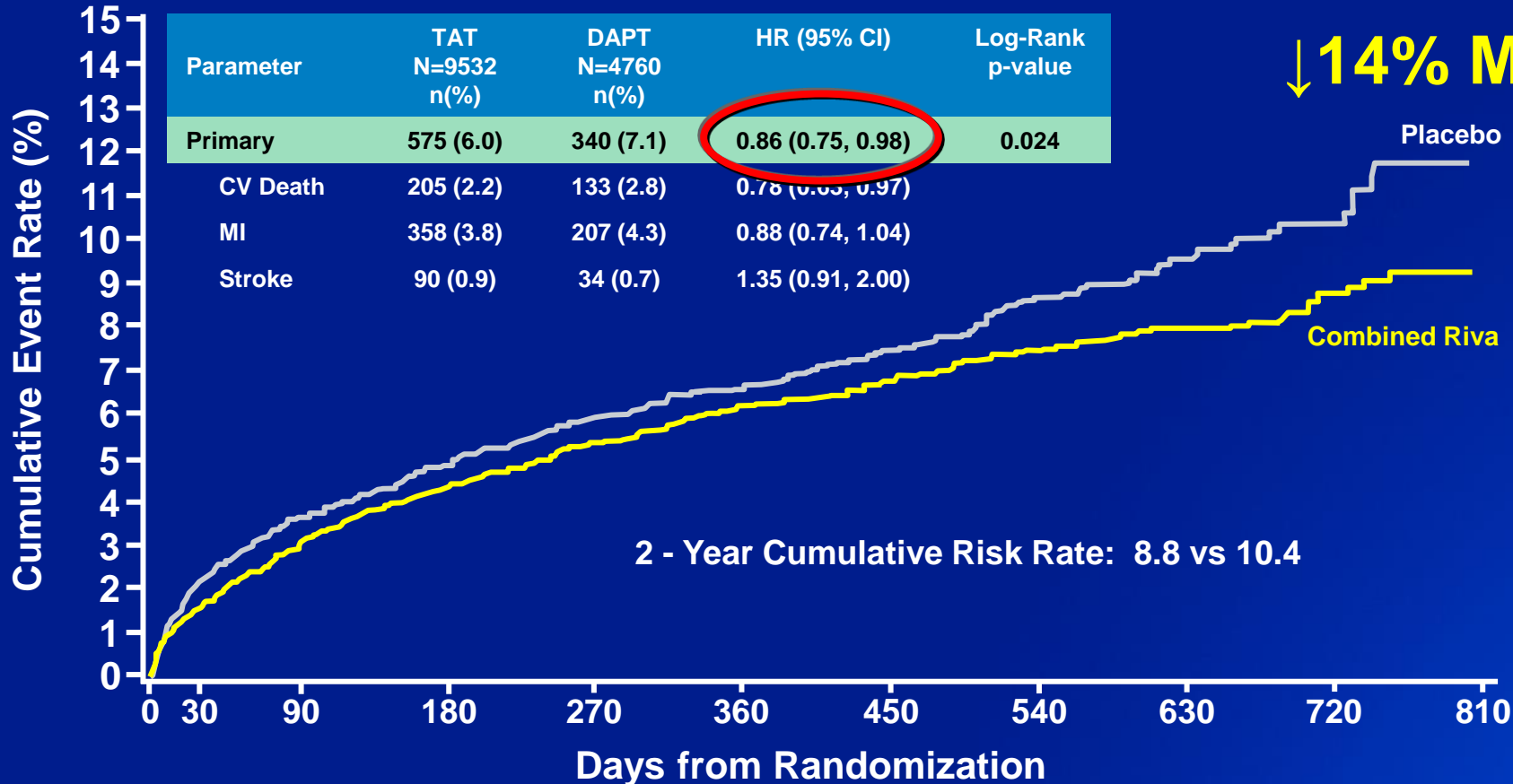
• Inclusion criteria

- Diagnosis of STEMI, NSTEMI, or UA with at least one of the following:
 - ✓ ≥ 0.1 mV ST-segment deviation
 - ✓ TIMI risk score ≥ 4
- Patients aged 18-55 years only with either:
 - ✓ Diabetes mellitus or
 - ✓ Prior MI
- Patients received ASA 75-100 mg/day alone or ASA + thienopyridine
 - ✓ Based on national/local dosing guidelines

• Exclusion criteria

- Increased bleeding risk, e.g.
 - ✓ Low platelet count
 - ✓ History of intracranial haemorrhage
 - ✓ Active internal bleeding
- Prior stroke or TIA in stratum 2 patients
- AF
 - ✓ Except single episodes >2 years previously in patients aged <60 years with no evidence of cardiopulmonary disease

ATLAS ACS 2 TIMI 51: Primary efficacy endpoint in TAT(combined rivaroxaban doses, ASA and thienopyridine) vs. DAPT



