

# I prefer antiplatelet therapy with NOAC after 1 year in AF patients undergoing PCI

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### Disclosure



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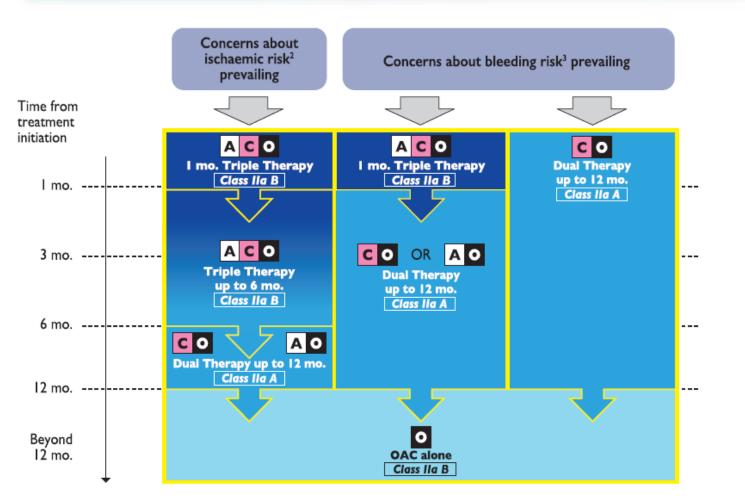
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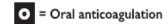
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## Patients with an indication for oral coagulation undergoing PCI: ESC guideline 2017



- OAC alone is recommended beyond 12 months after PCI in patients requiring anticoagulation.
- However, data are limited supporting this recommendation.
- In real world practice, substantial patients with A fib receive an antiplatelet with OAC beyond 12 months after PCI.



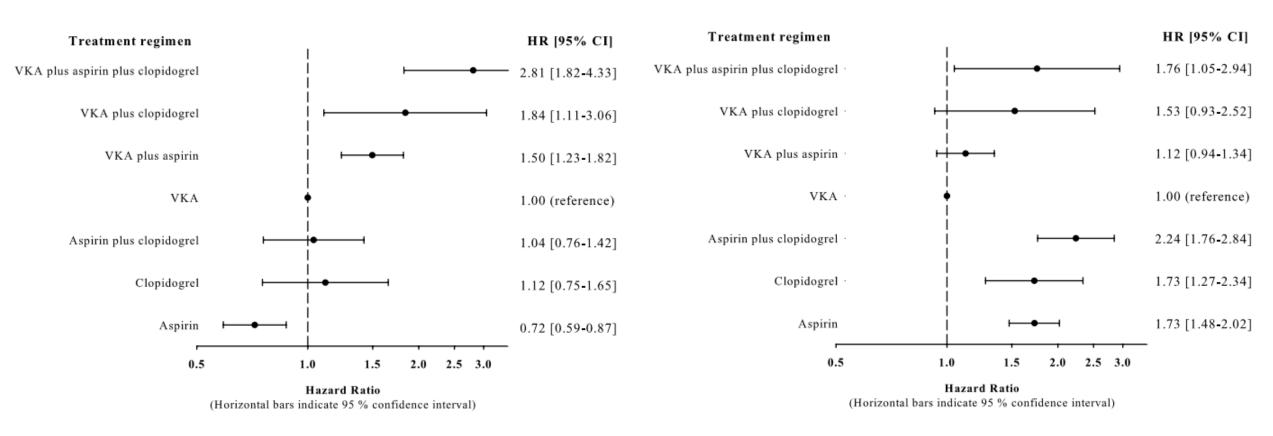


## Danish registry data



#### ISTH major/CRNM bleeding

#### Coronary death or MI



Circulation. 2014;129:1577-1585

### **Antithrombotic Treatment**

	Including VKA							
Characteristics	VKA (n=950)	VKA Plus Aspirin (n=1471)	VKA Plus Clopidogrel (n=322)	VKA Plus Aspirin Plus Clopidogrel (n=500)				
Female	360 (38)	460 (31)	96 (30)	101 (20)				
Age, y, mean (SD)	73.2 (10.0)	73.6 (9.0)	72.6 (8.1)	71.0 (8.4)				
Previous MI	804 (85)	1104 (75)	141 (44)	211 (42)				
With PCI performed*	57 (79)	170 (15)	77 (55)	108 (51)				
With stent implantation*	44 (5)	134 (12)	70 (50)	96 (45)				
Previous PCI without MI	146 (15)	367 (25)	181 (56)	289 (58)				
With stent implantation*	112 (77)	255 (69)	168 (93)	272 (94)				

