

# **Updates on PCI for Left Main Disease**

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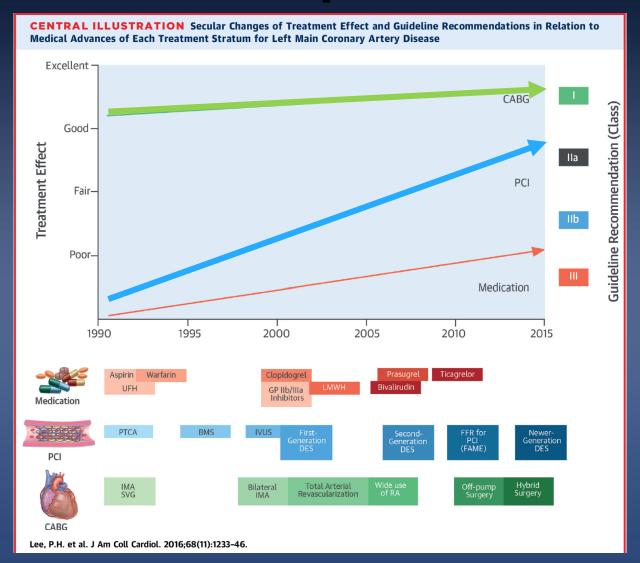


#### **Disclosure**

 Institutional grant/research funding to CardioVascular Research Foundation (CVRF, Korea) and/or Asan Medical Center from Daiichi-Sankyo, Abbott, Boston Scientific, Medtronics, Edwards, Biosensor, ChongKunDang Pharm and Daewoong Pharm,



## Left Main PCI: Narrowed Gap with CABG



#### To Improve PCI Outcomes in Complex CAD

#### PCI procedure and equipment

- Thin-strut durable and bioabsorbable polymer-based DES
- Improved PCI guide wires, delivery systems and adjunct devices
- Expert techniques and devices to recanalize CTOs, manage bifurcations, calcium, etc.
- Advanced hemodynamic support options: transaxial forward flow pumps, ECMO
- Transradial artery access
- Approaches to prevent contrast nephropathy
- Superior catheterization labs: Better imaging, reduced radiation exposure

#### **PCI** guidance (pre- and post-procedure)

- Physiologic lesion assessment (iFR, FFR)
- Intravascular imaging (IVUS, OCT, NIRS)
- Goal of complete revascularization (anatomic, ischemic)

#### **Adjunctive pharmacotherapy**

- Procedural anticoagulation: Bivalirudin
- Potent P2Y12 inhibitors: Oral (prasugrel, ticagrelor), intravenous (cangrelor)
- Appropriate DAPT duration after PCI: Abbreviated vs. extended
- Foundational role of GDMT: statins, PCSK9i, beta-blockers, ACEI/ARB, etc.

#### Patient selection and pre-procedural planning

- Use of risk scores: SS, SSII, NERS I and II, others
- PCI planning tools: CTA and CT-FFR



### What Is Contemporary State-of-the Art PCI? Make PCI to be Equivalent to CABG

FDITORIAL

### Contemporary state-of-the-art PCI with functional and imaging concepts: forethoughts on the FAME 3 trial

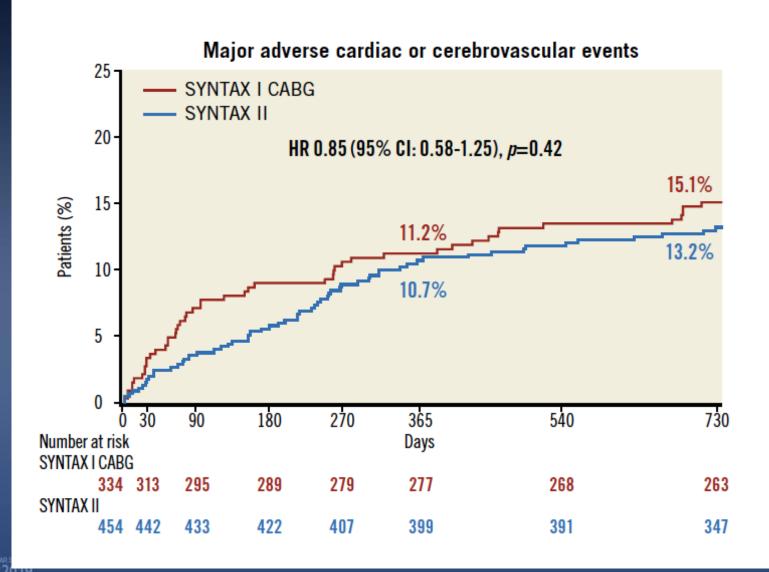


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### State-of-the Art PCI in the Contemporary PCI Setting