Subjects at risk

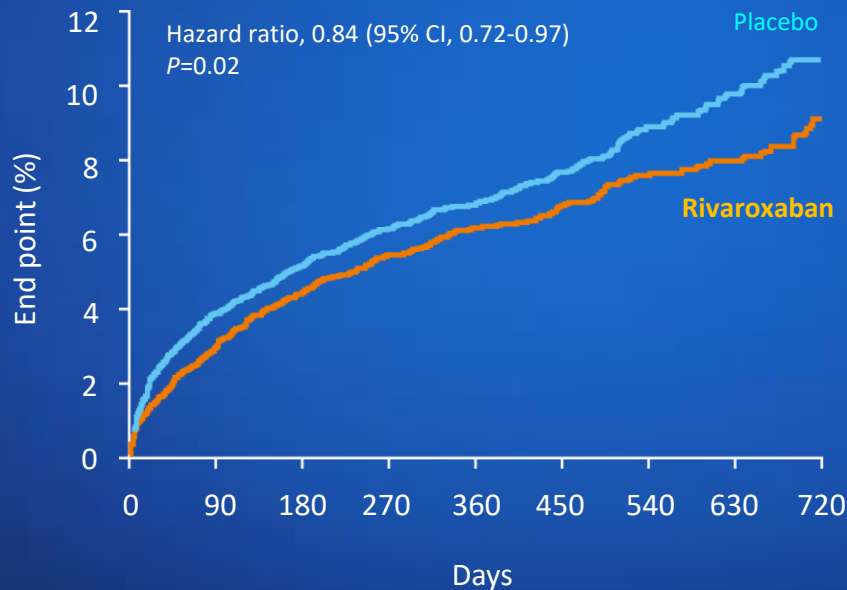
TAT	9532	8225	7277	5915	4811	3717	2641	1638	779	159
DAPT	4760	4152	3720	3056	2503	1935	1369	830	397	82

ATLAS ACS 2-TIMI 51:

Primary efficacy endpoint

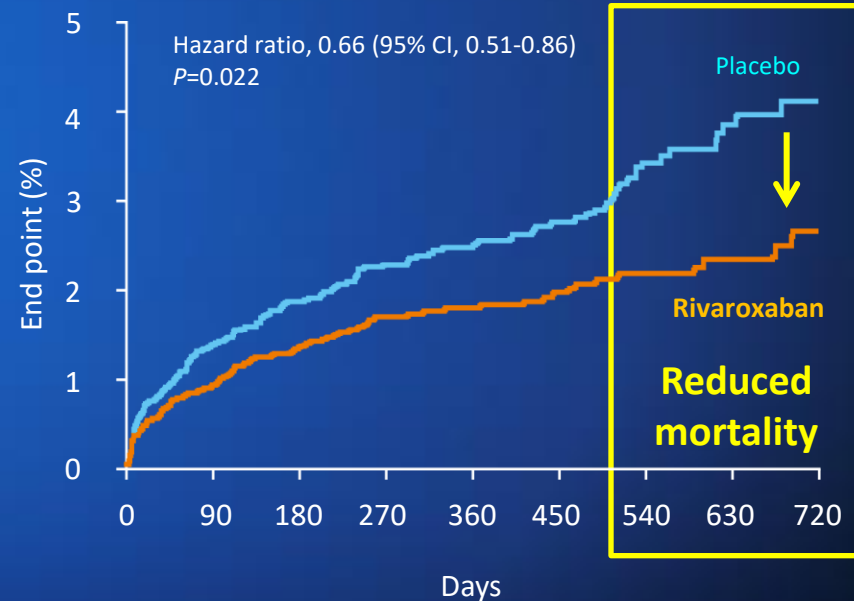
- in Rivaroxaban 2.5 mg bid

Primary efficacy endpoint, 2.5mg BID



↓ **16% MACE**

Death from cardiovascular causes, 2.5mg BID



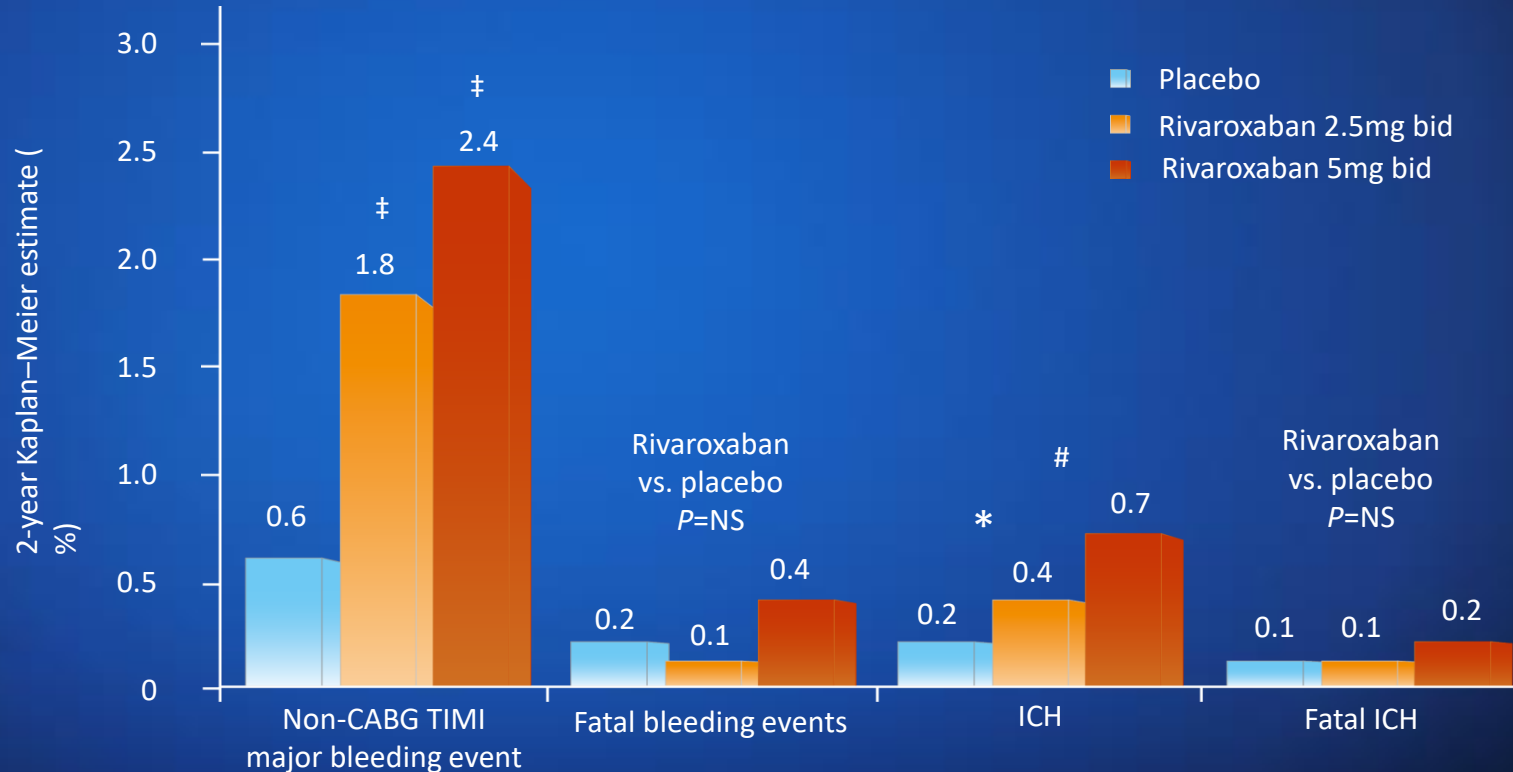
↓ **34% Cardiac death**

ATLAS ACS 2 TIMI 51:

Fatal bleeding or fatal ICH



- No increase in fatal bleeding or fatal ICH rates in rivaroxaban vs. antiplatelet therapy alone



(principal safety outcome)

* $P=0.04$ vs. placebo; # $P=0.005$ vs. placebo; ‡ $P<0.001$ vs. placebo.

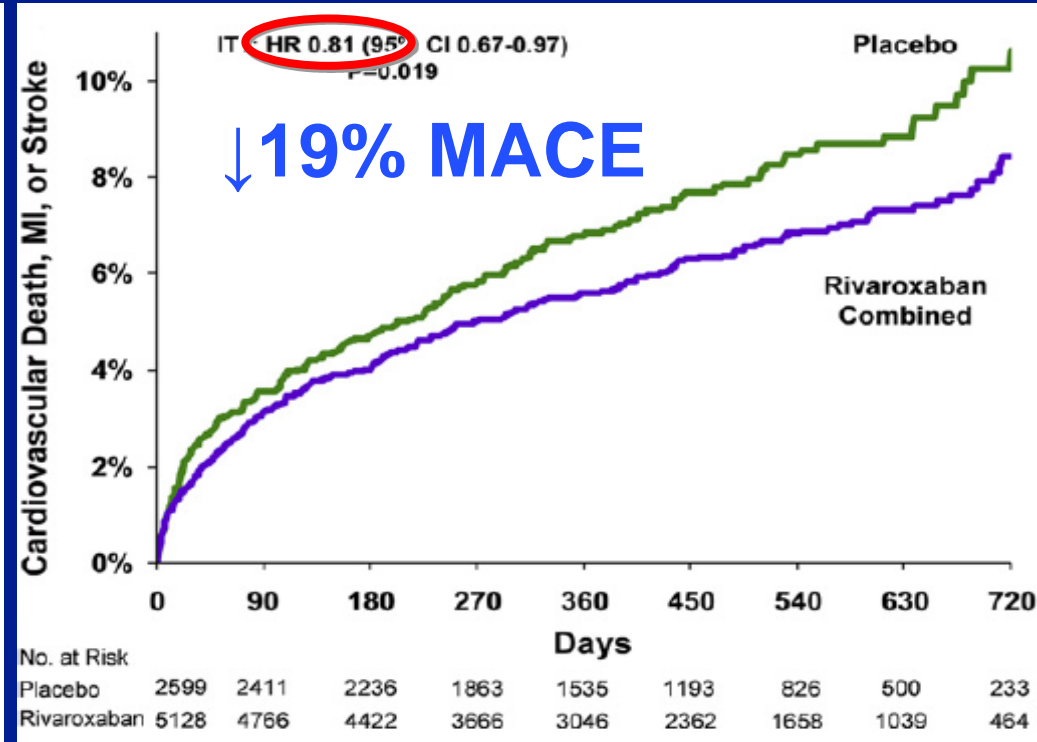
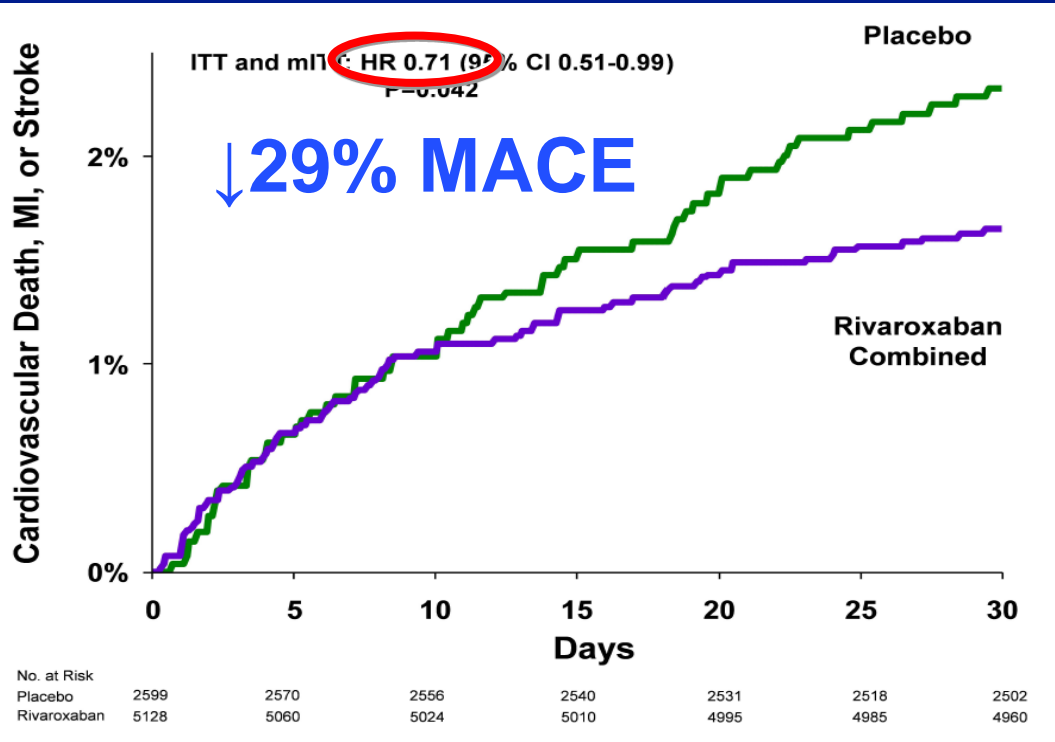
ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; bid, twice daily; CABG, coronary artery bypass graft; ICH, intracranial haemorrhage; NS, not significant.