#### Limitations

- Retrospective non-randomized study
- Moderate sample size, at best (VKA = 169 and VAK + SAP = 670)
- No angiographic and procedural data (ex. multivessel disease, number and size of stents, and complexity of PCI)

## Atrial Fibrillation and Ischemic events with Rivaroxaban in patiEnts with stable coronary artery disease: AFIRE Study

A multicenter, prospective, randomized, open-label, parallel-group trial

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**2200** patients with AF (CHADS<sub>2</sub> $\geq$ 1) and stable CAD

#### Key inclusion criteria

- Underwent PCI or CABG more than 1 year earlier
- Angiographically confirmed CAD (with stenosis of ≥50%) not requiring revascularization

#### Key exclusion criteria

- ◆ A history of stent thrombosis
- ◆ Coexisting active tumor
- Poorly controlled hypertension

## **Rivaroxaban Monotherapy**

- ◆ **Rivaroxaban** 10 or 15 mg/day
  - \*The level of rivaroxaban in blood samples obtained from Japanese patients who were taking rivaroxaban at the 15-mg dose was similar to the level in white patients who were taking the 20-mg dose.

#### **Combination Therapy**

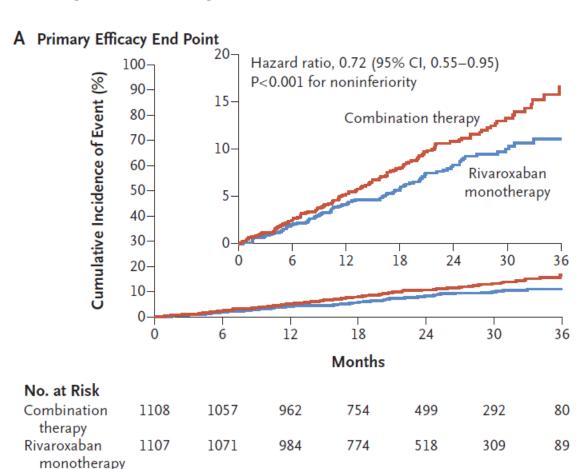
- ◆ Rivaroxaban 10 or 15 mg/day
- Single antiplatelet
   Aspirin 81 or 100 mg/day,

Clopidogrel 50 or 75 mg/day, Prasugrel 2.5 or 3.75 mg/day

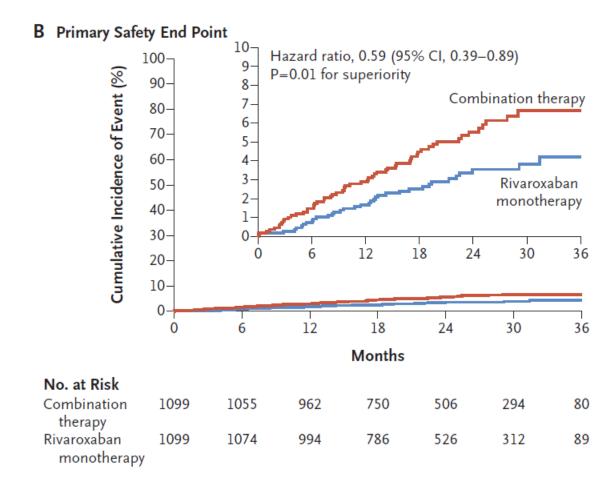
## **AFIRE: Outcomes**



Stroke, systemic embolism, MI, unstable angina requiring revascularization, or death