### State-of-the Art Left Main PCI in the Contemporary PCI Setting

CORONARY INTERVENTIONS

Clinical outcomes of state-of-the-art percutaneous coronary revascularisation in patients with three-vessel disease: two-year follow-up of the SYNTAX II study

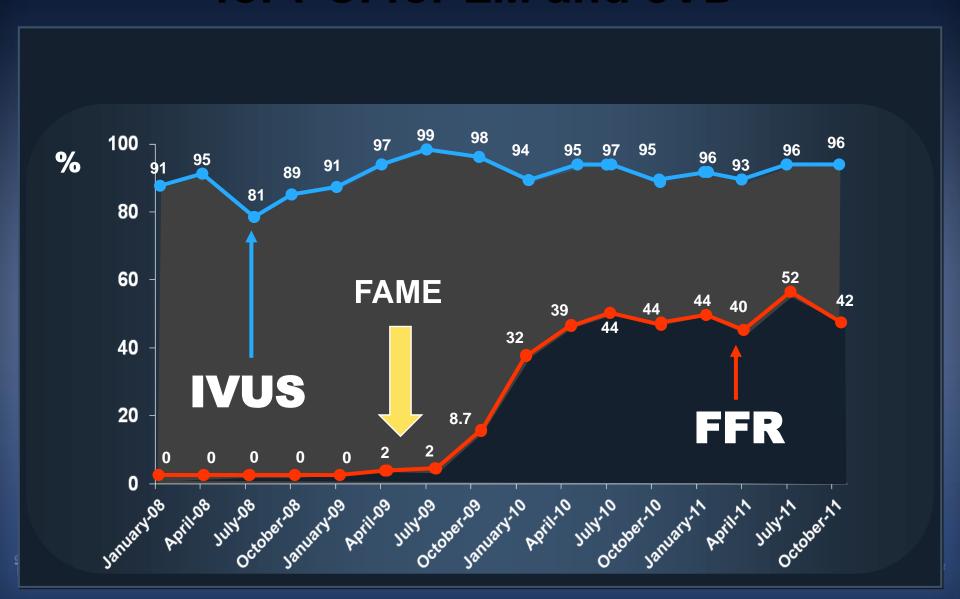


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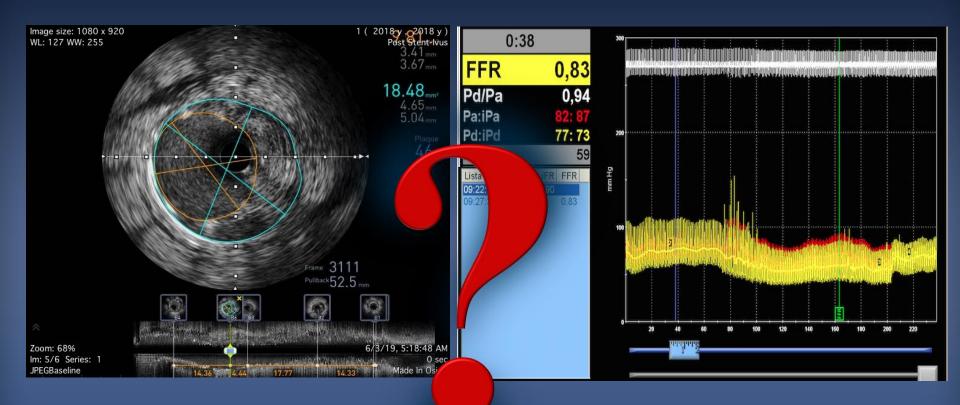
- 1. Heart-team discussion
- 2. Functional-guided approach (FFR/iFR)
- 3. IVUS-guided PCI optimization
- 4. Contemporary PCI/CTO techniques
- 5. GDMT (guideline-directed medical therapy)