ATLAS ACS 2 TIMI 51:

Rivaroxaban 2.5 mg bid

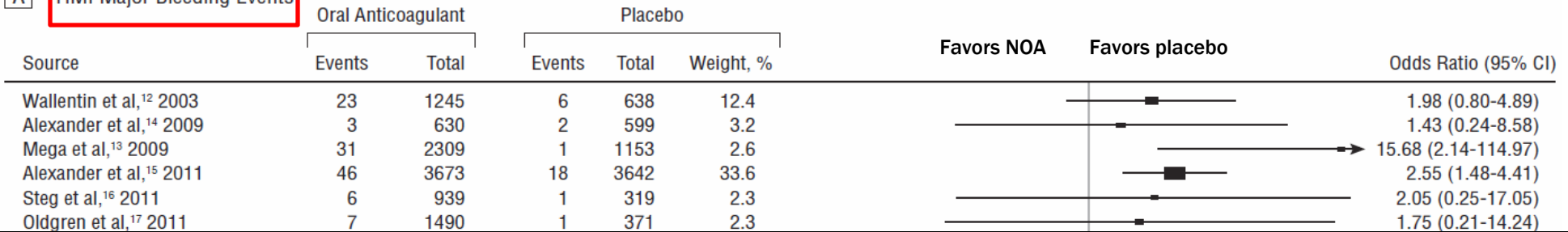
- Compared with placebo, rivaroxaban 2.5 mg bid on top of ASA or ASA plus clopidogrel showed:
 - ✓ A significant **16% RRR** in the risk of the composite of **CV death, MI or stroke** ($p=0.02$)
 - ✓ A significant **34% RRR** in the risk of **CV mortality**
 - ✓ A significant **32% RRR** in the risk of **all-cause mortality**
 - ✓ A significant increase in non-CABG-related TIMI major bleeding (**1.8% vs 0.6%**; $p<0.001$)
 - ✓ **Similar increase in fatal bleeding or fatal ICH**

ATLAS ACS 2 TIMI 51 – Recent STEMI cohort: Primary efficacy endpoint in TAT vs. DAPT (up to 30 days and 2-years)