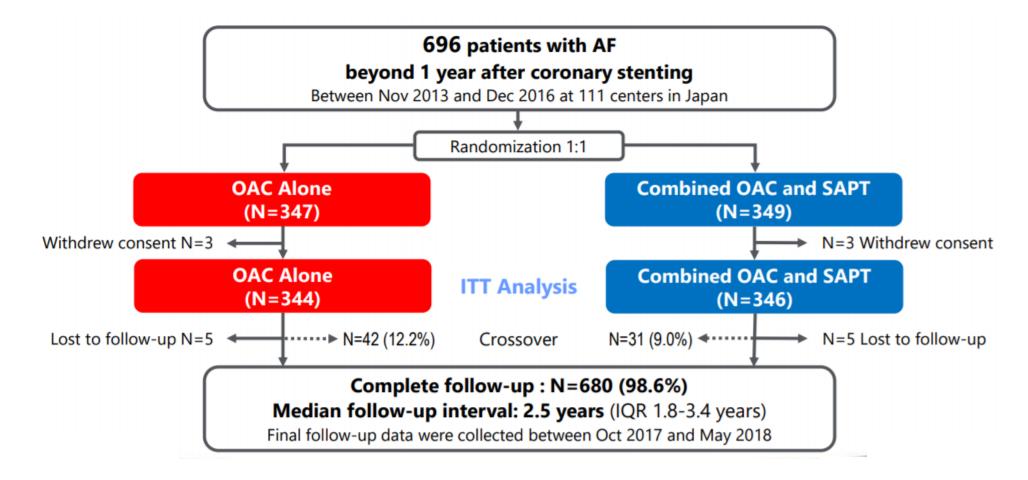
#### ISTH major bleeding







Prospective, multicenter, open-label, randomized, non-inferiority trial

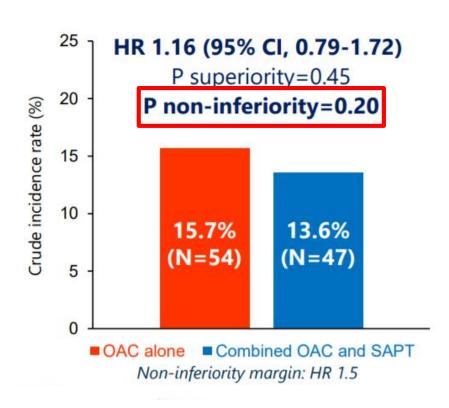


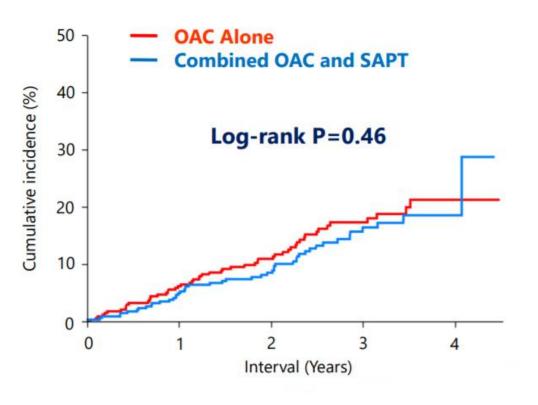
Circulation. 2019;139:604–616 JCR 2019





#### Death, MI, Stroke, or SE

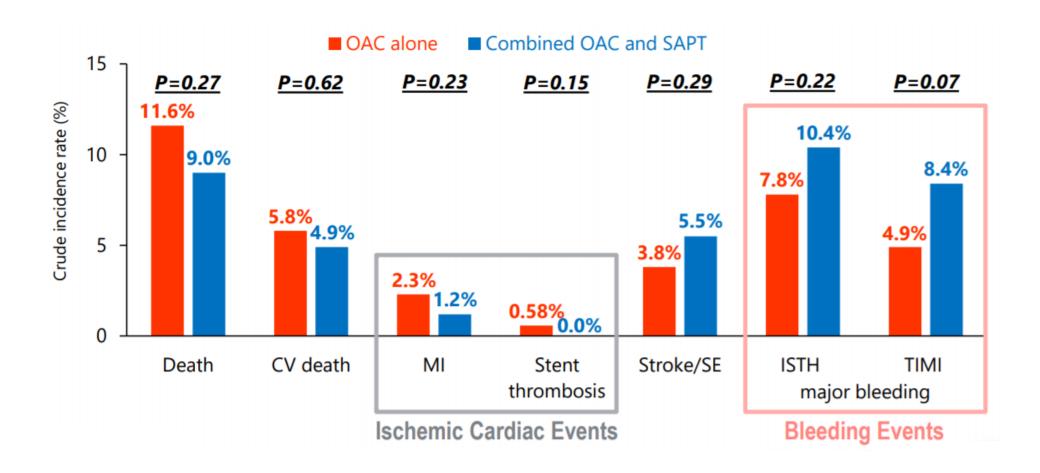




Circulation. 2019;139:604–616 JCR 2019







Circulation. 2019;139:604–616 JCR 2019

## AFIRE vs. OAC-ALONE



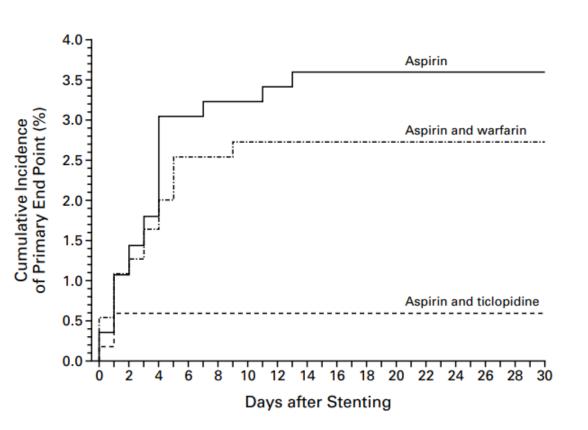
	AFIRE	E-Stent	OAC-	OAC-ALONE		
Procedural characteristics	Rivaroxaban Monotherapy (N=723)	Combination Therapy (N=721)	OAC Alone ((N=344)	Combined OAC and APT (N=346)	A fib (N=711)	
Number of stents	-	-	2 (1-3)	2 (1-3)	1.9±1.2	
Type of stent	-	-				
Drug-eluting	500 (69.2)	477 (66.2)	246 (71.7)	240 (70.6)	711 (100.0)	
Bare metal	171 (23.7)	171 (23.7)	97 (28.3)	100 (29.4)	0 (0.0)	
Left main coronary stenting	24 (3.1)	22 (3.1)	23 (6.7)	22 (6.4)	-	
Multivessel stenting	-	-	119 (34.6)	119 (35.0)	-	
Total stent length (mm)	-	-			49.2±32.4	
Years from the last PCI	-	-	4.4 (1.8-7.7)	4.6 (2.4-7.4)		

## Limitation of the AFIRE trial

- Lack in lesion and procedural data
- Substantial proportion (11%) of patients did not complete the trial due to withdrawal of consent and loss of follow-up.
- Inclusion of revascularization in the primary end point, which might be problematic given the open label design.
- Underdose of rivaroxaban compared with globally approved dose
