- PCI for LMT lesion -

- From MITO to Beyond -

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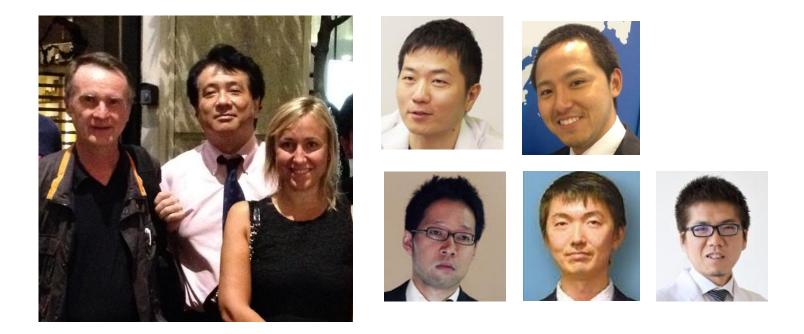
The New Tokyo Hospital ; Tokyo

Antonio Colombo MD, Alaide Chieffo MD, Azeem Latib MD San Raffaele Hospital Milano Italy

MITO registry

- From 2002 to 2019 -

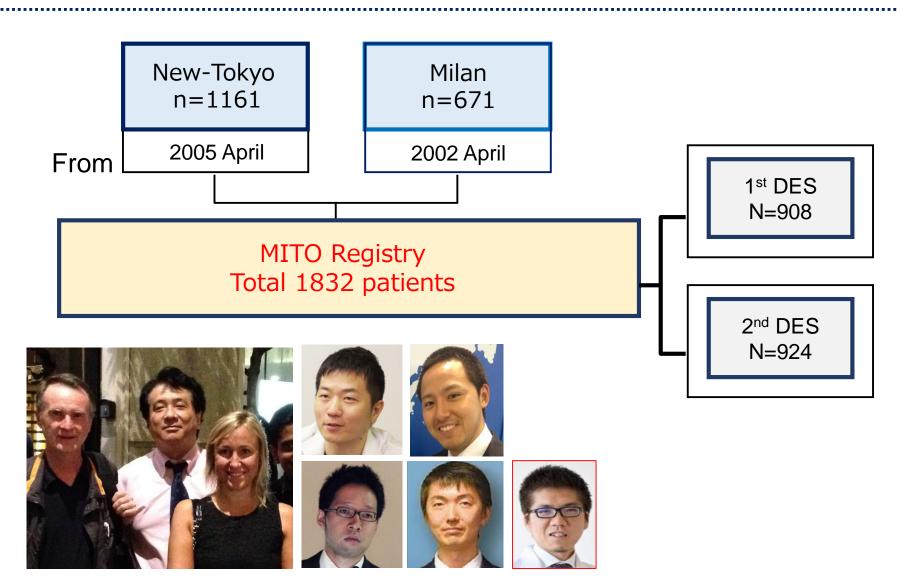
Already : 25 papers



- To foresee the meaning, truth -

The MIIan and New-TOkyo (MITO) Registry

Between April 2002 and Jun 2019

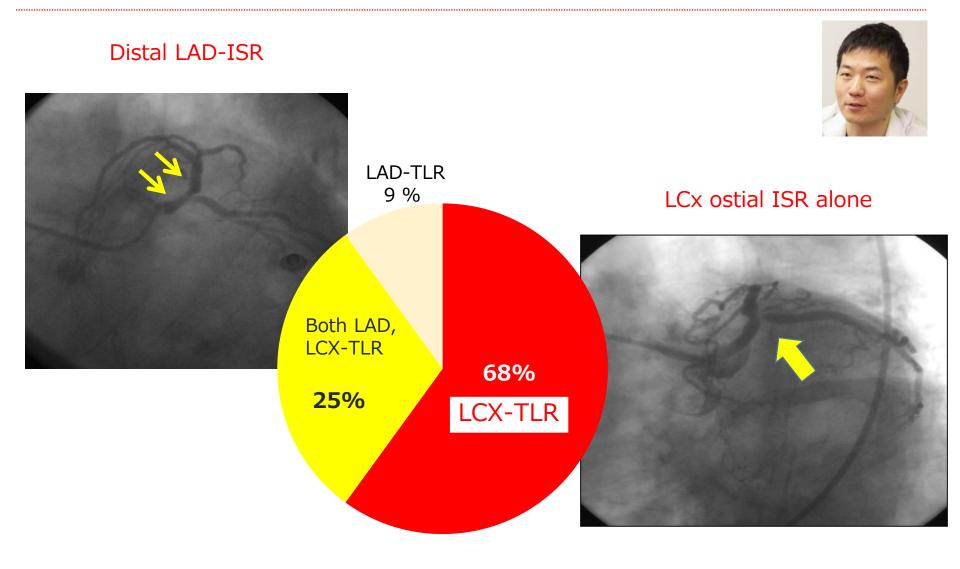


1. Fate of LCx

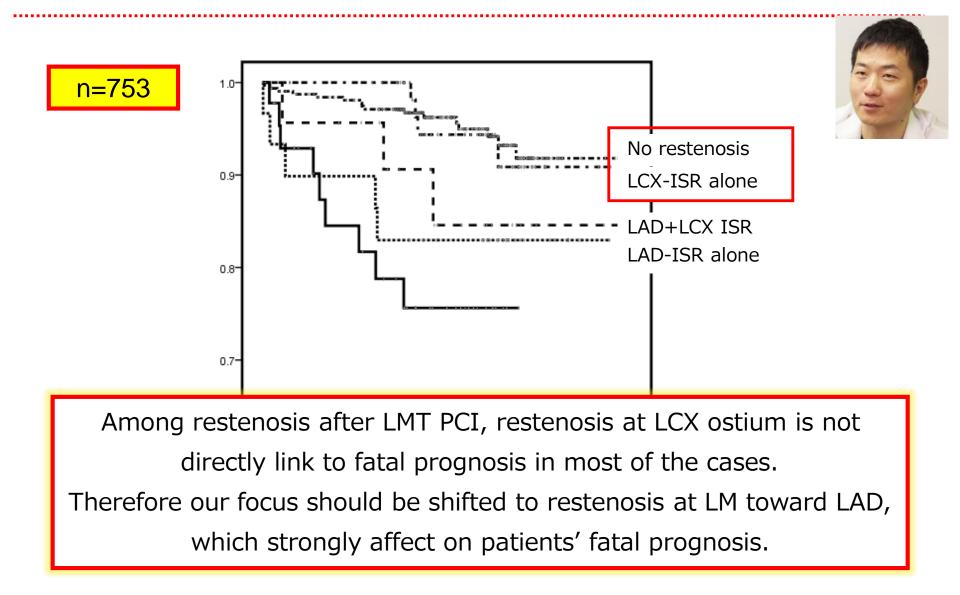


LMT PCI is always suffered from higher restenosis rate in LCX. However, the incidence really impact on the patient's prognosis ?? The impact of Main Branch Restenosis on Long Term Mortality Following Drug-eluting Stent Implantation in Patients with De Novo Unprotected Distal Left Main Bifurcation Coronary Lesions: The MIlan and New-TOkyo (MITO) Registry

K.Takagi, S.Nakamura A.Colombo et.al Catheter Cardiovasc Interv. 2013

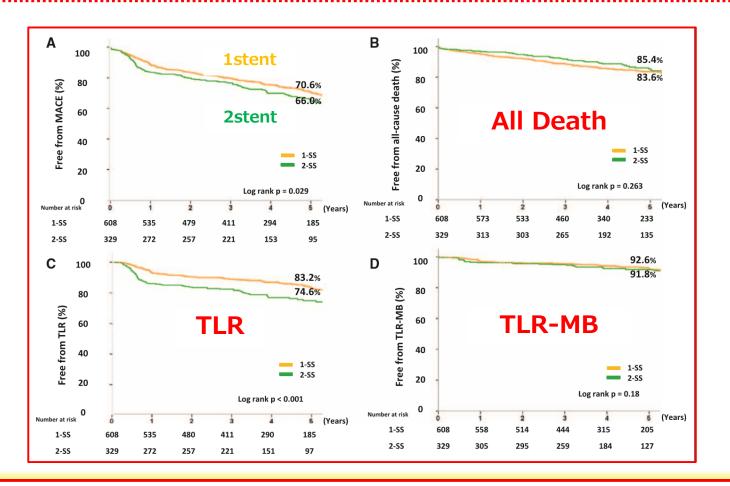


1) LCX reste. is not directly link to fatal prognosis ??



K.Takagi, S.Nakamura A.Colombo et.al Catheter Cardiovasc Interv. 2013 Sep 2

2 Same Trend in 2nd generation DES era



The 2-SS might have been caused by the high development of LCX reste. However overall this had little impact on long-term mortality.

K.Takagi, S.Nakamura A.Colombo et.al Circ Cardiovasc Interv. 2016

Comparison Between 1- and 2-Stent Strategies in Unprotected Distal Left Main Disease The Milan and New-Tokyo Registry

Circ Cardiovasc Interv. 2016 by K.Takagi, S.Nakamura A.Colombo et.al

Table 3. Clinical Outcome According to Stent Strategy in Unprotected Distal Left Main Patients						
Event at Follow-Up	1-stent (n=608)	2-stent (n=329)	HR, 95% Cl; <i>P</i> Value	Adjusted HR, 95% CI; P Value		
MACE	180 (29.6)	126 (38.3)	1.29, 1.03–1.62; 0.03	1.19, 0.92–1.54; 0.20		
All-cause death	101 (16.6)	48 (14.6)	0.82, 0.58–1.16; 0.26	0.88, 0.60–1.29; 0.53		
Cardiac death	52 (8.6)	18 (5.5)	0.60, 0.35–1.02; 0.06	0.52, 0.29–0.92; 0.03		
TLR	96 (15.8)	92 (28.0)	1.91, 1.43–2.54; <0.001	1.59, 1.15–2.20; 0.005		
TLR-MB	44 (7.2)	37 (11.2)	1.35, 0.84–2.10; 0.18	1.05, 0.64–1.72; 0.86		
TLR-SB	63 (10.4)	76 (23.1)	2.38, 1.71–3.33; <0.001	1.94, 1.33–2.82; 0.001		
MI	21 (3.5)	9 (2.8)	0.73, 0.33–1.59; 0.42	0.53, 0.23–1.24; 0.14		
Definite/probable ST	11 (1.8)	6 (1.8)	0.99, 0.37–2.69; 0.99	0.86, 0.29–2.62; 0.80		
Clindicates confidential interval: HD bazard ratio: MACE major advarse cardiovascular overts: MD majo branch: ML myocardial inference: SD side branch: ST start						

Cl indicates confidential interval; HR, hazard ratio; MACE, major adverse cardiovascular events; MB, main branch; MI, myocardial infarction; SB, side branch; ST, stent thrombosis; and TLR, target lesion revascularization.

③ Favorable outcomes in 1-stent strategy

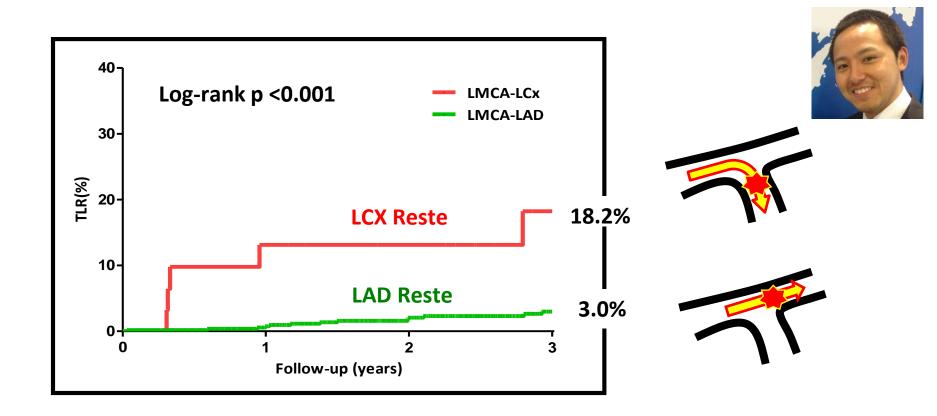
The worse outcome in 2-stent strategy might have been caused by the high development of SB restenosis mostly of the ostium of the LCx even in the era of 2nd generation DES. However overall this had little impact on long-term mortality.



Kensuke Takagi M.D. FACC

Catheter Cardiovasc Interv. 2013 Sep 2 Circ Cardiovasc Interv. 2016

④ LCX independently shows high restenosis



LCX ostium itself independently shows high restenosis rate in patients with LMT PCI.