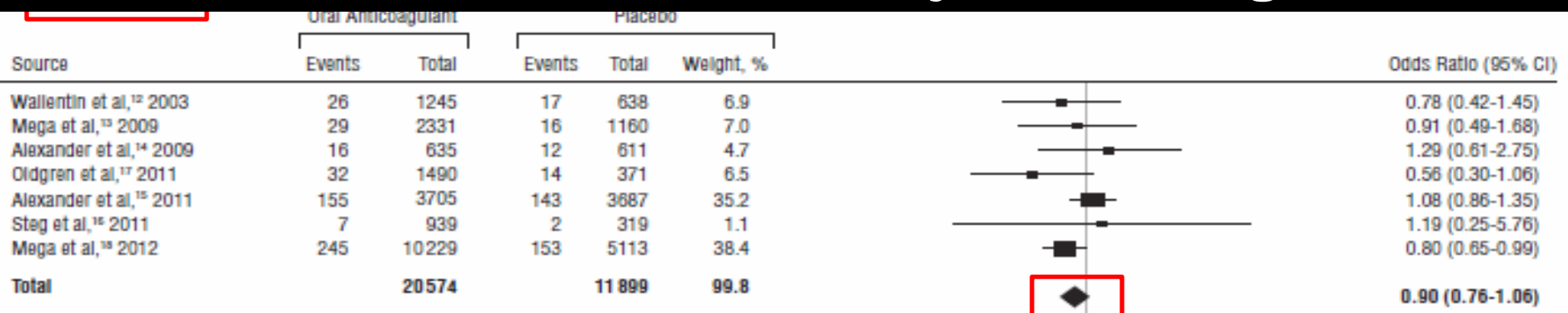


NOACs plus antiplatelet therapy in ACS: meta-analysis

A TIMI Major Bleeding Events

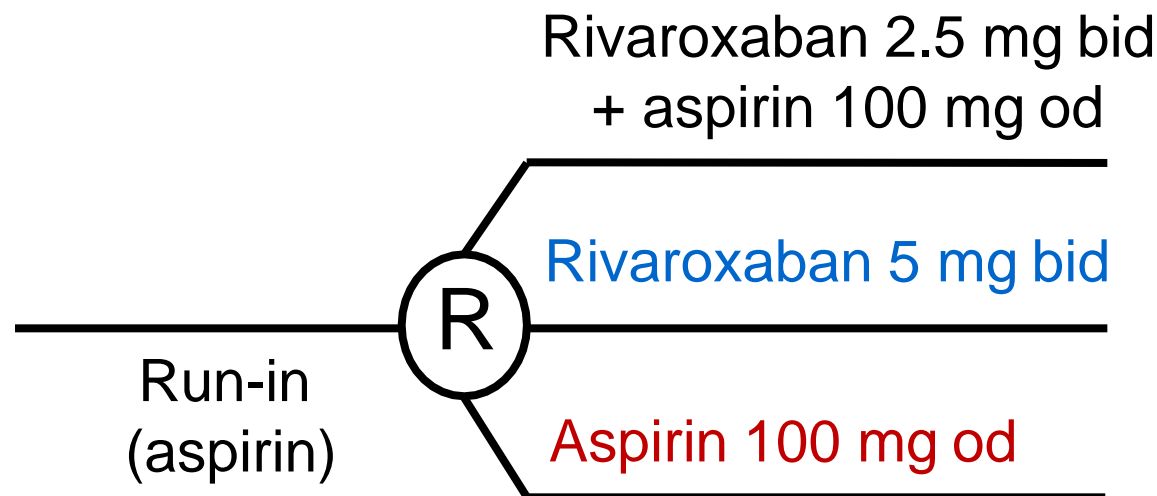


Non-significant decrease in overall mortality, large increase in risk for major bleeding



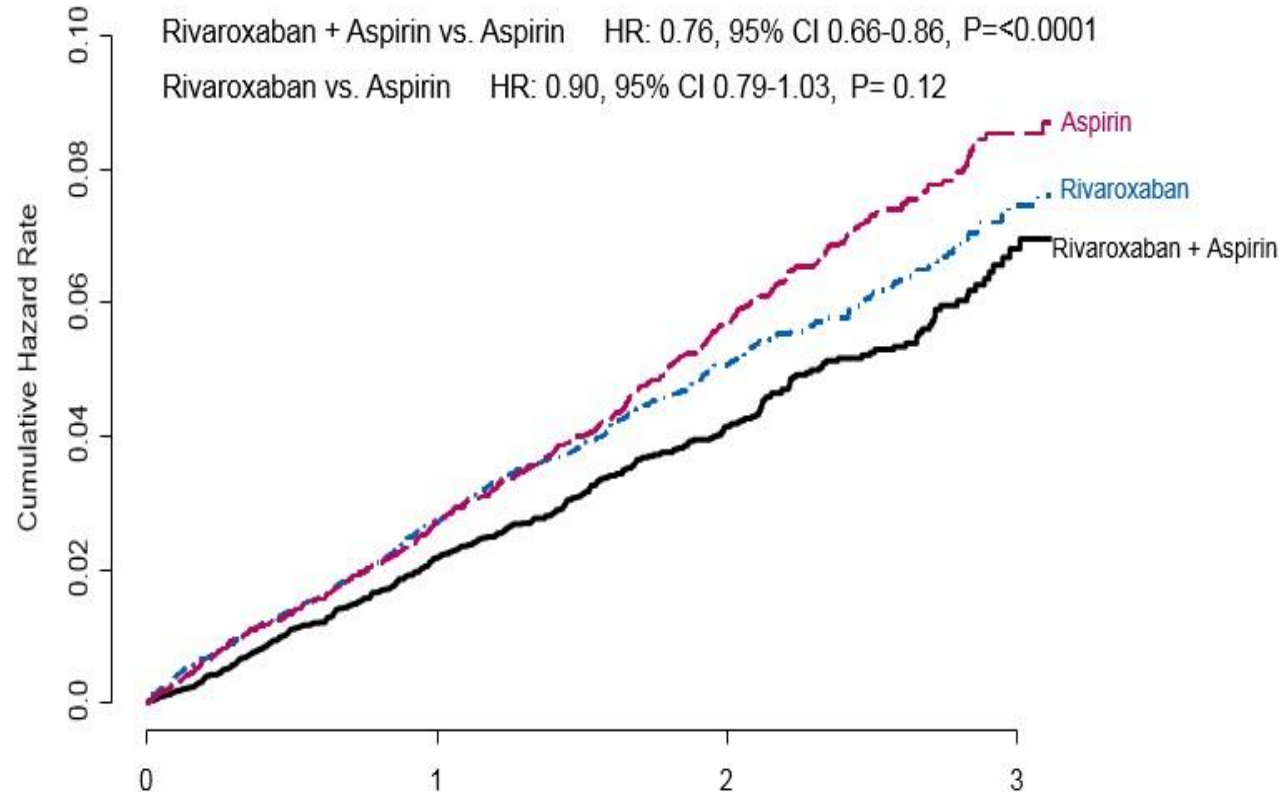
COMPASS design

Stable CAD or PAD
2,200 with a primary outcome event



Expected follow up
3-4 years

Primary: CV death, stroke,



No. at Risk	Year 0	Year 1	Year 2	Year 3
Rivaroxaban + Aspirin	9152	7904	3912	658
Rivaroxaban	9117	7824	3862	670
Aspirin	9126	7808	3860	669