- The reductions in the rate of ischemic events and death from any cause with rivaroxaban monotherapy are difficult to explain on the basis of the biologic effects of antithrombotic therapy. → Play of chance.



#### Death, MI, stent thrombosis, or TLR



RELATIVE RISK (95% CI) AS COMPARED WITH ASPIRIN ALONE	P Value	RELATIVE RISK (95% CI) AS COMPARED WITH ASPIRIN AND WARFARIN	P VALUE
$0.15\ (0.05 - 0.43)$	< 0.001	$0.20(0.07{-}0.61)$	0.01
_	_	_	_
0.16(0.06-0.46)	0.001	0.22(0.07-0.66)	0.02
0.19(0.06-0.57)	0.001	0.20(0.07-0.61)	0.01
0.20(0.07 - 0.62)	0.014	0.27(0.08-0.90)	0.11
3.06 (0.36-26.2)	0.74	3.02 (0.35-25.91)	0.75
3.06 (1.57-5.97)	0.002	$0.88\ (0.55{-}1.43)$	0.99
5.61 (1.49-21.16)	0.02	$1.01\ (0.44{-}2.30)$	0.99
	(95% CI) AS COMPARED WITH ASPIRIN ALONE  0.15 (0.05-0.43)	(95% CI) AS COMPARED WITH ASPIRIN ALONE  0.15 (0.05-0.43) <0.001	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$



## Meta-analyses of 4 A fib-PCI trials



#### **Myocardial Infarction**

	NOAC D	AT	VKA TA	T		Risk Ratio	Risk R	atio	
Study or Subgroup	Events	Total	Events	Total	Weight	M–H, Random, 95% CI	M–H, Randor	m, 95% CI	
AUGUSTUS	38	1153	34	1154	29.3%	1.12 (0.71, 1.76)	-		
ENTRUST AF-PCI	29	751	23	755	21.0%	1.27 (0.74, 2.17)	+	-	
PIONEER AF-PCI	19	694	21	695	16.2%	0.91 (0.49, 1.67)	-	_	
RE-DUAL PCI	70	1744	29	981	33.5%	1.36 (0.89, 2.08)	+	-	
Total (95% CI)		4342		3585	100.0%	1.18 (0.93, 1.52)	•	<b>•</b>	
Total events	156		107				<del></del>	<del></del>	—
Heterogeneity: Tau <sup>2</sup> = 0.00;	Chi <sup>2</sup> = 1·25, d	lf = 3 (P =	$0.74$ ); $I^2 = 0$	)%			0.01 0.1 1	10	100
Test for overall effect: Z = 1							Favours NOAC DAT	Favours VKA TA	\T