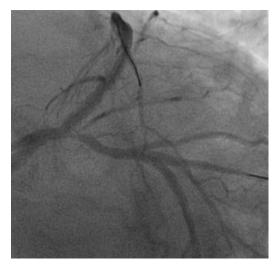
Naganuma T, Chieffo Alaide, Nakamura S, Colombo A, et al. Catheter Cardiovasc Interv. 2013

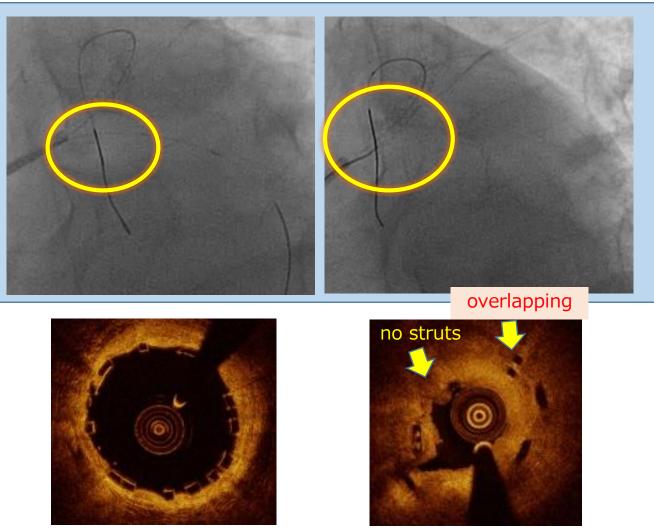
(5) Implant. BVS at Prox. LCX may be problematic

Pre

Just After PCI

6 Month







Naganuma T, Nakamura S, Colombo A, et al. JACC cardiovascular imaging vol. 7 2014



Do not chase to much !! "LCX" is a different animal

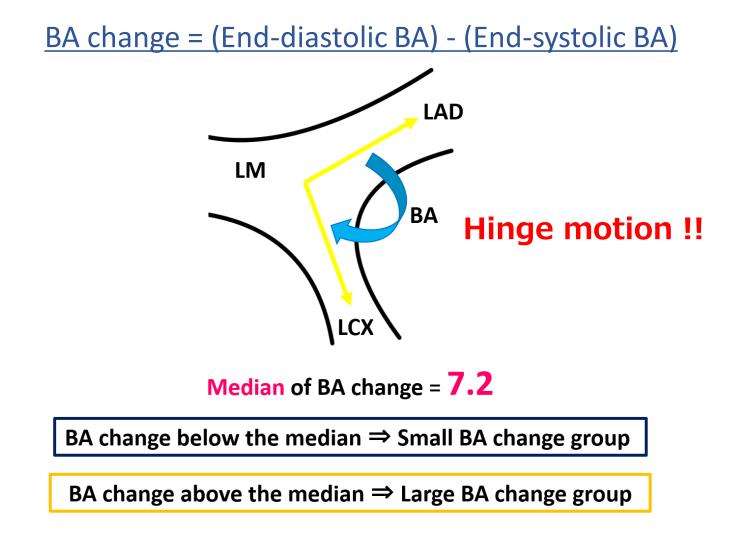
This is very unique part of coronary artery !!! So called, HINGE POINT... But point is "moving and Twitching"

And not so much important as compared with LAD and RCA for keeping Ejection fraction of the patient's HEART. LCX is not directly relevant to the patient prognosis

6 Higher restenosis rate in LCX

is associated with the hinge motion





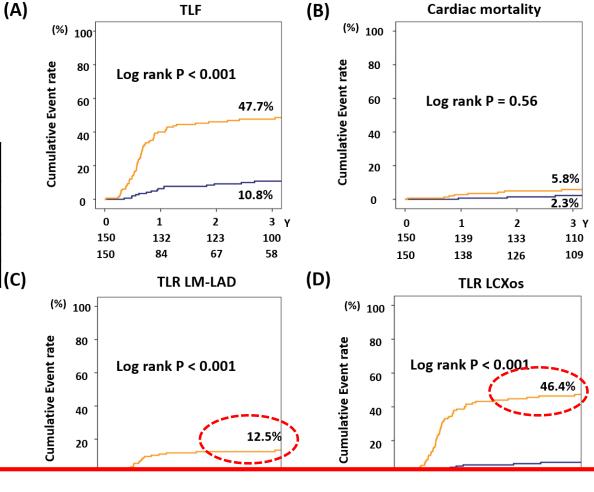
Watanabe Y, Mitomo S, Nakamura S, Colombo A, et al. Under Review

6 Higher restenosis rate in LCX

is associated with the hinge motion



	Small BA (n=150)	Large BA (n=150)	P value	
2 nd DES	96 (64.0)	86 (57.3)	0.29	
Mini crush	82 (54.7)	87 (58.0)	0.64	
Culotte	35 (23.3)	27 (18.0)	0.32	
ТАР	33 (22.0)	36 (24.0)	0.78	1



Large hinge motion is associated with LCX os restenosis

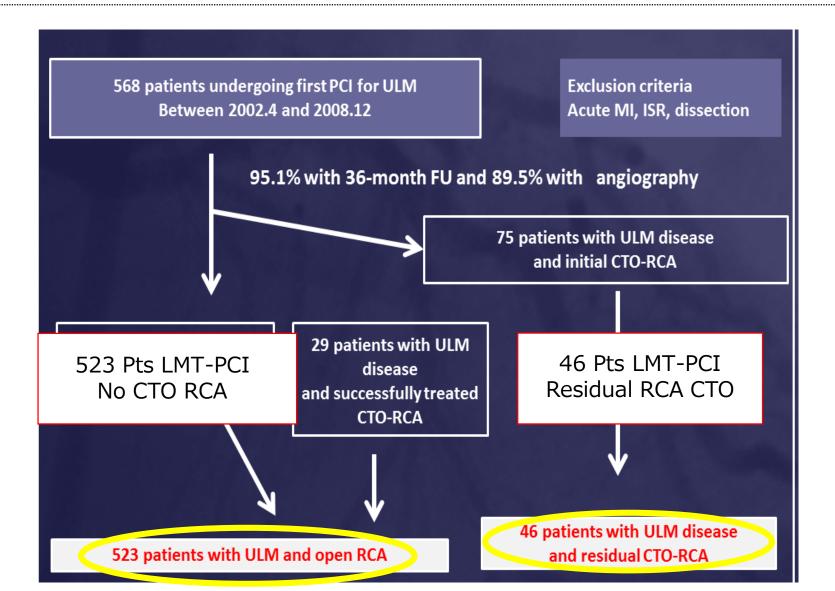


- 1. LAD is important in terms of Patient's prognosis.
- 2. LCX is not directly link to fatal prognosis in most of the cases
- 3. What about RCA ??

Let's think in case of LMT PCI with RCA CTO ??

Impact of residual chronic total occlusion of right coronary artery on the long-term outcome in patients treated for unprotected left main disease: the Milan and New-Tokyo (MITO) registry.

Circ Cardiovasc Interv. 2013 April;6(2);154-60 by K.Takagi, S.Nakamura A.Colombo et.al

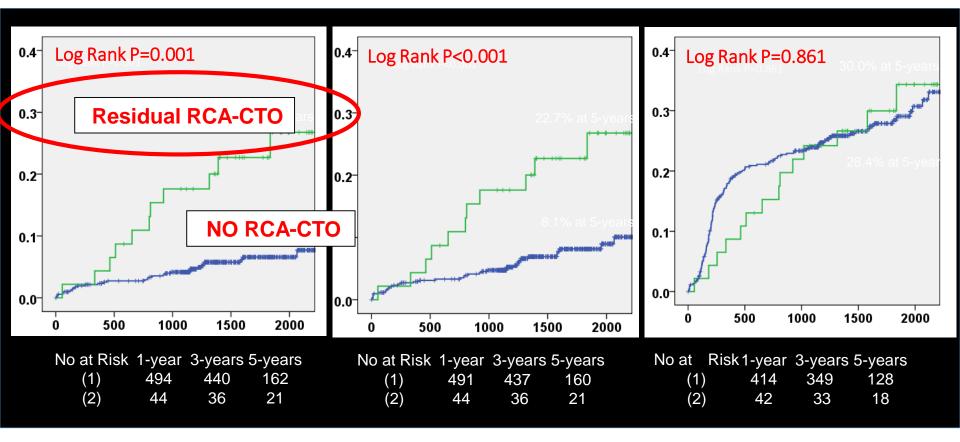


- No RCA CTO and RCA CTO -

(A) Cardiac-death

(B) Cardiac-death + MI

(C) MACE



(1) ULM without residual CTO-RCA (ULM with no CTO-RCA + ULM with treated CTO-RCA) n=522

(2) ULM with residual CTO-RCA n=46

⑦ RCA : also important for Pt's LIFE

In LMT-PCI,

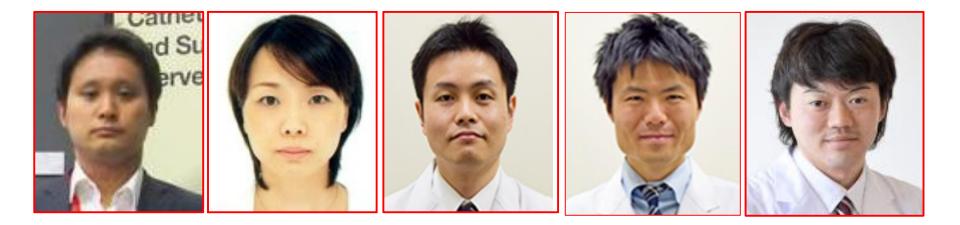
Cardiac-death occurred more frequently in patients with residual CTO-RCA, while a few cardiac death occurred in patients without residual CTO-RCA. These findings may suggest that recanalization of CTO-RCA may impact on the Long-term cardiac mortality in patients with LMT-PCI.



Kensuke Takagi M.D. FACC

Circ Cardiovasc Interv. 2013

What is going on after LMT stenting??



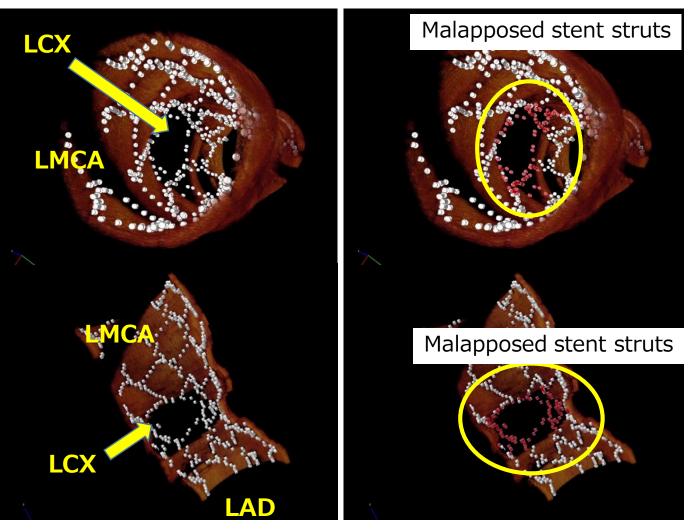
- New Tokyo Imaging Team -

The ultimate treatment is to know the cause, to eradicate the cause. Even a clinician, we need a research mind to investigate "cause".

⑧ End-thelialization ; Initiation of the restenosis !!



