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Overcoming highly angulated iliac limb anatomy

Ik Jun Choi

Cardiology division

Incheon St. Mary's Hospital

The Catholic University of Korea



For EVAR procedure success

CT angiography 3D reconstruction

Meticulous device selection

Preprocedural planning

Intraoperative measurements

EVAR procedure

● Perioperative complications
& endoleaks

● Reintervention: high mortality

● 40% of patients with infrarenal
AAA: involve one iliac artery

● 20% of reintervention:
Unfavorable iliac anatomy
(limb thrombosis, stenosis, and
aneurysm formation)

Iliac tortuosity



Preoperative planning: iliac anatomy

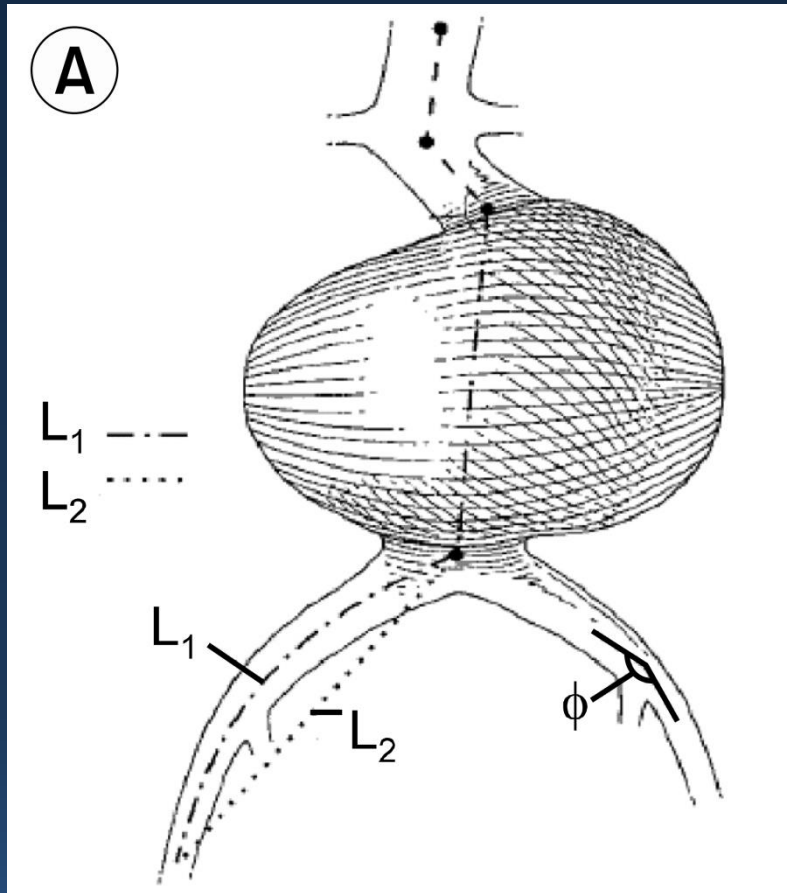
Diameter

Calcification

Atherosclerotic lesions

Tortuosity

Iliac tortuosity index



- 2007~2011
- 144 patients

➤ Iliac tortuosity index = L_1 / L_2

Mean tortuosity index:

1.4287 ± 0.81808

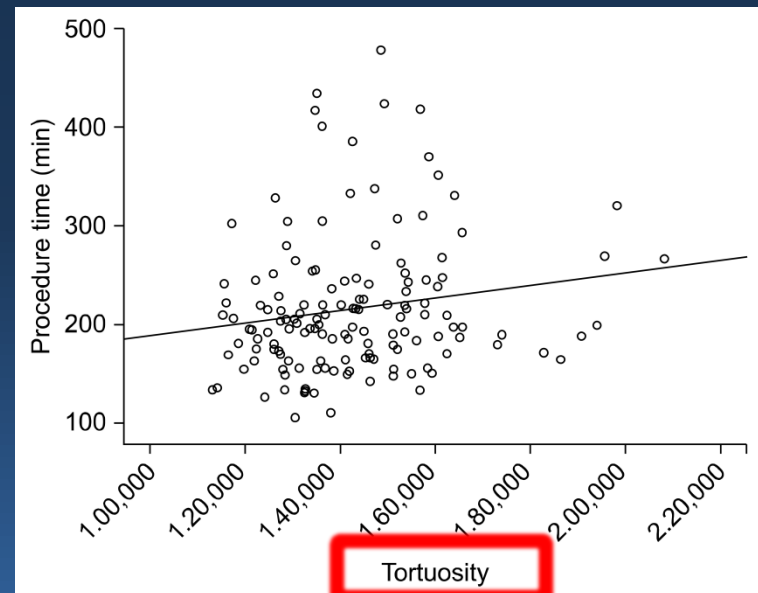
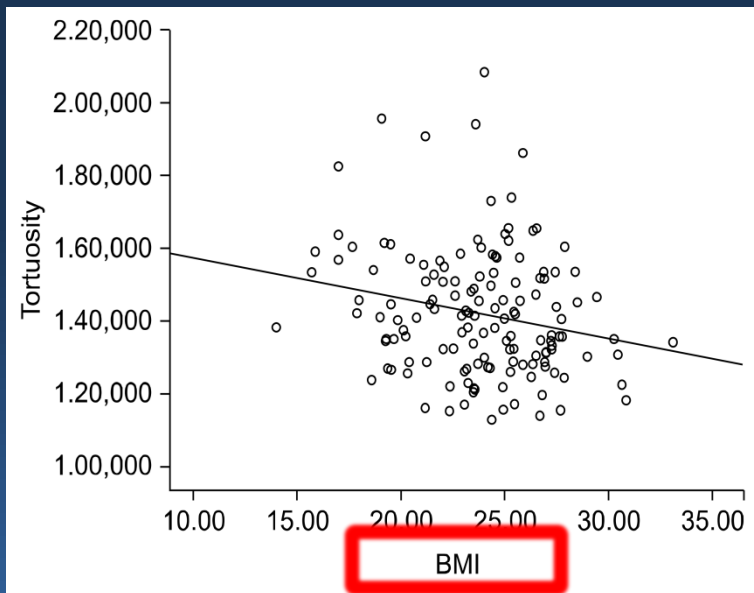
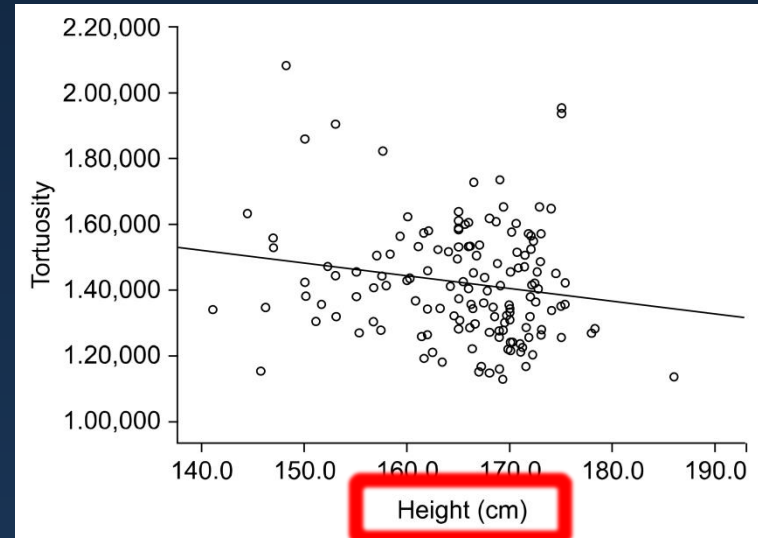
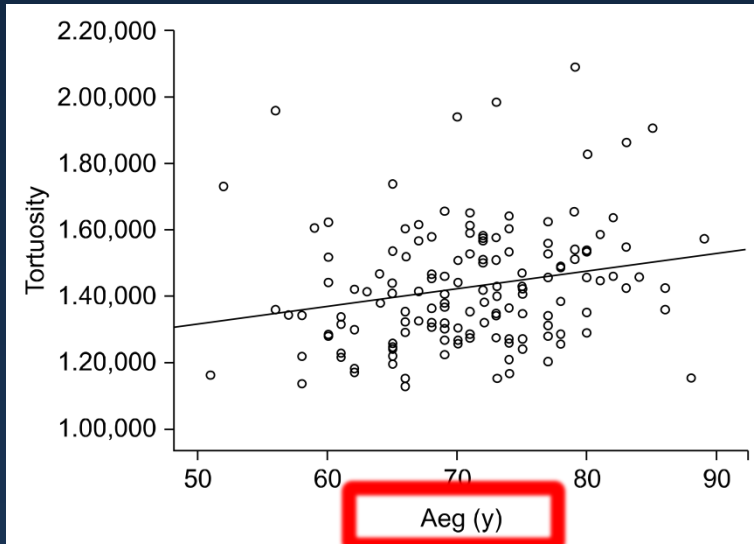
EVAR-related complication:

70 cases

Graft-related complication:

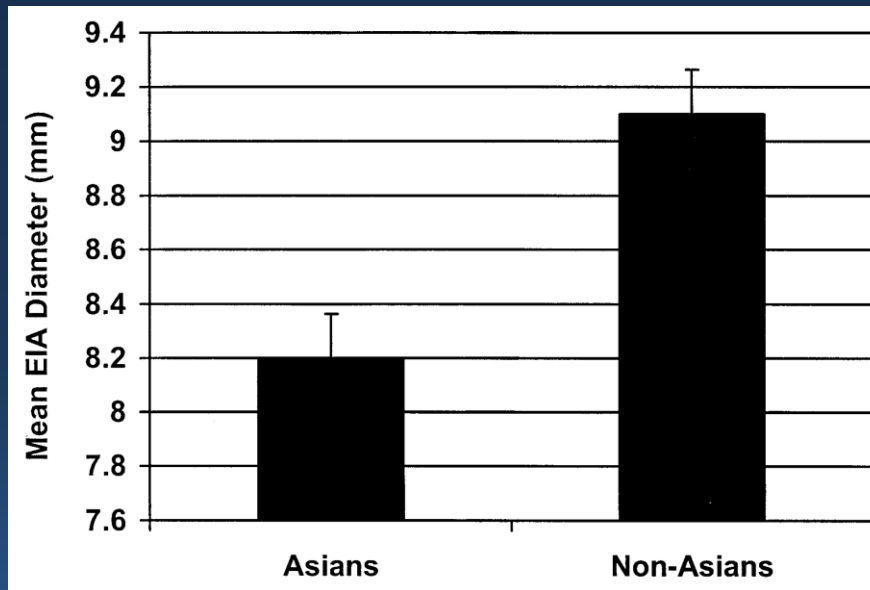
19 cases

Iliac tortuosity index



Iliac access related complications

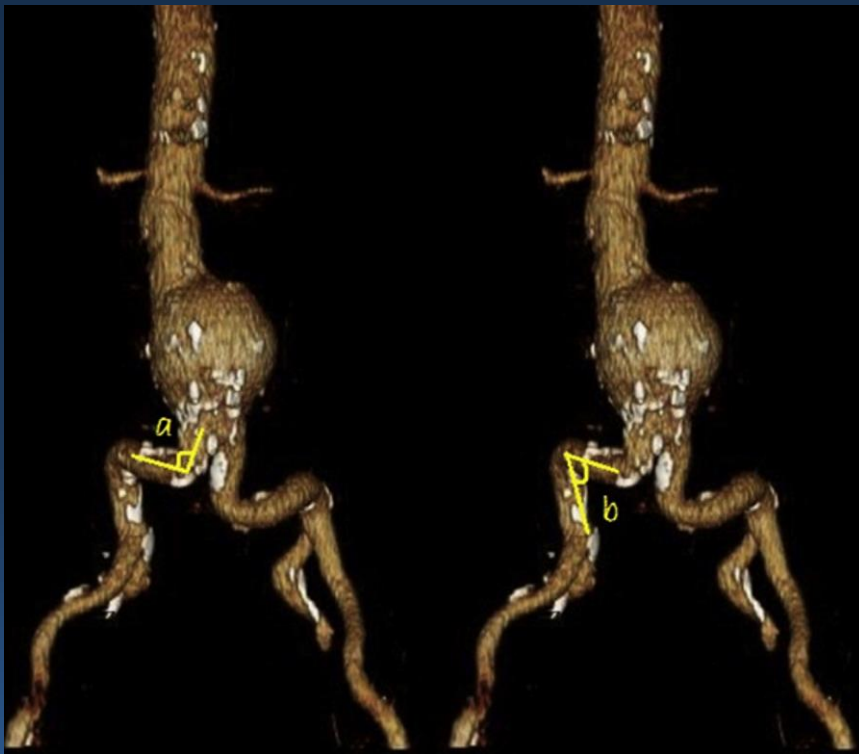
- 1996~2003, Hawaii
- Retrospective study
- 11/92 (12%)



Model	OR	95% CI	P
Asian ethnicity	7.3	1.5, 35.8	.015
Asian ethnicity adjusted for each of the following alone			
Center	6.9	1.4, 34.5	.018
Age >80 years	6.0	1.2, 30.4	.032
Gender	6.7	1.3, 33.8	.022
EIA diameter <7.5 mm	5.5	1.1, 28.3	.043
Iliac tortuosity moderate/severe	6.5	1.3, 32.8	.024
Asian ethnicity adjusted for EIA diameter and iliac tortuosity	4.7	0.9, 25.6	.074
Asian ethnicity adjusted for all of the above	3.8	0.7, 21.9	.13