#### **Stent Thrombosis**

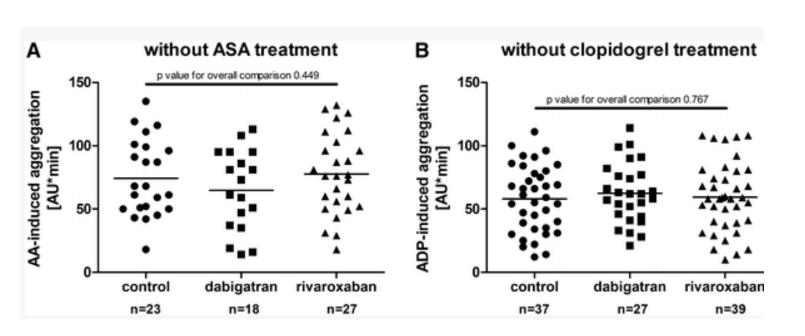
	NOAC D	AT	VKA TA	AT.		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M–H, Random, 95% CI	M–H, Random, 95% CI
AUGUSTUS	21	1153	12	1154	40.0%	1.75 (0.87, 3.54)	-
ENTRUST AF-PCI	8	751	6	755	17.9%	1.34 (0.47, 3.84)	<del></del>
PIONEER AF-PCI	5	694	4	695	11.6%	1.25 (0.34, 4.64)	<del></del>
RE-DUAL PCI	22	1744	8	981	30.6%	1.55 (0.69, 3.46)	<del>  •</del>
Total (95% CI)		4342		3585	100.0%	1.55 (0.99, 2.41)	•
Total events	56		30				<del> </del>
Heterogeneity: Tau <sup>2</sup> = 0.00;	$Chi^2 = 0.29, d$	f = 3 (P =	$0.96$ ); $I^2 = 0$	0%			0.01 0.1 1 10 100
Test for overall effect: $Z = 1.92$ (P = 0.06)							Favours NOAC DAT Favours VKA TAT