## Imaging and Physiology Use in AMC for PCI for LM and 3VD



## Imaging and Physiology Concept How To Impact on Your Daily Practice?

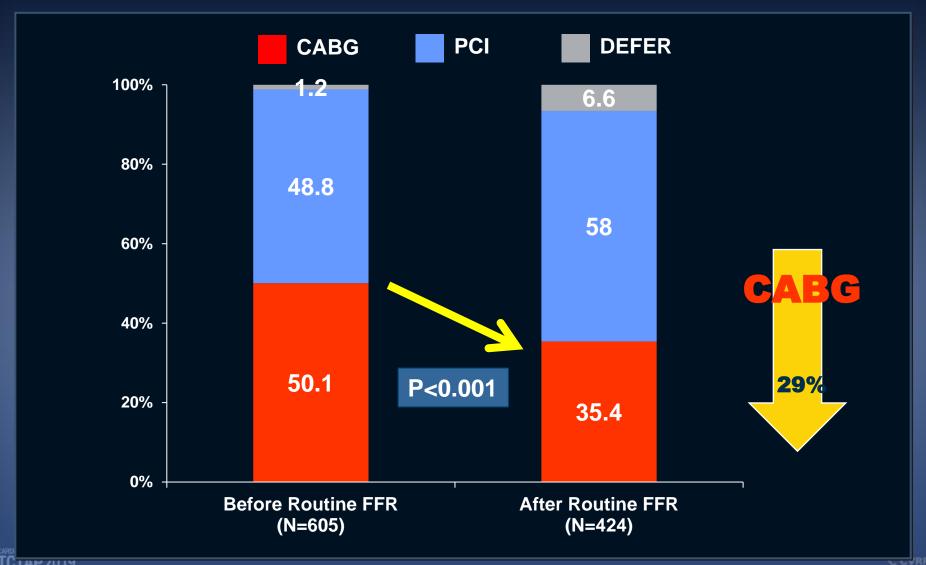


**Anatomy** 

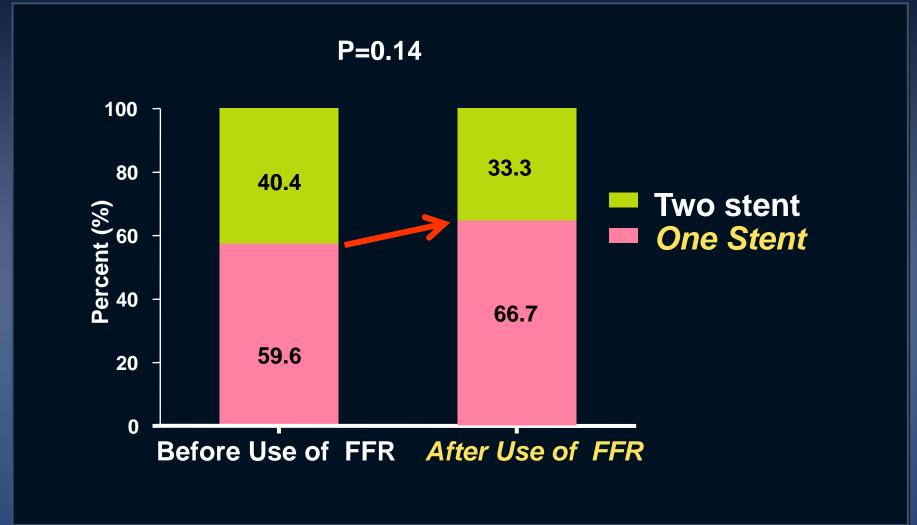
**Physiology** 



## Impact on Your Practice When You Use FFR, Less CABG

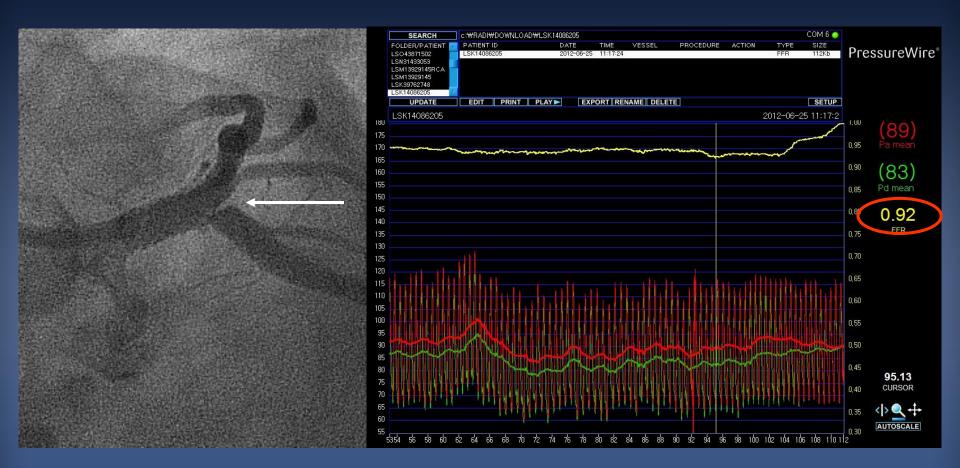


## Impact on Your Practice When You Use FFR, More Simple Approach





## Do You Want to Do Something? Consider FFR, First!



Just Defer!



### In the Era of ISCHEMIA



International Study Of Comparative Health Effectiveness With Medical And Invasive Approaches (ISCHEMIA):

#### **Primary Report of Clinical Outcomes**

Funded by the National Heart, Lung and Blood Institute

Judith S. Hochman, MD

**NYU School of Medicine** 

On behalf of the ISCHEMIA Research Group

Scientific Sessions 2019

NYU Langone Health

**#AHA19** 



#### In the Era of ISCHEMIA

Primary Outcome: CV Death, MI, hospitalization for UA, HF or resuscitated cardiac arrest

Cumulative Incidence (%)

30%

 Simple Key Message of ISCHEMIA Is "Less Is More"

CON

 FFR Concept Exactly Fit "Less Is More"

ronow-up (years)

#### Subjects at Risk

 CON
 2591
 2431
 1907