Severe aortoiliac tortuosity: graft shortening

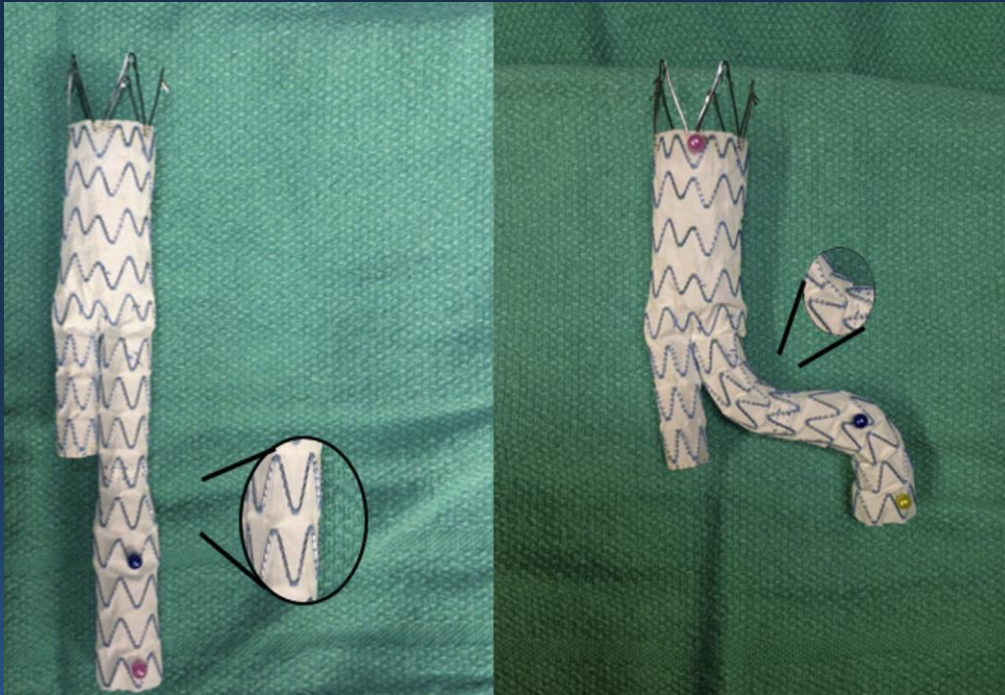
- 2008~2014
- 469 patients underwent EVAR with Endurant endograft
- Severe aortoiliac tortuosity: 36%



Age, years	75 ± 5.7
Male	16 (94)
Hypertension	12 (71)
Dyslipidemia	10 (59)
Diabetes mellitus	5 (29)
Coronary artery disease	12 (71)
Atrial fibrillation	3 (18)
Smoking	
Current	3 (12)
Former	8 (47)
Chronic obstructive pulmonary disease	3 (18)
Chronic kidney disease	1 (6)
Antiplatelet	12 (71)
Anticoagulation	1 (6)

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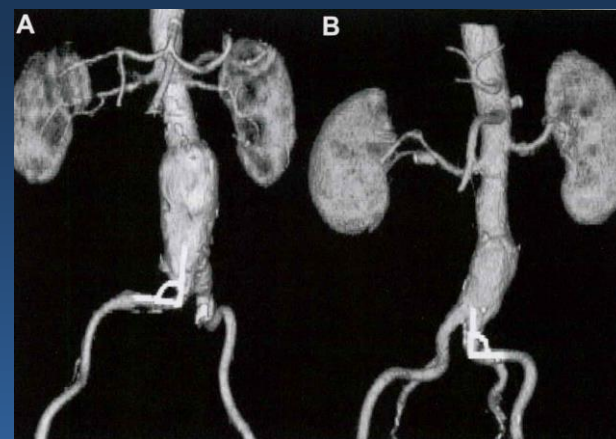
	Before EVAR	After EVAR	Difference	P value
Main body length of endograft at severe tortuosity, mm	169 ± 2	147 ± 4	22 ± 4	<.01
Treatment length of severe tortuosity, mm	179 ± 14	170 ± 14	9 ± 8	<.01
Maximum angulation of severe tortuosity, degrees	86 ± 7	114 ± 13	28 ± 12	<.01
Treatment length of nonsevere tortuosity, mm	170 ± 11	170 ± 12	0 ± 6	.859
Maximum angulation of nonsevere tortuosity, degrees	145 ± 14	148 ± 11	3 ± 9	.195

Intraoperative endoleaks	No. (%)
Type Ia	0
Type Ib	1 (6) ^a
Type II	7 (41)
Type III	0
Intraoperative internal iliac artery occlusion	1 (6)
In-hospital mortality rate	0
In-hospital reintervention rate	0
Length of follow-up, months	27 ± 18
Lost to follow-up	0
Endoleaks	
Type II	3 (18)
Other	0
Reintervention rate	1 (6) ^a
Mortality rate	3 (18)
Cause of death	Sepsis, cancer, aortoenteric fistula from diverticulitis

Endograft conformability & tortuosity

- 2012~2013
- 111 patients underwent EVAR
- Endurant I, II, Zenith Flex, LP, and Spirial Z stent graft

	Length Difference, mm					p
	Endurant I	Endurant II	Zenith Flex	Spiral Z	Zenith LP	
Overall	3.8±6.2 (n=99)	4.1±7.3 (n=20)	6.2±8.7 (n=32)	7.2±8.1 (n=42)	4.3±9.4 (n=6)	0.115
Severe aortoiliac tortuosity	15.3±5.7 (n=13)	14.4±2.4 (n=5)	17.4±5.6 (n=7)	16.8±6.5 (n=14)	*	0.737
No severe aortoiliac tortuosity	2.1±4.1 (n=87)	0.7±4.5 (n=15)	1.7±4.3 (n=23)	2.8±3.5 (n=29)	1.2±6.0 (n=5)	0.550



