



**SARAWAK
HEART CENTRE**

WE CARE FOR YOUR HEART



18th Joint Coronary Revascularisation Meeting, Busan, Dec 2018

Ten year trends from the Malaysian acute coronary syndrome registry - A multiethnic cohort

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Sarawak General Hospital



The NCVD Registries (e.2006)



NATIONAL CARDIOVASCULAR DISEASE DATABASE (NCVD)

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Visitor number:

029100

since 30/3/2006



Sunday, September 18, 2016

Overview

The **National Cardiovascular Disease Database (NCVD)** is a service supported by the Ministry of Health (MOH) to collect information about cardiovascular disease in Malaysia, which will enable us to know the incidence of cardiovascular disease (CVD), and to evaluate its risk factors and treatment in the country. The NCVD was established to integrate various CVD databases available in the country to achieve nation-wide cardiovascular database. The database refers to the ongoing systematic collection, analysis and interpretation of cardiovascular disease data essential to the planning, implementation and evaluation of clinical and public health services, closely integrated with dissemination of these data to those who need to know. The final link in the chain is the application of these data to the treatment, prevention and control of cardiovascular disease. A database system includes a functional capacity for data collection, analysis and dissemination linked to clinical and public health programs. The NCVD was officially launched on the 31st of March 2006 by Dato' Dr Ghani Mohamed Din, the Deputy Director General of Health Malaysia during the 10th Annual Scientific Meeting (ASM) of National Heart Association of Malaysia (NHAM) in Hilton Kuala Lumpur/ Le Meridien, Kuala Lumpur Sentral.

Sponsors

The NCVD is sponsored by the [Ministry of Health Malaysia](#) and co-sponsored by [National Heart Association of Malaysia \(NHAM\)](#). The [Clinical Research Centre \(CRC\)](#) is providing the technical support in the form of clinical epidemiology expertise, biostatistics and Information and Communication Technology (ICT) services.

Objectives

The objectives of the NCVD are to:

- Describe the natural history of Acute Coronary Syndrome (ACS) and Percutaneous Coronary Intervention (PCI)
- Determine effectiveness of treatments for ACS and PCI
- Monitor safety and harm of products and services used in the treatment of ACS and PCI
- Evaluating access to and quality of treatment services for ACS and PCI

http://www.acrm.org.my/ncvd/aboutUs_overview.php

Sarawak General Hospital



Digging our own oil/gold...

What about Confidentiality?

Current legislation allows doctors to release their patients' data to persons demonstrating a need, which is essential to public health and safety. The NCVD meets this requirement.

The NCVD has also developed strict policies and procedures to maintain confidentiality of data collected by it as well as in disclosure of data.

For further information, the NCVD is also published electronically on website at:

<http://www.acrm.org.my/ncvd>

We look forward to the continued support and collaboration from all parties that will enable the National Cardiovascular Disease Database (NCVD) to develop and contribute significantly to the control of cardiovascular disease in this country.

NCVD REGISTRATION FORM

Yes! I want to participate in the National Cardiovascular Disease Database (NCVD). Please register my centre.

Details

Name: _____
(Title) (Name)

Designation: _____

Institution: _____

Sector (Check only one):

MOH University NGO
 Private Armed Forces Others, specify _____

Address (office): _____

Postal Code: _____ City/Town: _____

State: _____

Tel: () _____

Fax: () _____

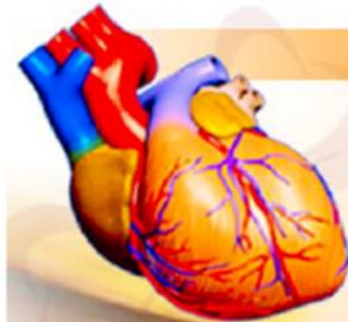
Handphone: () _____

E-Mail: _____

Please mail or fax to:

Manager,
National Cardiovascular Disease Database
c/o Clinical Research Centre
3rd Floor, Dermatology Block,
Hospital Kuala Lumpur,
Jalan Pahang,
50586 Kuala Lumpur
Tel: 03 - 2692 4249 / 03 -2698 0310
Fax: 03 - 2691 1682
Email: ncvd@acrm.org.my

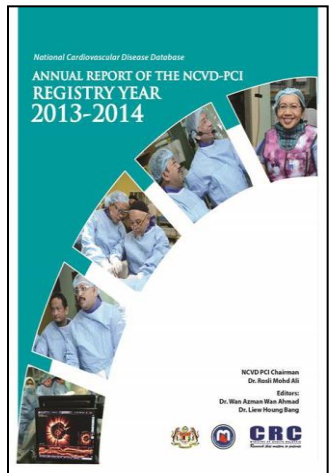
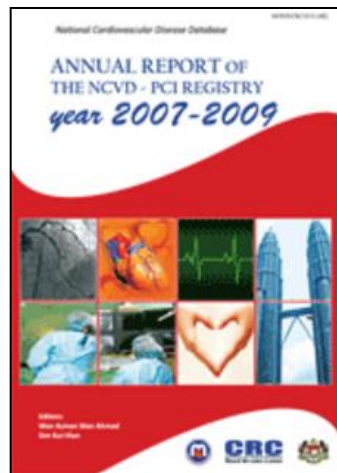
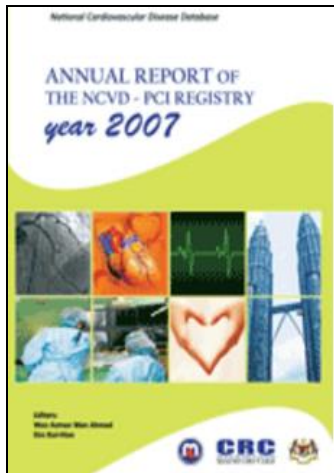
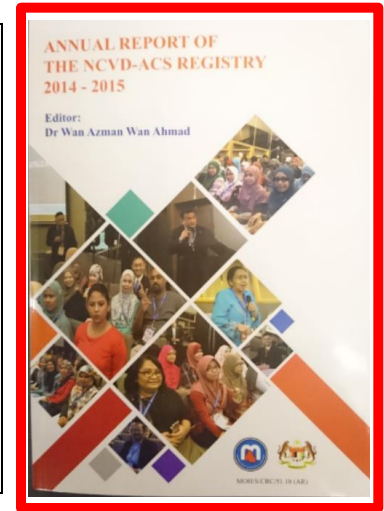
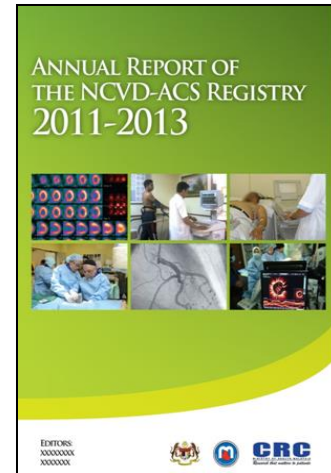
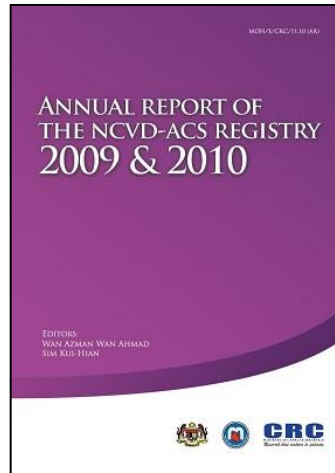
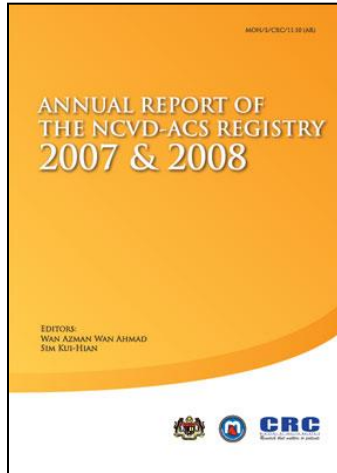
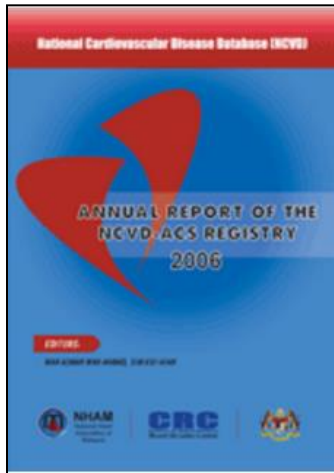
NATIONAL CARDIOVASCULAR DISEASE DATABASE



NCVD

Sponsored by:

- Departments of Cardiology & Medicine / MOH Hospitals
- Clinical Research Centre



NCVD ACS : SDP and ACS Admissions

YEAR	NO. OF SDPs	NO. OF ACS ADMISSIONS
2006	12	3,500
2007	15	3,870
2008	16	3,317
2009	15	3,713
2010	17	3,822
2011	19	4,260
2012	19	5,086
2013	19	6,595
2014	21	9,306
2015	23	10,209
2016	24	10,255
TOTAL		63,933

SPD patterns

#	Hospital	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	TOTAL
1	H. Kuala Lumpur	422	386	339	234	439	306	378	318	703	606	805	4936
2	IJN	467	403	270	484	367	288	434	516	563	714	538	5044
3	H. Penang	477	611	496	419	344	657	875	1346	1511	1425	1258	9419
4	H. Raja Perempuan Zainab II	144	139	84	135	72	18	38	67	110	85	32	924
5	PJHUS	318	287	297	245	161	233	434	526	678	908	976	5063
6	SGH (Med)	66	34	1									101
7	H. Sultanah Aminah	242	232	261	304	441	445	477	658	647	660	689	5056
8	H. Sultanah Bahiyah	167	53	4	102	70	118	263	339	404	351	620	2491
9	H. Tengku Ampuan Afzan	153	377	281	352	299	288	342	579	693	592	576	4532
10	H. Tuanku Fauziah	53	71	101	20	61	83	85	107	81	119	20	801
11	H. Tuanku Ja'afar	161	257	280	77	145	24	22	10	50	78	42	1146
12	PPUM	830	745	654	946	631	412	363	215	1487	1214	1135	8632
13	H. Queen Elizabeth		93	84	85	101	32	2	0	34	66	45	542
14	H. Raja Permaisuri Bainun		54	0	103	188	207	228	211	394	379	333	2097
15	H. Melaka		128	155	136	203	216	1	88	193	163	168	1451
16	H. Tengku Ampuan Rahimah			10	71	142	109	110	117	26	9	0	594
17	H. Queen Elizabeth II					124	150	278	333	650	825	790	3150
18	H. Serdang					34	555	577	885	587	1329	1446	5413
19	H. Ampang						33	105	63	0	137	111	449
20	H. Sultanah Nur Zahirah						86	74	217	320	307	422	1426
21	H. Lahad Datu									12	67	0	79
22	UiTM									163	111	41	315
23	Oriental Melaka Medical Centre										8	29	37
24	PPUKM										56	89	145
25	H. Duchess of Kent, Sandakan											90	90
	TOTAL	3500	3870	3317	3713	3822	4260	5086	6595	9306	10209	10255	63933
	No. of SPDs	12	15	16	15	17	19	19	19	21	23	24	

Table 1: Number of cardiologists in Malaysia (%), 2006-2015

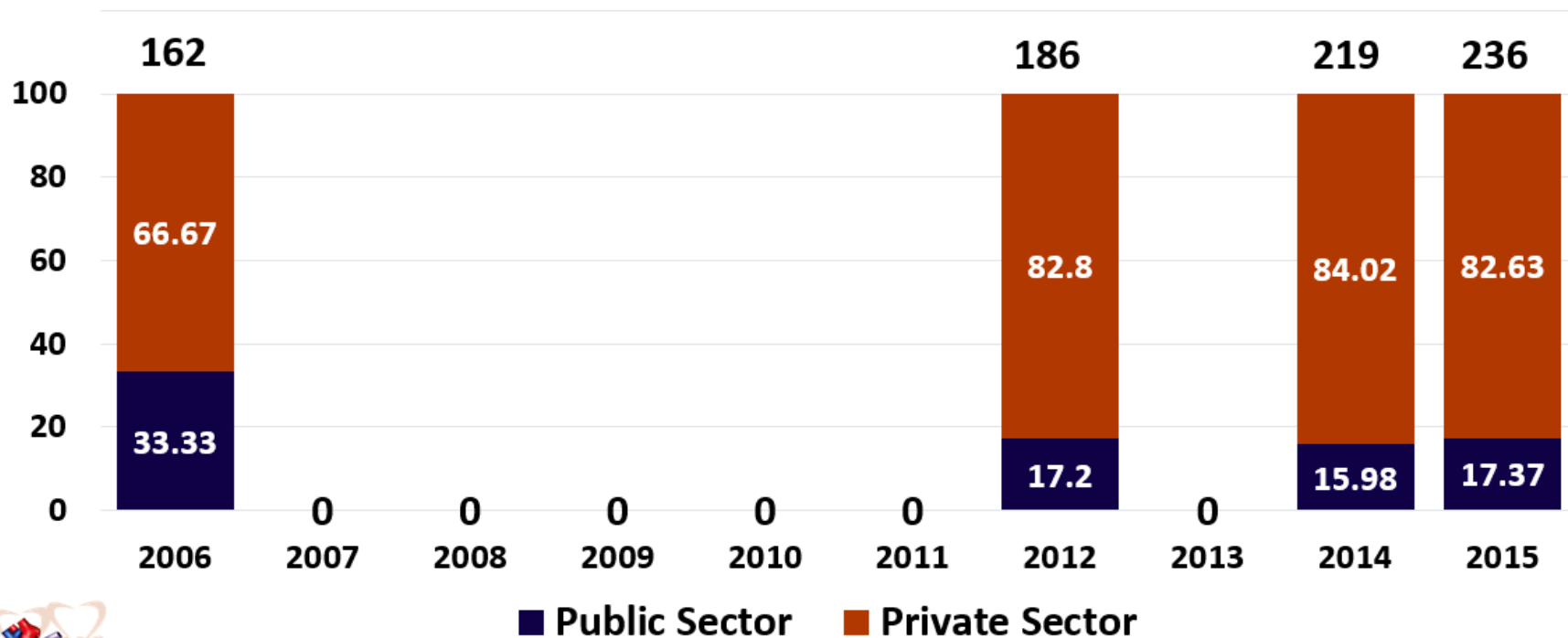


Table 2: Number of hospitals with cardiac catheterisation laboratory in Malaysia (%), 2006-2015