Major bleeding

Outcome	R + A N=9,152	R N=9,117	A N=9,126	Rivaroxaban + Aspirin vs. Aspirin		Rivaroxaban vs. Aspirin	
	N (%)	N (%)	N (%)	HR (95% CI)	P	HR (95% CI)	P
Major bleeding	288 (3.1%)	255 (2.8%)	170 (1.9%)	1.70 (1.40-2.05)	<0.0001	1.51 (1.25-1.84)	<0.0001
Fatal	15 (0.2%)	14 (0.2%)	10 (0.1%)	1.49 (0.67-3.33)	0.32	1.40 (0.62-3.15)	0.41
Non fatal ICH*	21 (0.2%)	32 (0.4%)	19 (0.2%)	1.10 (0.59-2.04)	0.77	1.69 (0.96-2.98)	0.07
Non-fatal other critical organ*	42 (0.5%)	45 (0.5%)	29 (0.3%)	1.43 (0.89-2.29)	0.14	1.57 (0.98-2.50)	0.06

* symptomatic

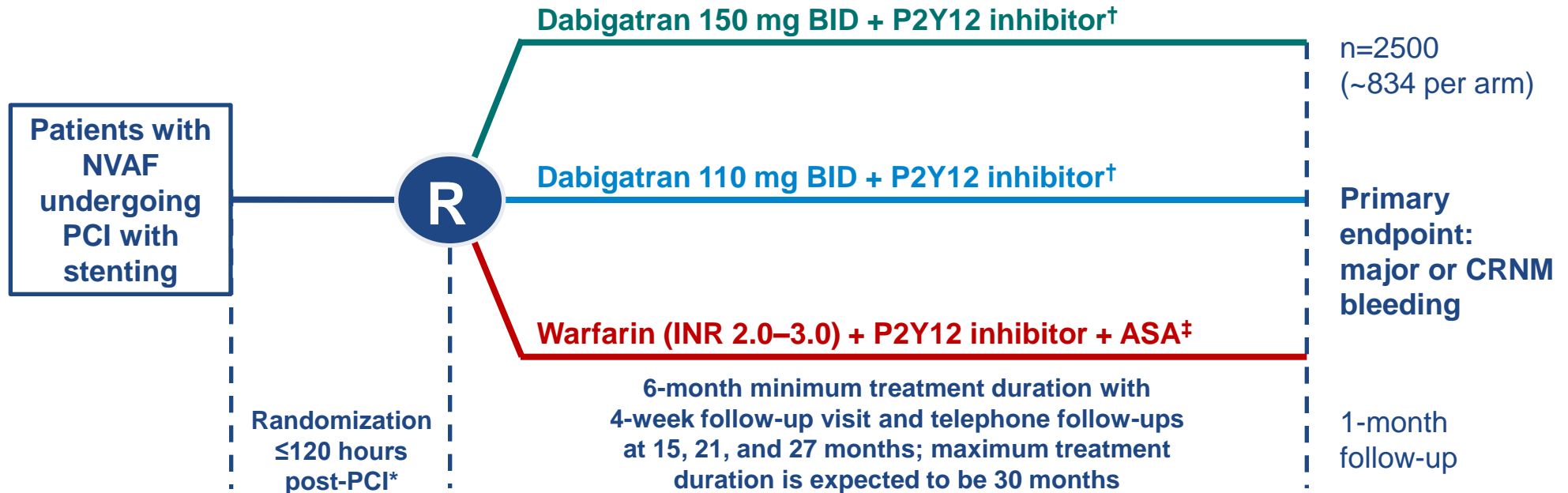
Conclusion

Rivaroxaban 2.5 mg bid plus aspirin 100 mg od:

- Reduces CV death, stroke, MI
- Increases major bleeding without a significant increase in fatal, intracranial or critical organ bleeding
- Provides a net clinical benefit

No significant benefit of rivaroxaban alone

RE-DUAL PCI™ tests the hypothesis of non-inferiority in safety of dual antithrombotic therapy with dabigatran vs triple therapy with VKA