Risk factors for intraoperative adjunctive maneuvers

- 2010~2015
- 94 patients
- Fenestrated & branched EVAR (FB-EVAR)

Multivariate analysis	OR	95% CI	P
Diameter of external iliac artery <7 mm	12.5	2.2-71.4	.01
External iliac artery calcification	4.1	0.5-33.4	.18
Common and external iliac artery calcification	8.3	1.4-50.0	.02
Stenosis-obstructive disease	8	0.1-4.4	.85
Severe angle (>90-degree)	1.1	0.2-4.3	.90
Previous graft	0.3	0.6-1.9	.08
TAAA	2.3	0.8-6.7	.12

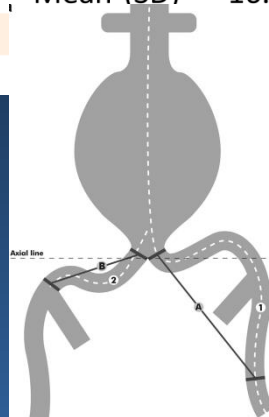
CI, Confidence interval; OR, odds ratio; TAAA, thoracoabdominal aortic aneurysm.

Boldface indicates statistically significant difference.

Endograft limb occlusion in EVAR

- 2000~2010
- Zenith bifurcated stent grafts
- 503 patients
- Limb graft occlusion: 17 patients (3.4%)

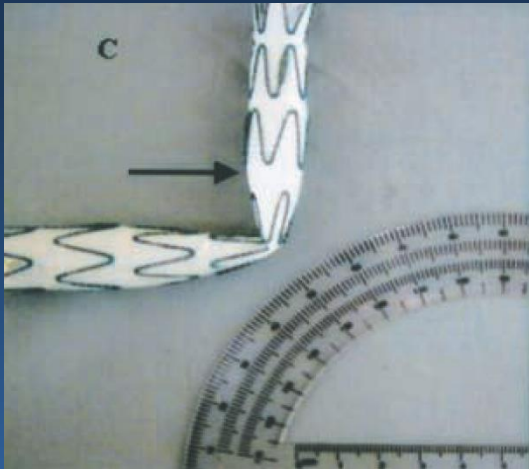
		Patients with limb graft occlusion (n = 17)	Control patients (n = 34)	p
Pelvic artery index of tortuosity ^a (PAI)	Mean (SD)	1.61 (0.3)	1.48 (0.25)	NS
Common iliac artery index of tortuosity (CAI)	Mean (SD)	1.31 (0.2)	1.16 (0.13)	.009
Double iliac sign (DIS)	Yes	9 (53%)	4 (12%)	.003
Landing zone	EIA	5 (29%)	2 (6%)	.03
AAA diameter (mm)	Mean (SD)	65.1 (21.5)	63.7 (8.5)	NS
Diameter of iliac artery at landing zone (mm)	Mean (SD)	14.4 (3.2)	14.1 (2.9)	NS
Stent graft limb diameter (mm)	Mean (SD)	16.7 (3.3)	16.8 (3.9)	NS
Distal aortic diameter ^b (mm)				NS
SFA occlusion				NS