 1300
 733

 INV
 2588
 2364
 1908
 1291
 730



F



Dear FAME 3 Investigators,

We are closing in on the end of the calendar year. We are also closing in on the end of FAME 3 enrolment! We have less than 20 patients left to enroll. However, with the holidays approaching, we are writing to ask for one final push in order to finish enrolment on time. The protocol and our agreement with the FDA stipulate that we will end enrolment on December 31<sup>st</sup>, 2019. It is critical that we include our 1500<sup>th</sup> before then. Please do all you can to include one or two more patients in the next couple of weeks. Thank you for all of your efforts. We are almost there!!

Best regards,

Bill Fearon Frederik Zimmermann and the FAME 3 Steering Committee i based on giogram 0)

noninferiority

Primary EP:

FFR-Guided I

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TCTAP 2019

COURF

### **IVUS Impact on Your Practice**

#### Editorial

#### Intravascular Ultrasound–Guided Percutaneous Coronary Intervention for Left Main Disease Does Procedural Fine-Tuning Make a Relevant Clinical Benefit?

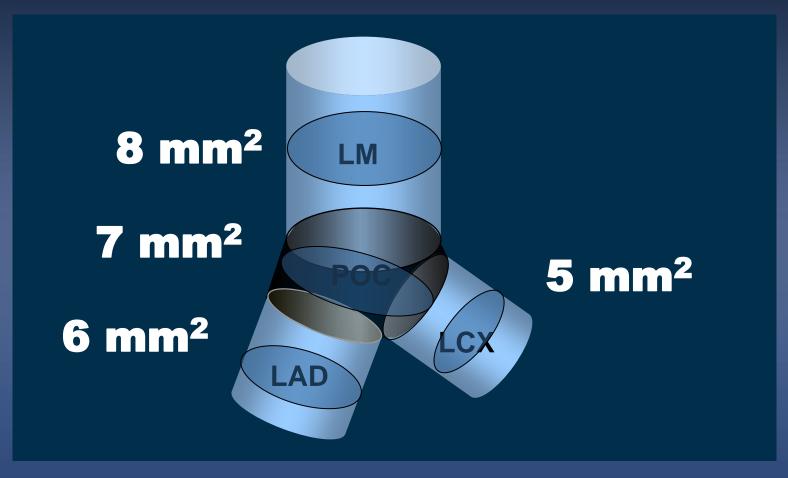
Duk-Woo Park, MD, PhD; Seung-Jung Park, MD, PhD