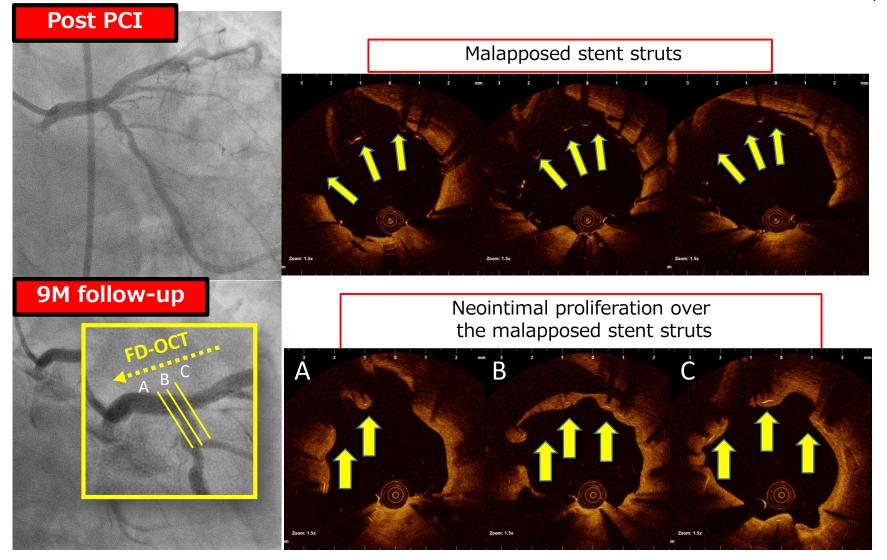
3D OCT after SES Implant. with inappropriate KBT



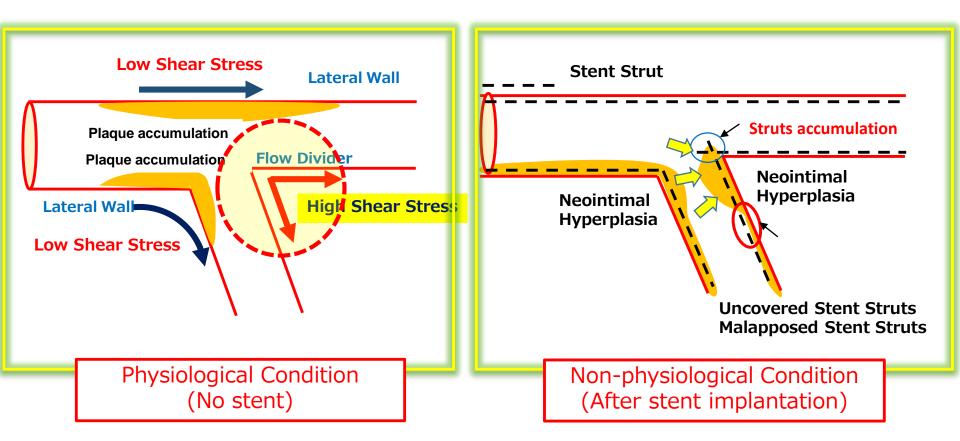
Y Fujino , S Nakamura JACC Imaging Vol 7 No.8 2014

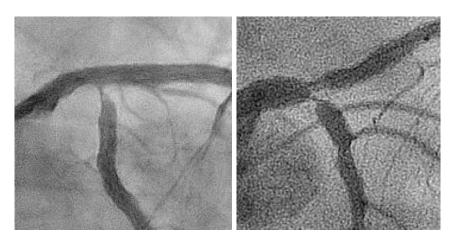
9 End-thelialization initiated around Mal.apo. Area

OCT of LCX ostium at F/U



Y Fujino , S Nakamura JACC Imaging Vol 7 No.8 2014



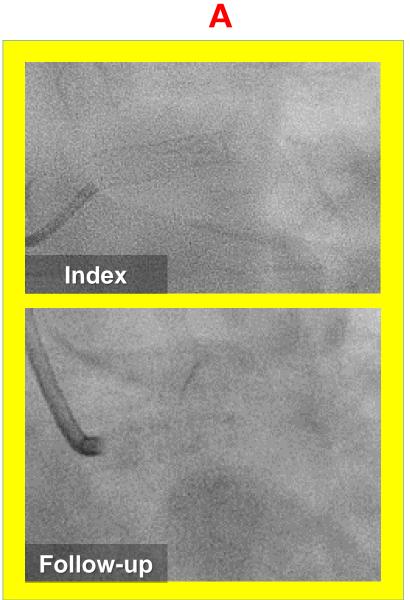


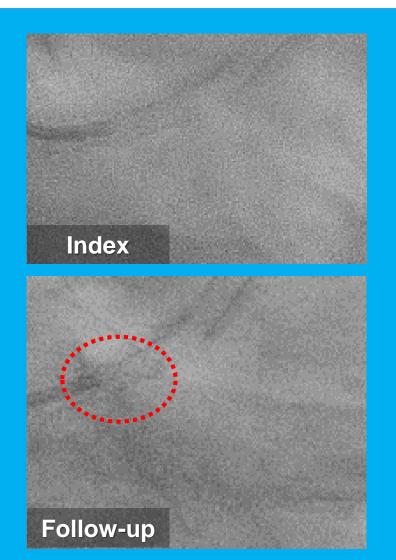
Why ??

Restenosis occur frequently in LCx.

In LMT PCI.... If you use contrast....



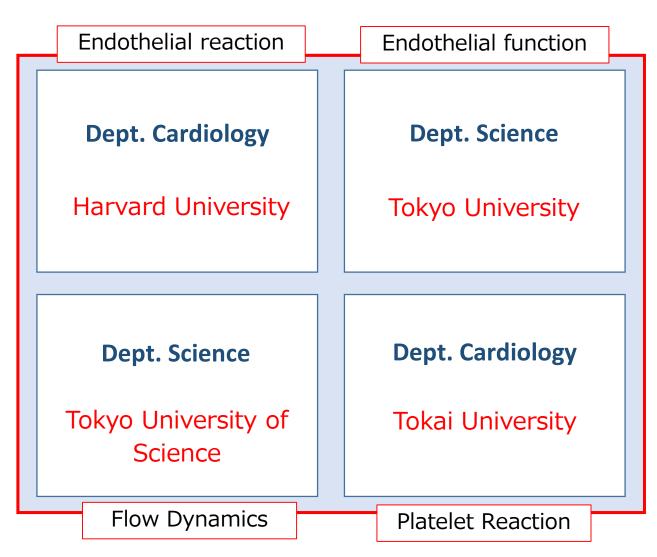






We are collaborating...

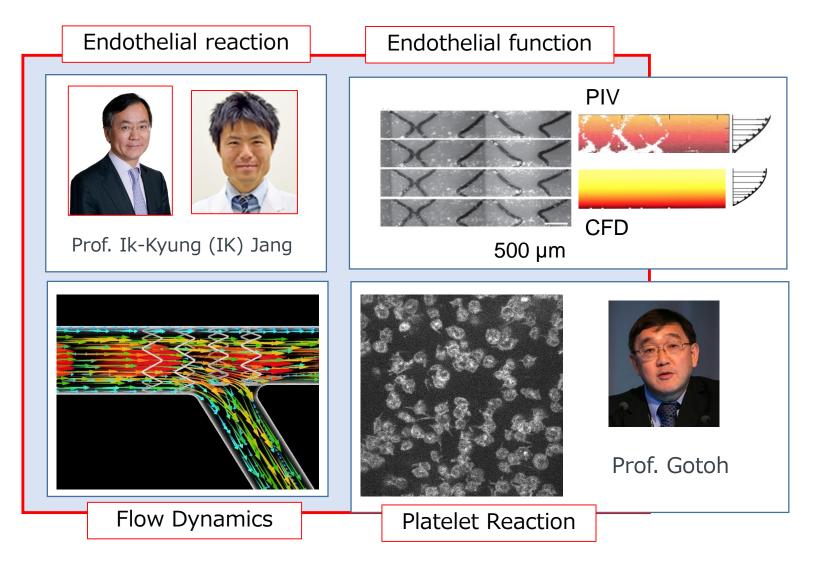
(New Tokyo Research Program)



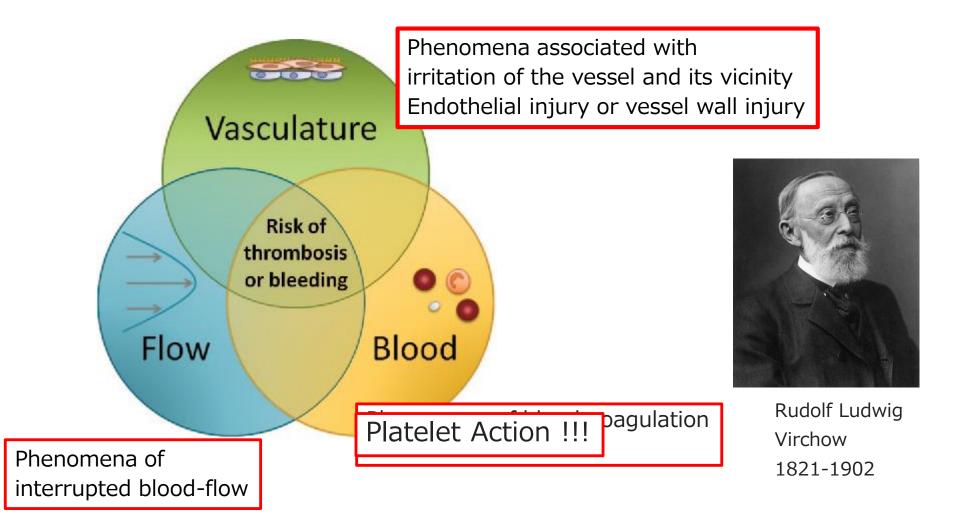


We are collaborating...

(New Tokyo Research Program)

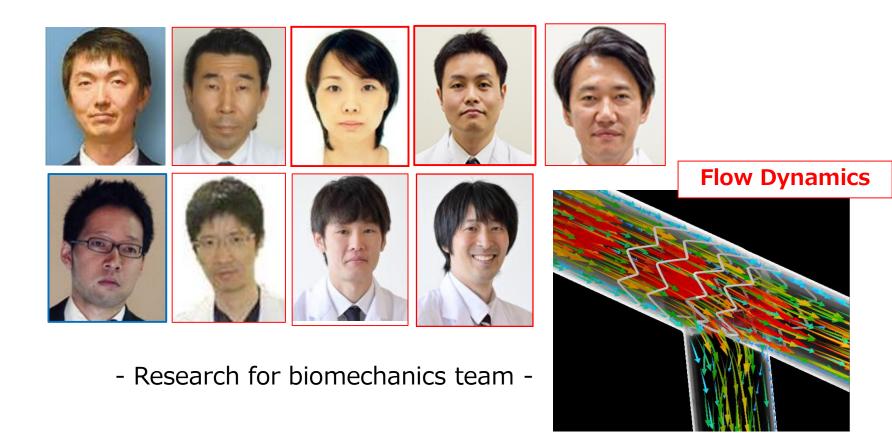


Virchow's triad



Problem of PCI can not be solved by PCI !!

- Collaboration study with Tokyo University od Science =



To understand what happen after PCI in the area of LMT bifurcated lesion, we started to research not on clinical but also Flow dynamics , platelet reaction and endothelial function.

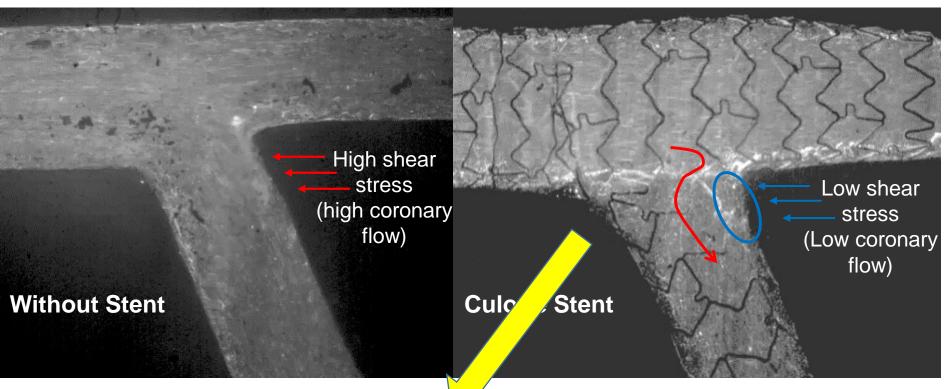
10 Big Change of Shear Stress around Mal.apo. Area

Without stent placement

Blood flow at carina is quite fast.

After stent implantation

Flow is delayed, causing turbulence.