Complications in angulated iliac artery

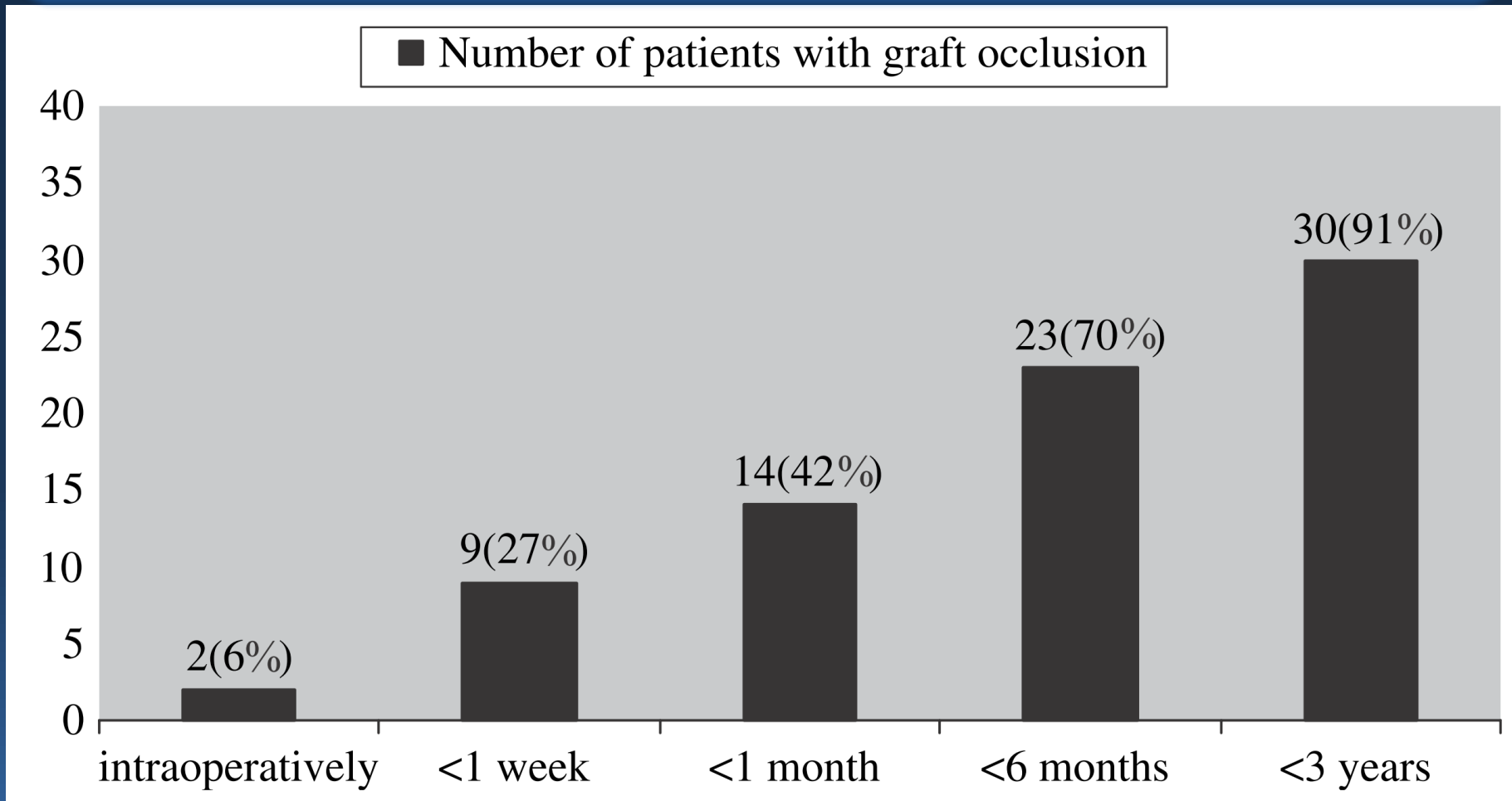
- 351 patients
- Mean f/u duration: 20 months
- **Limb occlusion: 26 / 702 limbs (3.7%)**

<i>Occluded limbs</i>	<i>Time interval to occlusion (mo)</i>
13 (50%)	≤1
11 (41.7%)	2-12
2 (8.3%)	13-24



Time interval to graft occlusion after EVAR

- Most occlusions occur in **the first few months** following EVAR.



Overcoming highly angulated iliac anatomy

Wire

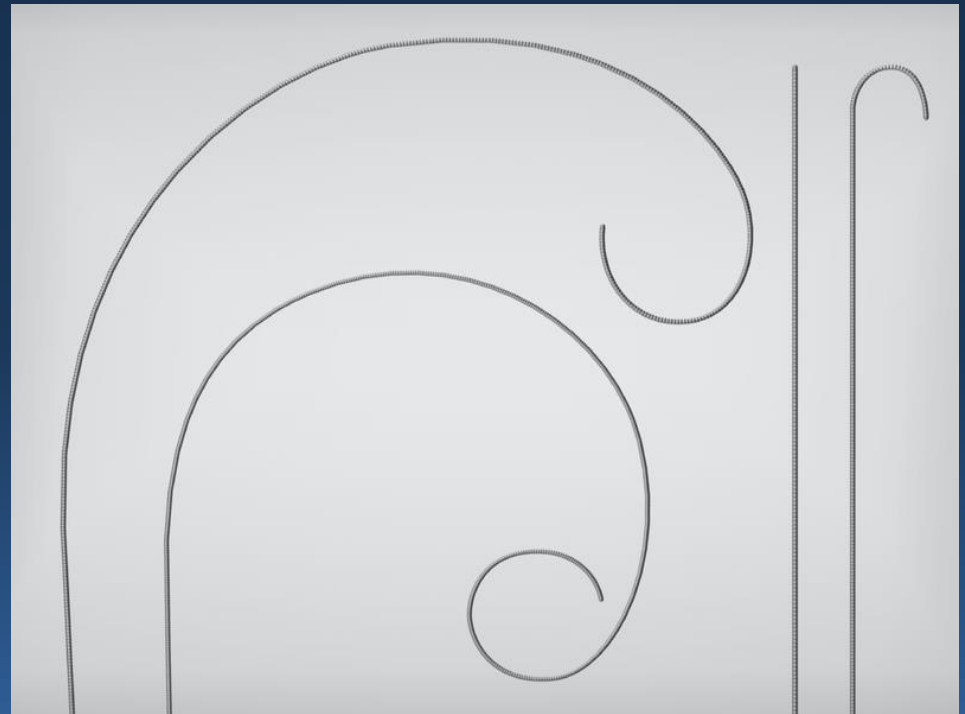
- ✓ Amplatz Super Stiff (Boston)
- ✓ Lunderquist (Cook)