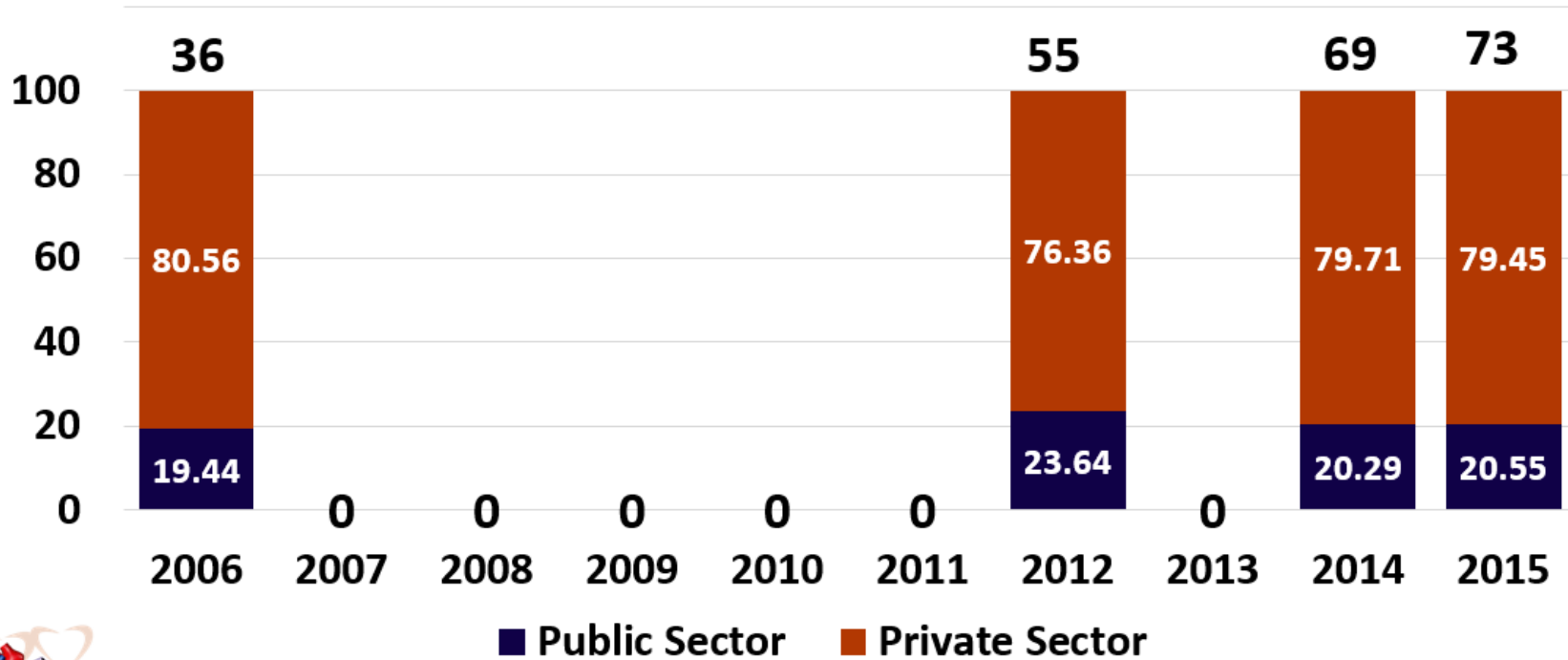
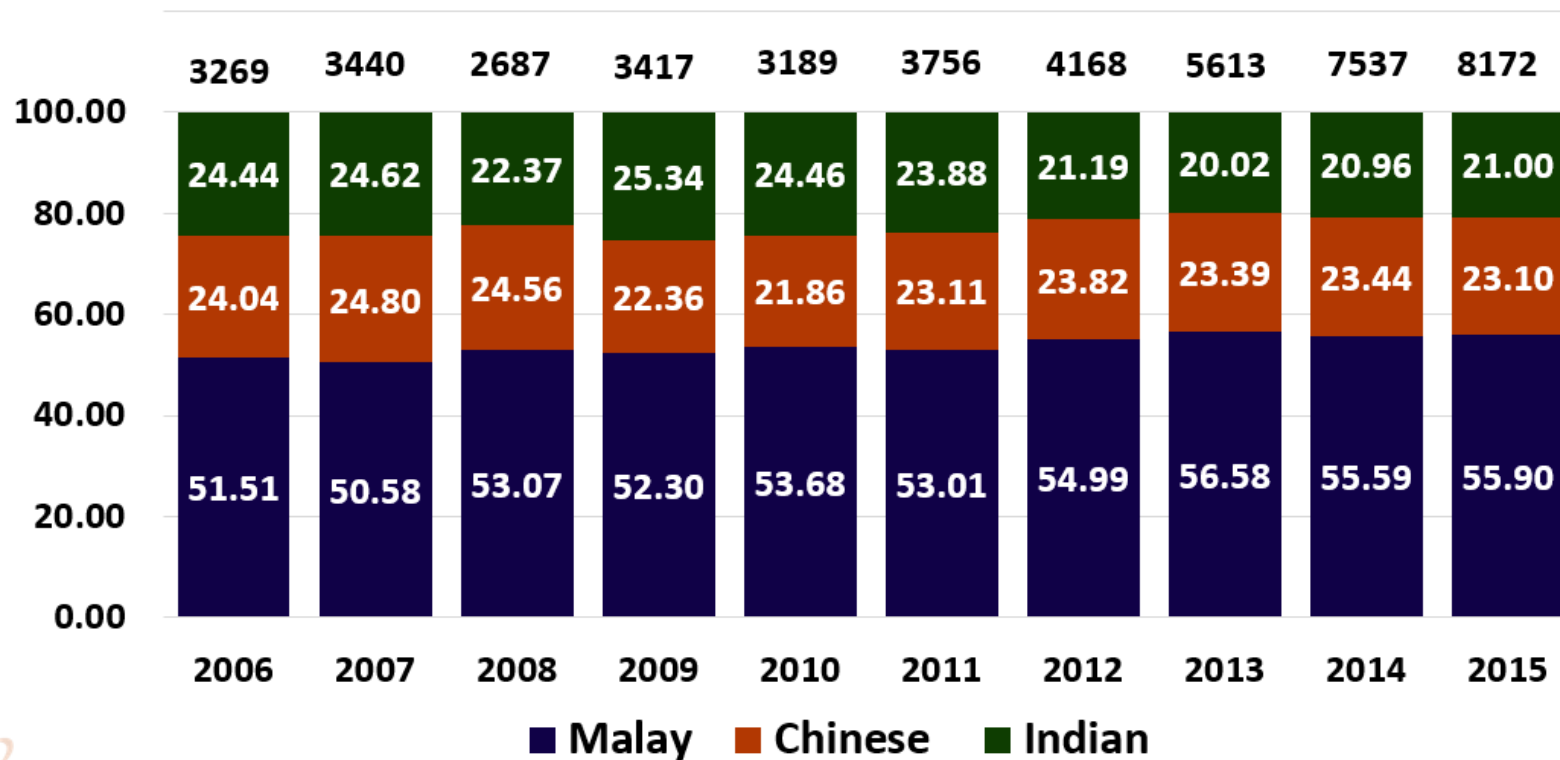