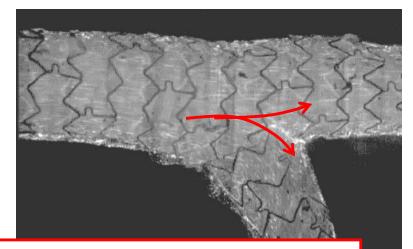


Insensible in the past, but now I sense

Without stent

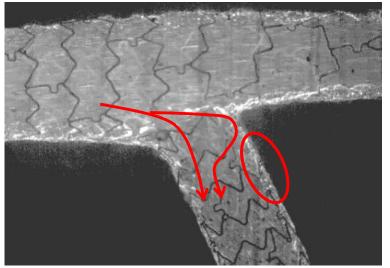
T- stent



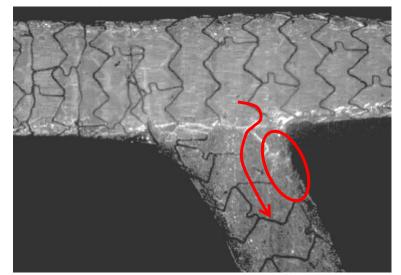


Accumulated stent struts might impact the flow pattern then progress the NIH in 2-stent PCI cases

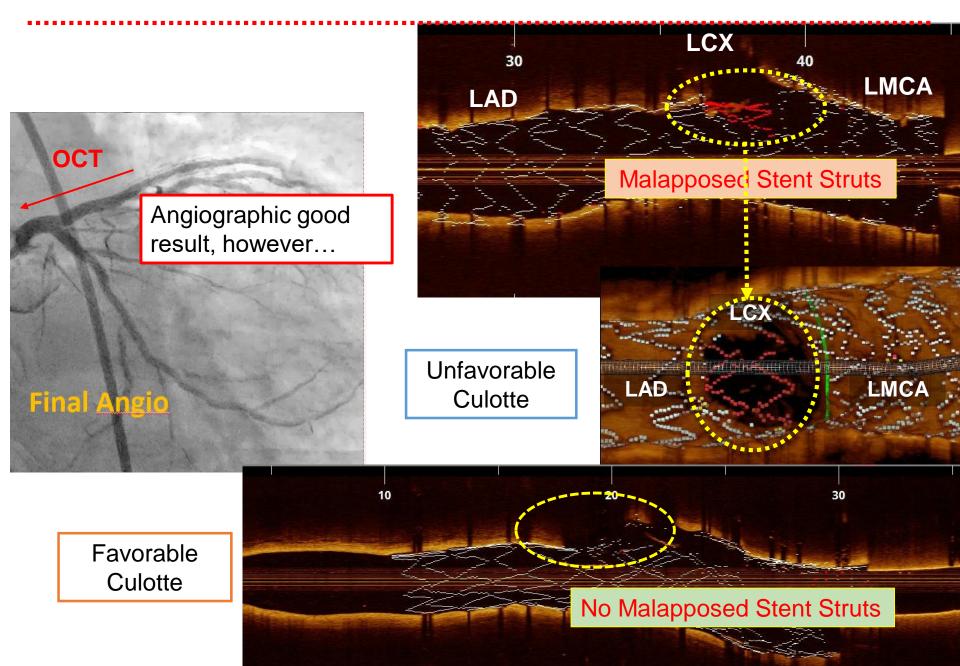
Crush stent



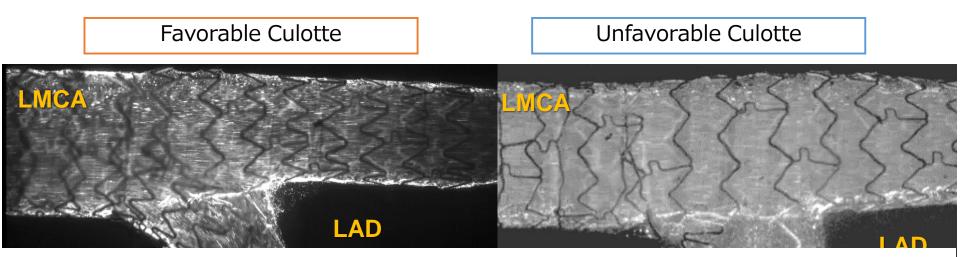
Culottes stent



Favorable or Unfavorable Culotte in LM

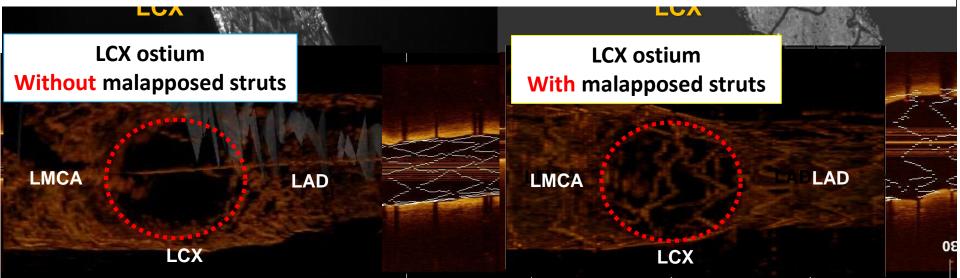


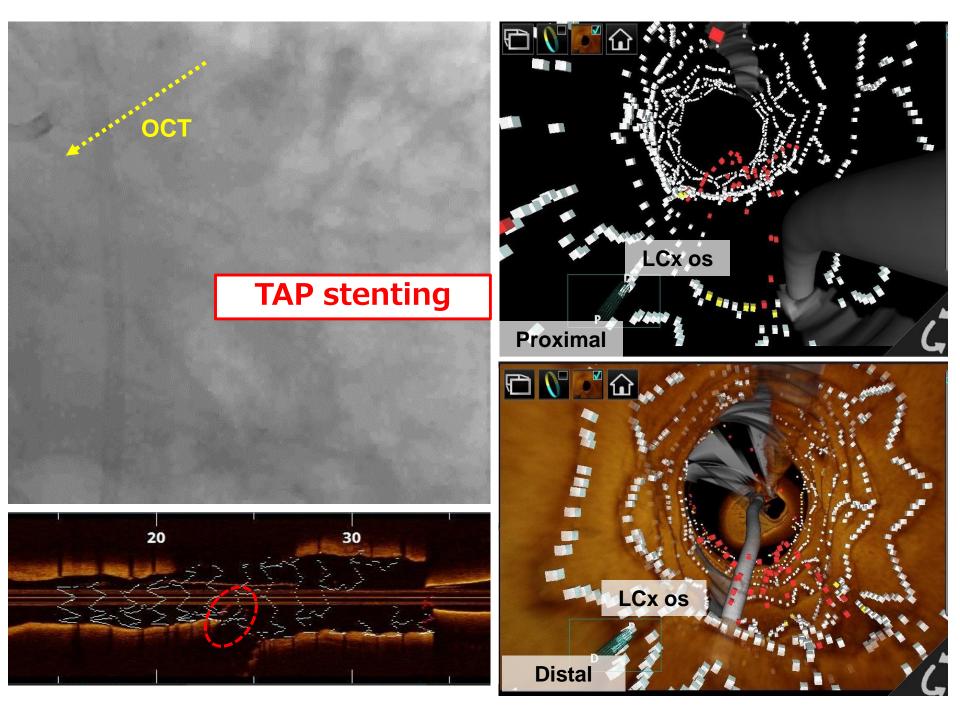
Flow dynamics after Culotte Stent



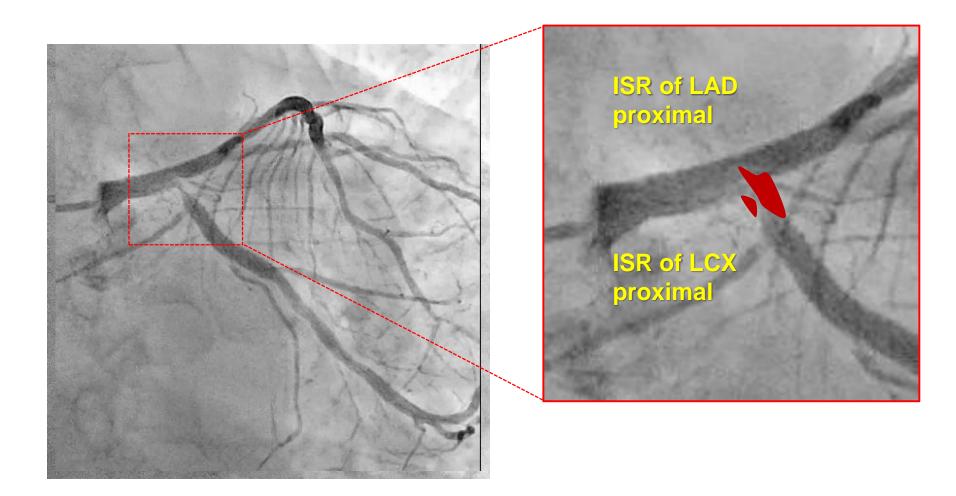
Even in the same Culotte stenting,

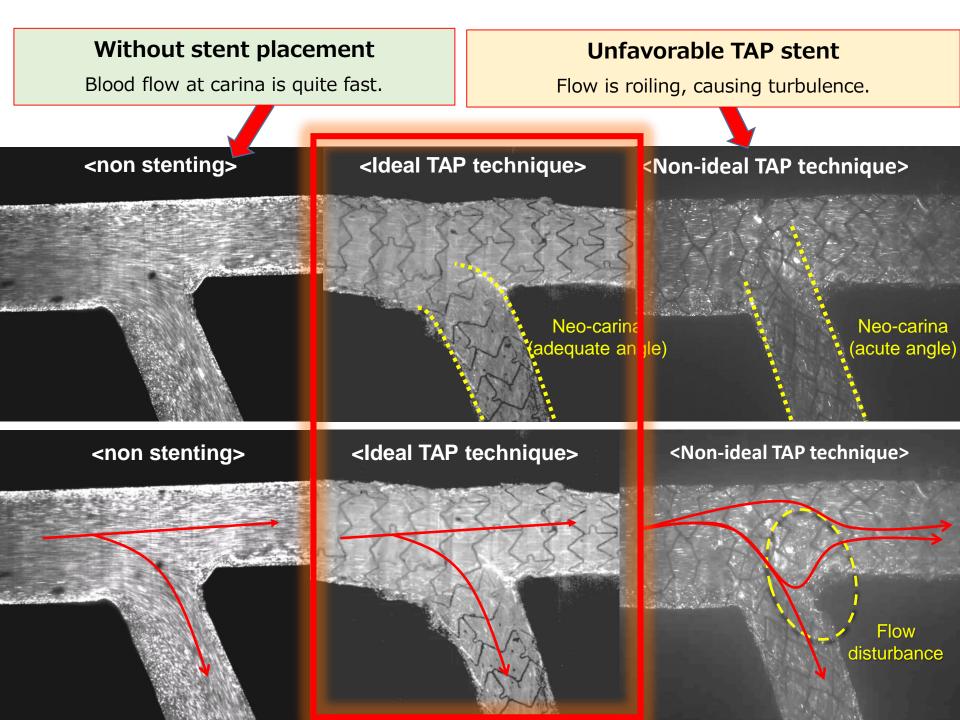
there are significant different OCT findings and coronary flow





Follow-up CAG after PCI





① Malapposed struts make coronary flow different even in the same stent strategy.

Depending on which 2-stent technique is used, coronary flow toward LCX would be different, and... even whether favorable stenting is achieved or not makes the flow pattern different significantly.



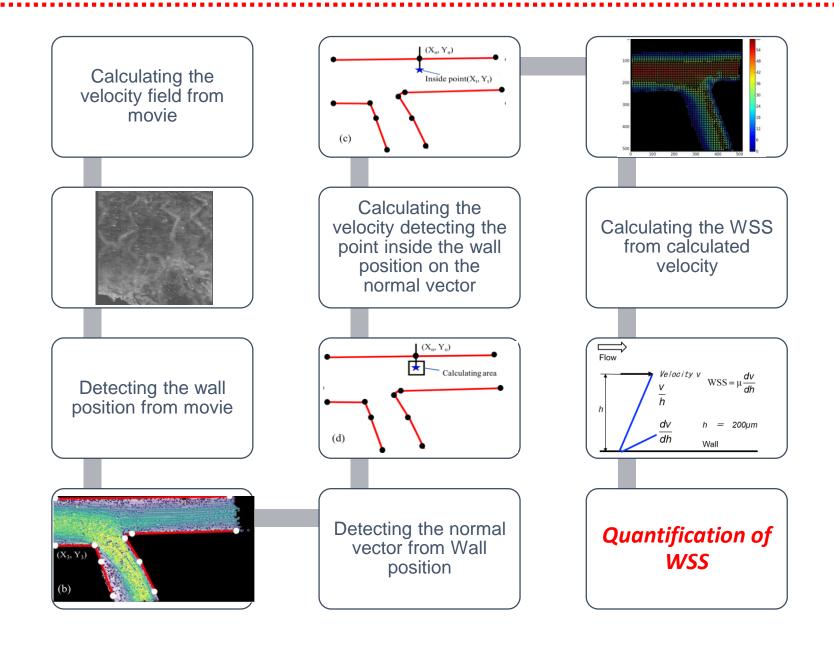
Yusuke Fujino M.D. FACC

JACC Imaging Vol 7 No.8 2014

Quantification of flow dynamics

Model (Mini crash) Flow 120ml/min ×0.02 1mm ➢ Result 30 27 24 21 Velocity [cm/s] 18 15 12 9

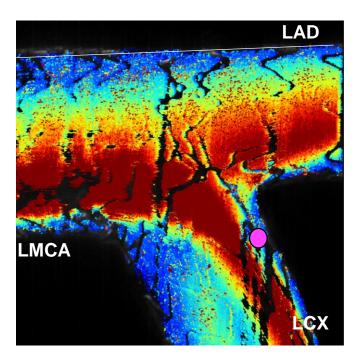
Work flow of quantification of WSS



Flow dynamics after Culotte Stent

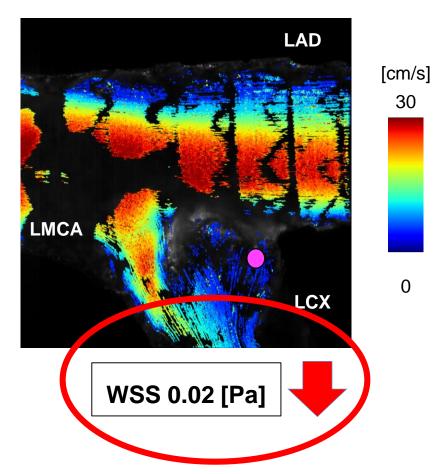
- Comparative study with Fovorable or Unfavorable Cullote ?? -

