### Treatment of Severely Calcified Coronary Artery Lesions



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### 80 year-old diabetic with ACS







Severely calcified proximal LAD



- Multiple, prolonged, highpressure inflations
- Unable to fully dilate balloon

- Slow flow
- Ischemia
- Contrast staining c/w dissection

- Cardiac arrest
- CPR
- Derived, Filter, Filter 1
- Impella insertion
- Rotational atherectomy



- Intubated, multiple vaspressors
- Hemo-metabolic shock, septic shock, mult-organ failure
- Died

### Coronary Artery Calcium a 40-year old problem

## The New England Journal of Medicine

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Volume 301

JULY 12, 1979

Number 2

#### NONOPERATIVE DILATATION OF CORONARY-ARTERY STENOSIS

Percutaneous Transluminal Coronary Angioplasty

ANDREAS R. GRÜNTZIG, M.D., ÅKE SENNING, M.D., AND WALTER E. SIEGENTHALER, M.D.

'At present, the [balloon-dilatation] technique is limited by anatomic factors, such as ... <u>calcified stenoses</u>.'<sup>1</sup>

## **Challenges with Calcified Lesions**

#### **Difficult to treat** •

- Difficult to dilate
- Prone to dissection during angioplasty
- Difficulty delivering stent
- **Prevent adequate stent** • expansion
- Poor clinical outcomes, including higher MACE
  - Most trials excluded calcified lesions



Incomplete Apposition

Incomplete Expansion

Edge Tear





### Impact of Coronary Artery Calcification in PCI with PES ARRIVE I and II Registries





Lee MS, et al. Catheter Cardiovasc Interv 2015

UCLA Health

### Rationale for Plaque Preparation with Coronary Atherectomy

Improve procedural success
Change morphology of lesion

- Facilitates optimal stent expansion
- Reduce complications





### Orbital Atherectomy Mechanism of Action



#### **Differential Sanding:**

- 30 micron diamond coating
- Bi-directional sanding, eccentric mounted crown
- Healthy elastic tissue flexes away minimizing damage to the vessel



#### **Centrifugal Force:**

- 360° crown contact designed to create a smooth, concentric lumen
- Allows constant blood flow and particulate flushing during orbit
- Increasing speed increases orbital diameter
- Ability to treat multiple vessel diameters with one crown (1.25 mm)
- Treat large vessels through small sheaths (6 French)







## **Single-Operator Technique**





Lee MS, et al. J Invasive Cardiol 2016.

UCLA Health

# 76 y.o. male with unstable angina PMH: smoking, HTN



#### Severe proximal LAD stenosis

#### Unable to dilate calcified lesion



## Angiography at 1 week shows pseudo-aneurysm of LAD

### **Difficulty wiring**

## Look, Listen, and Feel



Advance 1 mm/second. Max 25 seconds
Continue low-speed until change in cadence
Slow, pecking. Never push

#### **Final angiography**

## **Treatment Algorithm**







Lee MS, et al. J Invasive Cardio 2015

### **ORBIT II: Study Design**

To evaluate safety and efficacy of the Diamondback Coronary OAS Classic Crown to prepare *de novo*, **severely calcified coronary lesions** for enabling stent placement

- Prospective, multi-center trial in the United States
- Single arm As there were no FDA-approved percutaneous treatments specifically for patients with severely calcified coronary lesions.
- 443 subjects enrolled at 49 U.S. Sites



- Primary Safety Endpoint: MACE (MI= CK-MB>3x ULN, TVR, Cardiac Death)
- Primary Efficacy Endpoint: Procedural Success
  - Success in facilitating stent delivery with a final residual stenosis of <50% (as determined by Angiographic Core Lab) and free from in-hospital MACE



\*438 subjects per Kaplan Meier were at risk/events for MACE †432 subjects per Kaplan Meier were at risk/events for MACE ‡411 subjects per Kaplan Meier were at risk/events for MACE #311 subjects per Kaplan Meier were at risk/events for MACE Lee MS, et al. Cardiovasc Revasc Med. 2017;18:261-264.



### ORBIT II 3-Year TVR/TLR





#### Lee MS, et al. Cardiovasc Revasc Med. 2017;18:261-264



Lee MS, et al. J Interv Cardiol 2016

## **Angiographic Complications**

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#### ORIGINAL INVESTIGATION

#### Real-World Multicenter Registry of Patients with Severe Coronary Artery Calcification Undergoing Orbital Atherectomy

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**Objectives**: We evaluated the safety and efficacy of orbital atherectomy in real-world patients with severe coronary artery calcification (CAC).

Background: The presence of severe CAC increases the complexity of percutaneous coronary intervention as it may impede stent delivery and optimal stent expansion. Atherectomy may be an indispensable tool for uncrossable or undilatable lesions by modifying severe CAC. Although the ORBIT I and II trials report that orbital atherectomy was safe and effective for the treatment of severe CAC, patients with kidney disease, recent myocardial infarction, long diffuse disease, severe left ventricular dysfunction, and unprotected left main disease were excluded.

Methods: This retrospective study included 458 consecutive patients with severe CAC who underwent orbital atherectomy followed by stenting from October 2013 to December 2015 at 3 centers.

**Results**: The primary endpoint of major adverse cardiac and cerebrovascular events at 30 days was 1.7%. Low rates of 30-day all-cause mortality (1.3%), myocardial infarction (1.1%), target vessel revascularization (0%), stroke (0.2%), and stent thrombosis (0.9%) were observed. Angiographic complications were low: perforation was 0.7%, dissection 0.9%, and no-reflow 0.7%. Emergency coronary artery bypass graft surgery was performed in 0.2% of patients.

**Conclusion:** In the largest real-world study of patients who underwent orbital atherectomy, including high-risk patients who were not surgical candidates as well as those with very complex coronary anatomy, acute and short-term adverse clinical event rates were low. A randomized clinical trial is needed to identify the ideal treatment strategy for patients with severe CAC. (J Interven Cardiol 2016;9999:1–6)

	n=458
Perforation	3 (0.7%)
Dissection	4 (0.9%)
No reflow	3 (0.7%)





### **30-day Clinical Event Rates**

	n=458
MACE	8 (1.7%)
Death	6 (1.3%)
Myocardial infarction	4 (1.1%)
Target vessel revascularization	0 (0.0%)
Stroke	1 (0.2%)
Stent thrombosis	4 (0.9%)
Emergent CABG	1 (0.2%)

Values are n (%)





### Orbital Atherectomy for Unprotected Left Main Disease





Lee MS, et al. J Invasive Cardiol 2018

UCLA Health

## **Calcified Left Main and LAD**



#### 68 y.o. male pre-lung transplant

#### **Calcified LM and LAD**

## Orbital Atherectomy Left Main Artery



Treats 360° of the vessel. The diamond coated crown sands away calcium and allows healthy elastic tissue to flex away minimizing injury to the vessel.





## **Final Angiography**







## Conclusion

- Coronary artery calcification may prevent stent delivery and optimal stent expansion
- CAC is associated with increased risk of complications, including death, MI, TVR, and stent thrombosis
- Orbital atherectomy is a safe and effective treatment strategy for patients with severe CAC

UCLA Health

- Low angiographic complications
- Acceptable rates of TVR









### John Wooden

### "Failing to prepare is preparing to fail"