Table 6: Ethnic distribution of patients presenting with ACS (%), 2006-2015



* Only data from the three major ethnic groups presented here



Table 3: Mean age of patients presenting with ACS, 2006-2015

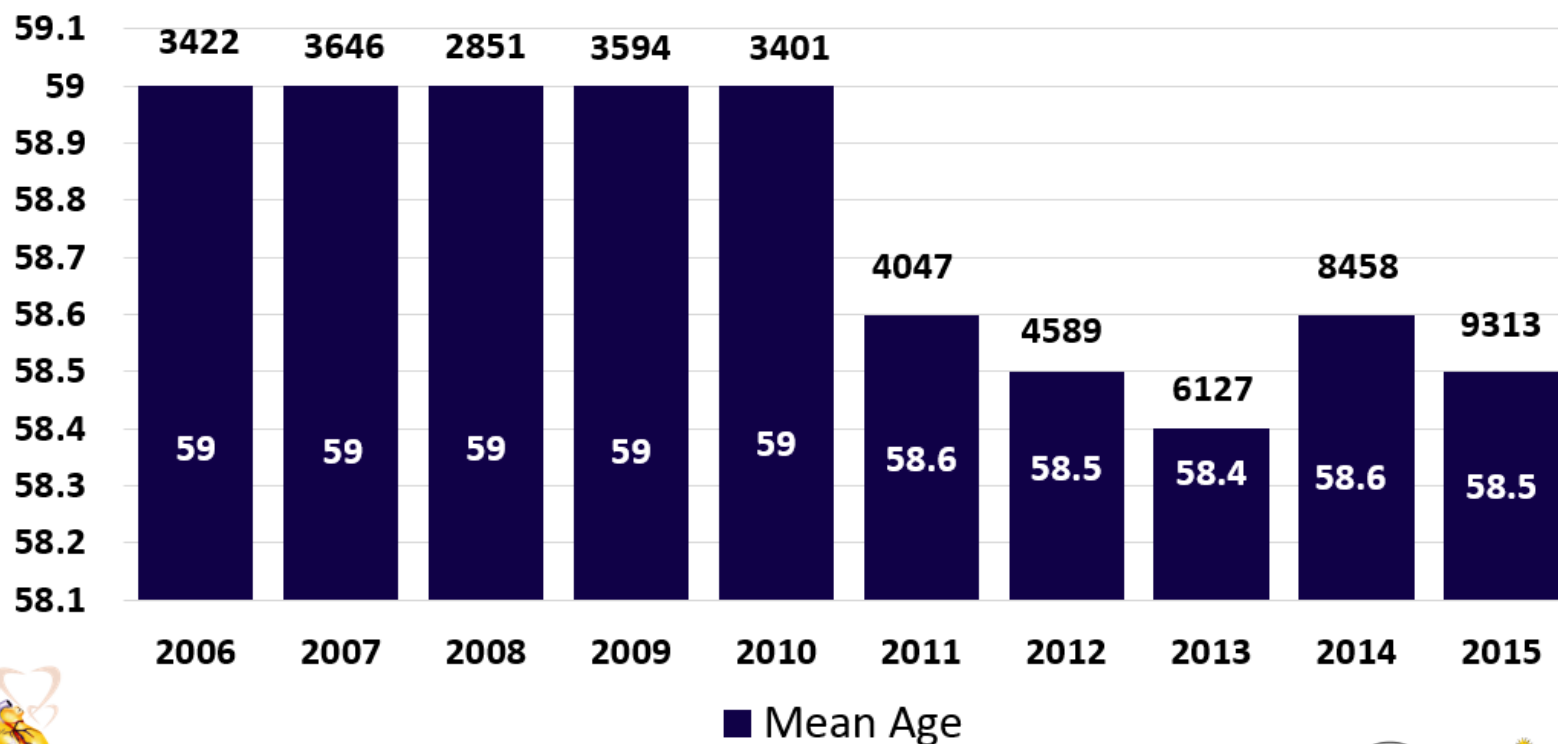


Table 4: Age-groups of patients presenting with ACS (%), 2006-2015

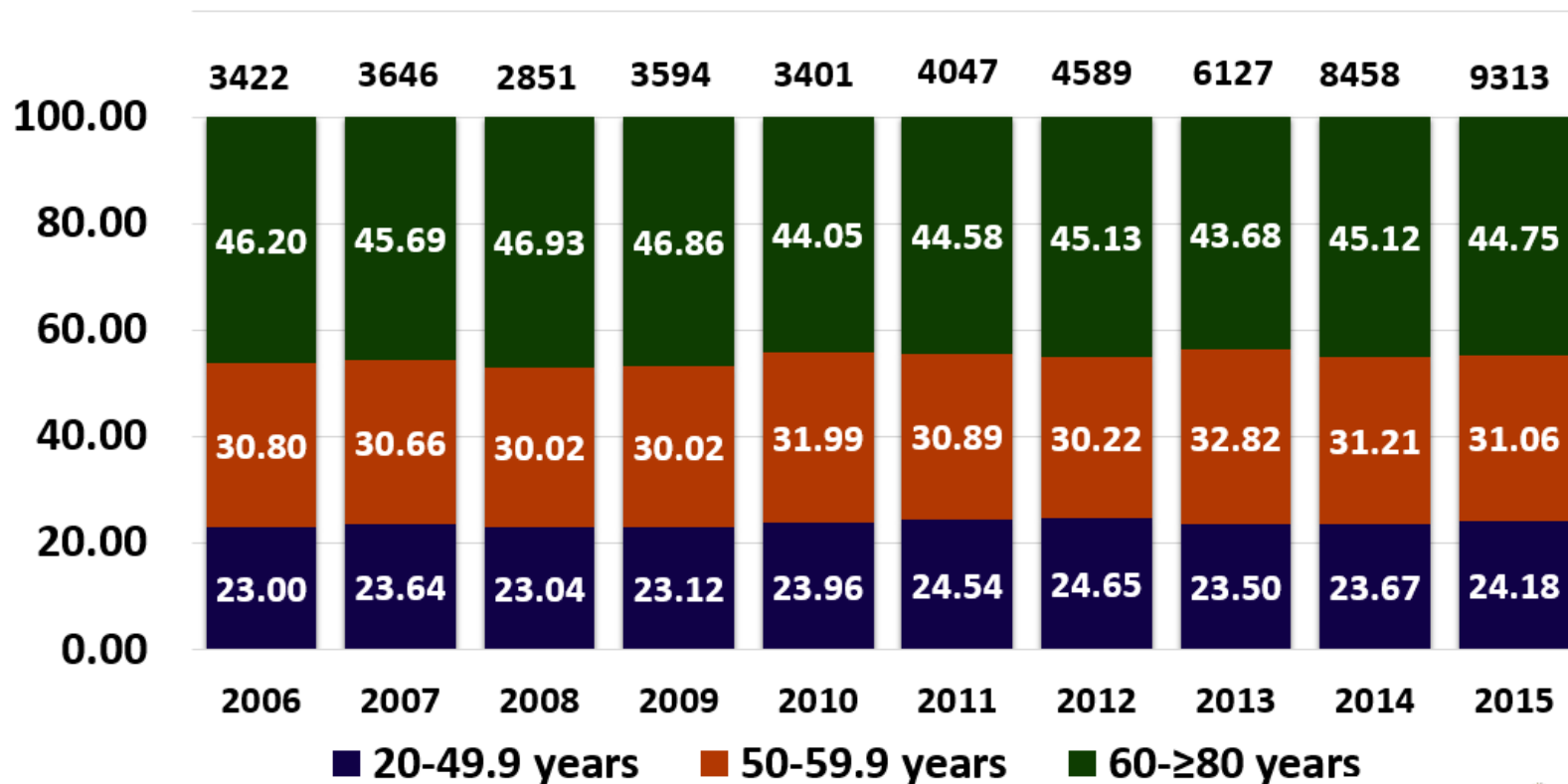


Table 5: Gender distribution of patients with ACS (%), 2006-2015

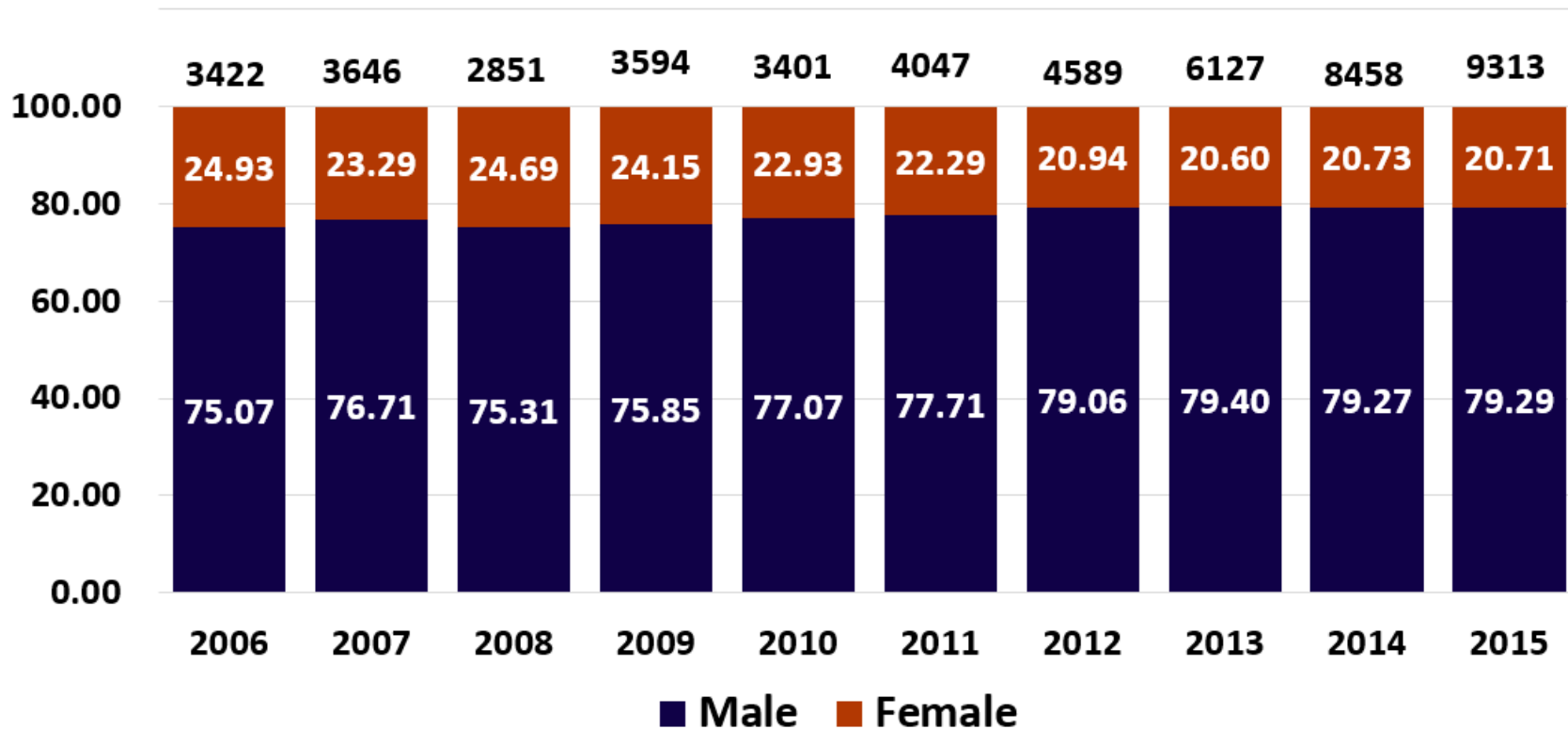


Chart Area



Table 7: Smoking and patients presenting with ACS (%), 2006-2015

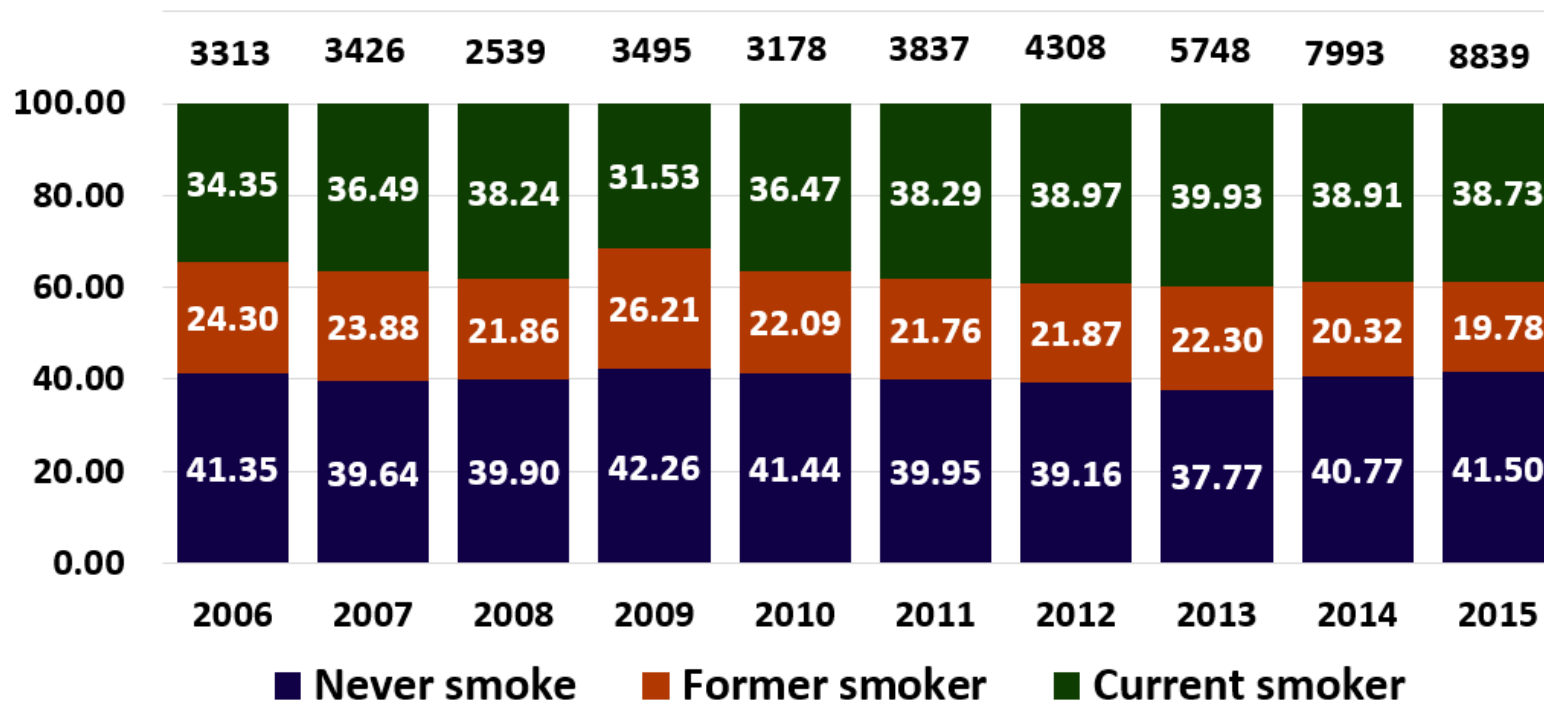
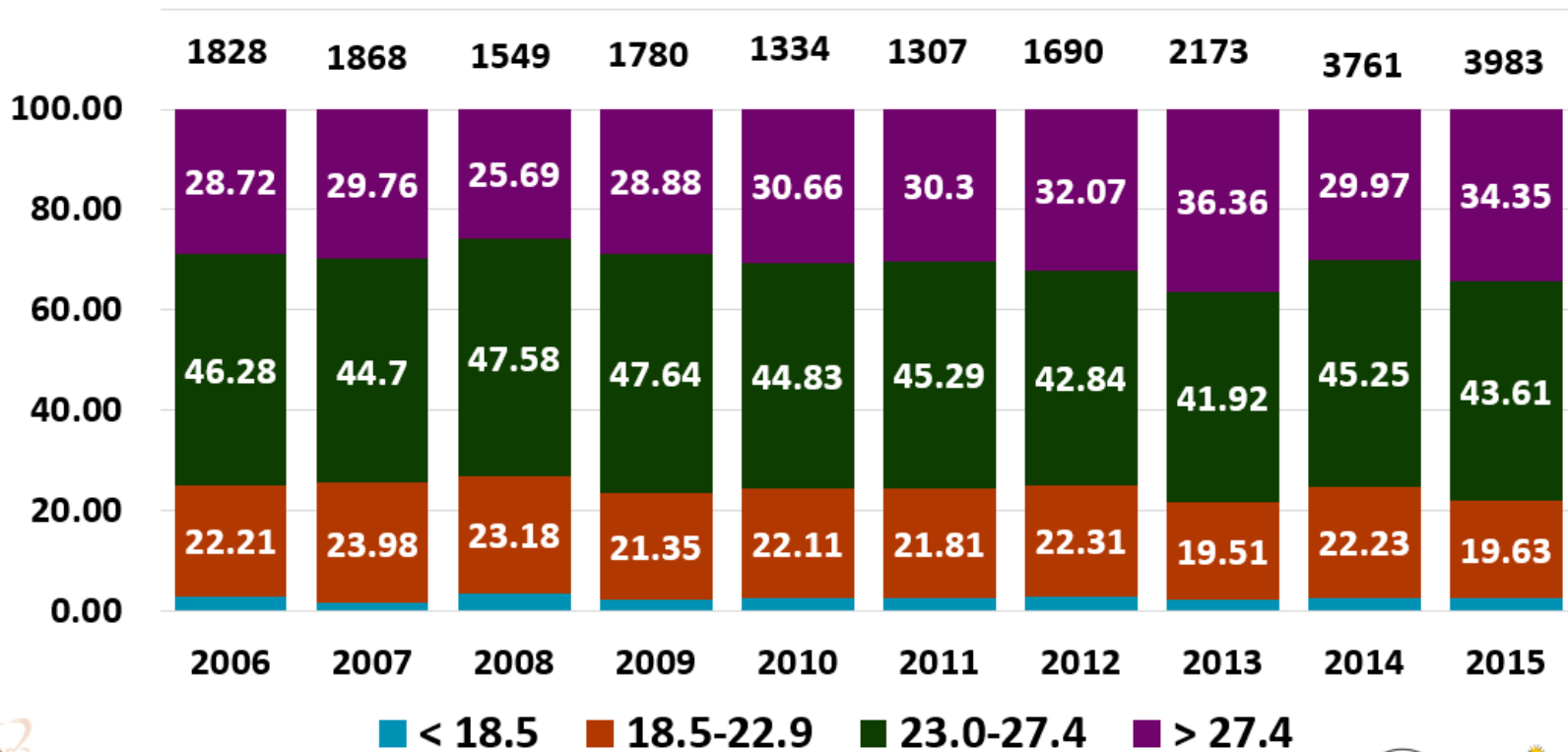


Table 8: Body Mass Index (BMI) and patients presenting with ACS (%), 2006-2015



■ < 18.5 ■ 18.5-22.9 ■ 23.0-27.4 ■ > 27.4



Table 9: Dyslipidaemia and patients presenting with ACS (%), 2006-2015

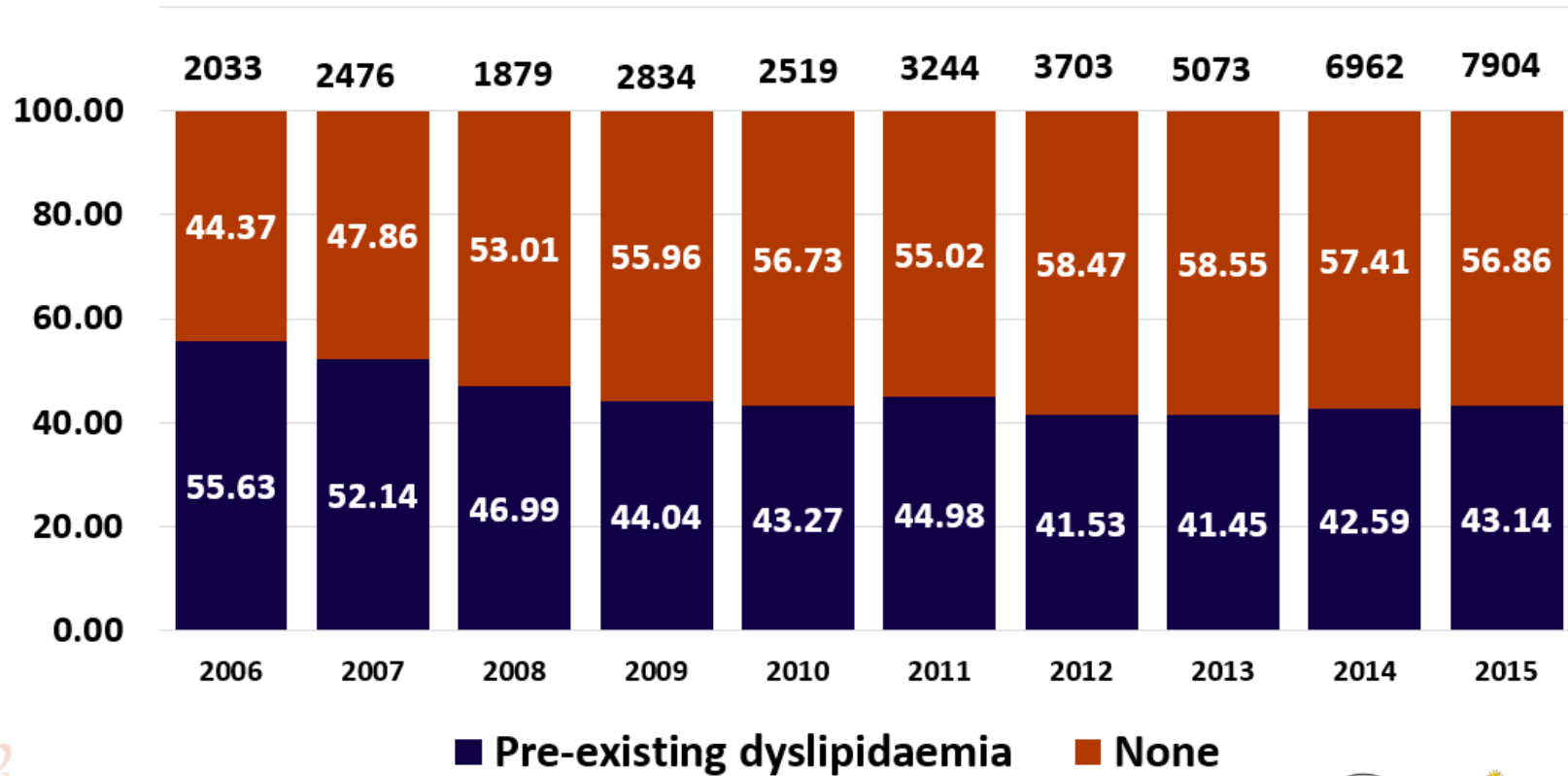


Table 10: Hypertension and patients presenting with ACS (%), 2006-2015

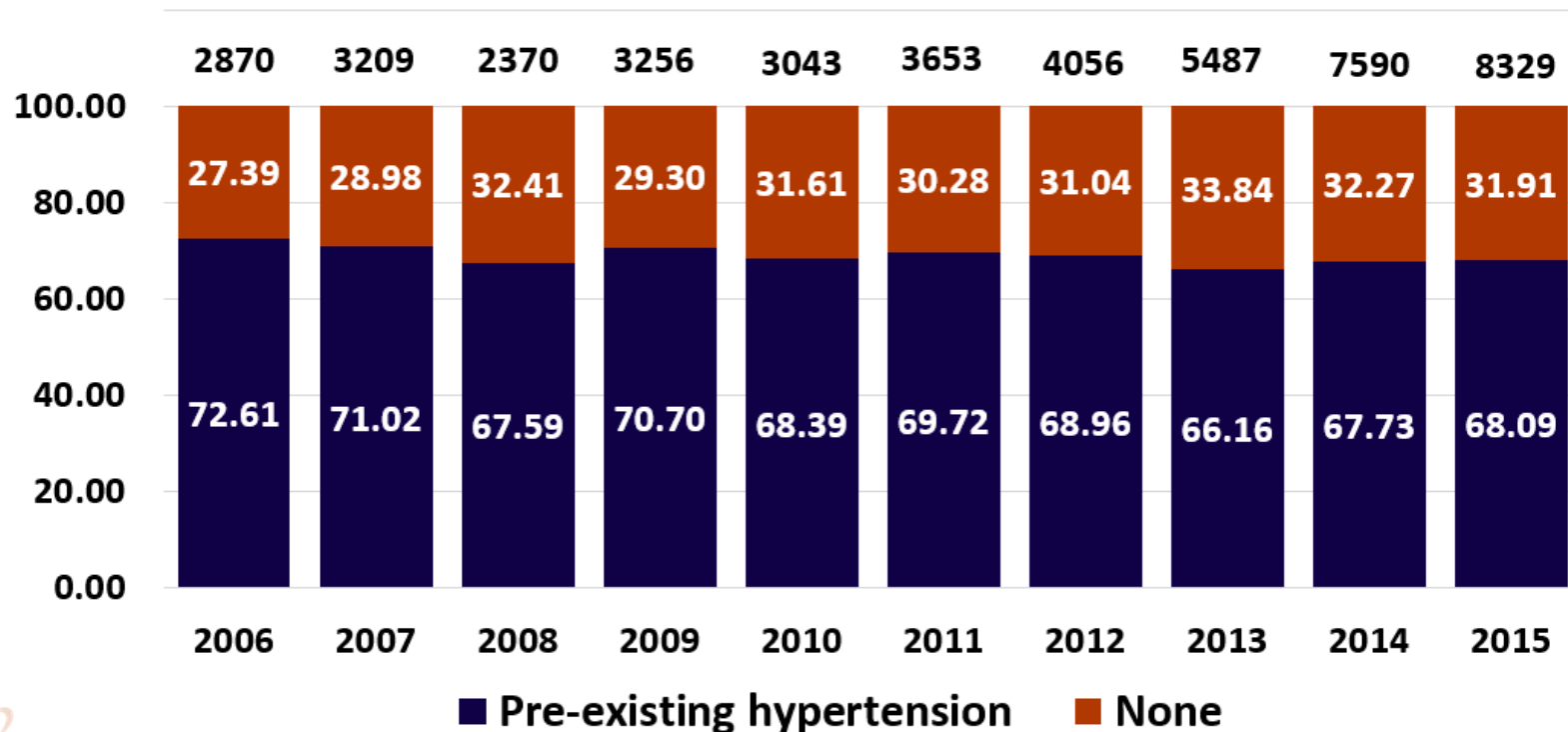


Table 11: Diabetes and patients presenting with ACS (%), 2006-2015

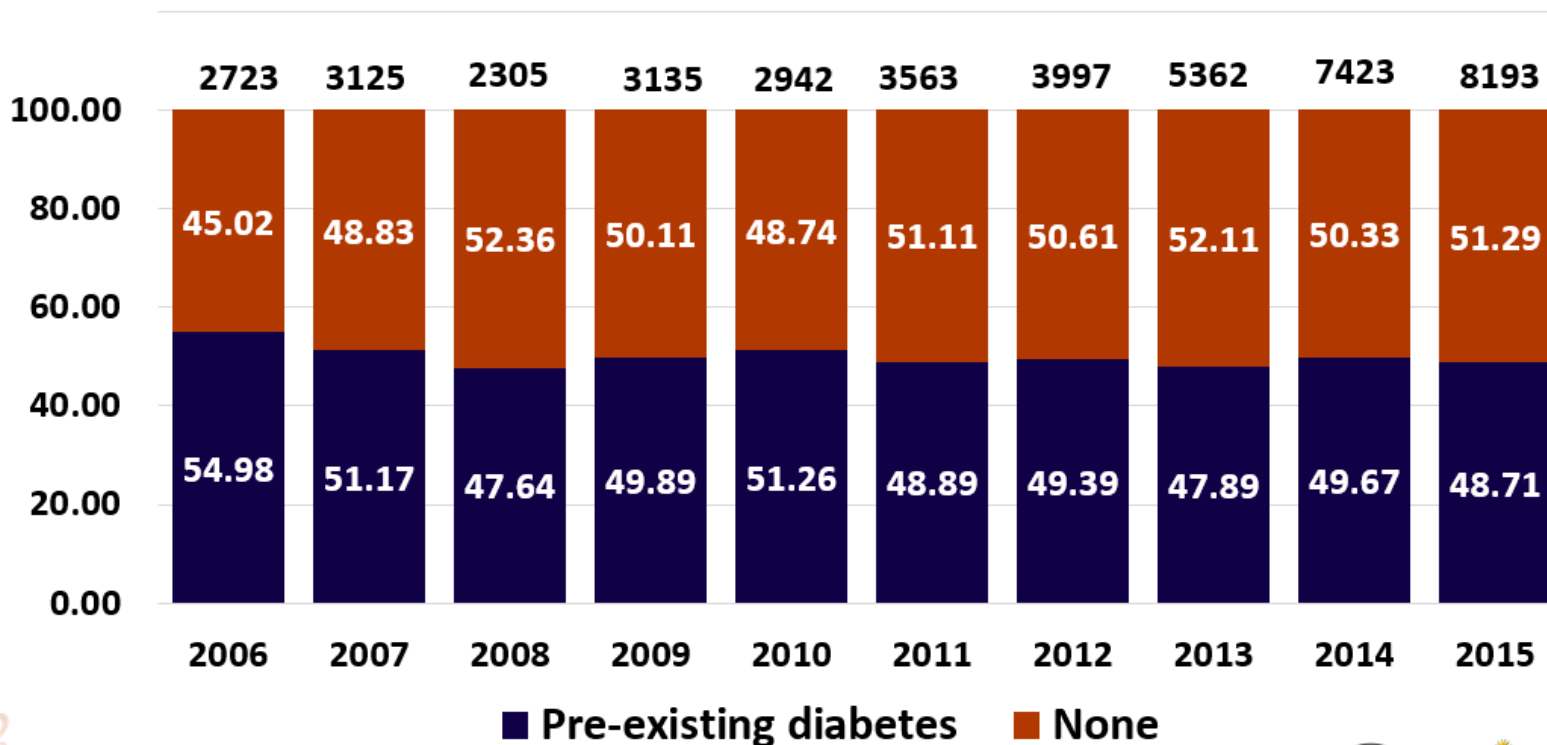
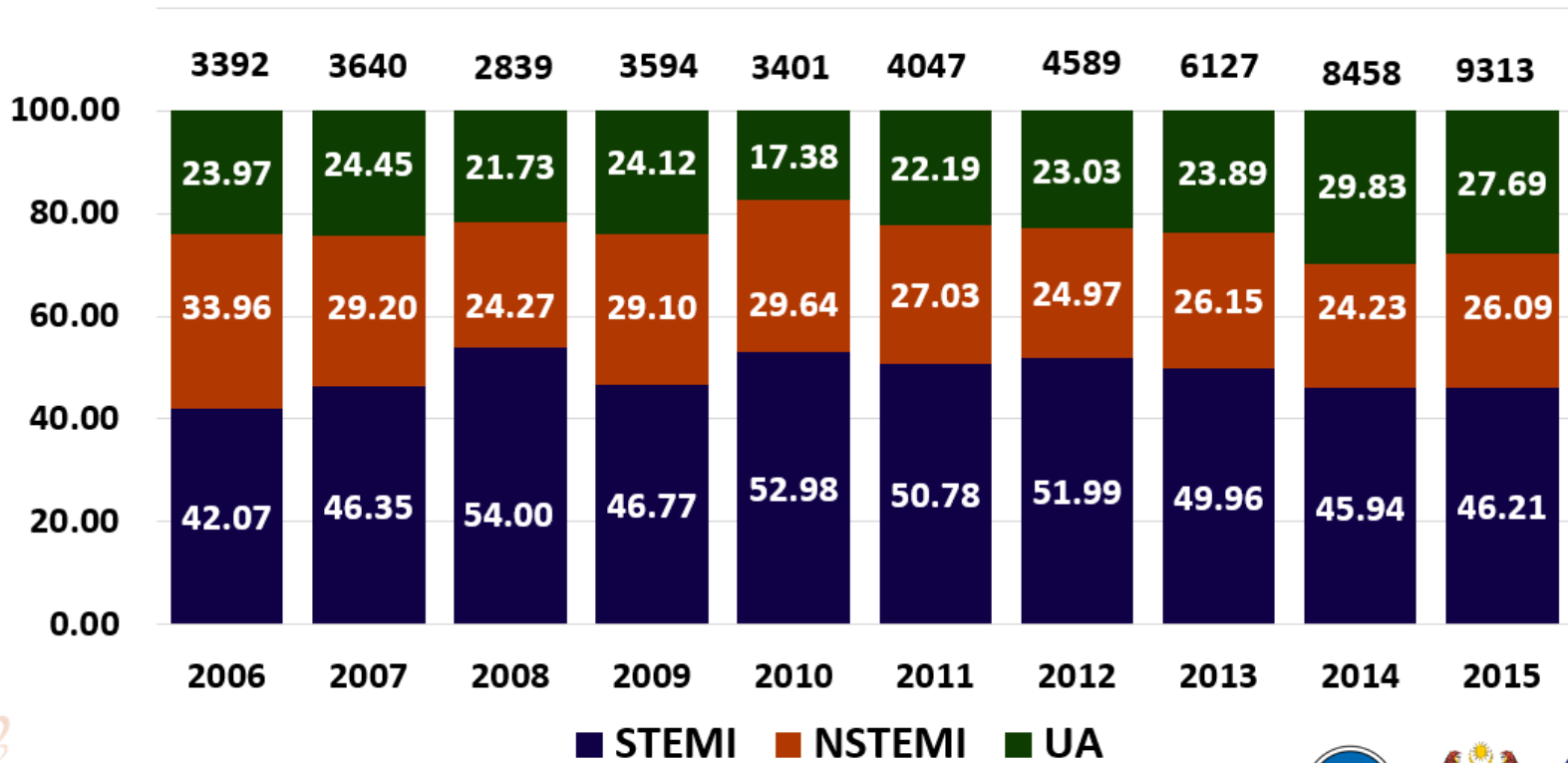