Aorto-uni-iliac (AUI) + Cross-over femoro-femoral bypass (CFFB)

Gore[®] Excluder[®] limb-graft

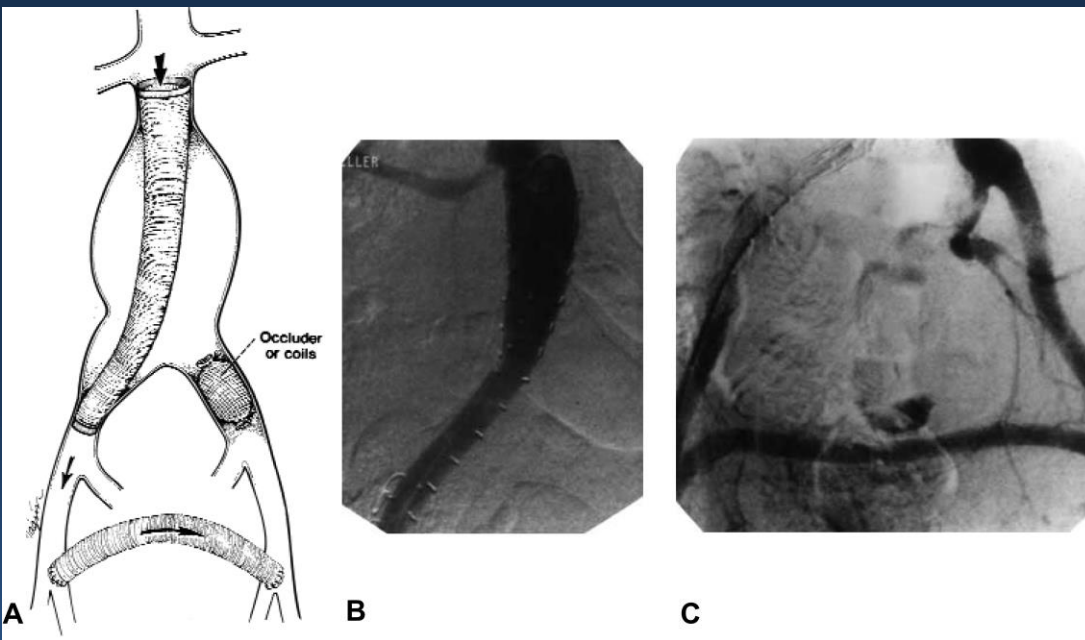
#1. Stiff wires

- ✓ Amplatz Super Stiff (Boston)
- ✓ Lunderquist (Cook)
- **Double wire technique**



#2. Aorto-uni-iliac with fem-femoral bypass

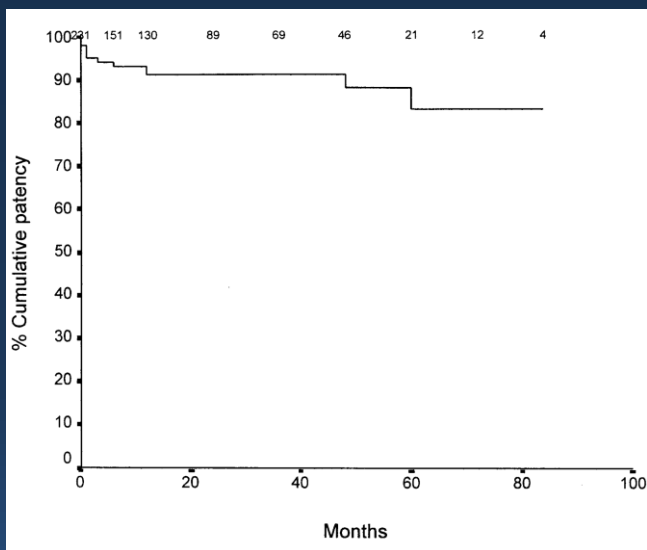
- 1997~1999
- 51 patients
- Mean f/u: 15.8 months



- ✓ Endoleak: 11 patients (22%)
- ✓ Fem-fem graft occlusion: 1 patient
- ✓ Clinical success: 88%
- ✓ 98% primary patency
- ✓ 100% secondary patency