JCR 2019 Lancet. 2019;394:1335-1343

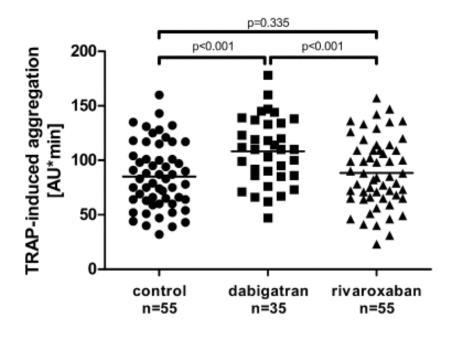
## NOAC and platelet aggregation



AA- and ADP-induced platelet aggregation

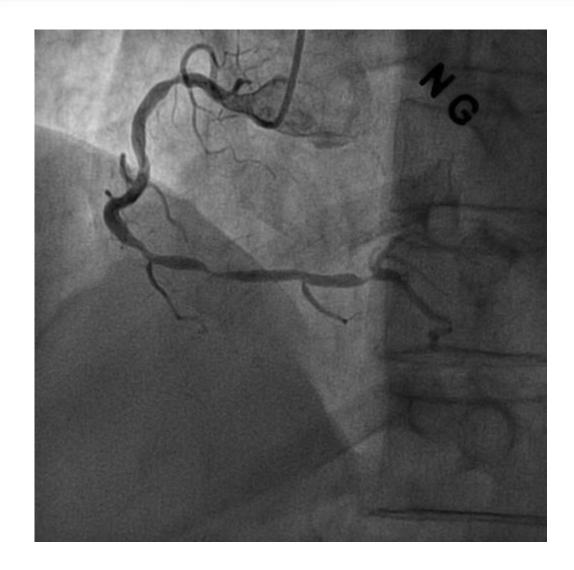


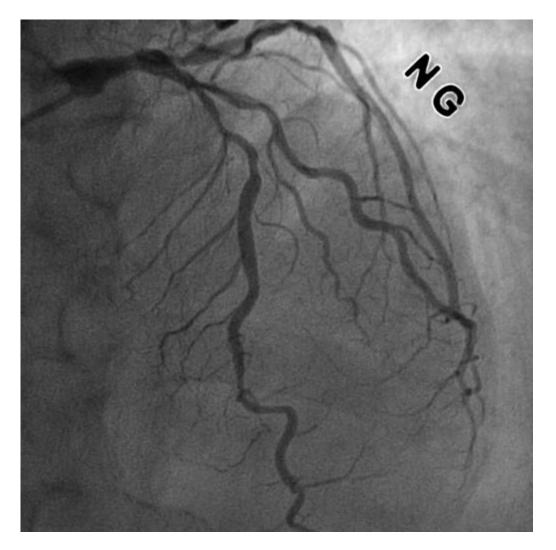
#### TRAP-induced platelet aggregation



## Case #1: M/65, stable IHD

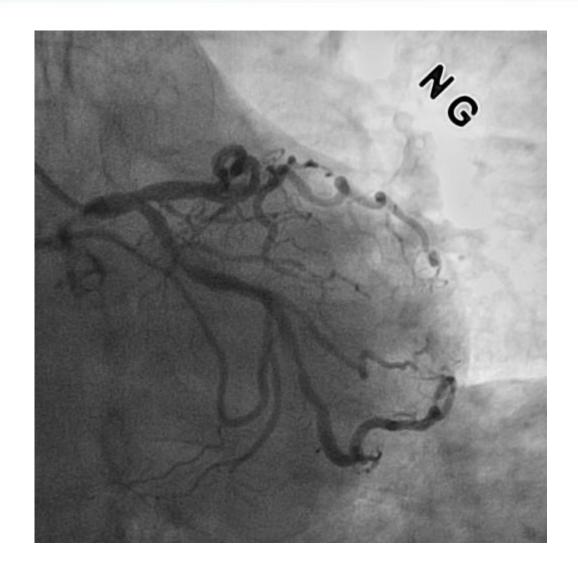


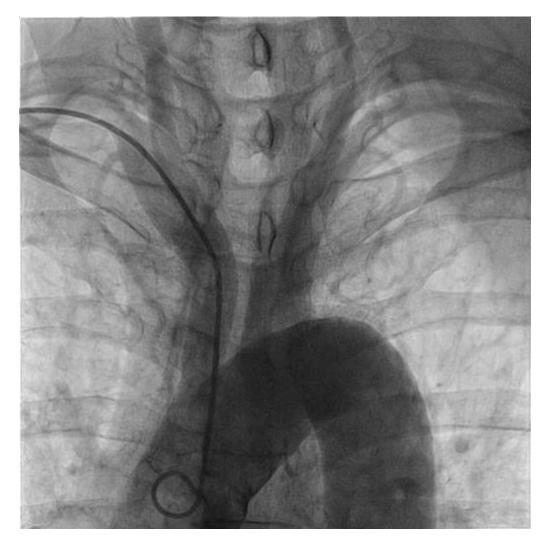




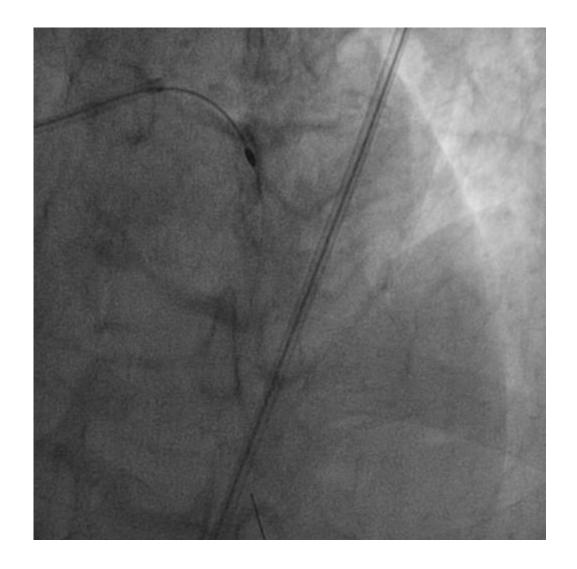
## Case #1: 3VD → refused CABG

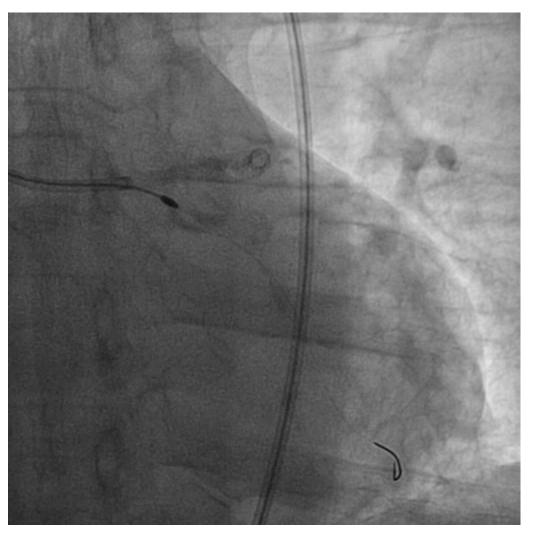






## Case #1: Rotablation due to severe calcification

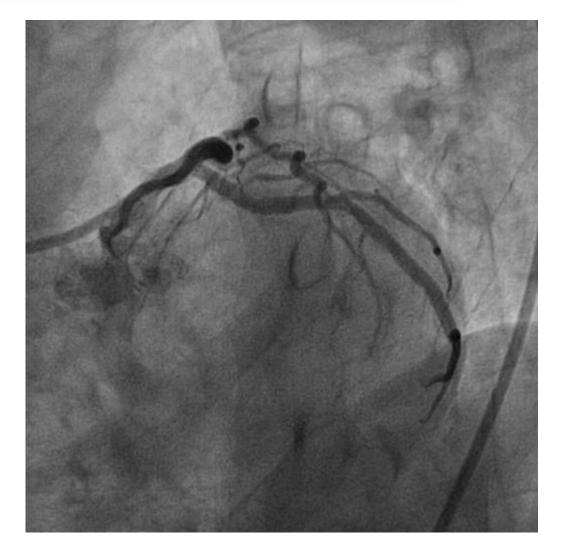




## Case #1: Multivessel stenting

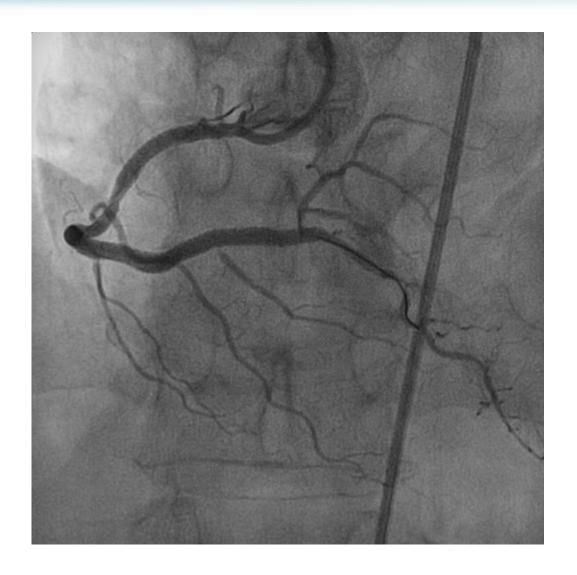






## Case #1: Successful PCI





- DES\*6 with Rotablation
- Aspirin + Clopidogrel
- At 10 months after the index procedure, A fib was documented.