Table 12: Clinical presentation of patients presenting with ACS (%), 2006-2015



Fibrinolytic Therapy vs Ethnicity

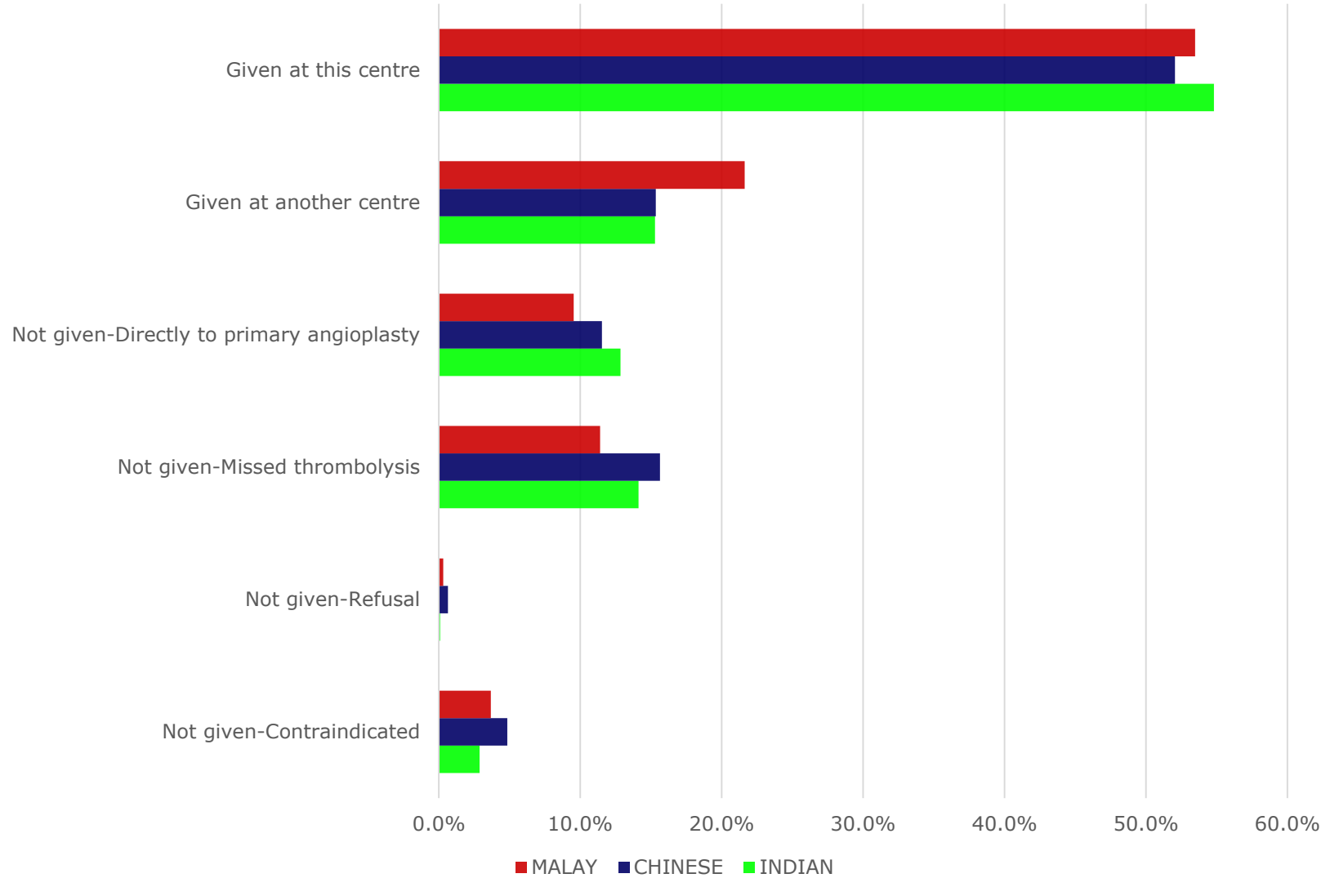


Table 13: In-hospital mortality for STEMI (%), 2006-2015

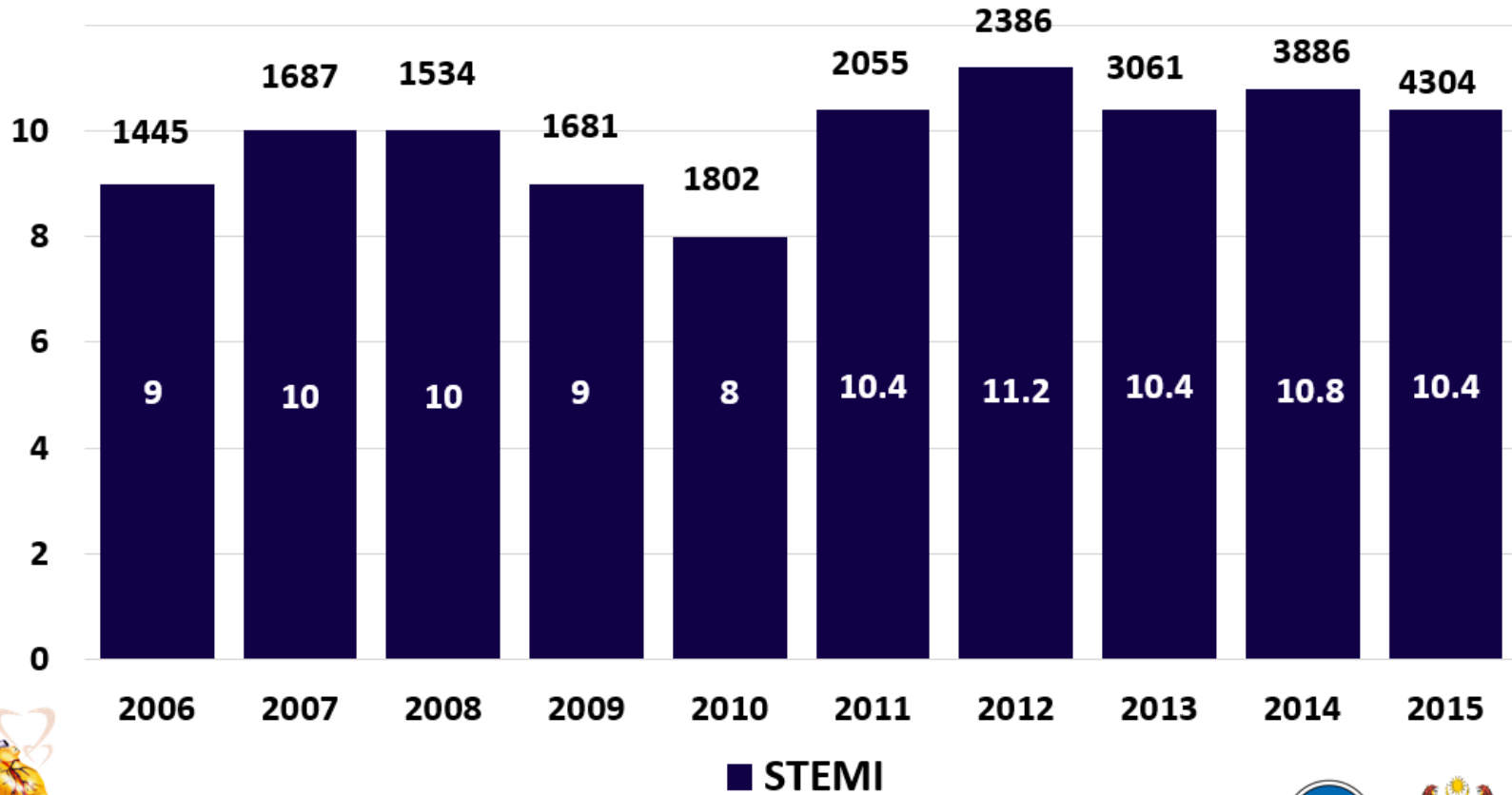


Table 14: In-hospital mortality for NSTEMI (%), 2006-2015

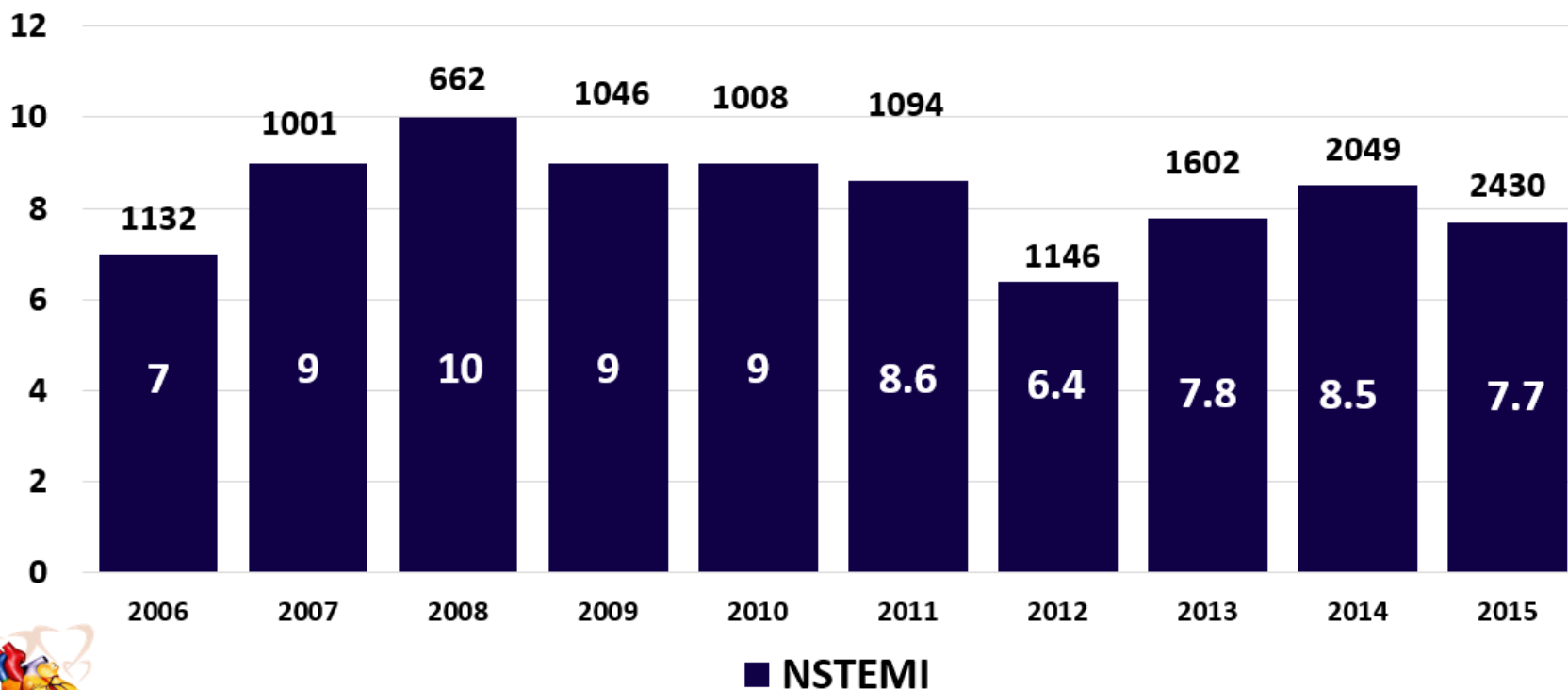
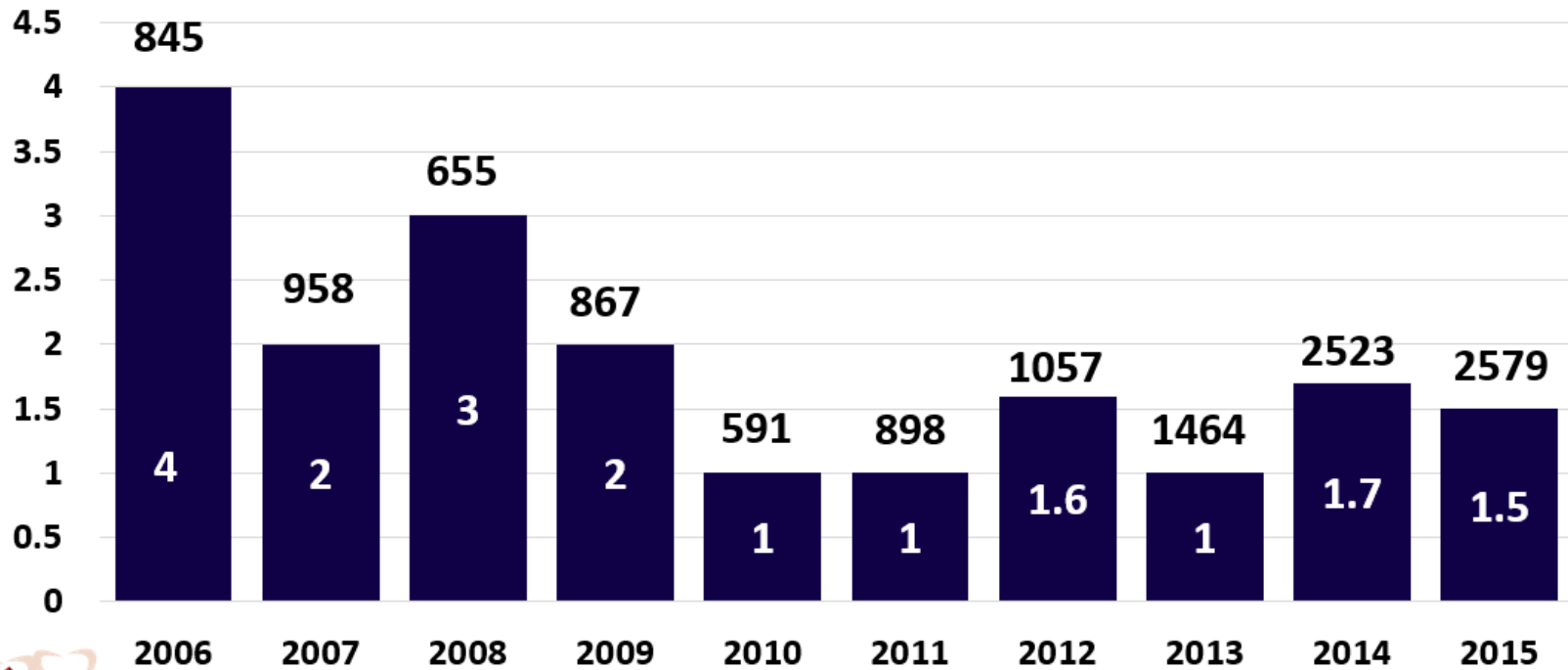