Favorable Cullotte



WSS 0.32 [Pa]

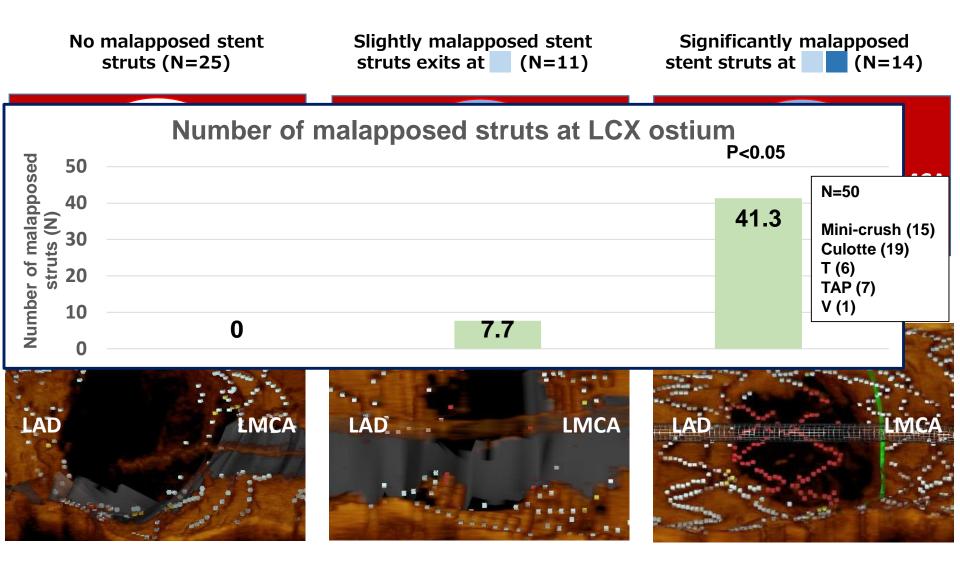
Unfavorable Cullotte



Clinical Relevance ??

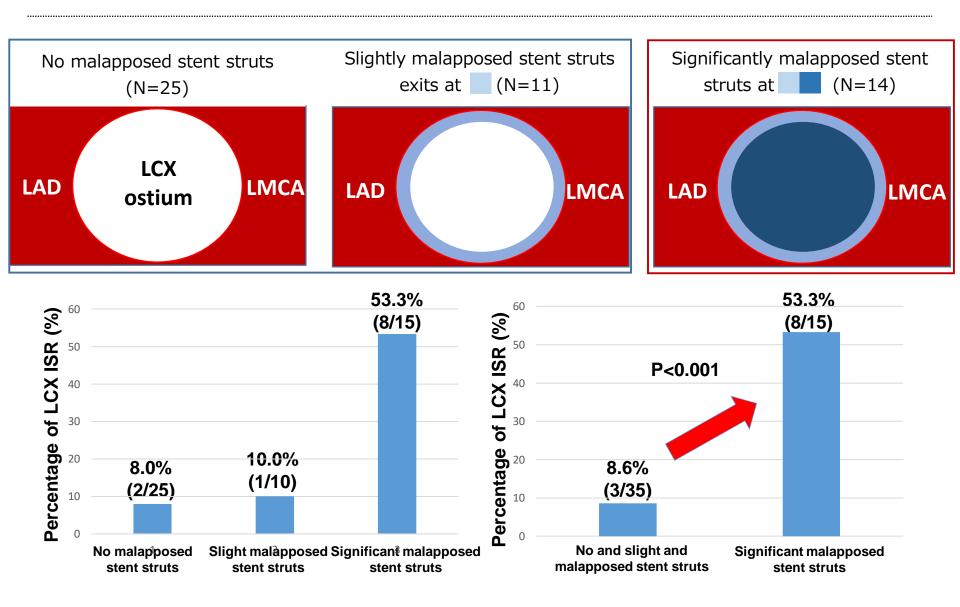
12 Impact of malapposed stent struts on LCX TLR

-2-stent technique (N=50)-



12 Impact of malapposed stent struts on LCX TLR

-2-stent technique (N=50)-





Presence of mal-apposed strut may lead excessive end-thelialization around the area of these, resulting in clinical restenosis.

From the current our clinical data clearly shows the similar trend (so called clinical relevance) group having a lot of mal-apposed stent strut in the ostium of LCX have a big tendency of restenosis.

Finally, in our data suggest that current Study about bifurcation stenting which compare single vs double stenting or X stenting vs Y stenting way is scientifically UNFAIR ?

What our data tell are...

- 1. Focus on LAD stenting !!, Do not chase too much LCX!!
- 2. Imaging Device is necessary !!
- If you can finish One stent ,
 You have a big advantage in terms of restenosis.
- If you can not avoid 2-stent strategy,
 You need to optimize the apposition of stent strut.

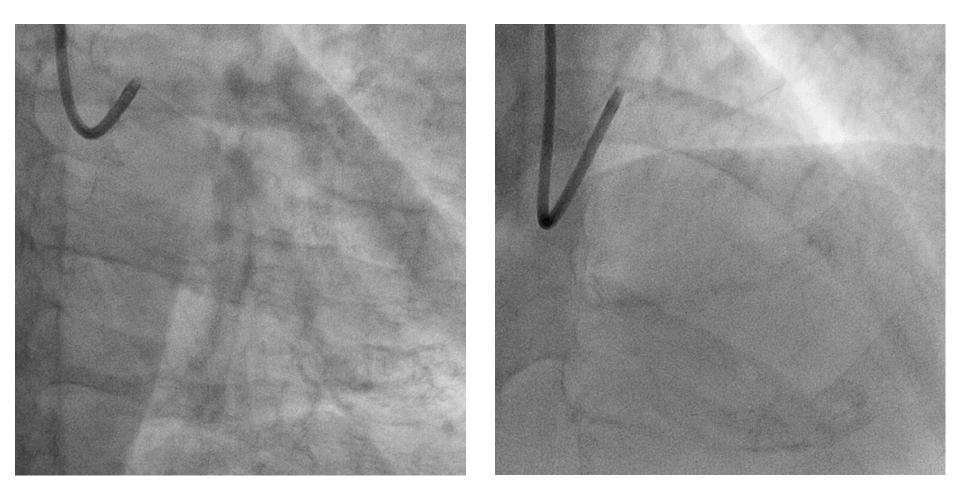
Tips and Tricks in LMT PCI

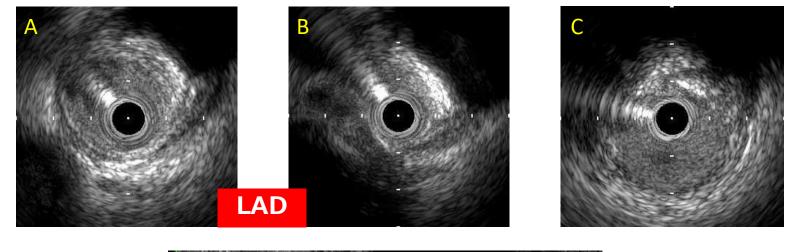
1; Calcification !!

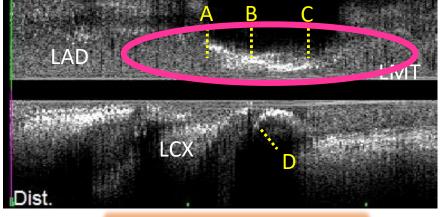
- Last, Big Issue -

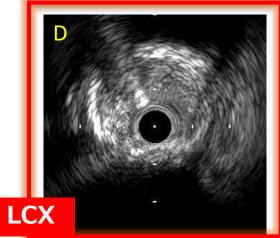
Case : LMT body stenosis including....??

Looks like a very simple LMT body stenosis with some lesion of LCX ostium.





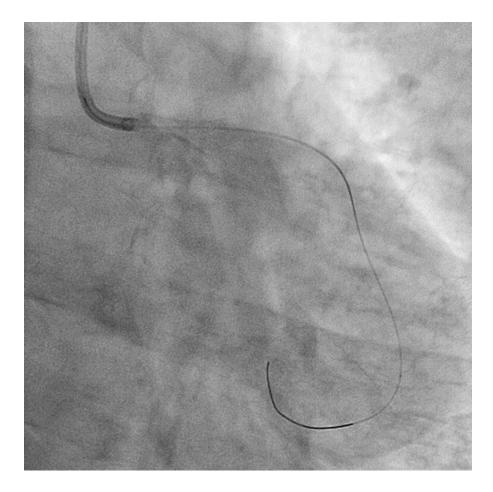




It never rains but it pours

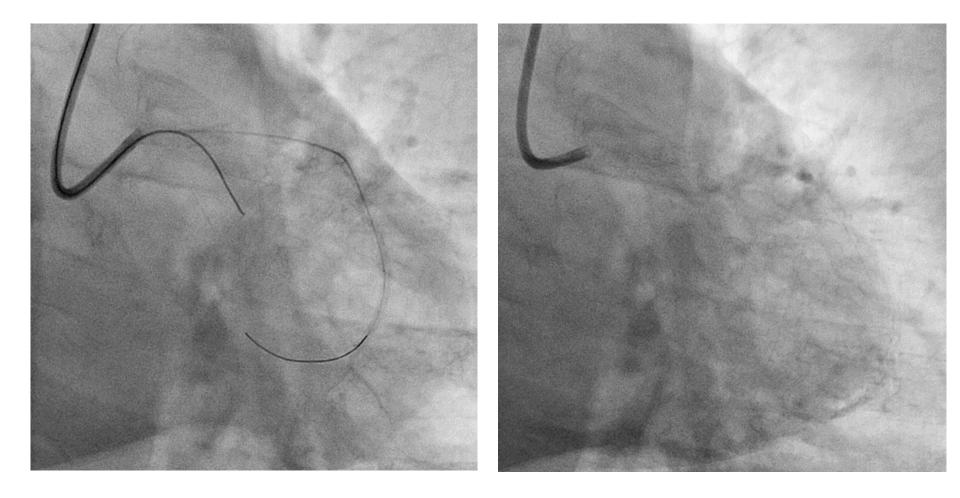
- Troubles never come singly -

Protection GW in LCX accidentally come out , but continued LMT stenting. Then...



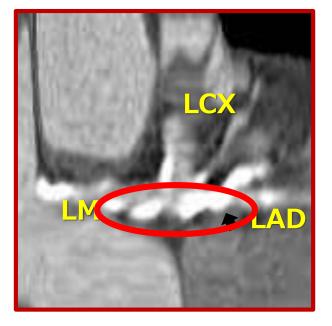
Case : LMT body stenosis including....??

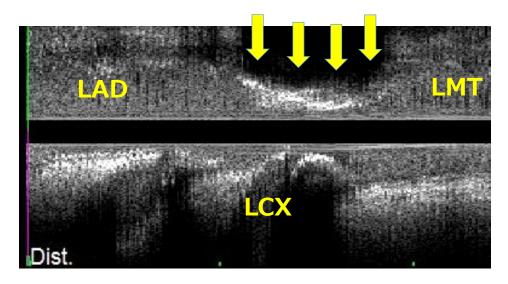
Thanks to the technique of CTO PCI, successfully recanalized with CTO GW



Interference Factor: Calcification

- Calcification opposing to a side branch -

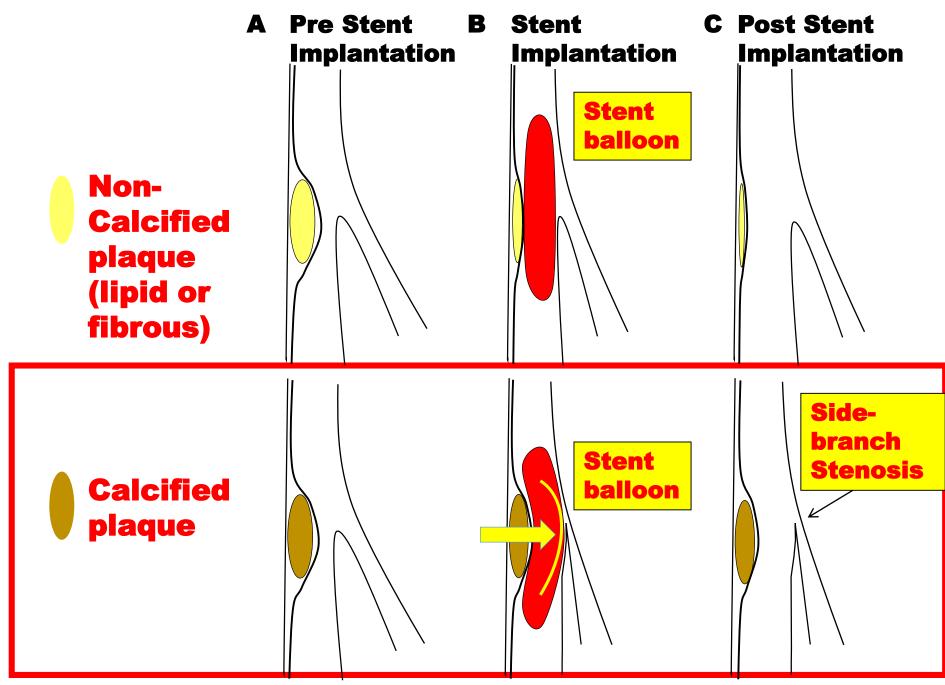




Impact of main-branch calcified plaque on side-branch stenosis in bifurcation stenting: an optical coherence tomography study.