Estimated completion March 2017



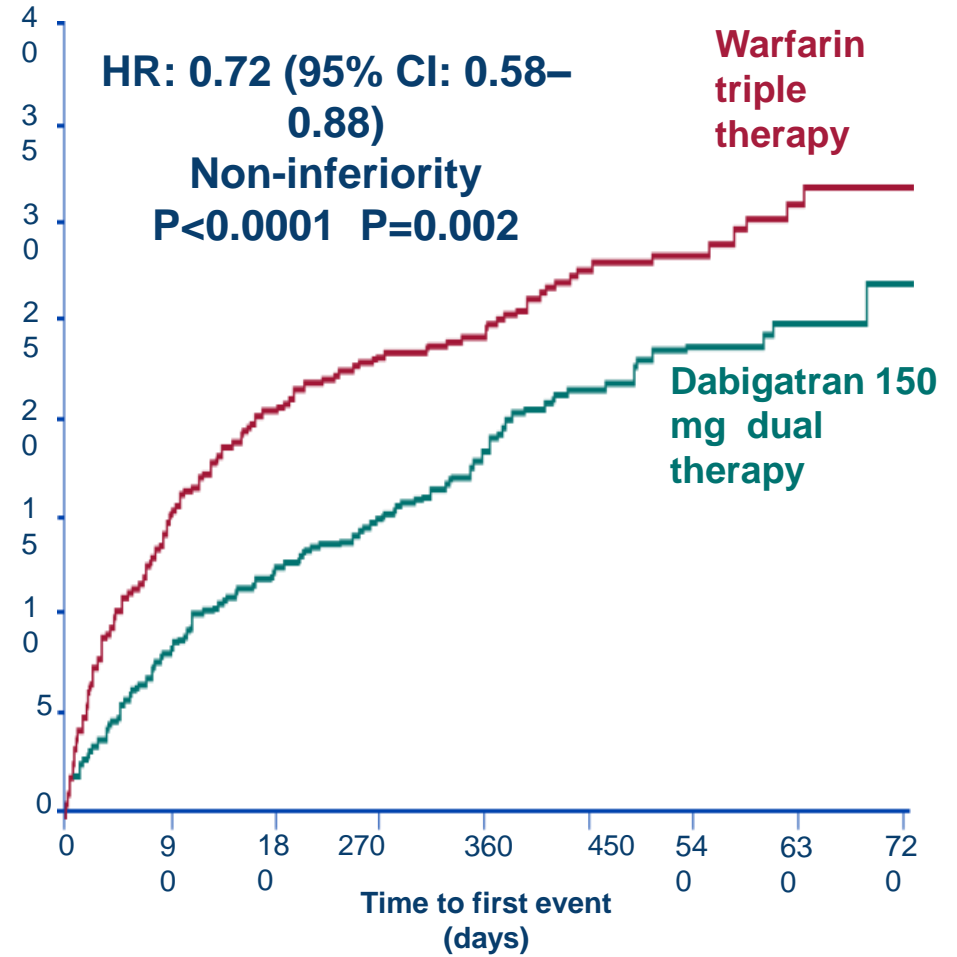
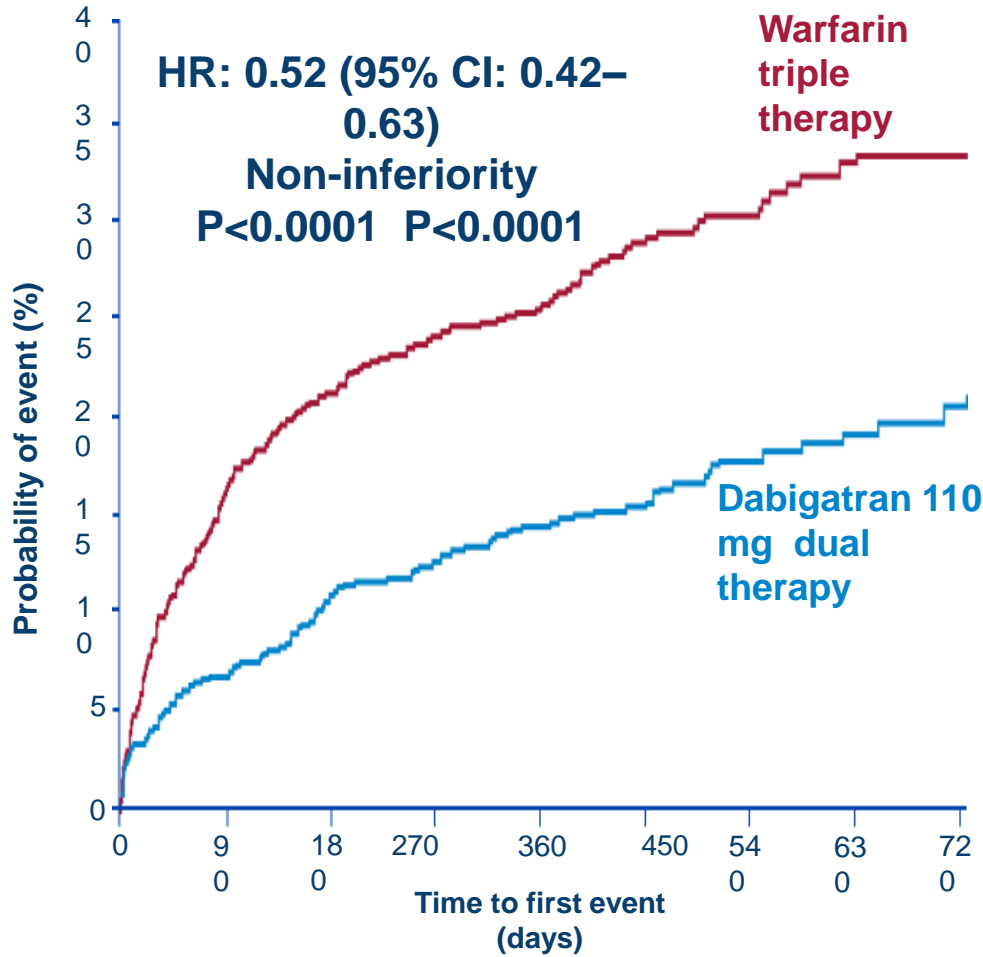
[Click here to see the RE-DUAL PCI key inclusion/exclusion criteria](#)

*Study drug should be administered 6 hours after sheath removal and no later than ≤ 120 hrs post-PCI (≤ 72 hrs is preferable). [†]Dabigatran arms: ASA discontinued at randomization. [‡]Warfarin arm: ASA discontinued 1 month after bare metal stent or 3 months after drug-eluting stent.