  - CHA<sub>2</sub>DS<sub>2</sub>-VASC score: 4
  - Age, DM, HTN, and s/p EVAR
- NOAC + Clopidogrel (indefinitely unless major bleeding complications occur)



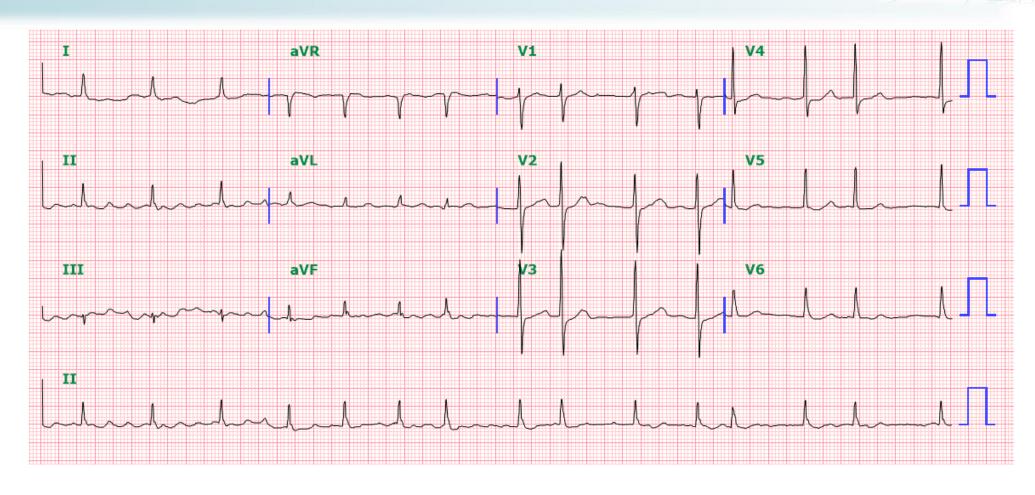
## Are complex lesions rare? No!

- In several RCTs on DAPT duration, the proportion of complex PCI was reported to be 17.5% (1680 / 9577).
- However, complex PCI has been performed more frequently in real world practice than in RCTs.
- In our institutional PCI registry of DESs, complex lesions PCI comprised 45.1% of all PCI (6005 / 13313).
  - Choi KH, Song YB,...,Hahn JY. JACC Cardiovasc Interv. 2019;12:607-620.
- ▶ In Korean multicenter registries comparing BES vs. EES, complex PCI was performed in 57.3% of all procedures (1145 / 1999).
  - Song PS,...,Hahn JY. Korean Circ J. 2019;49:69-80.