Table 15: In-hospital mortality for unstable angina (%), 2006-2015



■ UA



Table 16: 30-day mortality for STEMI (%), 2006-2015

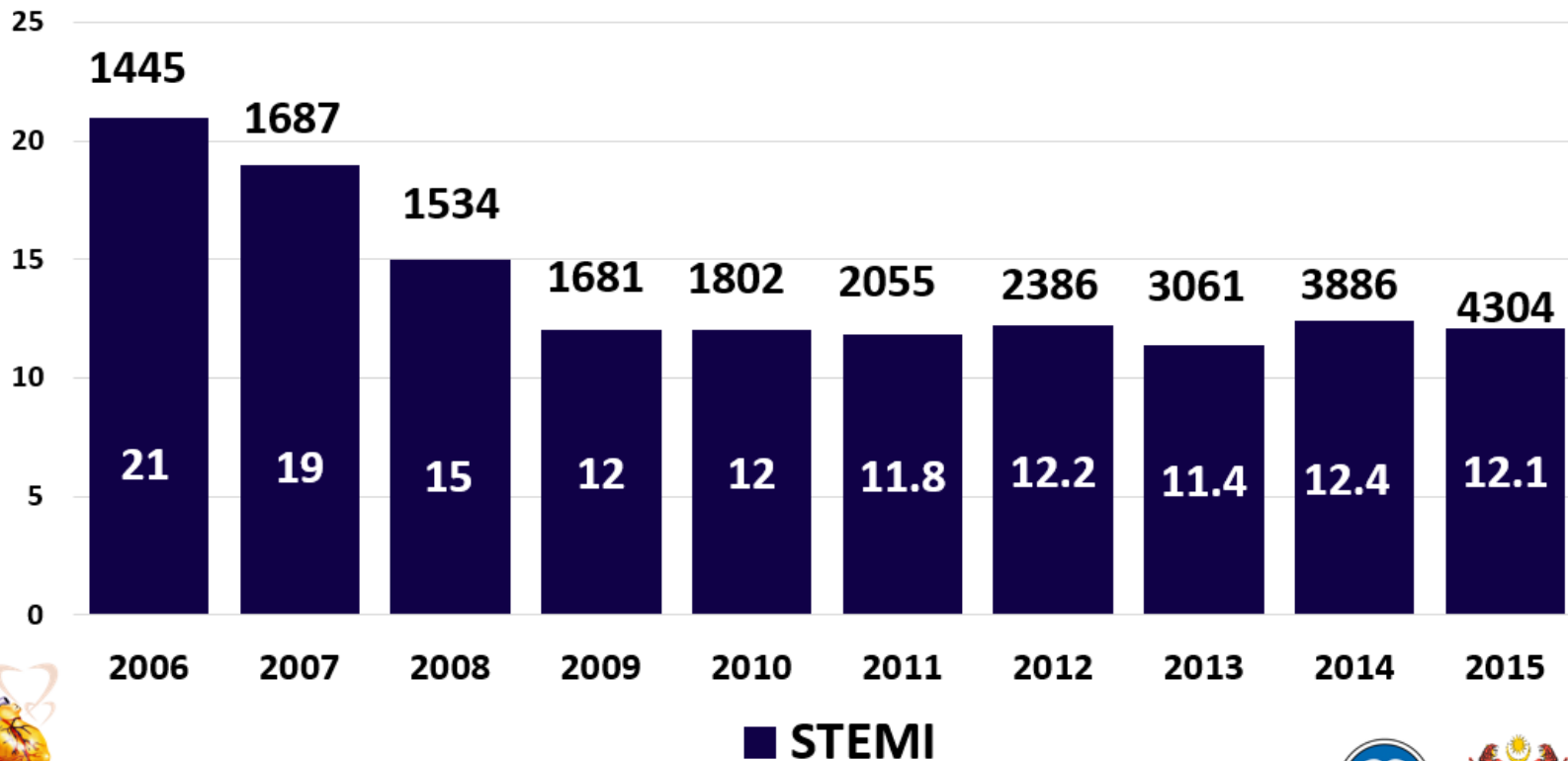
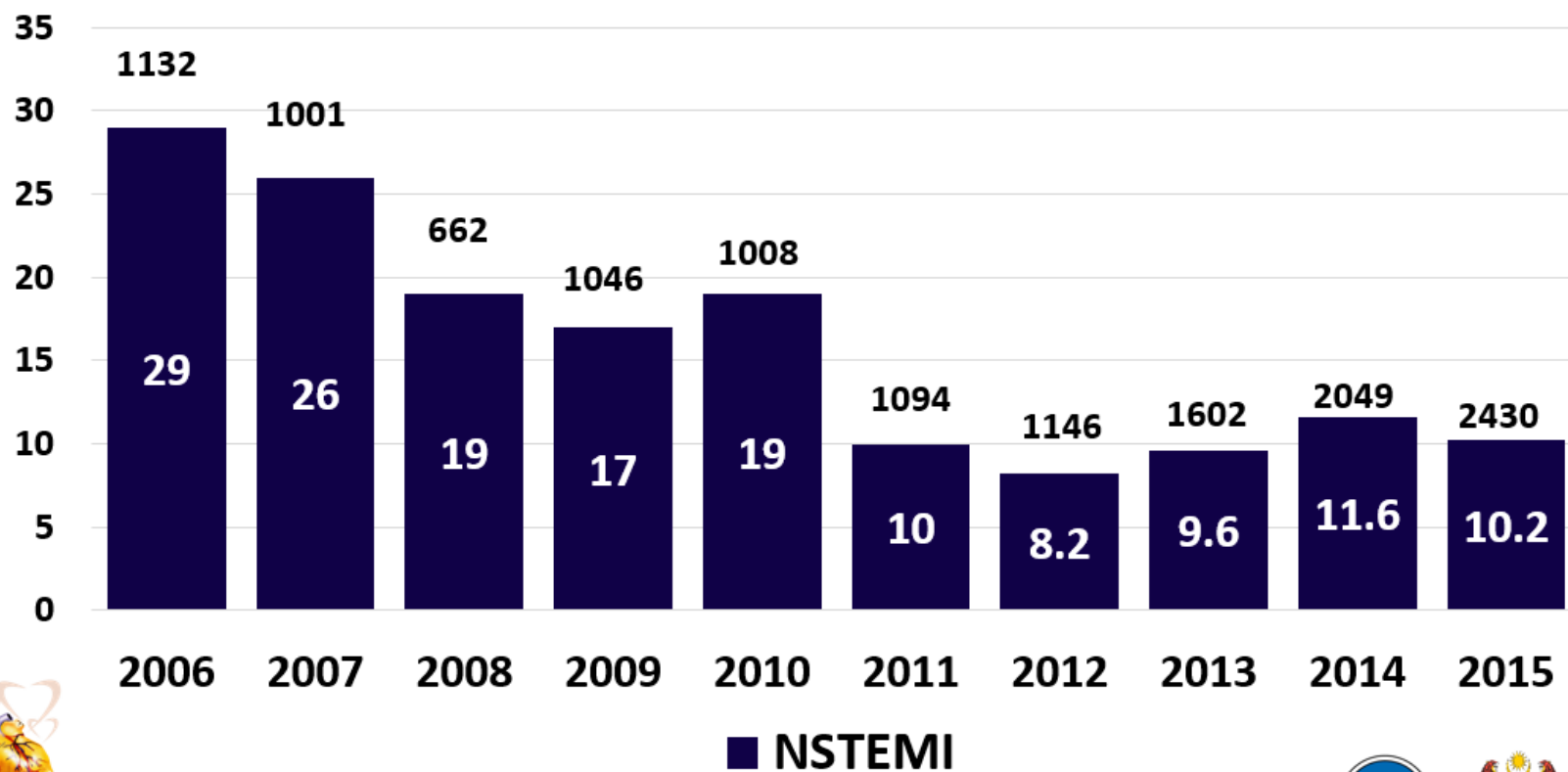


Table 17: 30-day mortality for NSTEMI (%), 2006-2015



Uploaded on our Website: www.malaysianheart.org

The screenshot shows the website for the National Heart Association of Malaysia. The header includes the organization's logo and name, along with navigation links for 'ABOUT NHAM', 'SUB SOCIETIES', 'MEMBERSHIP', and 'CONTACT US'. Below the header, there is a 'Subsocieties:' section with logos for the International Cardiovascular Society of Malaysia, Malaysian Paediatric Cardiac Society, Malaysian Society of Endocrinology, Malaysian Society of Hypertension, Malaysian Society of Geriatric Cardiology, and Malaysian Society of Women's Health. The main content area features a 'Highlights' sidebar with links to 'Gallery', 'Events', 'News', and 'Useful Links'. The central article is titled 'Summary - Annual Report NCVD-ACS Registry 2006-2015', dated 23 October 2018, and includes a 'Print Article' button. The article's cover image displays the title, a heart icon with 'NCVD', and logos for the National Heart Association of Malaysia, the Malaysian Government, and the CRC (Cardiovascular Research Centre).

<https://www.malaysianheart.org/?p=highlights&a=1307>



Sarawak Heart Centre



Disclaimer

Research/Educational Grants/Lecture Honoraria from Ministry of Health Malaysia, Astra Zeneca, Boehringer Ingelheim, B.Braun, Medtronic, Merck AG, MSD, Novartis AG, Orbus Neich, Pfizer Ltd, Roche Diagnostics, Siemens Diagnostics, Sanofi-Aventis. St Jude Medical.



For me - Acute Coronary Syndrome: the GRACE Registry Map in 2005



National Health and Morbidity Surveys.. (e.1986)



NHMS 2015

Published: 26 March 2015 | Written by Dr. Muhammad Fadhli Mohd Yusoff | Hits: 20435

National Health and Morbidity Survey 2015

The National Health and Morbidity Survey (NHMS) has been an important platform for monitoring the health of the population in Malaysia. The objectives of the NHMS are to provide the community-based data on the pattern of common health problems, health service utilisation and health expenditure in the community. Findings of the NHMS support the Ministry of Health to review the priorities and activities of the health programme, to plan for future allocation of resources and to evaluate the impact of strategies.

The NHMS (NHMS I) was first initiated in 1986 and the interval was conducted once every 10 years. In 1996, the NHMS II was then conducted, followed by the NHMS III in 2006. However, since 2011, the interval was shortened from 10 to 4 years to ensure that more recent data and information can be used for the planning of health programmes. The NHMS 2015 was conducted in March till May 2015.

The NHMS 2015 covered most of the modules in NHMS 2011 especially on health care demands, non-communicable diseases (NCD), risk factors of the non-communicable diseases, and a few additional modules such as tuberculosis, dengue and traditional and complementary medicine.

About 10,000 randomly selected living quarters (LQ) were visited from all over the country and 30,000 populations responded to the survey with the overall response rate of 86.4%.

- ♦ See NHMS 2015 FAQ [here](#).
- ♦ The NHMS 2015 activities can be followed in Facebook pages as '[National Health & Morbidity Survey 2015](#)'.
- ♦ NHMS Report 2015 Volume I - METHODOLOGY & GENERAL FINDINGS ([View / Download](#))
- ♦ NHMS Report 2015 Volume II - NON-COMMUNICABLE DISEASES & OTHER HEALTH PROBLEMS ([View / Download](#))

Risk factors for cardiovascular disease

NHMS 2015 HIGHLIGHTS

CARDIOVASCULAR DISEASES

DIABETES MELLITUS

- 17.5% (3.5 million) of adults 18 years and above have diabetes
- 8.3% are known diabetes
- 9.2% are previously undiagnosed with diabetes

HYPERTENSION

- 30.3% (6.1 million) of adults 18 years and above have hypertension
- 13.1% are known to have hypertension
- 17.2% are previously undiagnosed with hypertension

HYPERCHOLESTEROLEMIA

- 47.7% (9.6 million) of adults 18 years and above have hypercholesterolemia
- 9.1% are known to have hypercholesterolemia
- 38.6% are previously undiagnosed with hypercholesterolemia

TOBACCO USE

- 43.0 % of men, 1.4% of women, and 22.8% overall (5.0 million) currently smoked tobacco.

NATIONAL HEALTH & MORBIDITY SURVEY (NHMS) 2015 FACT SHEET

About 10,000 randomly selected living quarters (LQ) were visited and 30,000 population responded to the survey with the overall response rate of 86.4%.

Causes of hospital admissions and mortality

Ten Principal Causes of Hospitalisation in MoH, 2016^p

1. Pregnancy, childbirth and the puerperium	23.07%
2. Diseases of the respiratory system	12.80%
3. Certain infectious and parasitic diseases	8.74%
4. Certain conditions originating in the perinatal period	8.67%
5. Injury, poisoning and certain other consequences of external causes	7.66%
6. Diseases of the circulatory system	7.50%
7. Diseases of the digestive system	4.58%
8. Diseases of the genitourinary system	4.29%
9. Neoplasms	4.17%
10. Factors influencing health status and contact with health services	3.24%

Ten Principal Causes of Hospitalisation in Private Hospitals, 2016

1. Diseases of the respiratory system	15.93%
2. Certain infectious and parasitic diseases	14.57%
3. Pregnancy, childbirth and the puerperium	9.90%
4. Diseases of the digestive system	9.56%
5. Injury, poisoning and certain other consequences of external causes	7.51%
6. Diseases of the circulatory system	7.32%
7. Diseases of the genitourinary system	6.92%
8. Diseases of the musculoskeletal system and connective tissue	6.92%
9. Neoplasms	4.24%
10. Factors influencing health status and contact with health services	3.81%

Ten Principal Causes of Death* in MoH Hospitals, 2016^p

1. Diseases of the circulatory system	22.62%
2. Diseases of the respiratory system	21.65%
3. Certain infectious and parasitic diseases	13.30%
4. Neoplasms	12.61%
5. Diseases of the genitourinary system	4.65%
6. Diseases of the digestive system	4.56%
7. External causes of morbidity and mortality	4.50%
8. Certain conditions originating in the perinatal period	2.56%
9. Endocrine, nutritional and metabolic diseases	2.39%
10. Disease of the nervous system	1.65%

Ten Principal Causes of Death* in Private Hospitals, 2016

1. Neoplasms	26.71%
2. Diseases of the circulatory system	26.43%
3. Diseases of the respiratory system	13.80%
4. Certain infectious and parasitic diseases	13.36%
5. Diseases of the genitourinary system	4.19%
6. Diseases of the digestive system	4.09%
7. Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified	2.92%
8. Injury, poisoning and certain other consequences of external causes	1.67%
9. Endocrine, nutritional and metabolic diseases	1.25%
10. Certain conditions originating in the perinatal period	0.94%

Note: Based on 3 digit code grouping ICD10.

* Based on underlying causes of death.

^p Preliminary

Note: Based on 3 digit code grouping ICD10. * Based on immediate causes of death.