Y. Fujino, S. Nakamura et al. Int J Cardiol. 2014 Oct

Calcium Plague opposite of Multiviriate Logistic Regression						
			1 12 101010			
Age Gender [#] Predictiv	e Risk	Factor of	of Side	Branch (Occlusion)
Hypertention	0.94	0.36-2.47	0.901			
Diabetes Mellitus	0.72	0.29-1.82	0.491			
Dyslipidemia	0.46	0.18-1.18	0.106			
Smoking	1.09	0.39-3.03	0.867			
EF (%)	0.97	0.91-1.03	0.294			
Angle (angiographic) <70	9.13	1.93-43.28	0.005	11.83	2.00-70.02	0.007
Angle QCA	0.98	0.96-1.00	0.021			
Calium detected by Angiogram	2.2	0.68-7.16	0.189			
True bifurcation	2.17	0.81-5.82	0.125			
Pre dilatation	1.2	0.47-3.07	0.699			
Pre-stent implantation Main branch, %DS	0.99	0.93-1.05	0.777			
Pre-stent implantation Side branch, %DS	1.05	1.01-1.10	0.018	1.07	1.02-1.13	0.012
Average stent diameter	1.92	0.51-7.21	0.335			
Average stent length	0.99	0.93-1.06	0.776			
Max inflation pressure	1.01	0.89-1.14	0.863			
Calcium Plaque Evaluated by OCT	11.25	2.86-44.25	<0.001	12.32	2.58-58.83	0.002



Y. Fujino, S. Nakamura et al. Int J Cardiol. 2014

(13) CAL in LMT : should be very careful !!

Calcification opposing to a side branch is a predictive risk factor of occlusion of the side branch in the case of LMT bifurcation PCI.



Caution !!

-

Kensuke Takagi M.D. FACC

Coronary Artery Disease 2015



Yusuke Fujino M.D. FACC

Int J Cardiol 2014 JACC Cardiovasc Interv 2014 Tips and Tricks in LMT PCI

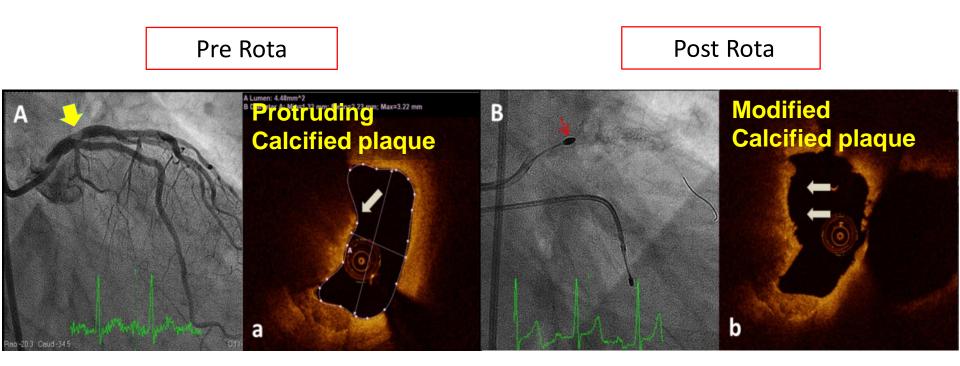
2; HD patients !!

- Big Issue -

FD-OCT Assessment of Stent Constriction 9-M after

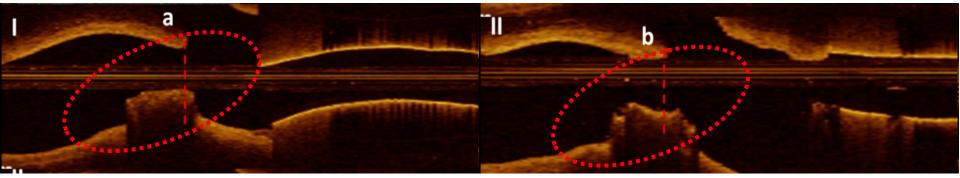
SES Implantation in Patient With Hemodialysis

Y. Fujino, S. Nakamura, M Costa, et al. JACC Intervention. 2013



Protruding Calcified plaque

Modified Calcified plaque



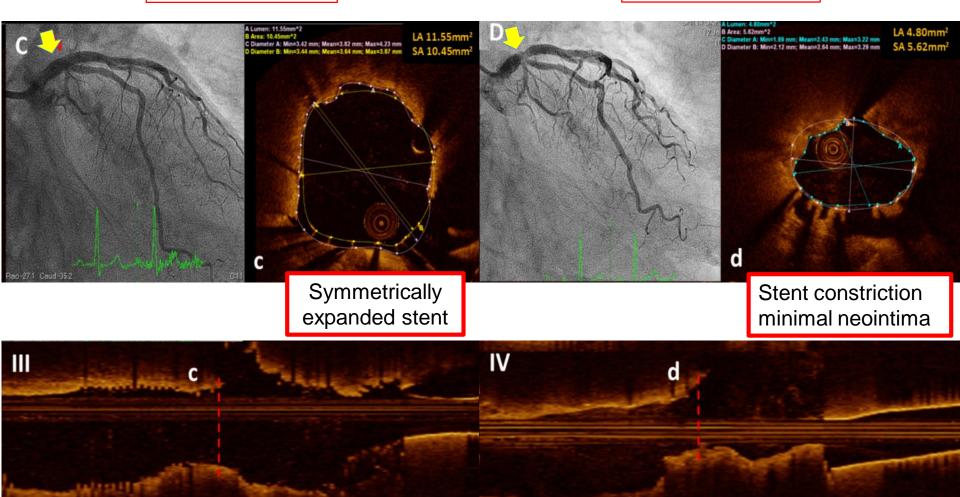
FD-OCT Assessment of Stent Constriction 9-M after

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Y. Fujino, S. Nakamura, M Costa, et al. JACC Intervention. 2013

Post SES

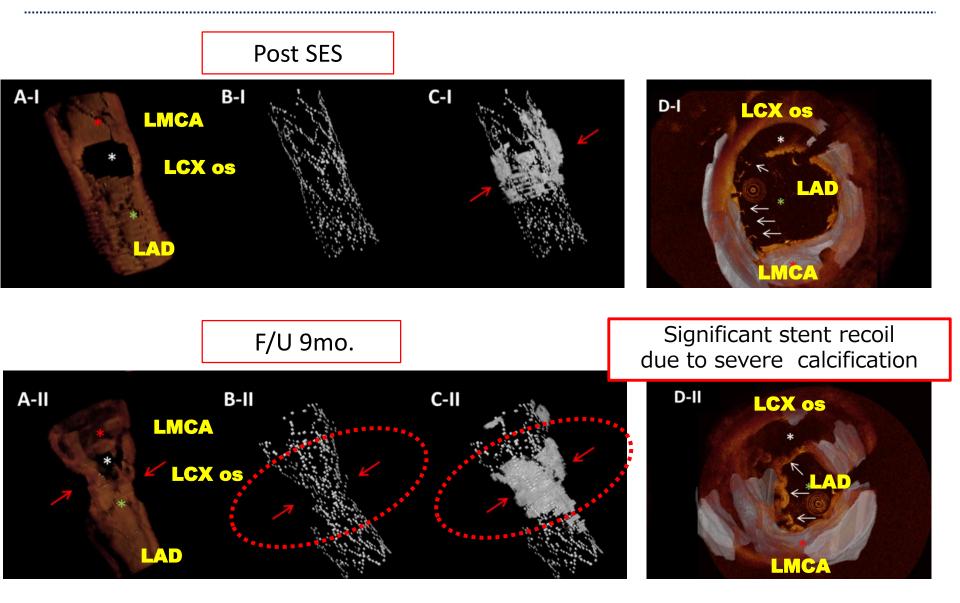




FD-OCT Assessment of Stent Constriction 9-M after

SES Implantation in Patient With Hemodialysis

Y. Fujino, S. Nakamura, M Costa, et al. JACC Intervention. 2013



Impact of Rotational Atherectomy for Heavily Calcificated Unprotected Left Main Disease: The New Tokyo Registry.

H.Yabushita, S.Nakamura et.al Ciculation Jounal 2013

TLR-MB	7 (10.9)
TLR-MB in non-HD (n=51)	1 (2.1)
TLR-MB in HD (n=13)	6 (46.2)
TLR	12 (18.8)
TLR-MB	7 (10.9)
TLR-MB in non-HD patients (n=51)	1 (2.1)
TLR-MB in HD patients (n=13)	6 (46.2)
MI	3 (4.7)
Definite/Probable ST	2 (6.1)

1 In case of HD : Need to be highly attention !!

Calcification in HD patients

In hemodialysis patients, Highly probable to cause stent recoil at chronic phase despite of ablation of calcified lesion using ROTA. Therefore they are prone to restenosis.



Caution !!

Yusuke Fujino M.D. FACC JACC Intervention. 2013



Hiroto Yabushita M.D.

Ciculation Jounal 2013

Tips and Tricks in LMT PCI

3; About POT

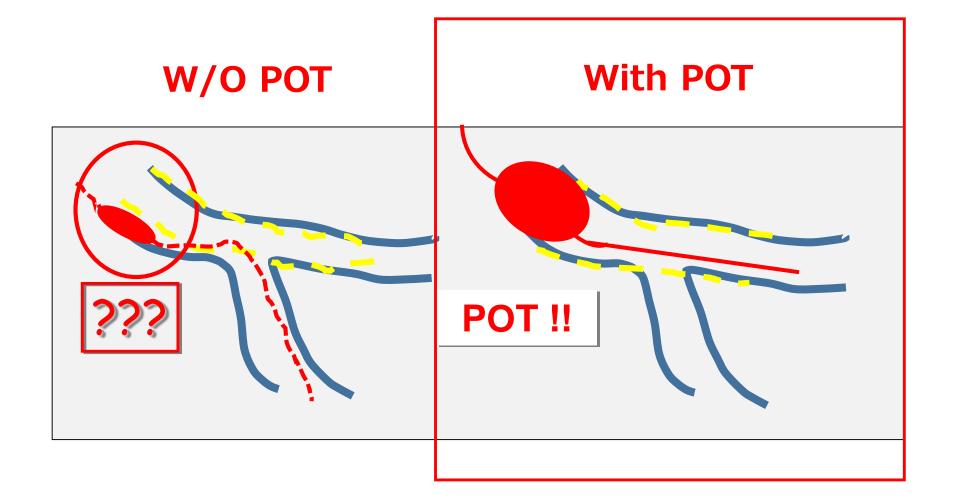
- Important procedure -

The impact of Main Branch Restenosis on Long Term Mortality Following Drug-eluting Stent Implantation in Patients with De Novo Unprotected Distal Left Main Bifurcation Coronary Lesions: The MIIan and New-TOkyo (MITO) Registry

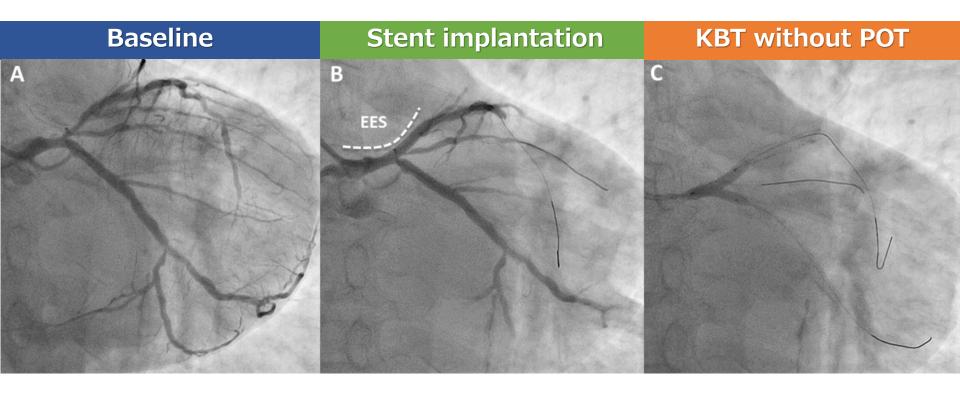
Catheter Cardiovasc Interv. 2013 K.Takagi, S.Nakamura A.Colombo et.al

n=753		Univariable HR (CI)	P Value	Coxadjusted HR (CI)	P Value
Calcificat	ion	2.114 (1.085-4.121)	0.028	<u>2.284</u> (1.165-4.475)	0.016
True-bifu	rcation	2.764 (1.344-5.668)	0.006	<u>2.331</u> (1.117-4.862)	0.024
Insulin Dl	м	2.742 (1.234-6.092)	0.013	<u>2.259</u> (1.007-5.068)	0.048
Post ML		0.568 (0.346-0.932)	0.025	<u>0.611</u> (0.364-1.026)	0.062
POT		0.428 (0.228-0.805)	0.008	<u>0.548</u> (0.281-1.067)	0.077
Full cove	er approach	0 409 (0.235-0.709)	0.001	<u>0.605</u> (0.336-1.088)	0.093
ABP		2.115 (1.126-3.971)	0.020		
3 VD		1.750 (1.015-3.016)	0.044		
Dialysis		2.760 (0.993-7.670)	0.052		
2-stent st	rategy	1.651 (0.957-2.848)	0.071		

If you do not POT Before KBT....