Owing to the large area of jeopardized myocardium, left main coronary artery (LMCA) disease was associated with high morbidity and mortality and, thus, coronary artery bypass grafting has been the standard revascularization approach. However, over the several decades, there was a considerable evaluation in the field of percutaneous coronary intervention (PCI). Remarkable advancements in stent devices, technical refinement, and adjunctive medical therapy has led to improved PCI outcomes for unprotected LMCA disease. Especially, with a widesproad use of days obtains

in >70%, which was almost like the real-world practice. For LMCA PCI, how does IVUS guidance make stenting procedure to be more optimal? First, IVUS provides more reliable information than angiography on lesion characteristics regarding lumen size, plaque characterization, and disease distribution. Such precise imaging of LMCA lesion using pre-PCI IVUS may inform optimal stent sizing, length, and positioning. Second, especially for distal LMCA bifurcation lesions, IVUS may be helpful to decide stenting strategy. Selection of

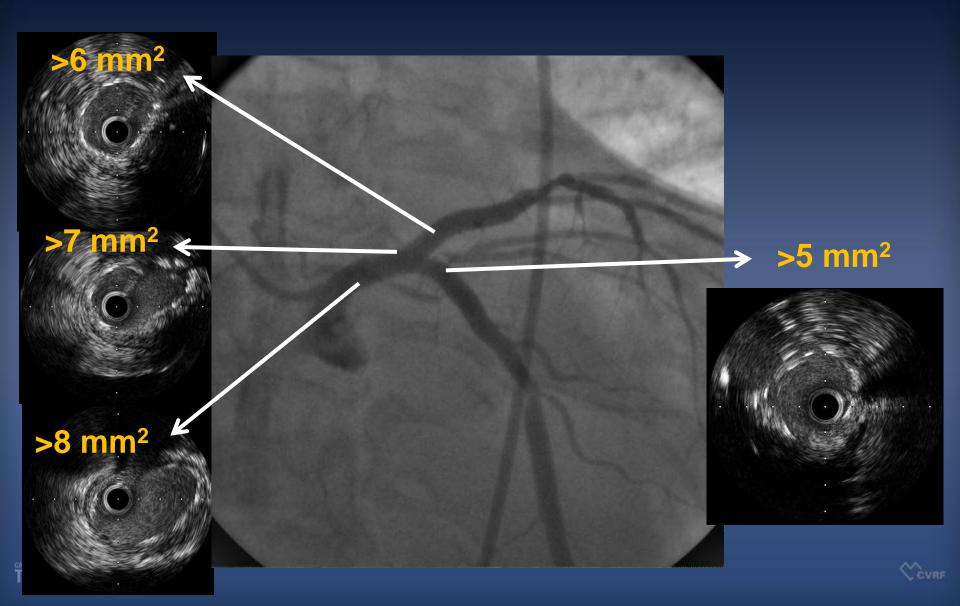


#### IVUS "Rule of Thumb" for Distal LM-PCI Stent CSA – 2 Stent PCI (Rule of 5,6,7,8 mm²) Restenosis Rate < 5% and TLR < 2%