ASA, acetylsalicylic acid; CRNM, clinically-relevant non-major; PCI, percutaneous coronary intervention; R, randomization.

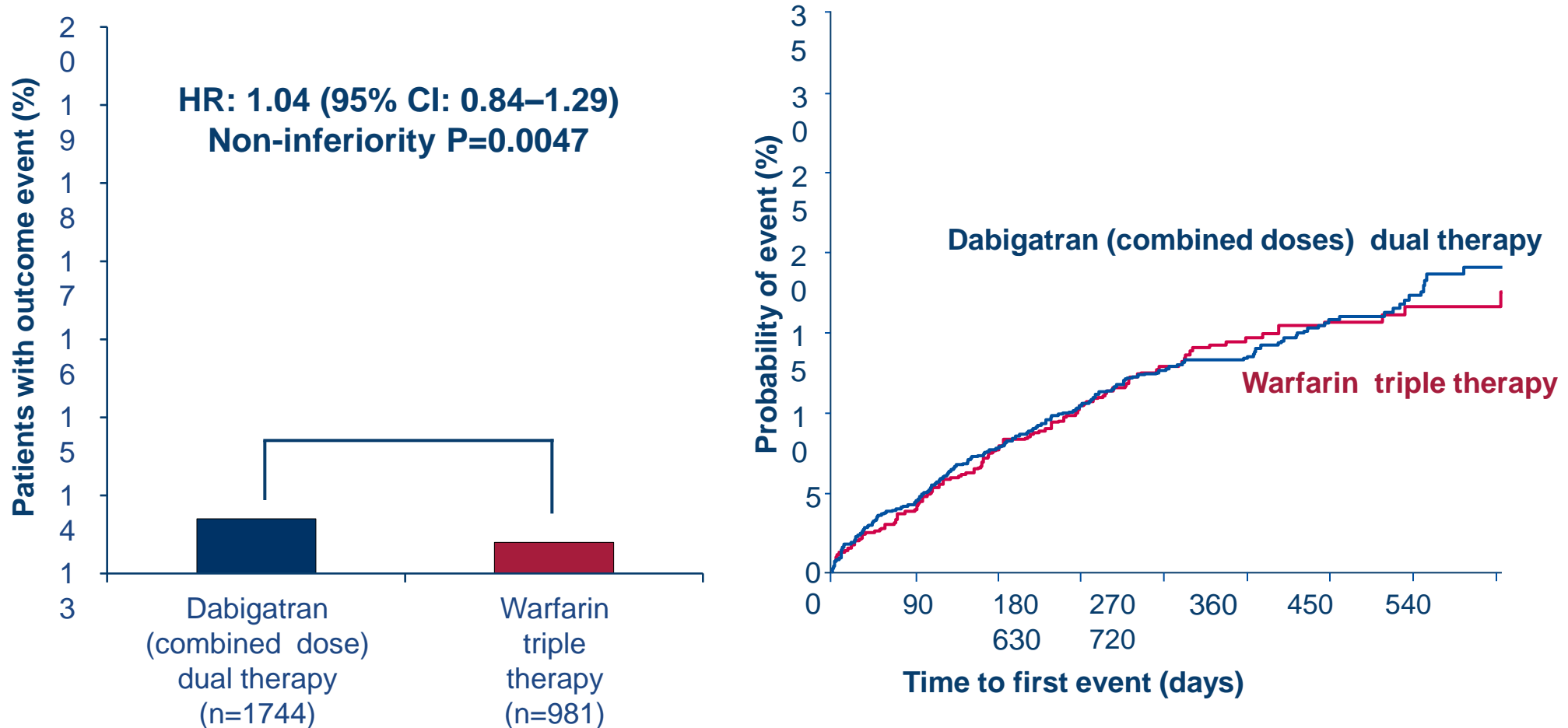
ClinicalTrials.gov: NCT02164864; Cannon C et al. Clin Cardiol 2016

Primary Endpoint: Time to first ISTH major or clinically relevant non-major bleeding event



Full analysis set presented. HRs and Wald CIs from Cox proportional-hazard model. For the dabigatran 110 mg vs warfarin comparison, the model is stratified by age, non-elderly vs elderly (<70 or ≥70 in Japan and <80 or ≥80 years old elsewhere). For the dabigatran 150 mg vs warfarin comparison, an unstratified model is used, elderly patients outside the USA are excluded. Non-inferiority P value is one sided (alpha=0.025). Wald two-sided P value from (stratified) Cox proportional-hazard model (alpha=0.05)

Time to death or thromboembolic event, or unplanned revascularization



Non-inferiority P value is one sided (alpha=0.025). Results presented are Step 3 of hierarchical testing procedure, testing non-inferiority of dabigatran dual therapy (combined doses) to warfarin triple therapy in death or thromboembolic event and unplanned revascularization

Summary

- From the mechanistic point of view, there are other receptors on the platelet surface than P2Y12, giving opportunities to develop drugs targeting these receptors to exert its antiplatelet action.
- The current guideline however generally recommends dual antiplatelet therapy with aspirin and P2Y12 inhibitor in patients undergoing PCI (including stable CAD) due to its vast evidence in the literature.
- Other alternative efforts using different agents, such as thrombin-receptor inhibitor and NOACs have been made, which turned out to be not fully satisfactory. In that sense, we need more, well-designed study.
- As of now, it is reasonable to regard DAPT with aspirin and P2Y12 inhibitor as default therapy for patients undergoing PCI.

Thank you for your attention !!