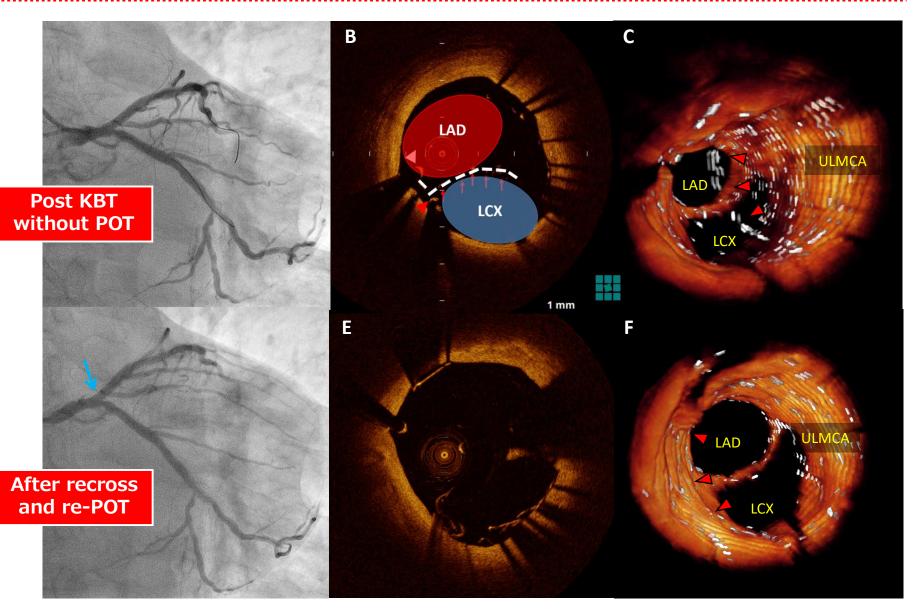


FD-OCT assessment of Unfavorable KBT Result in ULMCA



Y Fujino, Marco. A Costa, S Nakamura et al. JACC Cardiovasc Interv 2012

OCT Assessment of Unfavorable KBT



Y Fujino, Marco. A Costa, S Nakamura et al. JACC Cardiovasc Interv 2012

15 POT is quite important !!

POT after LMT stenting is very mandatory to avoid unfavorable KBT and achieve better stent apposition.

- K.Takagi et al Catheter Cardiovasc Interv. 2013
- K.Takagi et al Catheter Cardiovasc Interv. 2013
- Y Fujino et al JACC Cardiovasc Interv 2012



Kensuke Takagi M.D. FACC

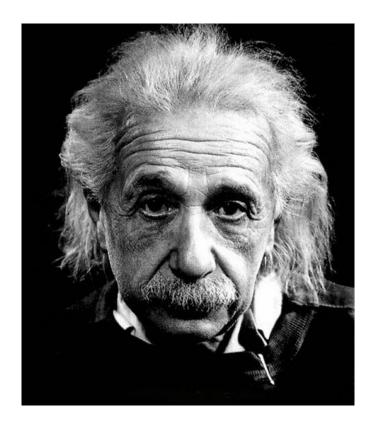


Yusuke Fujino M.D. FACC Tips and Tricks in LMT PCI

4; KBT ?? and POT

- Important procedure -

Why ?? KBT or not KBT

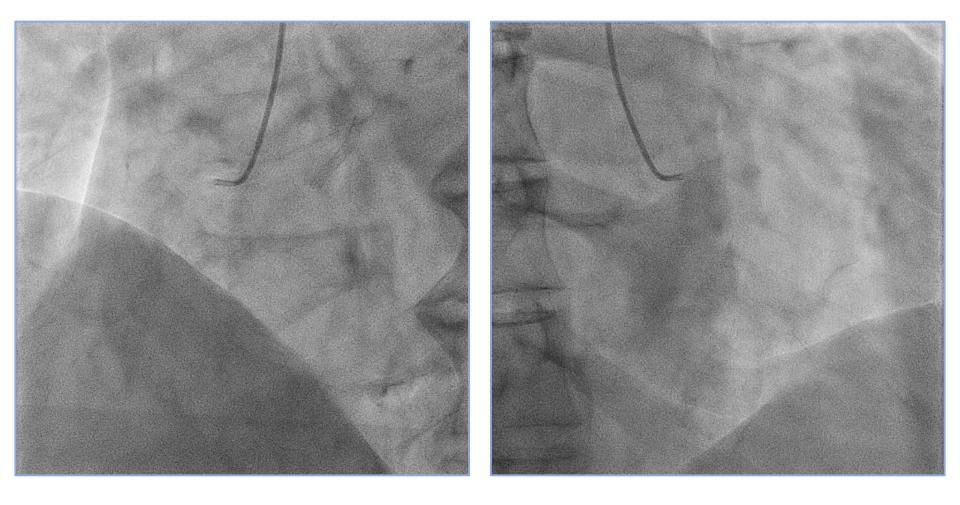


Albert Einstein (1879 - 1955) Physicist

Common sense is the collection of prejudices acquired by age eighteen.

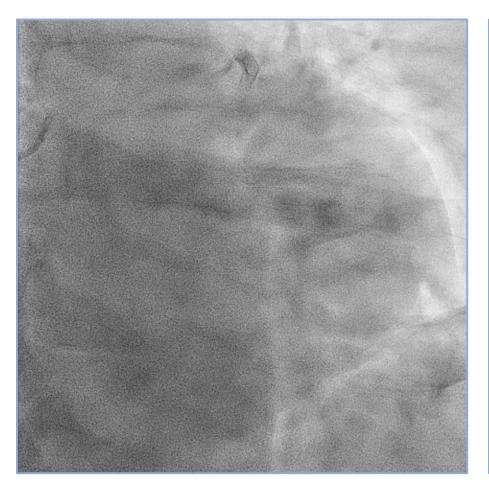
Case: 83yo: M LMT true bifurcated Disease

RCA: no significant stenosis



Case: 83yo: M LMT true bifurcated Disease

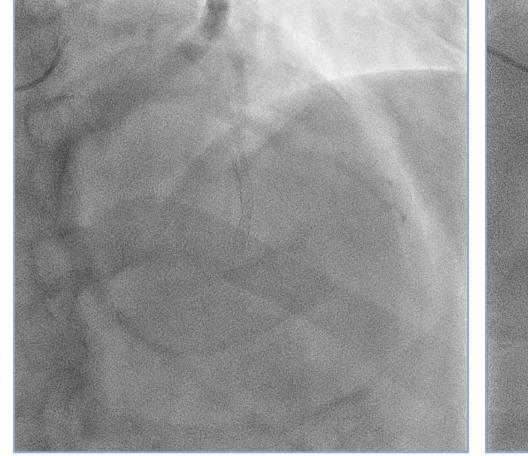
LMT distal true bifurcated Lesion (1.1.1.) Prox. LCx 90%, Prox.LAD diffuse 80% with Cal.

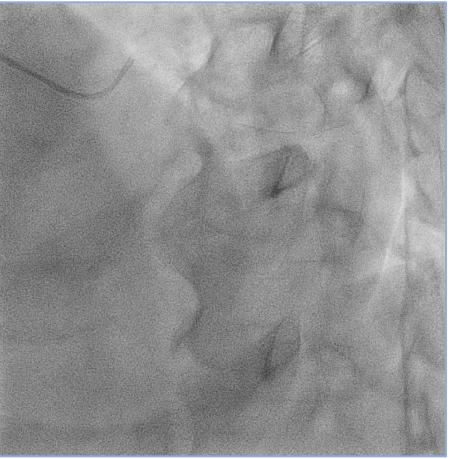




Case : 83yo: M **LMT** true bifurcated Disease

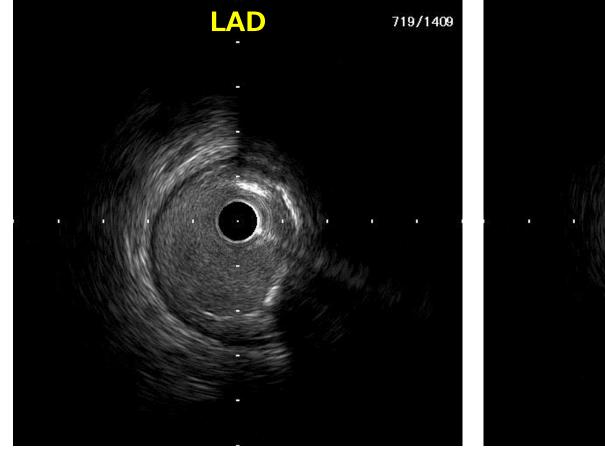
LMT distal true bifurcated Lesion (1.1.1.) Prox. LCx 90%, Prox.LAD diffuse 80% with Cal.

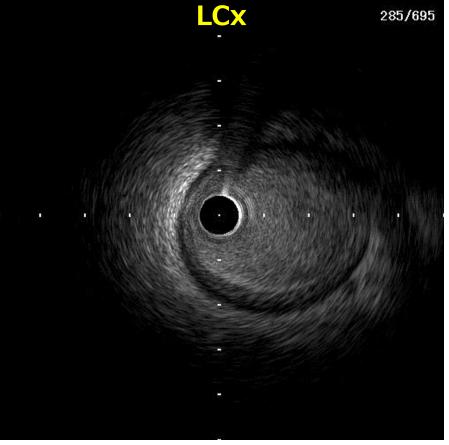




Case: 83yo: M LMT true bifurcated Disease

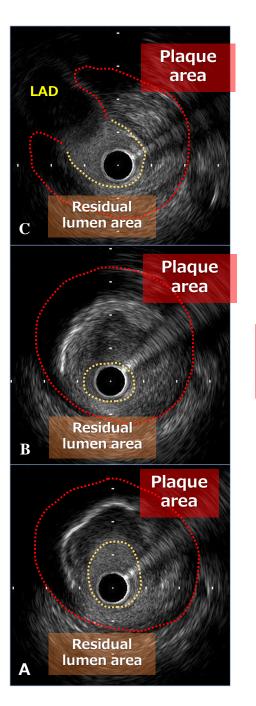
LMT distal true bifurcated Lesion (1.1.1.) Prox. LCx 90%, Prox.LAD diffuse 80% with Cal.





Preprocedural IVUS evaluation: proximal LCx





Ostial LCx

Large plaque burden

Proximal LCx

How would you treat this lesion?

1. Provisional Stenting

Highly probable TAP ???