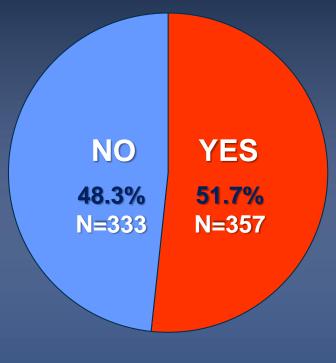




### Immediate Post-Stent CSA Guarantee Good Late Outcomes



#### **IVUS Impact on Your Practice:** Change in stent optimization in EXCEL

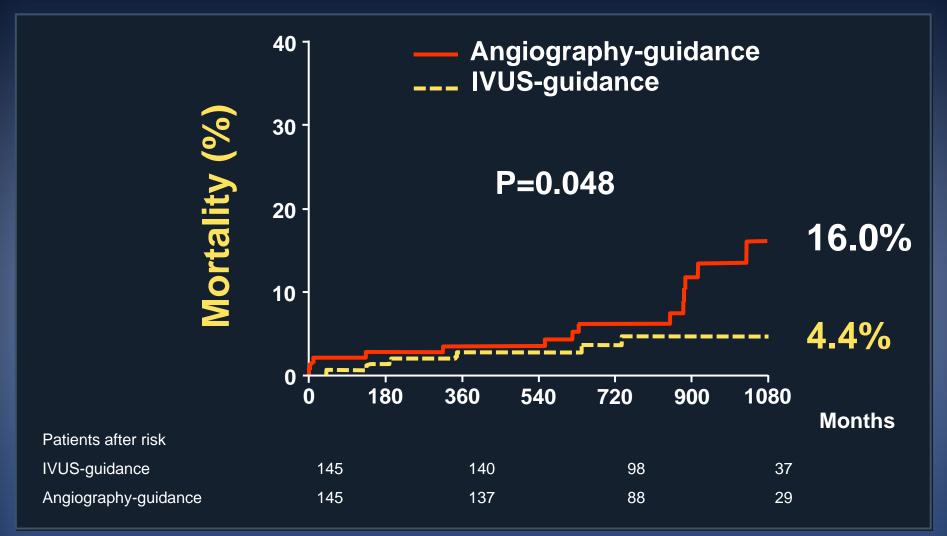


Any IVUS usage for LM lesion (n=690)

- Used larger balloon: 30% (107)
- Post-dilated: 29% (102)
- Used higher pressure: 17% (62)
- Treated stent under-expansion: 16% (57)
- Led to provisional 1 stent strategy rather than planned 2 stents: 11% (41)
- Led to planned 2 stent strategy rather than provisional 1 stent: 9% (33)



## Why IVUS in LM Stenting? IVUS Guidance Saved Lives!



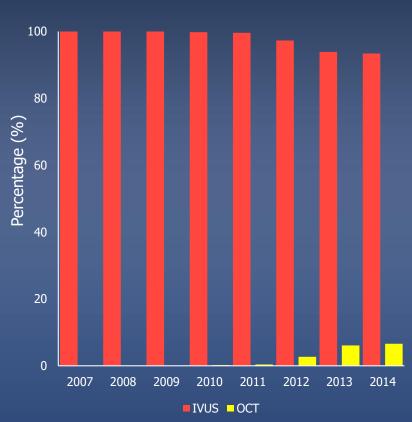


### Trends in imaging for uLMS PCI in England and Wales 2007-2014

### Percentage of imaging use during uLMS-PCI

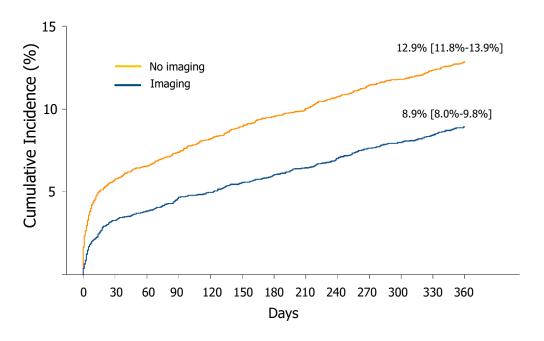


### Temporal change in IVUS vs. OCT





### Survival by intravascular imaging use after uLMS-PCI in England and Wales 2007-2014



Kaplan-Meier curves of 12-month mortality categorised by intravascular imaging use



### All Registry Studies of IVUS-Guided Left Main PCI with DES

#### Totality of Studies of Imaging to Guide uLMS-PCI and Survival

	Count	Imaging N (%)	No Imaging N (%)	Odds ratio (95% CI)	Odds ratio (95% CI) p-value	
Kinnaird et al	5056	335 (9.0%)	528 (12.9%)	0.66 [0.57:0.77]	-	<0.001
SCAAR	2468	37 (33.7%)	63 (56.6%)	0.54 [0.37:0.80]		<0.001
Hernandez et a	1010	37 (7.0%)	66 (13.0%)	0.55	•	0.010
Gao et al	582	5 (1.7%)	15 (5.2%)	0.32		0.023
Park et al	402	12 (6.0%)	27 (13.6%)	0.54 [0.28:1.03]		0.061