Public sector investment into healthcare

Financial Allocation, 2012

Total MoH Allocation	RM 16,870,767,600
- Operating	RM 14,998,120,400
- Development	RM 1,872,647,200
Per Capita Income ¹ (current prices) (forecast)	RM 30,856
Percentage of Total MoH Allocation to National Allocation	7.25

Source: *Estimated Federal Budget 2012, Ministry of Finance*
¹*Economic Report 2011 / 2012, Ministry of Finance*

Financial Allocation, 2014

Total MoH Allocation	RM22,160,380,300
- Operating	RM20,498,060,000
- Development	RM1,662,320,300
Per Capita Income ¹ (current prices)	RM34,126 (forecast)
Percentage of Total MoH Allocation to National Budget	8.39%

Sources: *Estimated Federal Budget 2014, Ministry of Finance*
¹*Economic Report 2013/2014, Ministry of Finance*

Financial Allocation, 2016

Total MoH Allocation	RM23,031,066,400
- Operating	RM21,430,802,000
- Development	RM1,600,264,400
Per Capita Income ¹ (current prices)	RM38,438 (forecast)
Percentage of Total MoH Allocation to National Budget	8.62%

Sources: *Estimated Federal Budget 2016, Ministry of Finance*
¹*Economic Report 2015/2016, Ministry of Finance*

MoH	2012	2014	2016
Doctors	25845	28949	33545
Nurses	50063	56503	64016

Patient load : Capacity

Healthcare Facilities, 2016 (as of 31 December)

Government

• Ministry of Health

	NO.	OFFICIAL BEDS
Hospitals and Special Medical Institutions	144	41,995
- Hospitals	135	37,293
- Special Medical Institutions ¹	9	4,702

	NO.	TEAMS
--	-----	-------

Health Clinics

- Health Clinics ²	1,060	-
- Community Clinics (Klinik Desa)	1,803	-
- Mobile Health Clinics (Teams)	-	204
- Flying Doctor Services (Teams)	6 <small>(helicopters)</small>	12

Healthcare Facilities, 2016 (as of 31 December)

Private

• Licensed

	NO.	OFFICIAL BEDS
Hospitals	187	13,957

Admissions and Outpatient Attendances, 2016

Government

• Ministry of Health

Admissions¹

Hospitals	2,510,438
Special Medical Institutions	61,442

Outpatient Attendances

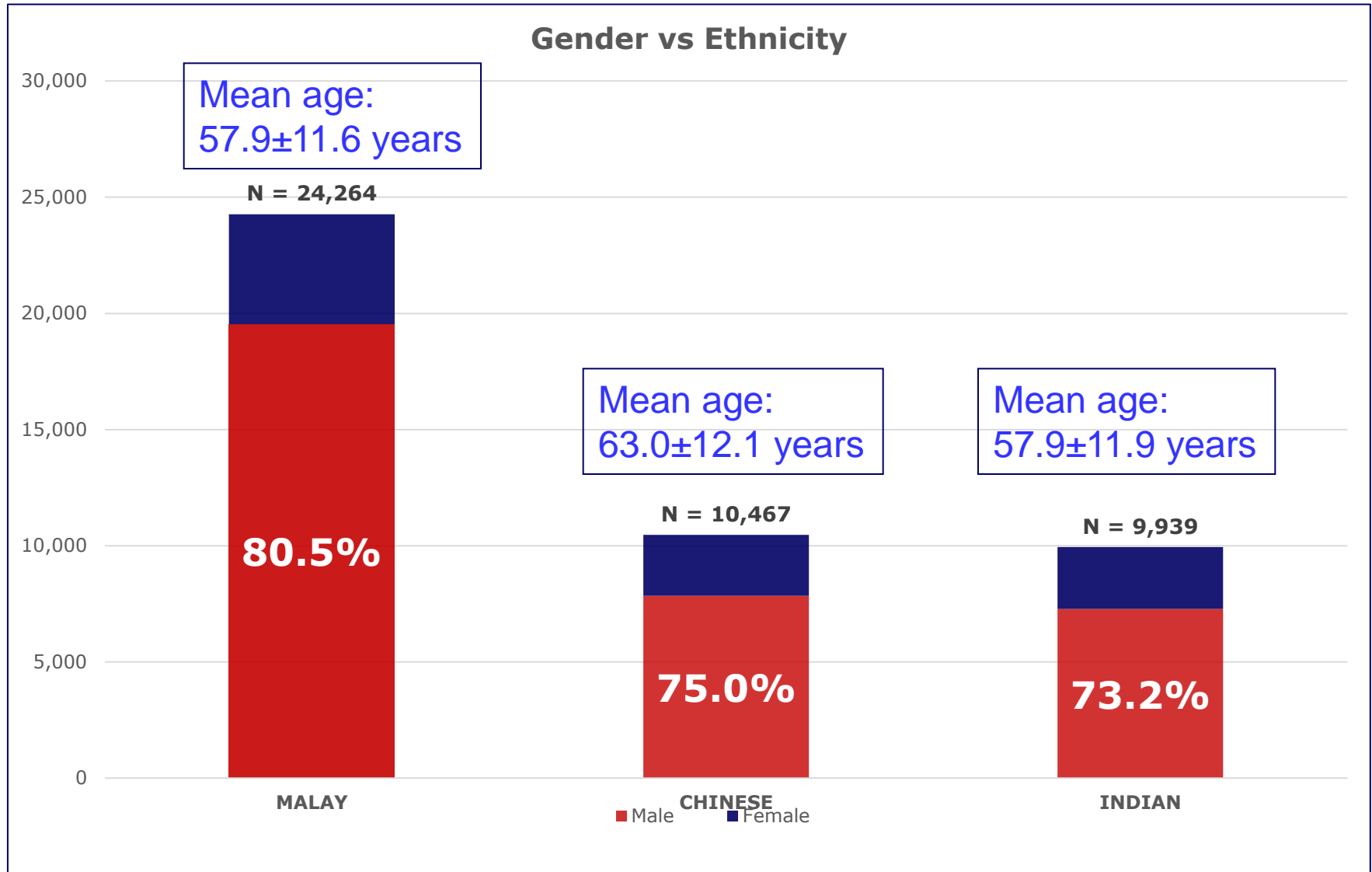
Hospitals	20,721,556
Special Medical Institutions	326,665
Public Health Facilities ²	40,154,008

Private Hospitals¹⁰

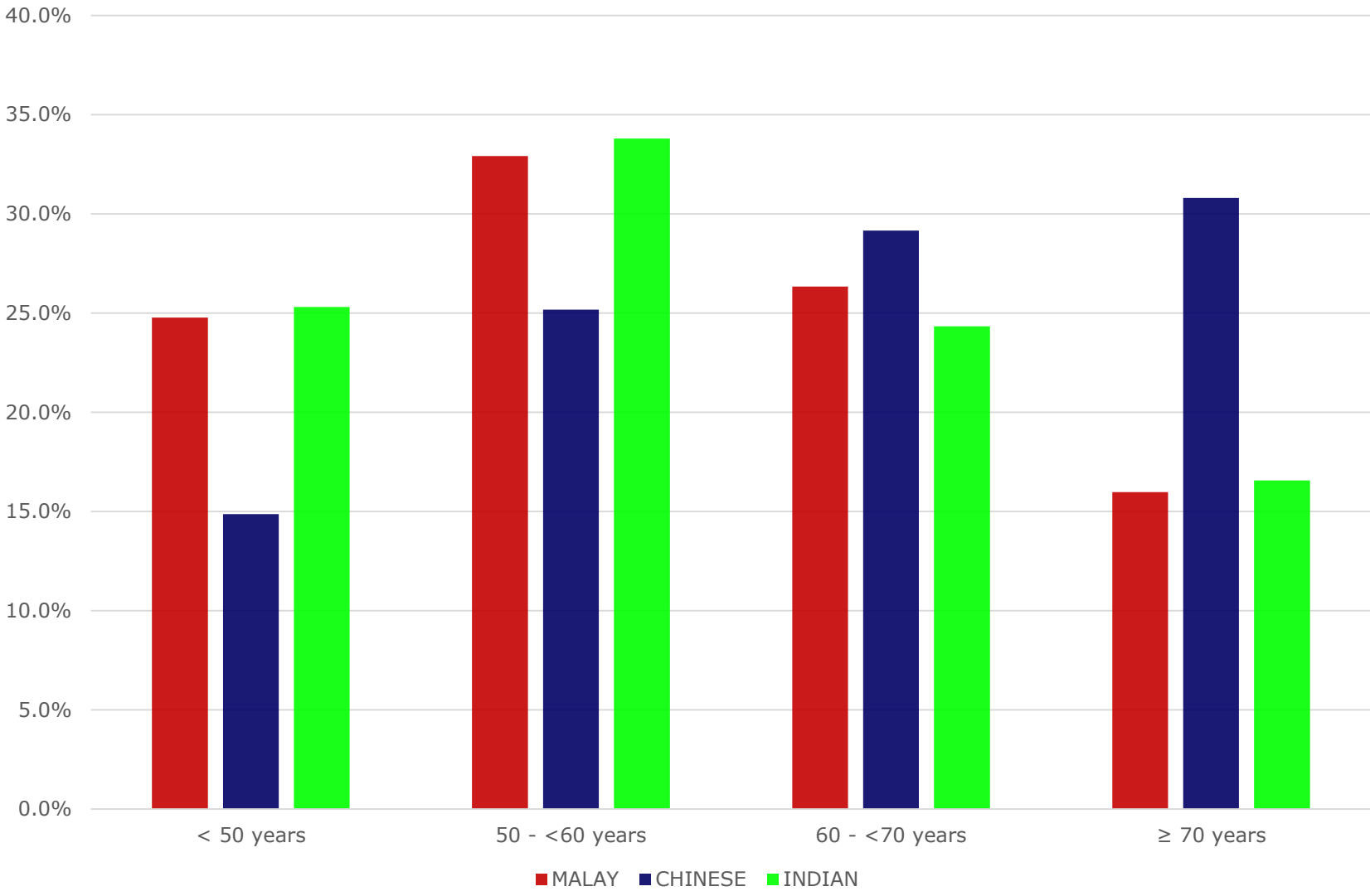
Admissions	1,073,039
Outpatient Attendances	3,821,698