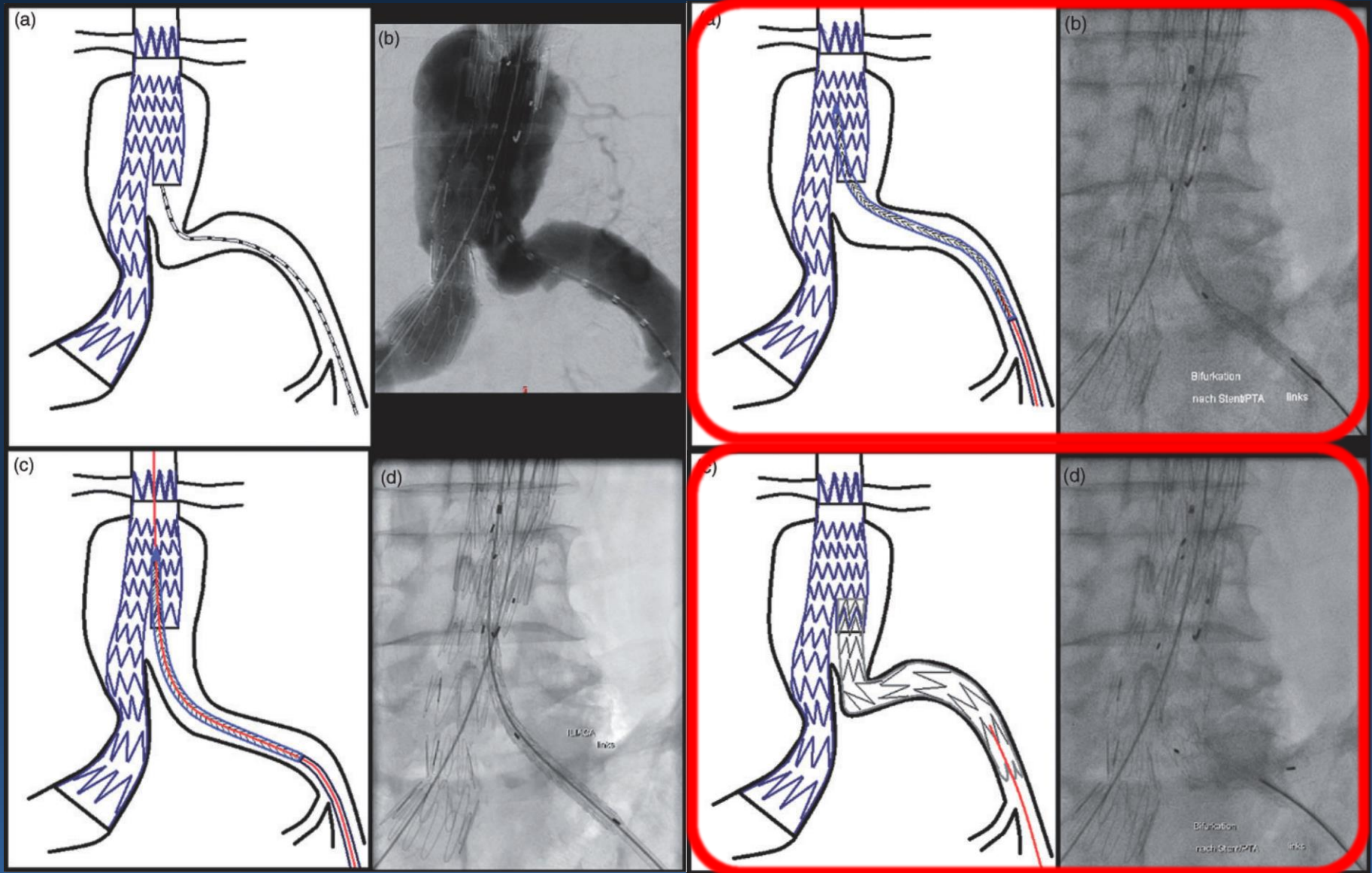
Aorto-uni-iliac with fem-femoral bypass

- 1994~2002, single institution, retrospective
- 231 patients
- Median f/u: 22 months



- ✓ Localized wound complications: 11%
- ✓ Cumulative 3-yr patency : 91%
- ✓ Cumulative 5-yr patency : 83%

#3. Gore Excluder limb depolyment



Overcoming highly angulated iliac limb

Does Difficult Iliac Access Still Exist?

EVAR device profiles are getting smaller, and access techniques are becoming more refined, but are we there yet?

**BY YIU CHE CHAN, MB BS, BSc, MD, FRCS (ENG), FRCS (GEN SURG), FCSHK
AND STEPHEN W. K. CHENG, MB BS, MS, FRCS (ENG), FRCS (EDIN), FCSHK, FHKAM**

Conclusions

Highly angulated iliac limb anatomy

- **Complications**
 - ✓ Access complications
 - ✓ Graft shortening
 - ✓ Kinging → graft occlusion
- reintervention ↑
- high mortality ↑

Conclusions

Stiff wires
Double wire technique

Aorto-uni-iliac graft + fem-fem bypass

Gore[®] limb graft
: not available in Korea



Thank you for your attention