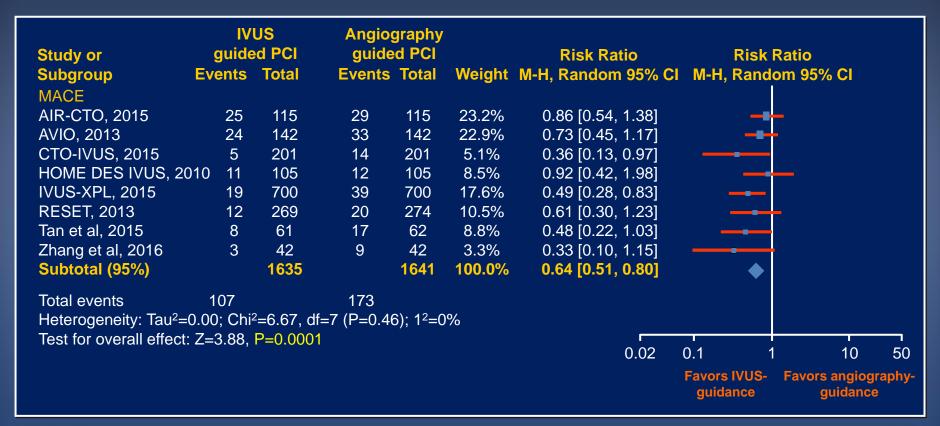
### Meta-analysis of IVUS-Guided DES

#### 8 trials, 3276 randomized pts, only complex lesions

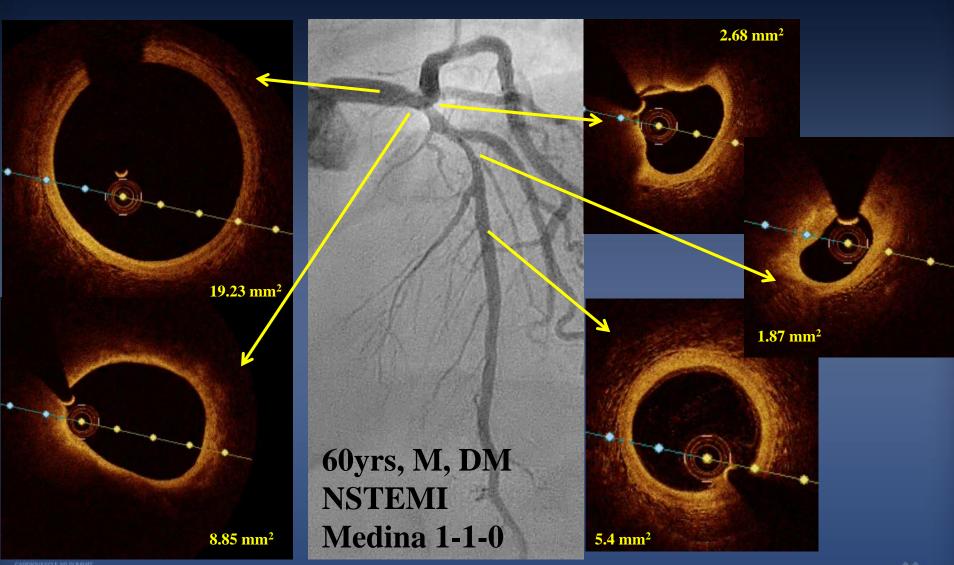
(3 studies 1<sup>st</sup> gen DES, 3 studies 2<sup>nd</sup> gen DES, 2 studies not stated)