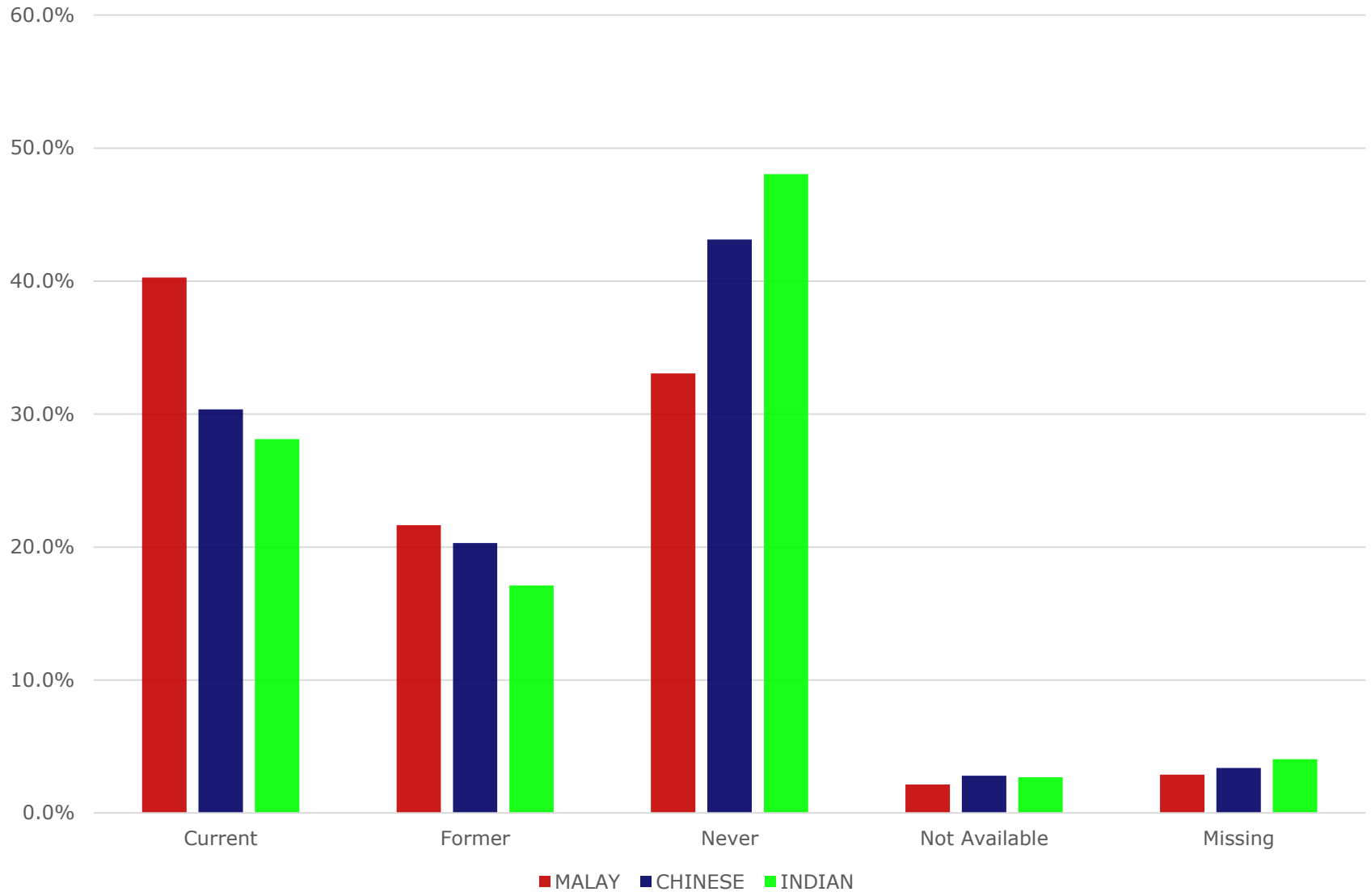
The 3 major ethnic groups



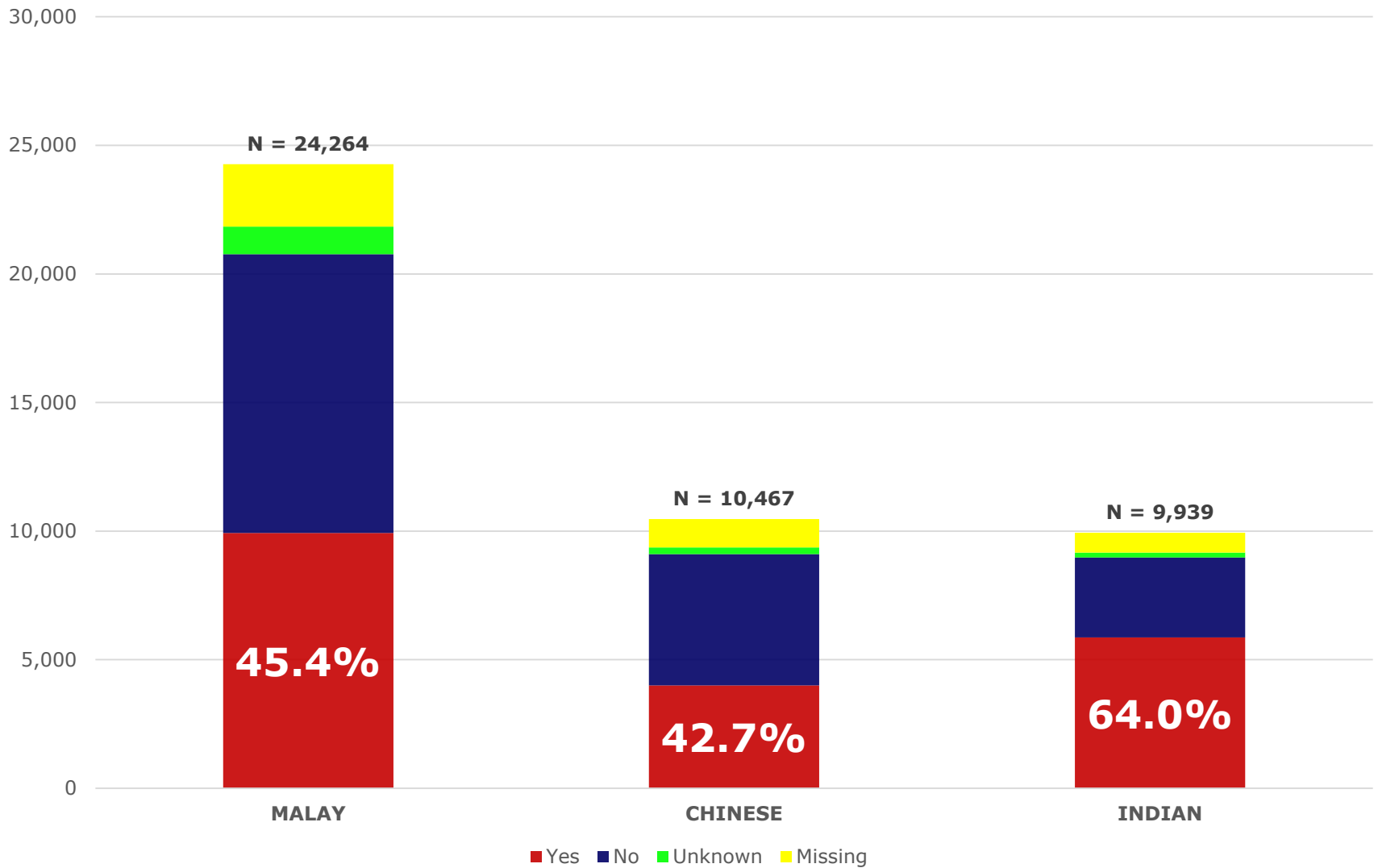
Age Group vs Ethnicity



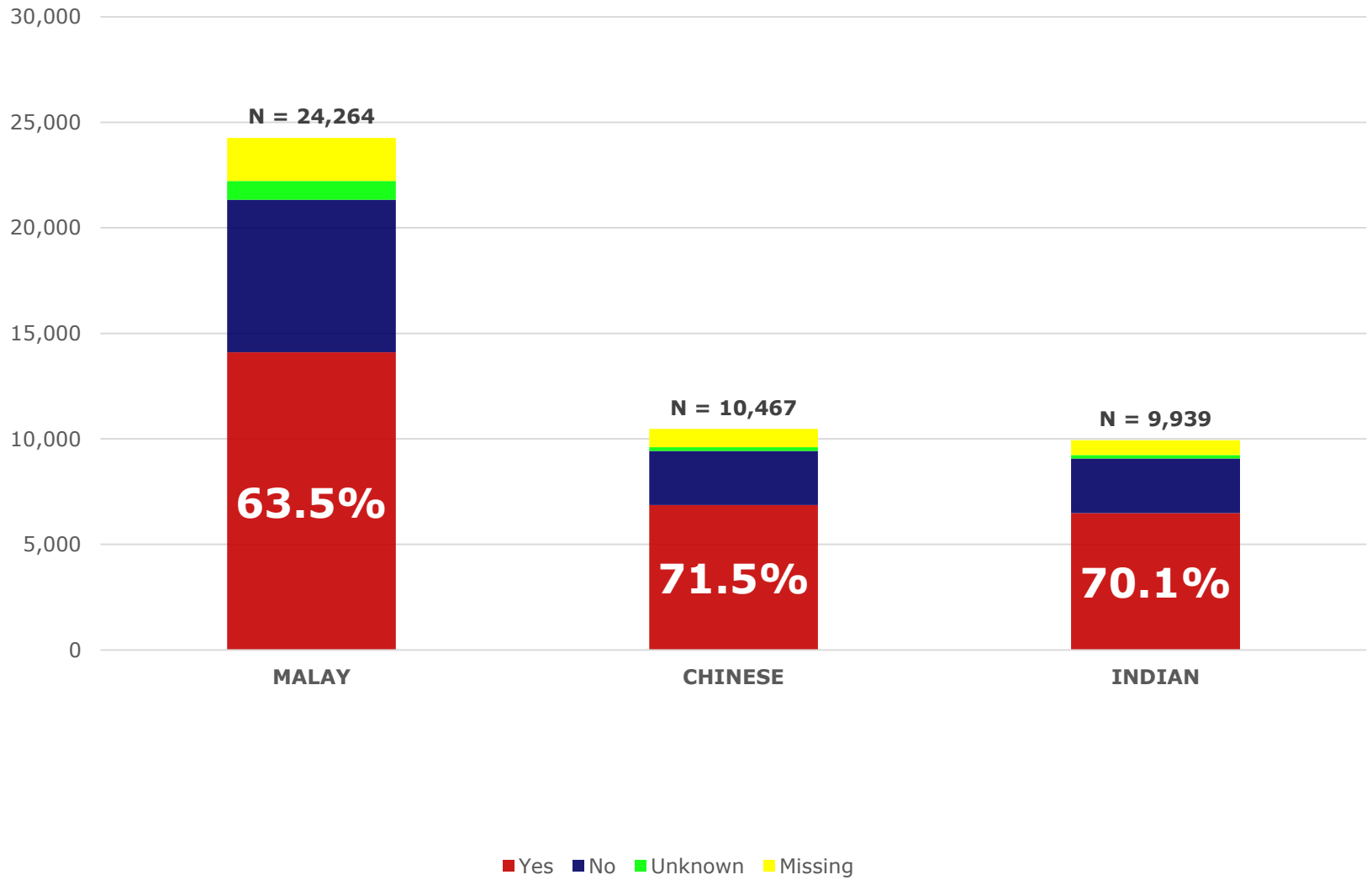
Smoking vs Ethnicity



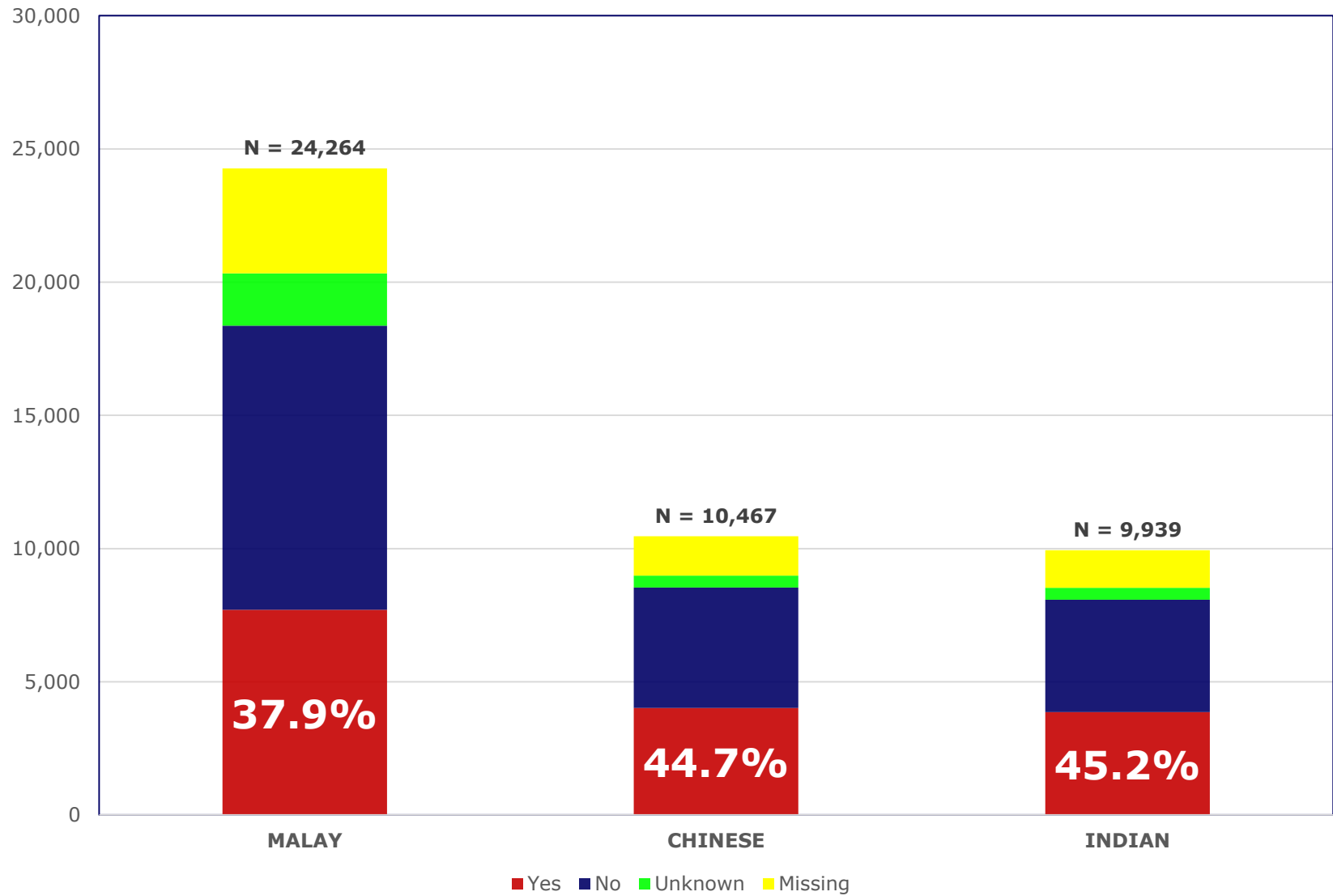
Diabetes vs Ethnicity



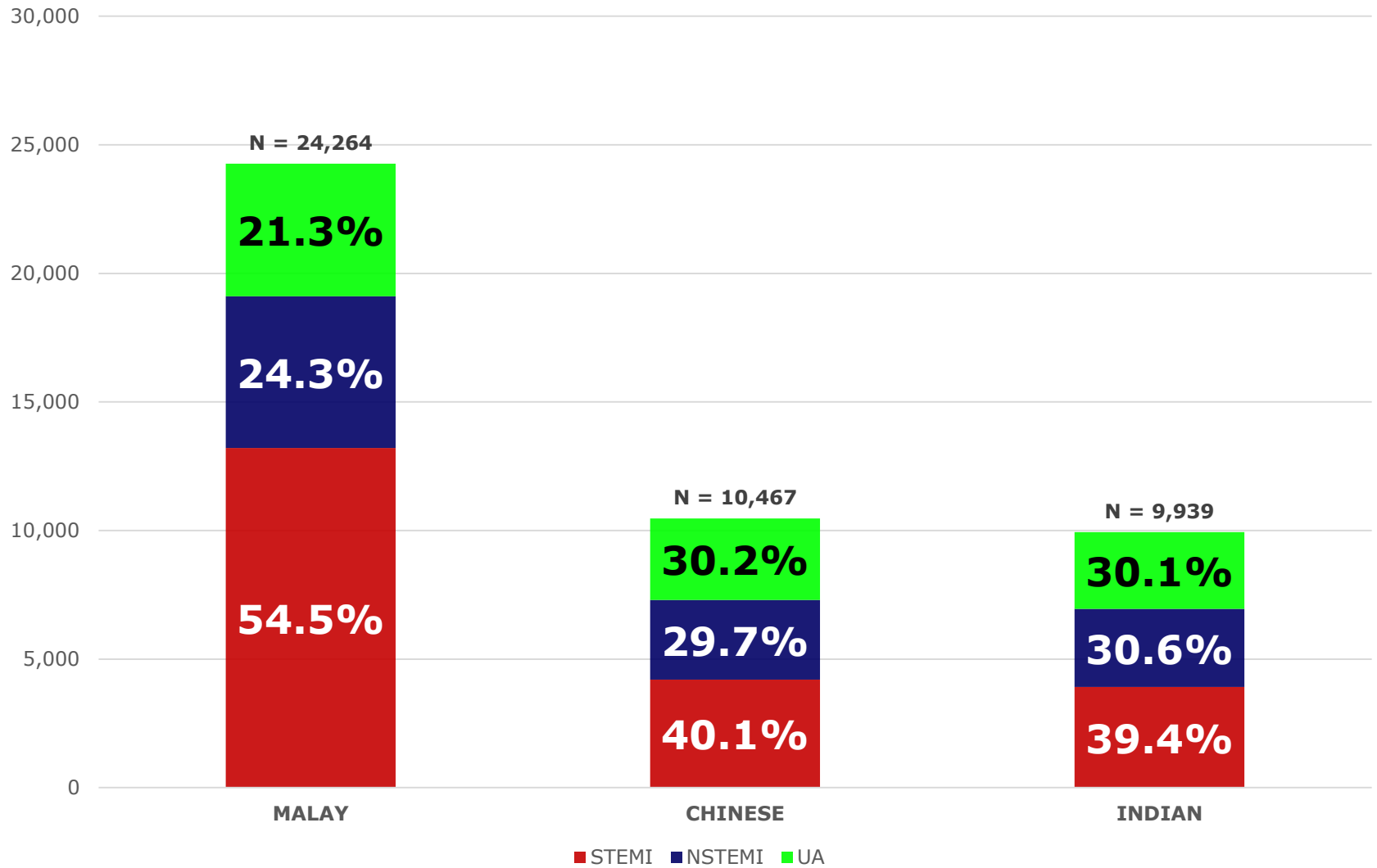
Hypertension vs Ethnicity



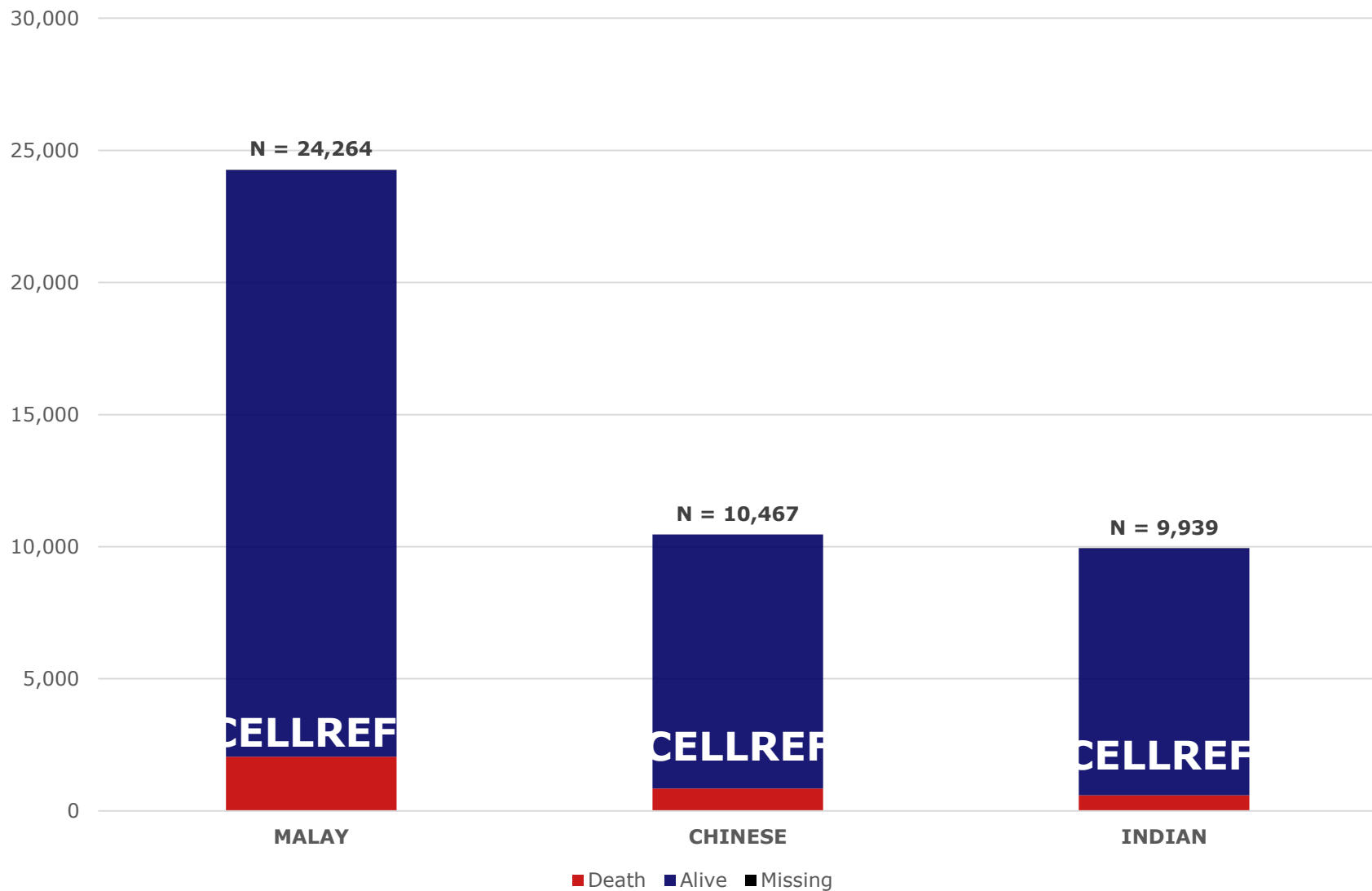
Dyslipidaemia vs Ethnicity



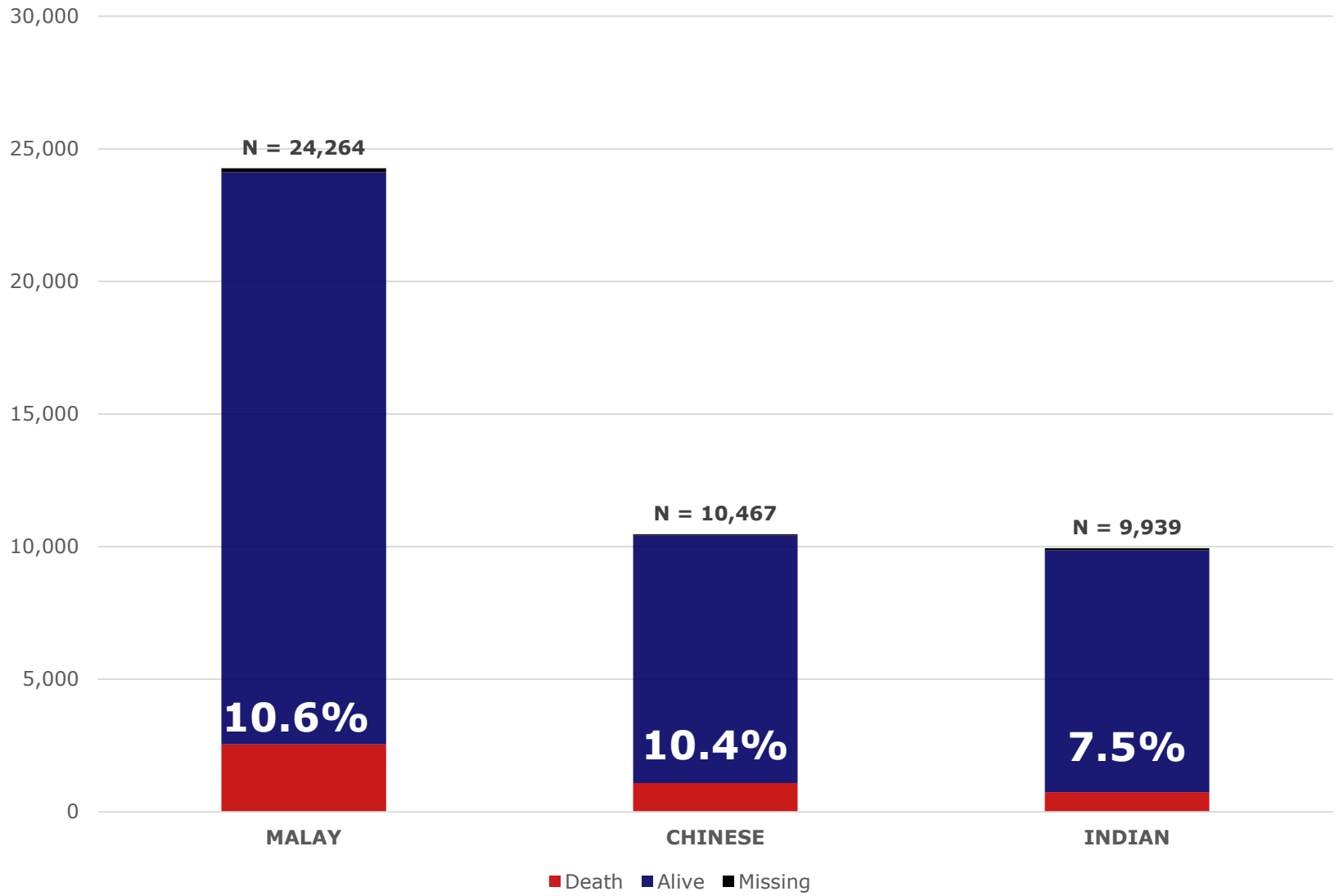
ACS Stratum vs Ethnicity



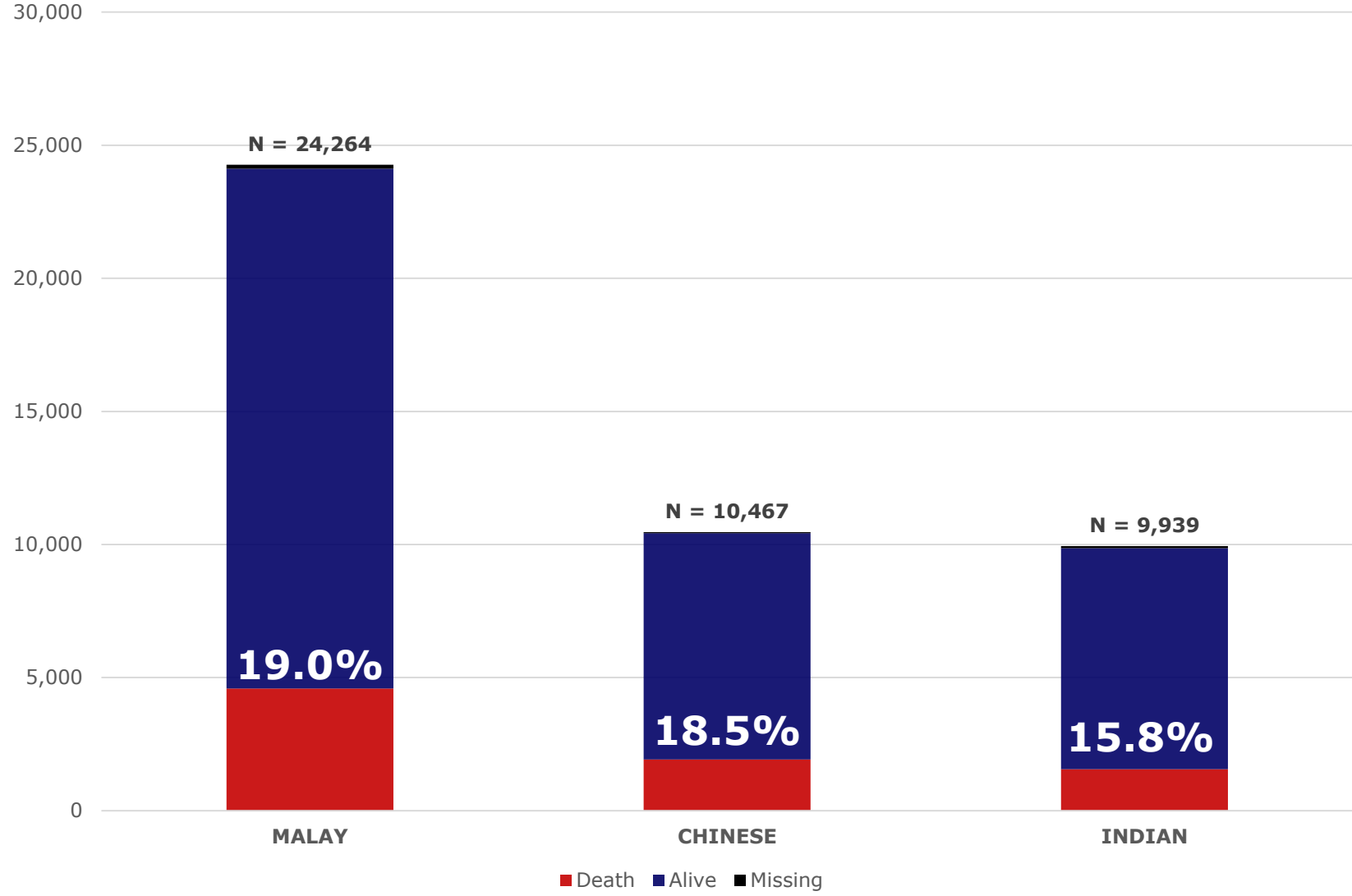
Outcome at Discharged vs Ethnicity



Outcome at 30 Days vs Ethnicity



Outcome at 1 Year vs Ethnicity



A glimpse into the future



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C. Michael Gibson,
M.S., M.D., F.A.C.C.,
F.S.C.A.I., F.A.C.A.

April 11, 2017

*Professor of Medicine
Harvard Medical School*

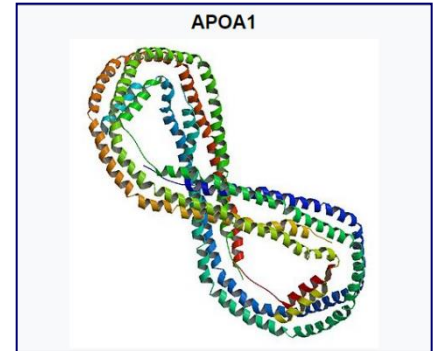
RE: Academic Leadership for CSL112 Phase 3 Study

Dear Dr. Fong,

Robert Harrington,
M.D., FAHA, FACC

*Professor of Medicine
Stanford University*

Dr. Harrington and I write to you at this time to request your participation on the CSL112 AEGIS-II Steering Committee. This is a Phase 3, multicenter, double-blind, randomized, placebo-controlled, parallel-group study designed to investigate the efficacy and safety of CSL112 (intravenous ApoA1) on the occurrence of major adverse cardiovascular events (MACE) in subjects with ACS who are receiving standard of care (SOC) therapy. CSL112 is being developed for use in patients with ACS to reduce the risk of recurrent cardiovascular events.



Selected Sites

Country	Site #	Principal Investigator	Institution
Malaysia	4580002	Dr. Ong, Tiong Kiam	Hospital Umum Sarawak (HUS) - The Cardiac Centre
Malaysia	4580003	Dr. Ruhani, Anwar Irawan	Hospital Tengku Ampuan Afzan
Malaysia	4580004	Dr. Ma, Kian Fung (Gordon)	Queen Elizabeth Hospital II
Malaysia	4580005	Dr. Kasim, Sazzli Shahlan	Universiti Teknologi MARA (UiTM)
Malaysia	4580008	Dr. Maskon, Oteh	Universiti Kebangsaan Malaysia Medical Centre
Malaysia	4580007	Dr. Rosman, Datuk Azhari	Institut Jantung Negara
Malaysia	4580015	Dr. W Isa, W Yus Haniff	Hospital Universiti Sains Malaysia
Malaysia	4580016	Dr. Wan Ahmad, Wan Azman	University Malaya Medical Centre
Malaysia	4580019	Dr. Abdul Kader, Muhamad Ali	Hospital Pulau Pinang

NVCD Updates: More patients, more staff! 7 pakar jantung untuk sejuta penduduk



Timbalan Ketua Pengarah Kesihatan (Perubatan) Kementerian Kesihatan Malaysia, Datuk Dr Azman Abu Bakar (tengah) bersama Pakar Perunding Kanan Kardiologi Hospital Universiti Sains Malaysia HUSM, Prof Datuk Dr Zurkurnai Yusof (empat, kanan) dan pakar-pakar serta doktor yang terlibat pada Persidangan 11th Asia Pacific Cardiology Update USM 2018 di Kota Bharu, hari ini. - UTUSAN ONLINE/SHIDDIEQIIN ZON



<http://www.utusan.com.my/berita/nasional/7-pakar-jantung-untuk-sejuta-penduduk-1.771490>



Sarawak General Hospital

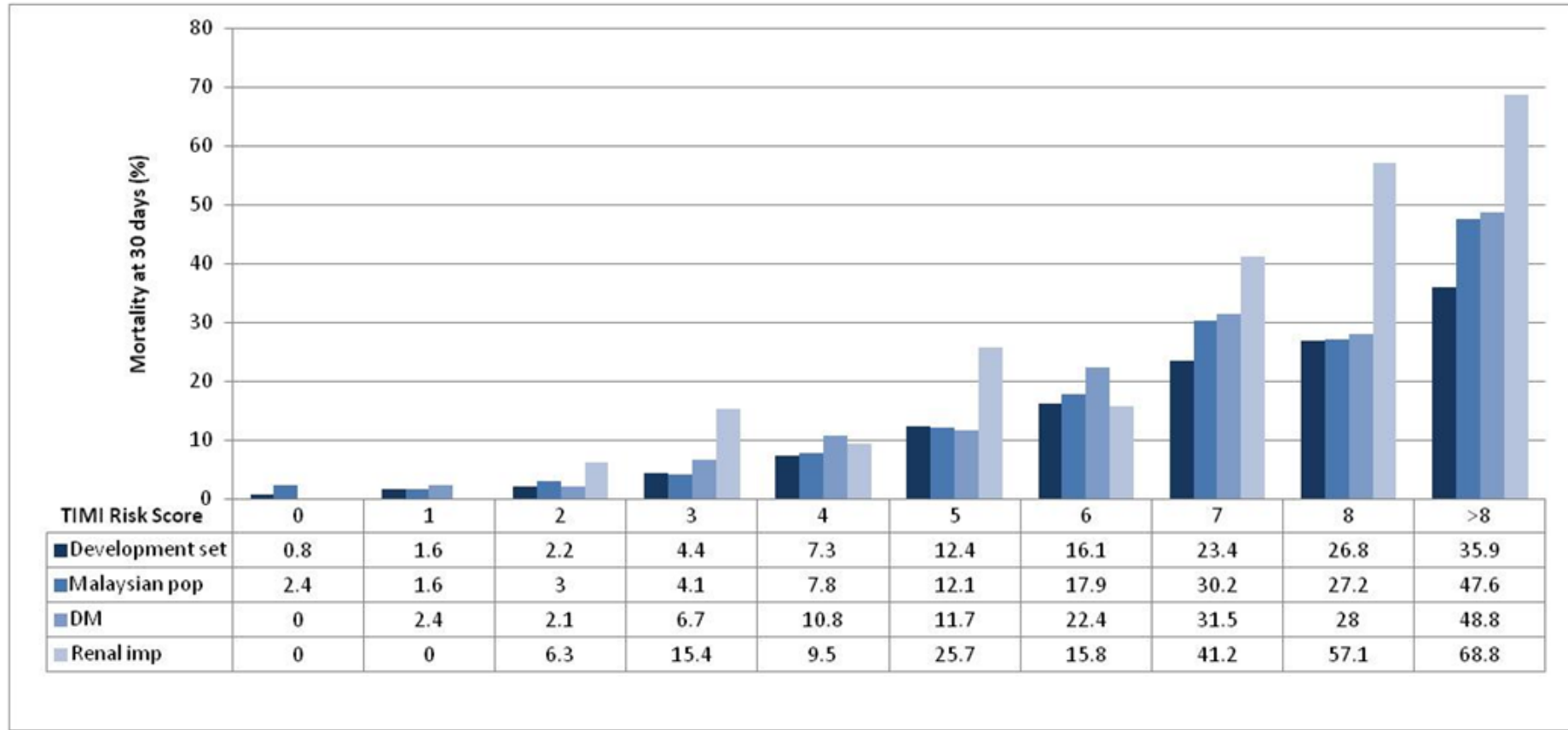


Registry, Research, Guidelines, Results



STEMI: comparison between NCCVD and TIMI developmental dataset

Figure 2. Mortality rate at 30 days for TIMI risk score development and Malaysian STEMI population



An Asian Validation of the TIMI risk score for ST-Segment Elevation Myocardial Infarction: Results and Implications for Cardiac Care in a Developing Country. Sharmini Selvarajah, Alan Fong Yean Yip, Gunavathy Selvaraj, Jamayah Haniff, Cuno S.P.M. Uiterwaal, Michiel L. Bots, PLoS One 2012;7(7):e40249



A recent hit... with global implications

Am J Cardiol. 2013 Feb 14. pii: S0002-9149(13)00333-0. doi: 10.1016/j.amjcard.2013.01.271. [Epub ahead of print]

Impact of Cardiac Care Variation on ST-Elevation Myocardial Infarction Outcomes in Malaysia.

Selvarajah S, Fong AY, Selvaraj G, Haniff J, Hairi NN, Bulqiba A, Bots ML.

Clinical Research Centre, Kuala Lumpur Hospital, Kuala Lumpur, Malaysia; Julius Center for Health Sciences and Primary Care, University Medical Center Utrecht, Utrecht, The Netherlands; Julius Centre University of Malaya, Department of Social and Preventive Medicine, University of Malaya, Kuala Lumpur, Malaysia. Electronic address: sharm@crc.gov.my.

Abstract