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## Case #2. F/66, NSTEMI and A fib



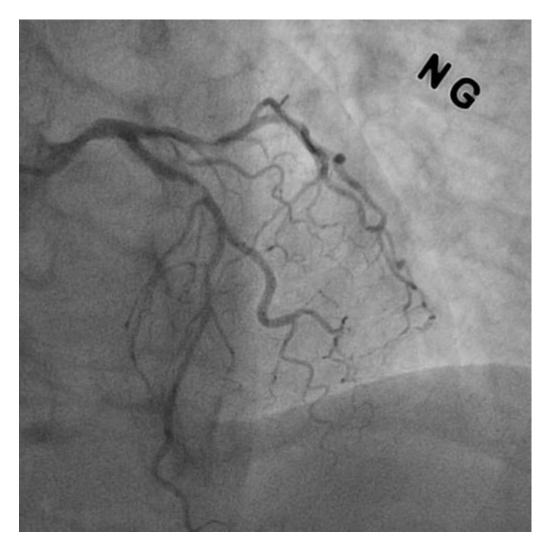


- ► CHA<sub>2</sub>DS<sub>2</sub>-VASC score : 5
  - Female, age, DM, HTN, and MI

## Case #2. F/66, NSTEMI and A fib



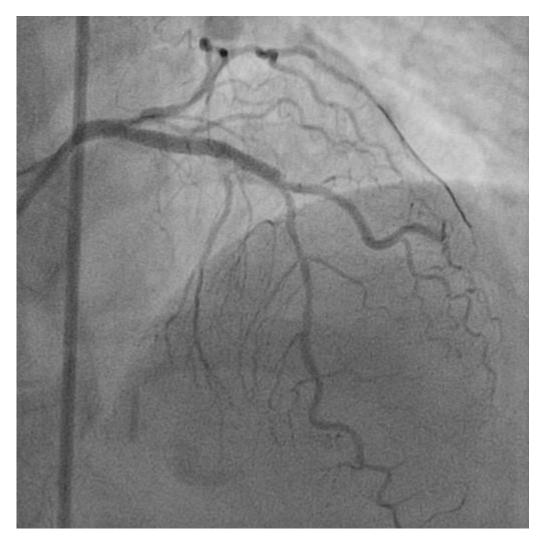




## Case #2. Successful PCI

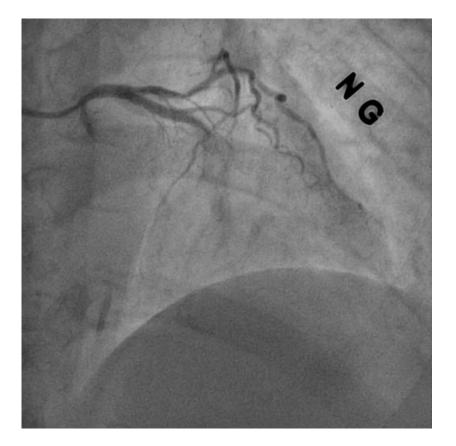


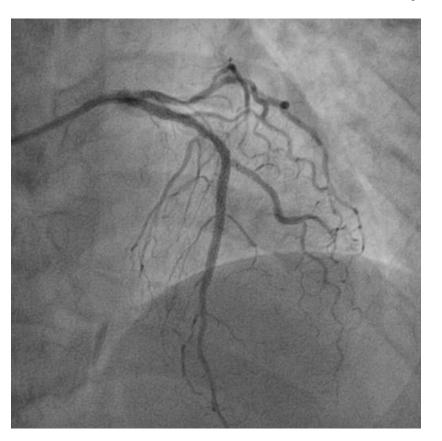




## Anti-thrombotic treatment and follow-up

- Edoxaban 60 mg qd + Clopidogrel 75 mg qd
- At 9 months after the index PCI, the patient visited the ER due to dyspnea.





## Many lesions were excluded in the RCTs.



## Summary

- Guidelines recommend OAC alone beyond 12 months after PCI in patients requiring anticoagulation due to A fib.
- However, data are limited.
  - Only 2 trials with the modest sample size.
  - Lack in lesion and procedural characteristics.
- The optimal management for A fib and coronary artery disease (PCI) differs.
- Antiplatelet is needed beyond 1 year after PCI with OAC, at least in certain subset of patients (ex. ACS or complex PCI).

## 감사합니다. Thank you for your attention.