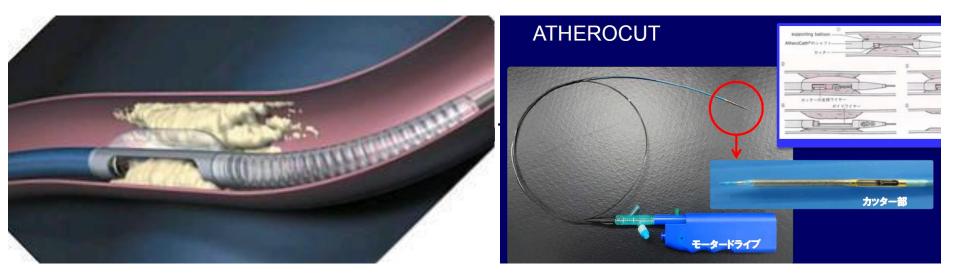
3. Culotte stenting

4. Others..

Our Choice is No.4

1. Procariatification

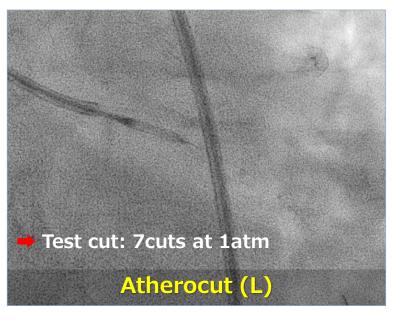
Highly probable TAP ???

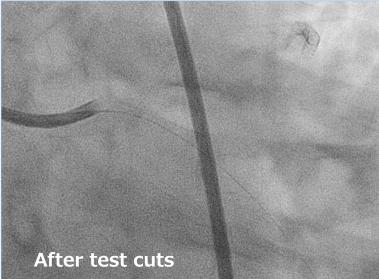


DCA for the proximal LCx

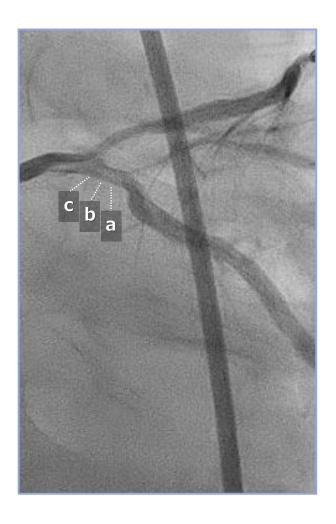


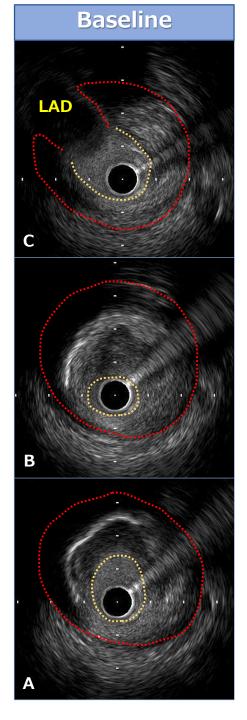
Test Cut for the proximal LCx





IVUS evaluation after test cult for the proximal LCx

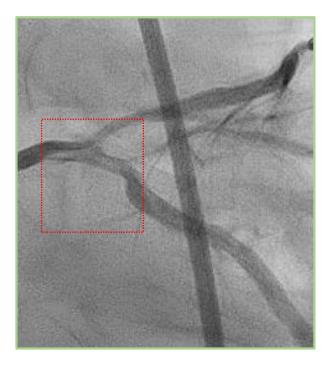




After test cuts LAD С b a

DCA for the proximal LCx

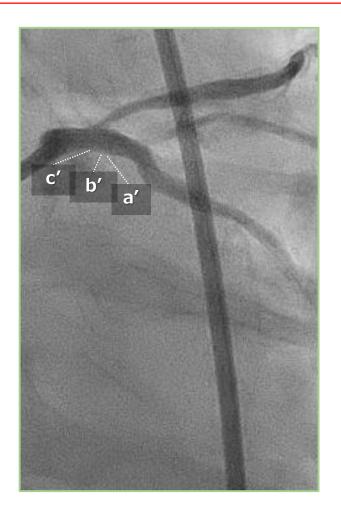
DCA is cut out for Japanese ???

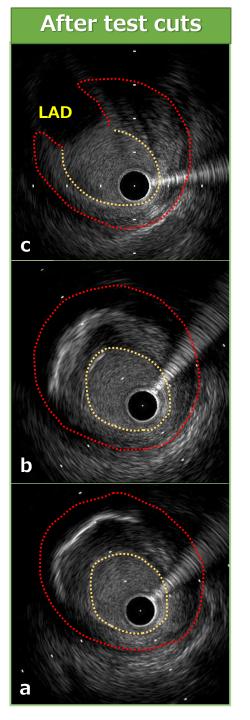




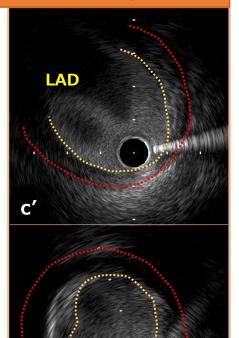
Multiple cuts for the proximal LCx 2atm×5cuts → IVUS evaluation 3atm×3cuts → IVUS evaluation 2-3atm×6cuts → IVUS evaluation 2-3atm×8cuts → IVUS evaluation

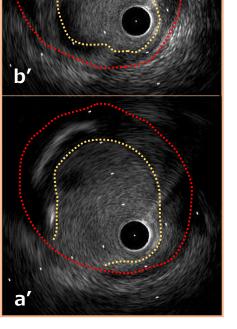
IVUS evaluation after multiple DCA for the proximal LCx





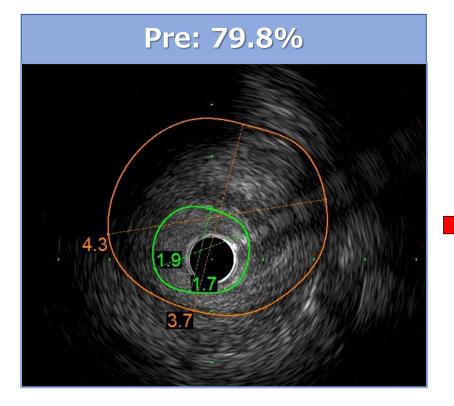
After mutiple cuts



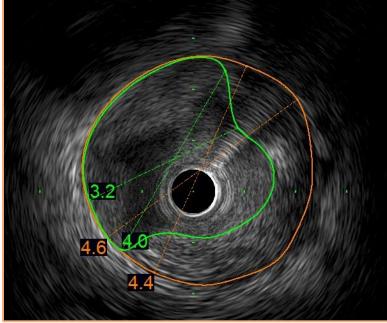


See !! Big Plaque Reduction !! By DCA

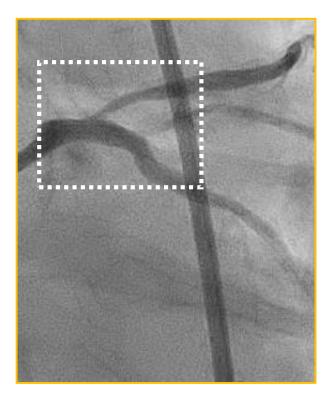
.....

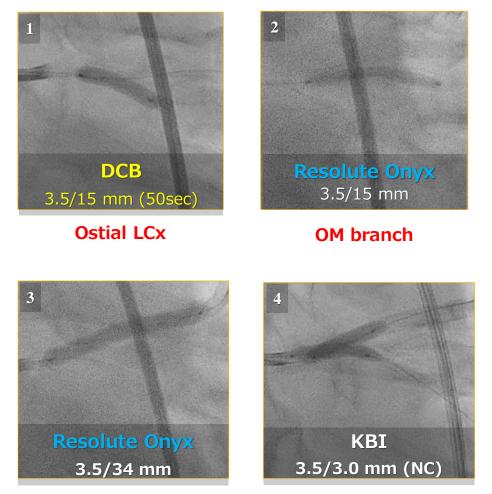






See !! Stenting in LAD and just DCB in LCx



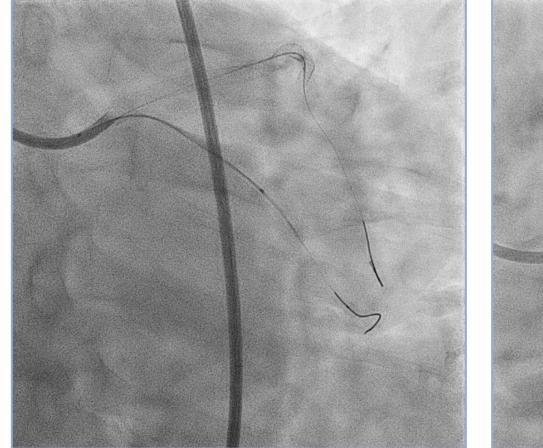


LMT-LAD ➡ POT: 4.5/8 mm

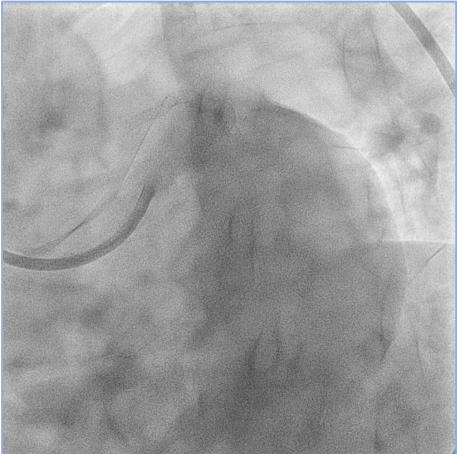
→ Final POT:4.5/8 mm

So Called... Hybrid Strategy with DCAB and DES

Final angiography



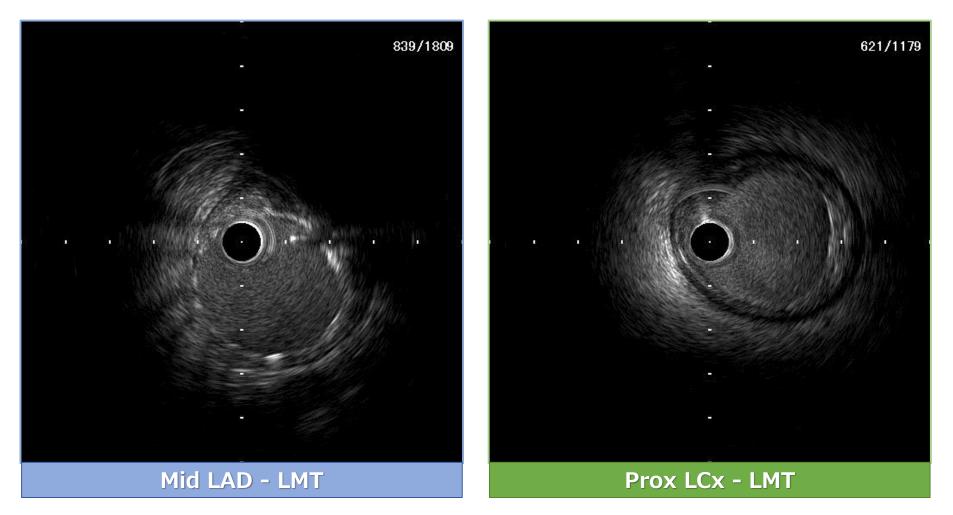
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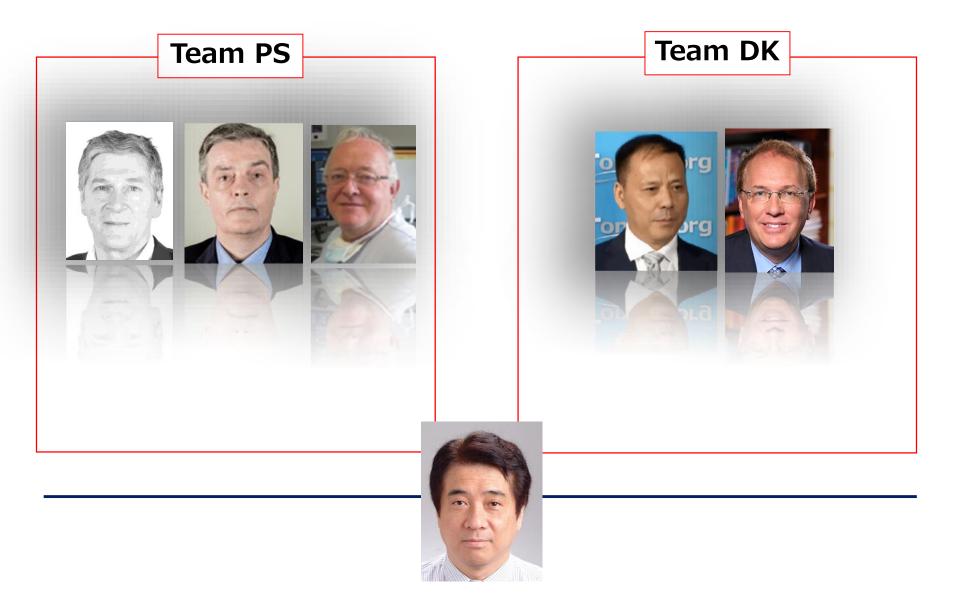
.....

So Called... Hybrid Strategy with DCAB and DES

- Final IVUS evaluation -



2 DOGMAS



Technique is important !!