Developing countries face challenges in providing the best reperfusion strategy for patients with ST-segment elevation myocardial infarction because of limited resources. This causes wide variation in the provision of cardiac care. The aim of this study was to assess the impact of variation in cardiac care provision and reperfusion strategies on patient outcomes in Malaysia. Data from a prospective national registry of acute coronary syndromes were used. Thirty-day all-cause mortality in 4,562 patients with ST-segment elevation myocardial infarctions was assessed by (1) cardiac care provision (specialist vs nonspecialist centers), and (2) primary reperfusion therapy (thrombolysis or primary percutaneous coronary intervention [P-PCI]). All patients were risk adjusted by Thrombolysis In Myocardial Infarction (TIMI) risk score. Thrombolytic therapy was administered to 75% of patients with ST-segment elevation myocardial infarctions (12% prehospital and 63% in-hospital fibrinolytics), 7.6% underwent P-PCI, and the remainder received conservative management. In-hospital acute reperfusion therapy was administered to 68% and 73% of patients at specialist and nonspecialist cardiac care facilities, respectively. Timely reperfusion was low, at 24% versus 31%, respectively, for in-hospital fibrinolysis and 28% for P-PCI. Specialist centers had statistically significantly higher use of evidence-based treatments. The adjusted 30-day mortality rates for in-hospital fibrinolytics and P-PCI were 7% (95% confidence interval 5% to 9%) and 7% (95% confidence interval 3% to 11%), respectively ($p = 0.75$). In conclusion, variation in cardiac care provision and reperfusion strategy did not adversely affect patient outcomes. However, to further improve cardiac care, increased use of evidence-based resources, improvement in the quality of P-PCI care, and reduction in door-to-reperfusion times should be achieved.

Quality of Life – Value in Health

VALUE IN HEALTH REGIONAL ISSUES 6C (2015) 80–83



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Quality of life among Patients with Acute Coronary Syndrome in Malaysia



Soraya Azmi, MPH, MD^{1,2,*}, Adrian Goh, MEd, BEc^{1,2}, Alan Fong, MRCP, MBChB^{3,4,5},
Lawrence Anchah, PhD, MPharm, BPharm³

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ABSTRACT

Objectives: This study's objectives were to estimate the quality of life (QOL) of Malaysian patients with acute coronary syndrome (ACS) during admission and at 12 months, to explore the factors associated with the QOL, and to compare utility scores derived from tariffs from local and foreign populations. **Methods:** Data collected from patients with ACS between 2008 and 2009 for a study on cardiac rehabilitation at the Sarawak General Hospital were used for this study. QOL data were obtained using a validated version of the EuroQol five-dimensional questionnaire at baseline and at 12 months. Health utility scores were calculated using visual analogue scale scores and utility tariffs from Malaysia and the United Kingdom. **Results:** Data from 104 subjects from the earlier study was used. The mean age was 56.1 years, with 88.5% being men. The mean hospitalization duration was 6.3 days. The mean utility score was 0.75 at baseline and 0.82 at 12 months. There was a statistically significant improvement in utility

from baseline to 12 months based on the Malaysian tariff ($P = 0.014$) but not with the UK tariff ($P = 0.086$). The QOL of patients was associated with sex and diagnosis of ST-segment elevation myocardial infarction. **Conclusions:** Our results showed that there was a significant improvement in the QOL from baseline to 12 months. Only sex and diagnosis affected the QOL score at baseline because of limited variables available for testing. It also reconfirms the importance of applying the appropriate, country-specific utility tariffs in QOL studies. Despite limitations, the study is useful toward describing QOL among a group of Malaysian patients with ACS.

Keywords: acute coronary syndrome, EQ-5D, Malaysia, quality of life, utility.

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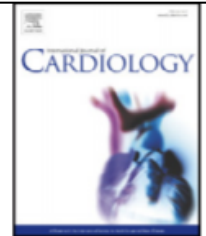
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Acute coronary syndrome in the Asia-Pacific region



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ABSTRACT

More than 4.2 billion inhabitants populate the Asia-Pacific region. Acute coronary syndrome (ACS) is now a major cause of death and disability in this region with in-hospital mortality typically exceeding 5%. Yet, the region still lacks consensus on the best approach to overcoming its specific challenges in reducing mortality from ACS. The Asia-Pacific Real world evIdenCe on Outcome and Treatment of ACS (APRICOT) project reviewed current published and unpublished registry data, unmet needs in ACS management and possible approaches towards improving ACS-related mortality in the region. There was striking heterogeneity in the use of invasive procedures,

National Clinical Practice Guidelines (CPGs)

- ♥ CPG Lipids 2011, now 2017
- ♥ CPG Diabetes
- ♥ CPG Hypertension 2013, now 2018

- ♥ CPG for Stable Angina 2010, now 2018
- ♥ CPG for STEMI 2007, 2014
- ♥ CPG for NSTEMACS 2011

- ♥ CPG for Prevention of CVD 2017