Mean FU 1.4  $\pm$  0.5 years

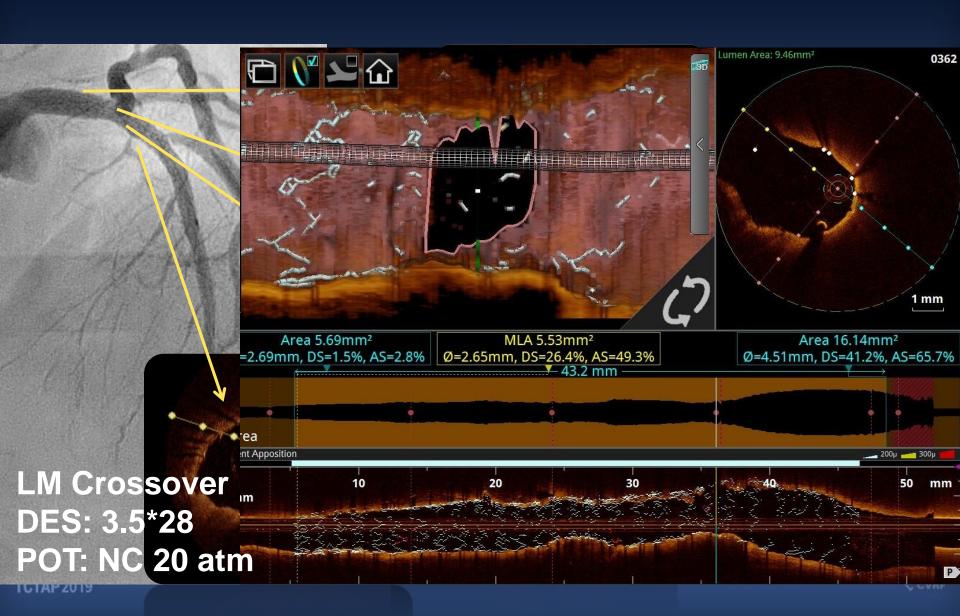
#### **MACE**



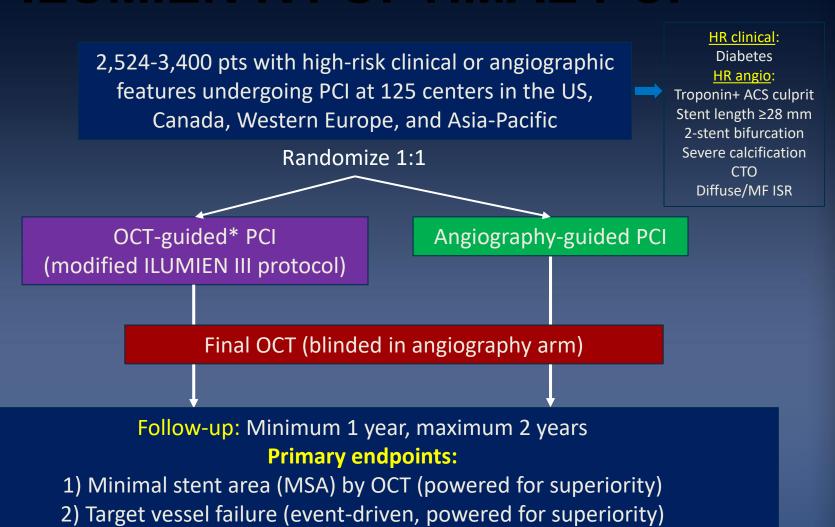
### **OCT-Guided LM PCI**



### OCT-Guided LM PCI: Co-Registration



### **ILUMIEN IV: OPTIMAL PCI**



Principal investigators: Ziad Ali and Ulf Landmesser

Study chair: Gregg W. Stone

**Sponsor:** Abbott Vascular



## State-of-Art Left Main PCI Summary

- For complex LM PCI, the physiology/imaging strategy was associated with improved clinical outcomes.
  - This strategy leads to significantly fewer lesions treated with PCI and simpler strategy, as well as better treated with IVUS optimization.
- Combined IVUS/OCT catheters are being commercialized in USA, Canada and Japan.
  - When/if these catheters are combined with physiology measures, only one device would be needed in this complex PCI procedures.

#### State-of-Art LM PCI 2019

## If You Perform Bifurcation PCI With Angiographic Concept Alone



#### State-of-Art LM PCI 2019

If You Perform Bifurcation PCI With Imaging and Functional Concept

